

THE  
Rule and Exercises  
OF  
Holy Dying.

*In which are described*

The MEANS and INSTRUMENTS of preparing our selves and others respectively for a blessed Death; and the Remedies against the Evils and Temptations proper to the state of Sickness :

*Together with*

Praiers and Acts of Vertue to be used by Sick and Dying persons, or by others standing in their attendance.

*To which are added*

Rules for the Visitation of the Sick, and offices proper for that Ministry.

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Τὸ μὴ τελευτᾶναι ἢ πικρὰ μὲν καὶ πικρὰ.

Τὸ δὲ καλῶς ἀποθνήσκειν, ἰδίῳ τοῖς σπουδαίαις ἢ φῶς ἀπὸ τοῦ.

*Iſoc. ad Demonic.*

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L O N D O N,

Printed by Roger Norton for Richard Royſton,  
Bookseller to His moſt Sacred Maieſty.

M D C L X V I I I.





Thomas  
and  
Cecilia  
of  
Holy Trinity  
by J. Taylor  
D.D.



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Τὸ μὲν τιλοῦνται ἢ πρὸς τὴν καρδίαν κατέχειν.

Τὸ δὲ καλῶς διακρίνειν, ἰδίῳ τοῖς σπουδαίοις ἢ φούροις ἀπένειμα.

*Iſoc. ad Demoniac.*

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M D C L X V I I I.

THE

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T O  
The right Honourable  
AND  
NOBLEST LORD,  
RICHARD  
Earle of Carbery, &c.

My LORD,

 *Am treating your Lordship as a Roman Gentleman did Saint Augustine and his Mother; I shall entertain you in a Charnel-house, and carry your Meditations awhile into the chambers of Death, where you shall find the rooms dressed up with melancholic airs, and fit to converse with your most retired thoughts, which begin with a sigh, and proceed in deep consideration, and end in a holy resolution. The sight that S. Augustine most noted in that house of sorrow was the body of Cæsar clothed with all the dishonours of corruption that you can suppose in a six months burial. But I know that, without pointing, your first thoughts will remember the change of a greater beauty, which is now dressing for the brightest immortality, and from her bed of darkness calls to you to dress your Soul for that change which shall mingle your bones with that beloved dust, and carry your Soul to the same Quire, where you may both sit and sing for ever. My Lord, it is your dear Ladies Anniversary, and she deserved the biggest*

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honour, and the longest memory, and the fairest monument, and the most solemn mourning: and in order to it, give me leave (My Lord) to cover her Hearse with these following sheets. This Book was intended first to minister to her Piety; and she desired all good people should partake of the advantages which are here recorded: she knew how to live rarely well, and she desired to know how to die; and God taught her by an experiment. But since her work is done, and God supplied her with provisions of his own, before I could minister to her, and perfect what she desired, it is necessary to present to your Lordship those bundles of Cypress which were intended to dress her Closet, but come now to dress her Hearse. My Lord, both your Lordship and myself have lately seen and felt such sorrows of Death, and such sad departure of dearest friends, that it is more then high time we should think our selves nearly concerned in the accidents. Death hath come so near to you as to fetch a portion from your very heart; and now you cannot chuse but dig your own grave, and place your coffin in your eye, when the Angel hath dressed your scene of sorrow and meditation with so particular and so near an object: and therefore, as it is my duty, I am come to minister to your pious thoughts, and to direct your sorrows, that they may turn into vertues and advantages.

And since I know your Lordship to be so constant and regular in your Devotions, and so tender in the matter of Justice, so ready in the expressions of Charity, and so apprehensive of Religion, and that you are a person whose work of Grace is apt, and must every day grow toward those degrees, where when you arrive you shall triumph over imperfection, and chuse nothing but what may please God; I could not by any compendium conduct and assist your pious purposes so well, as by that which is the great argument and the great instrument of Holy Living, the Consideration and Exercises of Death.

My Lord, it is a great art to die well, and to be learnt by men in health, by them that can discourse and consider, by those

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those whose understanding and acts of reason are not abated with fear or pains: and as the greatest part of Death is passed by the preceding years of our Life, so also in those years are the greatest preparations to it; and he that prepares not for Death before his last sickness, is like him that begins to study Philosophy when he is going to dispute publicly in the Faculty. All that a sick and dying man can doe is but to exercise those virtues which he before acquired, and to perfect that repentance which was begun more early. And of this (My Lord) my Book, I think, is a good testimony; not onely because it represents the vanity of a late and sick-bed repentance, but because it contains in it so many precepts and meditations, so many propositions and various duties, such forms of exercise, and the degrees and difficulties of so many Graces which are necessary preparatives to a holy Death, that the very learning the duties requires study and skill, time and understanding in the waies of godliness: and it were very vain to say so much is necessary, and not to suppose more time to learn them, more skill to practise them, more opportunities to desire them, more abilities both of body and minde then can be supposed in a sick, amazed, timorous, and weak person; whose natural acts are disabled, whose senses are weak, whose discerning faculties are lessened, whose principles are made intricate and intangled, upon whose eye sits a cloud, and the heart is broken with sickness, and the liver pierced through with sorrows, and the strokes of Death. And therefore (My Lord) it is intended by the necessity of affairs, that the precepts of dying well be part of the studies of them that live in health, and the daies of discourse and understanding, which in this case hath another degree of necessity superadded; because in other notices, an imperfect study may be supplied by a frequent exercise and a renewed experience; here if we practise imperfectly once, we shall never recover the error: for we die but once; and therefore it will be necessary that our skill be more exact, since it is not to be mended by trial, but the actions must

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be forever left imperfect, unless the habit be contracted with study and contemplation before-hand.

And indeed I were vain, if I should intend this Book to be read and studied by Dying persons: And they were vainer that should need to be instructed in those graces which they are then to exercise and to finish. For a sick-bed is onely a school of severe exercise, in which the spirit of a man is tried, and his graces are rehearsed: and the assistances which I have in the following pages given to those vertues which are proper to the state of Sickness, are such as suppose a man in the state of grace; or they confirm a good man, or they support the weak, or add degrees, or minister comfort, or prevent an evil, or cure the little mischiefs which are incident to tempted persons in their Weakness. That is the summe of the present design as it relates to Dying persons. And therefore I have not inserted any advices proper to Old age, but such as are common to it and the state of sickness; for I suppose very old age to be a longer sickness; it is labour and sorrow when it goes beyond the common period of nature: but if it be on this side that period, and be healthfull; in the same degree it is so, I reckon it in the accounts of life; and therefore it can have no distinct consideration. But I do not think it is a station of advantage to begin the change of an evil life in: It is a middle state between life and death-bed; and therefore although it hath more of hopes then this, and less then that; yet as it partakes of either state, so it is to be regulated by the advices of that state, and judged by its sentences.

Onely this: I desire that all old persons would sadly consider that their advantages in that state are very few, but their inconveniences are not few; their bodies are without strength, their prejudices long and mighty, their vices (if they have lived wicked) are habitual, the occasions of the vertues not many, the possibilities of some (in the matter of which they stand very guilty) are past, and shall never return again,  
(such



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(such are, chastity, and many parts of self-denial;) that they have some temptations proper to their age, as peevishness and pride, covetousness and talking, wilfulness and unwillingness to learn, and they think they are protected by age from learning a new, or repenting the old; and do not \* leave, but change their vices: And after all this, either the day of their repentance is past, as we see it true in very many; or it is expiring and towards the Sun-set, as it is in all: and therefore although in these to recover is very possible, yet we may also remember that, in the matter of virtue and repentance possibility is a great way off from performance; and how few do repent, of whom it is only possible that they may: and that many things more are required to reduce their possibility to act; a great grace, an assiduous ministry, an effective calling, mighty assistances, excellent counsel, great industry, a watchfull diligence, a well-disposed mind, passionate desires, deep apprehensions of danger, quick perceptions of duty, and time, and God's good blessing, and effectual impression and seconding all this, that to will and to do may by him be wrought to great purposes, and with great speed.

And therefore it will not be amiss, but it is hugely necessary, that these persons who have lost their time and their blessed opportunities should have the diligence of youth, and the zeal of new converts, and take account of every hour that is left them, and pray perpetually, and be advised prudently, and study the interest of their souls carefully with diligence, and with fear; and their old age, which in effect is nothing but a continual death bed, dressed with some more order and advantages, may be a state of hope and labour, and acceptance, through the infinite mercies of God in Jesus Christ.

But concerning sinners really under the arrest of death, God hath made no death-bed covenant, the Scripture hath recorded

\* Vel quia nil rectum nisi quod placuit sibi ducunt,  
Vel quia turpe putant parere minoribus, & quæ  
Imberbes didicere, senes peribenda fateri.  
\* Tenellis adhuc infantie suæ persuasionibus in senectute puerascunt. Mamertus.

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ded no promises, given no instructions, and therefore I had none to give, but onely the same which are to be given to all men that are alive, because they are so, and because it is uncertain when they shall be otherwise. But then this advice I also am to insert, That they are the smallest number of Christian men, who can be divided by the characters of a certain holiness, or an open villany: and between these there are many degrees of latitude, and most are of a middle sort, concerning which we are tied to make the judgements of charity, and possibly God may do too. But however, all they are such to whom the Rules of Holy Dying are useful and applicable, and therefore no separation is to be made in this world. But Where the case is not evident, men are to be permitted to the unerring judgements of God; where it is evident, we can rejoyce or mourn for them that die.

In the Church of Rome they reckon otherwise concerning sick and Dying Christians then I have done. For they make profession, that from death to life, from sin to grace, a man may very certainly be changed, though the operation begin not before his last hour: and half this they do upon his death-bed, and the other half when he is in his grave; and they take away the eternal punishment in an instant, by a school-distinction or the hand of the Priest; and the temporal punishment shall stick longer, even then when the man is no more measured with time, having nothing to do with any thing of or under the Sun; but that they pretend to take away too when the man is dead; and, God knows, the poor man for all this paies them both in hell. The distinction of temporal and eternal is a just measure of pain, when it refers to this life and another: but to dream of a punishment temporal when all his time is done, and to think of repentance when the time of grace is past, are great errors, the one in Philosophy, and both in Divinity, and are a huge folly in their pretence, and infinite danger if they are believed; being a certain destruction of the necessity of holy living, when men dare trust them, and live at the rate of such doctrines.

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The secret of these is soon discovered: for by such means though a holy life be not necessary, yet a Priest is; as if God did not appoint the Priest to minister to holy living, but to excuse it; so making the holy calling not only to live upon the sins of the people, but upon their ruine, and the advantages of their function to spring from their eternal dangers. It is an evil craft to serve a temporal end upon the Death of Souls: that is an interest not to be handled but with nobleness and ingenuity, fear and caution, diligence and prudence, with great skill and great honesty, with reverence, and trembling, and severity: a Soul is Worth all that, and the need we have requires all that: and therefore those doctrines that go less then all this are not friendly, because they are not safe.

I know no other difference in the visitation and treating of sick persons, then what depends upon the article of late Repentance: for all Churches agree in the same essential propositions, and assist the sick by the same internal ministeries. As for external, I mean Unction, used in the Church of Rome, since it is used when the man is above half dead, when he can exercise no act of understanding, it must needs be nothing: for no rational man can think that any Ceremony can make a spiritual change, without a spiritual act of him that is to be changed; nor work by way of nature, or by charm, but morally, and after the manner of reasonable creatures: and therefore I do not think that ministry at all fit to be reckoned among the advantages of sick persons. The Fathers of the Council of Trent first disputed, and after their manner at last agreed, that extreme Unction was instituted by Christ. But afterwards, being admonished by one of their Theologues, that the Apostles ministered Unction to infirm people before they were Priests, (the Priestly order, according to their doctrine, being collated in the institution of the last Supper) for fear that it should be thought that this Unction might be administered by him that was no Priest, they blotted out the word [instituted] and put in in its stead [insinuated]

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ated] this Sacrament, and that it was published by S. James. So it is in their Doctrine : and yet in their anathematisms they curse all them that shall deny it to have been [instituted] by Christ. I shall lay no more prejudice against it, or the weak arts of them that maintain it, but add this only, that there being but two places of Scripture pretended for this ceremony, some chief men of their own side have proclaimed those two invalid as to the institution of it : for Suarez saies that the Unction used by the Apostles in S. Mark 6. 13. is not the same with what is used in the Church of Rome ; and that it cannot be plainly gathered from the Epistle of Saint James, Cajetan affirms, and that it did belong to the miraculous gift of healing, not to a Sacrament. The sick mans exercise of grace formerly acquired, his perfecting repentance begun in the daies of health, the prayers and counsels of the holy man that ministers, the giving the holy Sacrament, the ministry and assistance of Angels, and the mercies of God, the peace of conscience, and the peace of the Church, are all the assistances and preparatives that can help to dress his lamp. But if a man shall go to buy oil when the Bridegroom comes, if his lamp be not first furnished and then trimmed, that in this life, this upon his death-bed, his station shall be without-doors, his portion with unbelievers, and the Unction of the dying man shall no more strengthen his Soul then it cures his body, and the prayers for him after his death shall be of the same force as if they should pray that he should return to life again the next day, and live as long as Lazarus in his return. But I consider, that it is not well that men should pretend any thing will do a man good when he dies ; and yet the same ministeries and ten times more assistances are found for forty or fifty years together to be ineffectual. Can extreme Unction at last cure what the holy Sacrament of the Eucharist all his life-time could not do ? Can prayers for a dead man do him more good then when he was alive ? If all his daies the man belonged to death and the dominion of sin, and from thence could not be recovered by Sermons, and counsels,  
and

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and perpetual precepts, and frequent Sacraments, by confessions and absolutions, by prayers and advocations, by external ministries and internal acts, it is but too certain that his lamp cannot then be furnished: his extreme Unction is onely then of use when it is made by the oil that burned in his lamp in all the daies of his expectation and waiting for the coming of the Bridegroom.

Neither can any supply be made in this case by their practice of praying for the dead: though they pretend for this the fairest precedents of the Church and of the whole world. The Heathens they say did it, and the Jews did it, and the Christians did it: some were baptized for the dead in the daies of the Apostles, and very many were communicated for the dead for so many ages after. 'Tis true, they were so, and did so: the Heathens\* praied for an easie grave, & a perpetual spring, that Saffron would rise from their beds of grass. The Jews praied that the Souls of their dead might be in the garden of Eden, that they might have their part in Paradise, and in the world to come; and that they might bear the peace of the fathers of their generation, sleeping in Hebron. And the Christians praied for a joyfull resurrection, for mercy at the day of judgement, for hastening of the coming of Christ, and the kingdom of God; and they named all sorts of persons in their prayers, all I mean but wicked persons, all but them that liv'd evil lives; they named Apostles; Saints and Martyrs. And all this is so nothing to their purpose, or so much against it, that the prayers for the dead used in the Church of Rome are most plainly condemned, because they are against the doctrine and practices of all the world, in other forms, to other purposes, relying upon distinct doctrines, until new opinions began to arise about S. Augustine's time, and changed the face of the proposition. Concerning prai-

Tertul. de Monog. S. Cyprian. lib. 1. ep. 9. Si Athan. q. 33. S. Cyril. myst. cat. 5. Epiphani. Hæres. 75. Aug. de Hæres. ca. 33. Concil. Carth. 3. c. 29.

\* Dii majorum umbris tenuem  
& sine pondere terram,  
Spirantisque crocos, & in urna  
perpetuum Ver.

Juven. Sat. 7.

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er for the Dead, the Church hath received no commandment from the Lord: and therefore concerning it we can have no rules nor proportions, but from those imperfect revelations of the state of departed Souls, and the measures of Charity, which can relate onely to the imperfection of their present condition, and the terrours of the day of Judgement: but to think that any Suppletory to an evil life can be taken from such devotions after the sinners are dead, may incourage a bad man to sin, but cannot relieve him when he hath.

But of all things in the World methinks men should be most carefull not to abuse Dying people; not onely because their condition is pitiable, but because they shall soon be discovered, and in the secret regions of Souls there shall be an evil report concerning those men who have deceived them: and if we believe we shall go to that place where such reports are made, we may fear the shame and the amazement of being accounted impostors in the presence of Angels, & all the wise holy men of the World. To be erring and innocent is hugely pitiable, and incident to mortality; that we cannot help: but to deceive or to destroy so great an interest as is that of a Soul, or to lessen its advantages, by giving is trifling and false confidences, is injurious and intolerable. And therefore it were very well if all the Churches of the world would be extremely curious concerning their offices and ministeries of the Visitation of the sick: that their Ministers they send be holy and prudent; that their instructions be severe and safe; that their sentences be mercifull and reasonable; that their offices be sufficient and devout, that their attendances be frequent and long; that their deputations be special and peculiar; that the doctrines upon which they ground their offices be true, material and holy; that their ceremonies be few, and their advices wary; that their separation be full of caution, their judgements not remiss, their remissions not loose and dissolute; and that all the whole ministration be made by persons of experience and charity. For it is a sad thing to see our dead go out of our hands: they live incuriously and die without

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without regard, and the last scene of their life, which should be dressed with all spiritual advantages, is abused by flattery and easie propositions, and let go with carelesness and folly.

My Lord, I have endeavoured to cure some part of the evil as well as I could, being willing to relieve the needs of indigent people in such waies as I can; and therefore have described the Duties which every sick man may doe alone, and such in which he can be assisted by the Minister: and am the more confident that these my endeavours will be the better entertained, because they are the first intire Body of directions for sick and Dying people that I remember to have been published in the Church of England. In the Church of Rome there have been many; but they are dressed with such doctrines which are sometimes useles, sometimes hurtful, and their whole design of assistance which they commonly yield is at the best imperfect, and the representation is too careless and loose for so severe an employment. So that in this affair I was almost forced to walk alone; onely that I drew the rules and advices from the fountains of Scripture, and the purest chanel of the Primitive Church, and was helped by some experience in the cure of Souls. I shall measure the success of my labours, not by popular noises or the sentences of curious persons, but by the advantage which good people may receive. My work here is not to please the speculative part of men, but to minister to practise, to preach to the weary, to comfort the sick, to assist the penitent, to reprove the confident, to strengthen weak hands and feeble knees, having scarce any other possibilities left me of doing Alms, or exercising that Charity by which we shall be judged at Dooms-day. It is enough for me to be an under-builder in the house of God, and I glory in the employment, I labour in the foundations; and therefore the work needs no Apology for being plain, so it be strong and well laid. But (My Lord) as mean as it is, I must give God thanks for the desires and the strength; and, next to him, to you, for that opportunity and little portion of leisure which I had to do it in: for I must acknowledge

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acknowledge it publickly, (and besides my prayers, it is all the recompence I can make you) my being quiet I owe to your Interest, much of my support to your bounty, and many other collateral comforts I derive from your favour and nobleness. My Lord, because I much honour you, and because I would do honour to my self, I have written your name in the entrance of my Book: I am sure you will entertain it, because the design related to your dear Lady, and because it may minister to your spirit in the day of visitation, when God shall call for you to receive your reward for your charity and your noble piety, by which you have not onely endeared very many persons, but in great degrees have obliged me to be,

My noblest Lord,

Your Lordships most thankful

and most humble Servant,

JER. TAYLOR.

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## CHAP. I.

general Preparation towards a holy and  
blessed Death, by way of Consideration.

### SECT. I.

Consideration of the vanity and shortness of Man's life.

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Man is a bubble, (said the Greek Pro-  
verb) which *Lucian* represents with  
advantages and its proper circum-  
stances to this purpose; saying, that  
all the world is a Storm, and Men rise  
up in their several generations like  
Bubbles descending *as Jove pluvio,*

Ποσειδών :  
ἀνέβησαν :

from God and the dew of Heaven, from a tear and  
drop of Man, from Nature and Providence: and  
some of these instantly sink into the deluge of their first  
parent, and are hidden in a sheet of water, having  
had no other business in the world, but to be born, that  
they might be able to die: others float up and down  
two or three turns, and suddenly disappear, and give  
their place to others: and they that live longest upon  
the face of the waters are in perpetual motion, restless  
and uneasie, and being crushed with the great drop of  
a cloud sink into fatness and a froth: the change not  
being great, it being hardly possible it should be more  
nothing than it was before. So is every man: He  
is born in vanity and sin; he comes into the world  
like morning Mushrooms, soon thrusting up their  
heads into the air, and conversing with their kindred of  
the same production, and as soon they turn into dust  
and forgetfulness: some of them without any other  
interest in the affairs of the world, but that they made

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their

their parents a little glad, and very sorrowfull: others ride longer in the storm; it may be until seven years of vanity be expired, and then peradventure the Sun shines hot upon their heads, and they fall into the shades below, into the cover of death and darkness of the grave to hide them. But if the bubble stands the shock of a bigger drop, and out lives the chances of a child, of a careless Nurse, of drowning in a pail of water, of being over laid by a sleepy servant, or such little accidents, then the young man dances like a bubble, empty and gay, and shines like a Dove's neck, or the image of a rainbow, which hath no substance, and whose very imagery and colours are phantastical; and so he dances out the gayety of his youth, and is all the while in a storm, and endures, ~~and~~ because he is not knocked on the head by a drop of bigger rain, or crushed by the pressure of a load of augmented meat, or quenched by the disorder of an ill placed humour, and to preserve a man alive in the midst of so many chances and hostilities, is as great a miracle as to create him; to preserve him from ~~nothing~~ into nothing, and at first to draw him up from nothing, were equally the issues of an Almighty power. And therefore the wise men of the world have contended who shall best fit mans condition with words signifying his vanity and short abode. *Homer* calls a man a leaf, the smallest, the weakest piece of a short-lived, unsteady plant. *Pindar* calls him the dream of a shadow: Another, the dream of the shadow of smoke. But *St. James* spake by a more excellent Spirit, saying, *Our life is but a vapour* viz. drawn from the earth by a celestial influence; made of smoke, or the lighter parts of water, tossed with every winde, moved by the motion of a Superiour body, without vertue in it self, lifted up on high, or left below, according as it pleases the Sun its Foster-father. But it is lighter yet. It is but appearing; A phantastick vapor, an apparition, nothing real: it is not so much as a mist, nor the manner of a shower, nor substantial enough to make a cloud; but it is like *Cassiopeia's* chair, or *Pelops's* shoulder, or the

James 4. 14.  
a James.

carrollin.

the circles of Heaven, *οὐρανός*, for which you cannot have a word that can signify a verier nothing. And yet the expression is one degree more made diminutive: *A vapor*, and *phantastical*, or *a mere appearance*, and this but for a little while neither; the very dream, *ὄνειρος*, the phantasm disappears in a small time, like the shadow that departeth, or like a tale that is told, or as a dream when one awaketh. A man is so vain, so unfixed, so perishing a creature, that he cannot long last in the scene of fancy: a man goes off, and is forgotten like the dream of a distracted person. The summe of all is this: *That thou art a man*, then whom there is not in the world any greater instance of heights and descensions, of lights and shadows, of misery and folly, of laughter and tears, of groans and death.

τοῦ καὶ ἀλλοιῶν ὅτι λέγουσιν ἀνθρώπου  
πρὸς αὐτὸν, ὅτι μετὰ πολλῶν ἐπὶ πόντος ὡς  
ὁ φάντασμα, καὶ ὡς ἡ σκιά, καὶ ὡς ὁ ὄνειρος,  
καὶ ὡς ἡ φαντασία, καὶ ὡς ἡ φαντασία

And because this consideration is of great usefulness and great necessity to many purposes of wisdom and the Spirit; all the succession of time, all the changes in nature, all the varieties of light and darkness, the thousand thousands of accidents in the world, and every contingency to every man, and to every creature, doth preach our funeral Sermon, and calls us to look and see how the old Sexton *Time* throws up the earth, and digs a grave, where we must lay our sins or our sorrows, and sow our bodies, till they rise again in a fair or in an intolerable eternity. Every revolution which the Sun makes about the world divides between life and death; and death possesses both those portions by the next morrow, and we are dead to all those months which we have already lived, and we shall never live them over again: & still God makes little periods of our age. First we change our world, when we come from the womb to feel the warmth of the Sun. Then we sleep and enter into the image of death, in which state we are unconcerned in all the changes of the world: and if our mothers or our Nur-

Nihil sibi quisquam de futuro debet promittere. Id quoque quod tenetur per manus exit, & ipsam quam premissus horam casus incidit. Volvitur tempus ratâ quidem lege, sed per obscurum.  
Seneca.

ses die, or a wilde boar destroy our vineyards, or our King be sick, we regard it not, but during that state, are as disinterest as if our eyes were closed with the clay that weeps in the bowels of the earth. At the end of seven years, our teeth fall and die before us; representing a formal Prologue to the Tragedie; and still every seven years it is odds but we shall finish the last scene: and when Nature, or Chance, or Vice takes our body in pieces, weakning some parts and loosing others, *we taste the grave* and the solemnities of our own Funerals, first, in those parts that ministred to Vice, and next, in them that served for Ornament; and in a short time even they that served for necessity become useless, and entangled like the wheels of a broken clock. *Baldness* is but a

Urmortem citius venire credas,  
Seiro jam capitis perisse partem.

dressing to our funerals, the proper ornament of mour-

ning; and of a person entred very far into the regions and possession of Death: And we have many more of the same signification; Gray hairs, rotten teeth, dim eyes, trembling joynts, short breath, stiffe limbs, wrinkled skin, short memory, decayed appetite. Every day's necessity calls for a reparation of that portion which death fed on all night when we lay in his lap, and slept in his outer chambers. The very spirits of a man prey upon the daily portion of bread and flesh, and every meal is a rescue from one death, and lays up for another: and while we think a thought we die; and the clock strikes, and reckons on our portion of Eternity: we form our words with the breath of our nostrils, we have the less to live upon for every word we speak.

Thus Nature calls us to meditate of death by those things which are the instruments of acting it: and God by all the variety of his Providence makes us see death every where, in all variety of circumstances, and dressed up for all the fancies, and the expectation of every single person. Nature hath given us one harvest every year, but death hath two: and the Spring and the Autumn send throngs of men and women to charnel-houses;

houses; and all the Summer long men are recovering from their evils of the Spring, till the Dog-days come, and then the Sirian star makes the Summer deadly; and the fruits of Autumn are laid up for all the year's provision, and the man that gathers them eats and surfeits, and dies and needs them not, and himself is laid up for Eternity; and he that escapes till Winter, onely staies for another opportunity, which the distempers of that quarter minister to him with great variety. Thus death reigns in all the portions of our time. The Autumn with its fruites provides disorders for us, and the Winter's cold turns them into sharp diseases, and the Spring brings flowers to strew our herse, and the Summer gives green turf and brambles to binde upon our graves. Calentures and Surfeit, Cold and Agues, are the four quarters of the year, and all minister to Death; and you can go no whither, but you tread upon a dead mans bones.

The wild fellow in *Petronius* that escaped upon a broken table from the furies of a shipwreck, as he was sunning himself upon the rocky shore, espied a man rolled upon his floating bed of waves, ballasted with sand in the folds of his garment, and carried by his civil enemy the sea towards the shore to finde a grave: and it cast him into some sad thoughts: That peradventure this mans wife in some part of the Continent, safe and warm, looks next month for the good mans return; or it may be his son knows nothing of the tempest; or his father thinks of that affectionate kiss which still is warm upon the good old mans cheek ever since he took a kind farewell; and he weeps with joy to think how blessed he shall be when his beloved boy returns into the circle of his Father's Arms. These are the thoughts of mortals, this is the end and summe of all their designs: a dark night and an ill Guide, a boistrous sea and a broken Cable, an hard rock and a rough winde dash'd in pieces the fortune

*Navigaciones longas, & pererratis litoribus alienis, seros in patriam reditus proponimus, militiam, & castrensium laborum tarda manu pretia, procuraciones, officiorumque per officia processus, cum interim ad latus mors est; quæ quoniam nunquam cogitatur nisi aliena, subinde nobis ingerantur mortalitatis exempla, non diutius quam miramur hesura.*  
Seneca.

of a whole family, and they that shall weep loudest for the accident, are not yet entred into the storm, and yet have suffered shipwreck. Then looking upon the carkass, he knew it, and found it to be the Master of the ship, who the day before cast up the accounts of his patrimony and his trade, and named the day when he thought to be at home: see how the man swims who was so angry two daies since; his passions are becalm'd with the storm, his accounts cast up, his cares at an end, his voyage done, and his gains are the strange events of death, which whether they be good or evil, the men that are alive seldom trouble themselves concerning the interest of the dead.

But seas alone do not break our vessel in pieces: Every-where we may be shipwrecked. A valiant General, when he is to reap the harvest of his crowns and triumphs, fights unprosperously, or falls into a Fever with joy and wine, and changes his Laurel into Cypress, his triumphal chariot to an Herse; dying the night before he was appointed to perish, in the drunkenness of his festival joys. It was a sad arrest of the loosenesses and wilder feasts of the French Court, when their King [*Henry 2.*] was kill'd really by the sportive image of a fight. And many brides have died under the hands of Paranympths and Maidens dressing them for uneasy joy, the new and undiscerned chains of marriage, according to the saying of *Ben-srah* the wise Jew, "*The Bride went into her chamber, and knew not what should befall her there.*" Some have been paying their vows, and giving thanks for a prosperous return to their own house, and the roof hath descended upon their heads, and turned their loud religion into the deeper silence of a grave. And how many teeming Mothers have rejoiced over their swelling wombs, and pleased themselves in becoming the channels of blessing to a family; and the

Midwife hath quickly bound their heads & feet, and carried them forth to burial? Or else the birth-day of an Heir hath seen the Coffin of the Father

Quia lex eadem manet omnes,  
Gemitum dare sorte sub una,  
Cognataque funera nobis  
A liena in morte dolere.  
Prud. Hymn. exequiis defunctor.

ther

Chap. I. preparatory to Death Section 7

ther brought into the house, and the divided Mother hath been forced to travel twice, with a painful birth, and a sadder death.

There is no state, no accident, no circumstance of our life, but it hath been sowed by some sad instance of a dying friend: a friendly meeting often ends in some sad mischance, and makes an eternal parting: and when the Poet *Æschylus* was sitting under the walls of his house, an Eagle hovering over his bald head, mistook it for a stone, and let fall his oyster, hoping there to break the shell, but pierced the poor mans skull.

Death meets us every-where, and is procured by every instrument, and in all chances, and enters in at many doors; by violence and secret influence, by the aspect of a star and the stink of a mist, by the emissions of a cloud and the meeting of a vapor, by the fall of a chariot and the stumbling at a stone, by a full meal or an empty stomach, by watching at the wine or by watching at prayers, by the Sun or the Moon, by a heat or a cold, by sleepless nights or sleeping daies, by water frozen into the hardness and sharpness of a dagger, or water thaw'd into the floods of a river, by a hair or a raisin, by violent motion or sitting still, by severity or dissolution, by God's mercy or God's anger, by every thing in providence and every thing in manners, by every thing in nature and every thing in chance. *Eripitur persona, manet res*: we take

Aut ubi  
mors non  
est, si jugu-  
laris aquæ?  
Martial.

Currit mortalibus ævum,  
Nec nasci bis posse datur; fugit hora, rapitque  
Tartareus torrens, ac secum ferre sub umbras,  
Si qua animo placuere, negat

Sil. Ital. l. 15.

pains to heap up things usefull to our life, and get our death in the purchase; and the person is snatched away, and the goods remain. And all this is the law and constitution of nature, it is a punishment to our sins, the unalterable event of providence, and the decree of Heaven. The chains that confine us to this condition are strong as destiny, and immutable as the eternal laws of God.

I have conversed with some men who rejoiced in the death or calamity of others, and accounted it





our acquaintance quickly knew us not and that change mingled with so much horror, or else meets so with our fears and weak discouragements, that they who six hours agoe tended upon us, either with charitable or ambitious services, cannot without some regret stay in the room alone where the body lies stripped of its life and honour. I have read of a fair young German Gentleman, who living, often refused to be pictured, but put off the importunity of his friends desire, by giving way that after a few daies burial they might send a painter to his vault, and, if they saw cause for it, draw the image of his death unto the life. They did so, and

found his face half eaten, and his midriff and backbone full of serpents; and so he stands pictured a-

Anceps forma bonum mortalibus,  
Exigui donum breve temporis:  
Ulc fulgor teneris qui radiat genis,  
Memento rapitur, nulla que non dies  
Formosi spoliū corporis abstulit.

Seneca.

mong his armed Ancestors. So does the fairest beauty change, and it will be as bad with you and me; and then, what servants shall we have to wait upon us in the grave? what friends to visit us? what officious people to cleanse away the moist and unwholefom cloud reflected upon our faces from the sides of the weeping vaults, which are the longest weepers for our funeral?

This discourse will be useful, if we consider and practise by the following Rules and considerations respectively.

1. All the Rich and all the Covetous men in the world will perceive, and all the world will perceive for them, that it is but an ill recompence for all their cares, that by this time all that shall be left will be this, that the neighbours shall say, He died a rich man: and yet his wealth will not profit him in the grave, but hugely swell the sad accounts of Doomsday. And he that kills the Lord's people with unjust or ambitious wars for an unrewarding interest, shall have this character, that he threw away all the daies of his life, that one year might be reckoned with his Name, and com-

Rape, congere, aufer, posside;  
relinquendum est. Martial.

Annos omnes prodegit ut ex  
eo annus unus numeretur, &  
per mille indignitates labora-  
vit in titulum sepulchri. Sen-  
pured

Jam eorum præben-  
das alii possident, &  
nescio utrū de iis  
cogitant. Gerson.

— Me veterum  
frequens  
Memphis Pyramidum  
docet,  
Me pressæ tumulo la-  
cryma gloriæ,  
Me projecta jacenti-  
um  
Pallium per populos  
busta Quiritium,  
Et vilis Zephyro jocus  
Jactati cineres & pro-  
cerum rogi,  
Fumantūq; cadavera  
Regnorum tacito, Ru-  
se, silentio  
Mæstum multa mo-  
nent. Lyric. Cæf. l. 2.  
od. 27.

puted by his reign or consulship: and many men by great labors and affronts, many indignities and crimes, labor only for a pompous Epitaph, and a loud title upon their Marble; whilst those into whose possessions their heirs or kindred are entered are forgotten, and lie unregarded as their ashes, and without concernment or relation, as the turf upon the face of their grave. \* A man may read a Sermon, the best and most passionate that ever man preached, if he shall but enter into the sepulchres of Kings. In the same Escorial where the *Spanish* Princes live in greatness and power, and decree war or peace, they have wisely placed a cœmeterie where their ashes and their glory shall sleep till time shall be no more: and where our Kings have been crowned, their Ancestors lay interred, and they must walk over their Grandfathers head to take his crown. There is an acre sown with

royal seed, the copy of the greatest change, from rich to naked, from cieled roofs to arched coffins, from *living like Gods* to *die like Men*. There is enough to cool the flames of lust, to abate the heights of pride, to appease the itch of covetous desires, to sully and dash out the dissembling colours of a lustful, artificial and imaginary beauty. There the warlike and the peacefull, the fortunate and the miserable, the beloved and the despised Princes mingle their dust, and pay down their symbol of Mortality, and tell all the world that, when we die, our ashes shall be equal to Kings, and our accounts easier, and our pains or our crowns shall be less. \* To my apprehension it is a sad record which is left by *Atbenæus* concerning *Ninus* the great *Assyrian* Monarch, whose life and death is summed up in these words: ‘*Ninus* the *Assyrian* had an Ocean of gold, and other riches more then the sand in the *Caspian* sea; he never saw the stars, and perhaps he never desired it; he never stirred up the holy fire among the *Magi*, nor touched his God with the sacred rod according to the Laws; he never offered sacri-  
fice,

'sice, nor worshipped the Deity, nor administered  
'justice, nor spake to his people, nor numbred them:  
'but he was most valiant to eat and drink, and having  
'mingled his wines he threw the rest upon the stones:  
'This man is dead: Behold his Sepulchre, and now  
'hear where *Ninus* is. Sometimes I was *Ninus*, and  
'drew the breath of a living man, but now am nothing  
'but clay. I have nothing but what I did eat, and  
'what I served to my self in lust [that was and is all  
'my portion:] The wealth with which I was [esteem-  
'ed] blessed, my enemies meeting together shall  
'bear away, as the mad *Thyades* carry a raw Goat.  
'I am gone to Hell; and when I went thither, I neither  
'carried Gold, nor Horse, nor silver Chariot. I that  
'wore a Mitre, am now a little heap of dust. \* I

know not any thing that  
can better represent the e-  
vil condition of a wicked  
man, or a changing great-  
ness. From the greatest se-  
cular dignity to dust and ashes his nature bears him,

'Αδὴν τοῦτο εἶναι ἐν τῷ αἵματι αὐτοῦ  
τὴν τοῦ αἵματος τοῦ αἵματος ἐν τῷ αἵματι  
'Αλλ' ἀποθνήσκει, καὶ τοῦτο καὶ ἀποθνήσκει τοῦ.  
Menand.

and from thence to hell his sins carry him, and there  
he shall be for ever under the dominion of chains and  
Devils, wrath and an intolerable calamity. This is the  
reward of an un sanctified condition, and a greatness ill  
gotten or ill administered.

2. Let no man extend his thoughts, or let his hopes  
wander towards future and far distant events and ac-  
cidental contingencies. This day is mine and yours,  
but ye know not what shall be on the morrow: and  
every morning creeps out of a dark cloud, leaving be-  
hind it an ignorance and silence deep as midnight, and  
undiscerned as are the Phantasms that make a Chri-  
some child to smile: so that we cannot discern what  
comes hereafter, unless we had a

light from Heaven brighter then the  
vision of an Angel, even the Spirit of  
Prophecie. Without revelation we  
cannot tell whether we shall eat to-  
morrow, or whether a Squinancy shall choak us: & it is  
written

Quid sit futurum cras fuge qua-  
rere, &  
Quem fors dierum cinque dabit,  
lucro  
Appone. ———

Horat.

written in the unrevealed folds of Divine Predestination, that many who are this day alive shall to morrow be laid upon the cold earth, and the women shall weep over their shroud, and dress them for their funeral. St. James in his Epistle notes the folly of some men, his contemporaries, who were so impatient of the event of to morrow, or the accidents of next year, or the good or evils of old age, that they would consult Astrologers and witches, Oracles and devils, what should befall them the next Calends; what should be the event of such a voyage, what God had written in his book concerning the success of battels, the Election of Emperors, the Heir of families, the price of Merchandise, the return of the *Tyrian* fleet, the rate of *Sidonian* Carpets: and as they were taught by the crafty and lying Demons, so they would expect the issue; and oftentimes by disposing their affairs in order toward such events, really did produce some little accidents according to their expectation; and that made them trust the Oracles in greater things, and in all. Against this he opposes his Counsel, that we should not search after forbidden records, much less by uncertain significations; for whatsoever is disposed to happen by the order of natural causes or civil counsels, may be rescinded by a peculiar decree of

— Nec Babylonios  
Tentatis numeros, ut melius quicquid erit pati  
Seu plures hyemes, seu tribuit Jupiter ultimam  
Horat.

Incertam frustra mortales funeris horam  
Quæritis, & quâ sit mors aditura viâ.  
Pœna minor certam subito perferre ruinam;  
Quod timeas gravius sustinuisse diu.  
Catul. eleg. 1. 29.

providence, or be prevented by the death of the interested persons; who, while their hopes are full, and their causes conjoined, and the work brought forward, and the sickle put into the harvest, and the

first fruits offered and ready to be eaten, even then if they put forth their hand to an event that stands but at the door, at that door their body may be carried forth to burial, before the expectation shall enter into fruition. When *Rischilda* the widow of *Albert* Earl of *Ebersberg* had feasted the Emperour *Henry* III. and petitioned in behalf of her Nephew *Welfbo* for some lands

lands formerly possessed by the Earl her husband : just as the Emperor held out his hand to signify his consent; the chamber-floor suddenly fell under them, and Richilde falling upon the edge of a bathing vessel was bruised to death, and slayed not to see her Nephew sleep in those lands which the Emperour was reaching forth to her, and placed at the door of restitution.

3. As our *hopes* must be confined, so must our *designs*: let us not project long designs, crafty plots, and diggings so deep that the intrigues of a design shall never be unfolded till our Grand-children have forgotten our virtues or our vices. The work of our soul is cut short, facile, sweet and plain, and fitted to the small portions of our shorter life: and as we must not trouble our iniquity, so neither must we intricate our labour and purposes with what we shall never enjoy. This rule does not forbid us to plant Orchards which shall feed our Nephews with their fruit: for by such provisions they do something towards an imaginary immortality, and do charity to their Relatives: But such projects are reproved which discompose our present duty by long and future designs; such which by casting our labours to events at distance, make us less to remember our death standing at the door.

It is fit for a man to work for his daies wages, or to contrive for the hire of a week, or to lay a train to make provisions for such a time as is within our eye, and in our duty, and within the usual periods of Mans life; for whatsoever is made necessary, is also made prudent: but while we plot and busie our selves in the toils of an ambitious war, or the levies of a great estate, Night enters in upon us, and tells all the world how like fools we lived, and how deceived and miserably we died. Seneca tells of Senecio Cornelius, a man crafty in getting and tenacious in holding a great estate, and one who was as diligent in the care of his body as of his money, curious of his health as of his possessions, that he

all

Certa animi  
timus dum  
incerta pe-  
timus; atque  
hoc evenit  
in labore,  
atque in do-  
lore, ut  
mors obre-  
pat interim.  
Plant. Plaut.

Quid brevi fortes jaculamur ævo  
Multa?

Jam te premet nox, fabuleque Manes,  
Et domus exilis Plutonia.

Horat.

all day long attended upon his sick and dying friend; but when he went away was quickly comforted, supped merrily, went to bed cheerfully, and on a sudden being surprized by a Squinancy, scarce drew his breath until the Morning, but by that time died, being snatched from the torrent of his fortune; and the swelling tide of wealth, and a likely hope bigger then the necessities of ten men. This accident was much noted then in Rome, because it happened in so great a fortune, and in the midst of wealthy designs; and presently it made wise men to consider, how imprudent a person he is who disposes of ten years to come, when he is not Lord of to morrow.

Ille enim ex  
fuito sus-  
penditur,  
cui irritum  
est praesens.  
Seneca.

104. Though we must not look so far off, and pry as broad; yet we must be busie near at hand; we must with all arts of the Spirit seize upon the present, because it passes from us while we speak; and because in it all our certainty does consist. We must take our waters as out of a torrent and sudden shower, which will quickly cease dropping from above, and quickly cease running in our channels here below. This instant will never return again, and yet it may be this instant will double or secure the fortune of a whole eternity. The old Greeks and Romans taught us the prudence of this rule: but Christianity teaches us the Religion of it.

Aetate frue-  
re, mobili  
curfu fugit.  
Seneca.

They so seized upon the present, that they would lose nothing of the daies pleasure. *Let us eat and drink, for to morrow we shall die*; that was their Philosophy; and at their solemn Feasts they would talk of death to heighten the present drinking, and that they might warm their veins with a fuller chalice, as knowing the drink that was poured upon their graves would be cold and without relish. *Break the bread, drink your wine, crown your heads with roses, and besmear your curled locks with Nard*; for God bids you to remember death; so the Epigrammatist speaks the sense of their drunken Principles. Something towards this signifi-

Martial. l. 2.  
epig. 59.

cation is that of Solomon, *There is nothing better for a man then that he should eat and drink, and that he should make his soul enjoy good in his labour*; for that

Ecclef. 3. 22.  
& c. 2. 24.

Chap. 2. preparatory to Death. Sect. 2. 25

in this portion; for who shall bring him to see that which shall be after him? But although he concludes all this to be vanity, yet because it was the best thing that was then commonly known,

\* that they should seize up-  
on the present with a tem-  
perate use of permitted  
pleasures, I had reason to  
say that Christianity  
taught us to turn this in-  
to religion. For he that  
by a present and a con-  
stant holiness secures the present, and makes it usefull  
to his noblest purposes, he turns his condition into his  
best advantage, by making his unavoidable fate be-  
come his necessary religion.

To the purpose of this rule is that collect of Tuscan  
Hieroglyphicks which we have from *Gabriel Simeon*.

Our life is very short, beauty is a cozenage, money is  
false and fugitive: Empire is odious, and hated by  
them that have it not, and uneasy to them that have;  
victory is alwaies uncertain, and peace most com-  
monly is but a fraudulent bargain; old age is misera-  
ble, death is the period; and is a happy one, if it be  
not sowed by the sins of our life: but nothing con-  
tinues but the effects of that wisdom which employs  
the present time in the acts of a holy religion, and a  
peaceable conscience; for they make us to live even  
beyond our funerals, embalmed in the spices and odours  
of a good name, and entombed in the grave of the  
Holy Jesus, where we shall be dressed for a blessed re-  
surrection to the state of Angels and beatified Spirits.

5. Since we stay not here, being people but of a  
daies abode, and our age is like that of a flie, and con-  
temporarie with a gourd; we must look somewhere  
else for an abiding city, a place in another country to  
fix our house in, whose walls and foundation is God,  
where we must find rest, or else be restless for ever.  
But whatsoever ease we  
can have or fancy here, is

\* Amici, dum vivimus, vivamus.  
Hoc etiam faciunt ubi discubere, tenentque  
Pocula sepe homines, & intumbrant ora co-  
ronis,  
Ex animo ut dicant, brevis est hic fructus ho-  
mullis;  
Jam fuerit, neq; post unquam revocare licebit.  
Lucret. lib. 3.

Quis sapiens bono  
Confidat fragilis? dum licet, utere:  
Shortly

*Tempus sed nimium subleat, hincque  
Semper prætacta demum subit.*  
Senec. Hippol.

shortly to be changed into fel-  
lows, or tediousness: it goes a-  
way too soon, like the periods  
of our life; or stays too long, like the sorrows of a  
sinner: its one weariness, or a contrary disturbance, is  
its load; or it is eased by its revolution into vanity and  
forgetfulness; and where either there is sorrow or an  
end of joy, there can be no true felicity; which because  
it must be had by some instrument, and in some period of  
our duration, we must carry up our affections to the man-  
sions prepared for us above, where eternity is the mea-  
sure, felicity is the state, Angels are the company, the  
Lamb is the light, and God is the portion and inheri-  
tance.

S E C T. III.

*Rules and spiritual Arts of lengthening our daies; and to  
take off the objection of a short life.*

**I**N the accounts of a mans life we do not reckon that  
portion of daies in which we are shut up in the prison  
of the womb, we tell our years from the day of our  
Birth: and the same reason that makes our reckoning  
to stay so long, saies also that then it begins too soon.  
For then we are beholden to others to make the account  
for us: for we know not of a long time whether we be  
alive or no, having but some little approaches and symp-  
toms of a life. To feed, and sleep, and move a little,  
and imperfectly, is the state of an unborn child; and  
when he is born, he does no more for a good while; and  
what is it that shall make him to be esteemed to live the  
life of a man? and when shall that account begin?  
For we should be loth to have the accounts of our age  
taken by the measures of a beast: and fools and di-  
stracted persons are reckoned as *civily dead*; they are  
no parts of the Commonwealth, not subject to Laws,  
but secured by them in Charity, and kept from violence  
as a man keeps his Ox: and a third part of our life is  
spent before we enter into an higher order, into the  
state of a Man.

2. Neither



2. Neither must we think that the life of a man begins when he can feed himself, or walk alone, when he can fight, or beget his like; for so he is contemporary with a camel or a cow; but he is first a man when he comes to a certain, steady use of reason, according to his proportion: and when that is, all the world of men cannot tell precisely. Some are called *at age* at fourteen, some at one and twenty, some never; but all men late enough; for the life of a man comes upon him slowly and insensibly. But as when the Sun approaches towards the gates of the morning, he first opens a little eye of Heaven, and sends away the spirits of darkness, and gives light to a Cock, and calls up the Lark to Mattens, and by and by gilds the fringes of a cloud, and peeps over the Eastern hills, thrusting out his golden horns, like those which decked the brows of *Moses* when he was forced to wear a veil, because himself had seen the face of God; and still while a man tells the story, the Sun gets up higher, till he shews a fair face and a full light, and then he shines one whole day, under a cloud often, and sometimes weeping great and little showers, and sets quickly: so is a mans reason and his life. He first begins to perceive himself to see or taste, making little reflexions upon his actions of sense, and can discourse of flies and dogs, shells and play, horses and liberty: but when he is strong enough to enter into arts and little institutions, he is at first entertained with trifles and impertinent things, not because he needs them, but because his understanding is no bigger, and little images of things are laid before him, like a cock-boat to a whale, onely to play withall: but before a man comes to be wise, he is half dead with gout and consumptions, with catarrhs and aches, with sore eyes and a worn-out body. So that if we must not reckon the life of a man but by the accounts of his reason, he is long before his soul be dressed; and he is not to be called a man without a wife and an adorned soul, a soul at least furnished with what is necessary towards his well-being: but by that time his soul is thus furnished, his body is decayed; and then you

can hardly reckon him to be alive, when his body is possessed by so many degrees of death.

3. But there is yet another arrest. At first he wants strength of body, and then he wants the use of reason; and when that is come, it is ten to one but he stops by the impediments of vice, and wants the strengths of the *spirit*; and we know that *Body* and *Soul* and *Spirit* are the constituent parts of every Christian man. And now let us consider what that thing is which we call *years of discretion*. The young man is passed his Tutors, and arrived at the bondage of a captive spirit; he is run from discipline, and is let loose to passion; the man by this time hath wit enough to chuse his vice, to act his lust, to court his mistress, to talk confidently and ignorantly and perpetually, to despise his betters, to deny nothing to his appetite, to doethings that when he is indeed a man he must for ever be ashamed of: for this is all the discretion that most men shew in the first stage of their Manhood; they can discern good from evil; and they prove their skill by leaving all that is good, and wallowing in the evils of folly and an unbridled appetite. And by this time the young man hath contracted vicious habits, and is a beast in manners, and therefore it will not be fitting to reckon the beginning of his life: he is a fool in his understanding, and that is a sad death; and he is dead in trespasses and sins, and that is a sadder: so that he hath no life but a natural, the life of a beast or a tree; in all other capacities he is dead; he neither hath the intellectual nor the spiritual life, neither the life of a man nor of a Christian; and this sad truth lasts too long. For old age seises upon most men while they still retain the minds of boys and vicious youth, doing actions from principles of great folly, and a mighty ignorance, admiring things useles and hurtful, and filling up all the dimensions of their abode with busineses of empty affairs, being at leisure to attend no virtue: They cannot pray, because they are busie, and because they are passionate: they cannot communicate, because they have quarrels and intrigues of perplexed

plexed causes, complicated hostilities, and things of the world; and therefore they cannot attend to the things of God: little considering that they must find a time to die in; when death comes, they must be at leisure for that. Such men are like Sailers loosing from a port, and tost immediately with a perpetual tempest lasting till their cordage crack, and either they sink, or return back again to the same place: they did not make a voyage, though they were long at sea. The business and impertinent affairs of most men steal all their time, and they are restless in a foolish motion: but this is not the progress of a man; he is no farther advanced in the course of a life, though he reckon many years: for still his soul is childish, and trifling like an untaught boy.

— Bis jam  
Confusum tri-  
gestinus in-  
stit, Et nu-  
merat pau-  
cos vix sua  
vita dies.

If the parts of this sad complaint find their remedy, we have by the same instruments also cured the evils and the vanity of a short life. Therefore,

I. Be infinitely curious you do not set back your life in the accounts of God by the intermingling of criminal actions, or the contracting vicious habits. There are some vices which carry a sword in their hand, and cut a man off before his time. There is a sword of the Lord, and there is a sword of a Man, and there is a sword of the Devil. Every vice of our own managing in the matter of carnality, of lust or rage, ambition or revenge, is a sword of Satan put into the hands of a man: These are the destroying Angels; sin is the *Apollyon*, the Destroyer that is gone out, not from the Lord, but from the Tempter; and we hug the poison, and twist willingly with the vipers, till they bring us into the regions of an irrecoverable sorrow. We use to reckon persons as good as dead, if they have lost their limbs and their teeth, and are confined to an Hospital, and converse with none but Surgeons and Physicians, Mourners and Divines, those *Polliniores*, the Dressers of bodies and souls to Funeral: But it is worse when the Soul, the principle of life, is employed wholly in the offices of death: and that man was worse then dead of whom *Seneca* tells, that being a rich fool, when he was lifted up from the baths and set

into a soft couch, asked his slaves, *An ego jam sedeo?* Do I now sit? The beast was so drowned in sensuality and the death of his soul, that, whether he did sit or no, he was to believe another. Idleness and every vice is as much of death as a long disease is, or the expence of ten years: and *she that lives in pleasures is dead while she liveth* (saith the Apostle,) and it is the style of the Spirit concerning wicked persons, *They are dead in trespasses and sins*. For as every sensual pleasure and every day of idleness and useless living lops off a little branch from our short life; so every deadly sin and every habitual vice does quite destroy us: but innocence leaves us in our natural portions, and perfect period; we lose nothing of our life, if we lose nothing of our Soul's health; and therefore he that would live a full age must avoid a sin, as he would decline the Regions of death and the dishonors of the grave.

*Ædipol,*  
proinde ut  
bene vivi-  
tur, diu vi-  
vitur.  
*Plaut. Tri-*  
*num.*  
Non accepi-  
mus brevem  
vitam, sed  
fecimus; nec  
inopes ejus,  
sed prodigi-  
sumus.  
*Seneca.*

2. If we would have our life lengthened, let us begin betimes to live in the accounts of reason and sober counsels, of Religion and the Spirit, and then we shall have no reason to complain that our abode on earth is so short; Many men find it long enough, and indeed it is so to all senses. But when we spend in waste what God hath given us in plenty, when we sacrifice our youth to folly, our manhood to lust and rage, our old age to covetousness and irreligion, not beginning to live till we are to die, designing that time to vertue which indeed is infirm to every thing and profitable to nothing; then we make our lives short, and lust runs away with all the vigorous and healthfull part of it, and pride and animosity steal the manly portion, and craftiness and interest possess old age; *velut ex pleno & abundanti perdimus*, we spend as if we had too much time, and knew not what to doe with it: we fear everything, like weak and silly mortals; and desire strangely and greedily, as if we were immortal: we complain our life is short, and yet we throw away much of it, and are weary of many of its parts: we complain the day is long, and the night is long, and we want company, and seek out arts to drive the time

time away, and then weep because it is gone too soon. But so the treasure of the *Capitol* is but a small estate when *Cæsar* comes to finger it, and to pay with it all his Legions; and the revenue of all *Egypt* and the Eastern Provinces was but a little summe when they were to support the luxury of *Mark Antony*, and feed the riot of *Cleopatra*; But a thousand crowns is a vast proportion to be spent in the cottage of a frugal person, or to feed an Hermit. Just so is our life: it is too short to serve the Ambition of a haughty Prince, or an usurping Rebel; too little time to purchase great wealth, to satisfy the pride of a vain-glorious fool, to trample upon all the enemies of our just or unjust interest: but for the obtaining vertue, for the purchase of sobriety and modesty, for the actions of Religion, God gave us time sufficient, if we make *the outgoings of the Morning and Evening*, that is, our Infancy and Old age, to be taken into the computations of a man. Which we may see in the following particulars.

1. If our Childhood being first consecrated, by a forward Baptism, it be seconded by a holy Education, and a complying obedience; if our youth be chaste and temperate, modest and industrious, proceeding through a prudent and sober Manhood to a religious Old age; then we have lived our whole duration, and shall never die, but be changed in a just time to the preparations of a better and an immortal life.

2. If besides the ordinary returns of our prayers and periodical and festival solemnities, and our seldome communions, we would allow to Religion and the studies of wisdom those great shares that are trifled away upon vain sorrow, foolish mirth, troublesome ambition, busie covetousness, watchful lust, and impertinent amours, and balls and revellings and banquets, all that which was spent viciously, and all that time that lay fallow and without employment, our life would quickly amount to a great summe. *Iofatus Abulensis*

Sed potes, Publi, geminare magna  
Secula famâ.  
Quem sui raptum genuere cives,  
Hic diu vixit. Sibi quisque famam  
Scribat hæredem: rapiunt avaræ  
Cætera Lunæ.

was a very painful person, and a great Clerk, and in the daies of his manhood he wrote so many books, and they not ill ones, that the world computed a sheet for every day of his life; I suppose they meant, after he came to the use of reason and the state of a man: and *John Scotus* died about the two and thirtieth year of his age; and yet besides his publick Disputations, his daily Lectures of Divinity in publick and private, the Books that he wrote, being lately collected and printed at *Lions*, do equal the number of volumes of any two the most voluminous Fathers of the *Latine Church*. Every man is not enabled to such employments, but every man is called and enabled to the works of a sober and a religious life: and there are many Saints of God that can reckon as many volumes of religion and mountains of piety as those others did of good books. *S. Ambrose* (and I think, from his example, *S. Augustine*) divided every day into three tertias of employment: eight hours he spent in the necessities of nature and recreation; eight hours in charity and doing assistance to others, dispatching their businesses, reconciling their enmities, reprovng their vices, correcting their errors, instructing their ignorances, transacting the affairs of his Diocese; and the other eight hours he spent in study and prayer. If we were thus minute and curious in the spending our time, it is impossible but our life would seem very long. For so have I seen an amorous person tell the minutes of his absence from his fancied joy, and while he told the sands of his hour-glass, or the throbs and little beatings of his Watch, by dividing an hour into so many members, he spun out its length by number, and so translated a day into the tediousness of a month. And if we tell our daies by Canonical hours of Prayer, our weeks by a constant revolution of Fasting-daies or daies of special Devotion, and over all these draw a black Cypress, a veil of penitential sorrow and severe mortification, we shall soon answer the calumny and objection of a short life. He that governs the day and divides the hours, hastens from the eyes and observation of a merry sinner: but loves

loves to stand still, and behold, and tell the sighs, and number the groans and sadly-delicious accents of a grieved penitent. It is a vast work that any man may doe, if he never be idle : and it is a huge way that a man may go in vertue, if he never goes out of his way by a vicious habit or a great crime : and he that perpetually reads good books, if his parts be answerable, will have a huge stock of knowledge. It is so in all things else. Strive, not to forget your time, and suffer none of it to pass undiscerned ; and then measure your life, and tell me how you find the measure of its abode. However, the time we live is worth the money we pay for it ; and therefore it is not to be thrown away.

3. When vicious men are dying, and scar'd with the affrighting truths of an evil conscience, they would give all the world for a year, for a month : nay, we read of some that called out with amazement, *inducit usque ad mane, truce but till the morning* : and if that year or some few months were given, those men think they could doe miracles in it. And let us a while suppose what *Dives* would have done if he had been loosed from the pains of hell, and permitted to live on earth one year. Would all the pleasures of the world have kept him one hour from the Temple ? would he not perpetually have been under the hands of Priests, or at the feet of the Doctors, or by *Moses* chair, or attending as near the Altar as he could get, or relieving poor *Lazarus*, or praying to God, and crucifying all his sin ? I have read of a Melancholick person who saw Hell but in a dream or vision, and the amazement was such, that he would have chosen ten times to die rather than feel again so much of that horror : and such a person cannot be satisfied but that he would spend a year in such holiness, that the religion of a few months would equal the devotion of many years, even of a good man. Let us but compute the proportions. If we should spend all our years of reason so as such a person would spend that one, can it be thought that life would be short and trifling in which he had performed such a religion, served

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God with so much holiness, mortified sin with so great a labour, purchased vertue at such a rate and so rare an industry? It must needs be that such a man must die when he ought to die, and be like ripe and pleasant fruit falling from a fair tree, and gathered into baskets for the planter's use. He that hath done all his business, and is begotten to a glorious hope by the seed

Huic neque defungi visum est, nec vivere pul-

(chrum?)

Cura fuit rectè vivere, sicque mori.

of an immortal Spirit, can never die too soon, nor live too long.

*Xerxes* wept sadly when he saw his army of 2300000 men, because he considered that within an hundred years all the youth of that army should be dust and ashes: and yet, as *Seneca* well observes of him, he was the man that should bring them to their graves; and he consumed all that army in two years, for whom he feared and wept the death after an hundred. Just so we doe all. We complain that within thirty or forty years, a little more, or a great deal less, we shall descend again into the bowels of our Mother, and that our life is too short for any great employment; and yet we throw away five and thirty years of our fourty, and the remaining five we divide between art and nature, civility and customes, necessity and convenience, prudent counsels and religion: but the portion of the last is little and contemptible, and yet that little is all that we can prudently account of our lives. We bring that fate and that death near us, of whose approach we are so sadly apprehensive.

4. In taking the accounts of your life do not reckon by great distances, and by the periods of pleasure, or the satisfaction of your hopes, or the stating your desires: but let every intermedial day and hour pass with

In spe viventibus proximum quòdque tempus elabitur, sub-  
sicque aviditas temporis, & mi-  
sererrimus, atque miserrima omnia  
efficiens, metus mortis

Ex hac autem indigentia timor  
nascitur, & cupiditas futuri ex-  
dens animum, Seneca,

observation. He that reckons he hath lived but so many harvests, thinks they come not often enough, and that they go away too soon. Some lose the day with longing for the night, and the night in waiting for the day. Hope and phantastic expecta-  
tions



tions spend much of our lives; and while with passion we look for a coronation, or the death of an enemy, or a day of joy, passing from fancy to possession without any intermedial notices, we throw away a precious year, and use it but as the burthen of our time, fit to be pared off and thrown away, that we may come at those little pleasures which first steal our hearts, and then steal our life.

5. A strict course of Piety is the way to prolong our lives in the natural sense, and to adde good portions to the number of our years: and sin is sometimes by natural causality, very often by the anger of God, and the Divine judgment, a cause of sudden and untimely death. Concerning which I shall adde nothing (to what I have somewhere else \* said of this article) but only the observation of \* Epiphanius; that for 3332 years, even to the twentieth age, there was not one example of a son that died before his Father, but the course of nature was kept, that he who was first born in the descending line did first die, (I speak of natural death, and therefore *Abel* cannot be opposed to this observation) till that *Terah* the Father of *Abraham* taught the people a new religion, to make images of clay and worship them; and concerning him it was first remarked, that *Haran died before his father Terah in the land of his nativity*: God by an unheard-of judgment and a rare accident punishing his newly-invented crime, by the untimely death of his son.

6. But if I shall describe a living man, a man that hath that life that distinguishes him from a fool or a bird, that which gives him a capacity next to Angels; we shall find that even a good man lives not long, because it is long before he is born to this life, and longer yet before he hath a mans growth. 'He that can look upon Death, and see its face with the same countenance with which he hears its story; that can endure all the labours of his life with his Soul supporting his body; that can equally despise Riches when he hath them, and when he hath them not; that is not sadder if they lie in his neighbours trunks, nor more brag if they shine

\* Life of  
Christ, part  
3 Disc. 14.  
Li. 1. Tom.  
1. Panar.  
Sect. 6.

Seneca de  
Vita beata  
cap. 20.

' shine round about his own walls ; he that is neither  
 ' moved with good fortune coming to him , nor going  
 ' from him ; that can look upon another mans Lands  
 ' evenly and pleasedly as if they were his own , and yet  
 ' look upon his own , and use them too , just as if they  
 ' were another mans ; that neither spends his goods  
 ' prodigally and like a fool , nor yet keeps them avari-  
 ' ciously and like a wretch ; that weighs not Benefits by  
 ' weight and number , but by the minde and circum-  
 ' stances of him that gives them ; that never thinks his  
 ' Charity expensive if a worthy person be the recei-  
 ' ver ; he that does nothing for opinion sake , but every  
 ' thing for conscience , being as curious of his thoughts  
 ' as of his actions in markets and Theatres , and is as  
 ' much in awe of himself as of a whole assembly ; he  
 ' that knows God looks on , and contrives his secret  
 ' Affairs as in the presence of God and his holy Angels ;  
 ' that eats and drinks because he needs it , not that he  
 ' may serve a lust or load his belly ; he that is bounti-  
 ' ful and chearful to his friends , and charitable and apt  
 ' to forgive his enemies ; that loves his Country , and  
 ' obeys his Prince , and desires and endeavours nothing  
 ' more then that he may do honour to God : this per-  
 ' son may reckon his life to be the life of a man , and com-  
 ' pute his months , not by the course of the Sun , but the  
 ' Zodiac and circle of his vertues : because these are such  
 ' things which fools and children and birds and beasts  
 ' cannot have ; these are therefore the actions of life ,  
 ' because they are the seeds of immortality . That day in  
 ' which we have done some excellent thing , we may as  
 ' truly reckon to be added to our life , as were the fifteen  
 ' years to the daies of *Hezekiah* .

S E C T. IV.

Consideration of the Miseries of Man's Life.

**A**S our Life is very *short*, so it is very *miserable*, and therefore it is well it is *short*. God in pity to mankind, lest his burthen should be insupportable, and his nature an intoterable load, hath reduced our state of misery to an abbreviature; and the greater our misery is, the less while it is like to last: the sorrows of a mans spirit being like ponderous weights, which by the greatness of their burthen make a swifter motion, and descend into the grave to rest and ease our wearied limbs; for then onely we shall sleep quietly, when those fetters are knocked off which not only bound our souls in prison, but also ate the flesh till the very bones opened the secret garments of their cartilages, discovering their nakedness and sorrow.

1. Here is no place to sit down in, but you must rise as soon as you are set, for we have gnats in our chambers, and worms in our gardens, and spiders and flies in the palaces of the greatest Kings. How few men in the world are prosperous? what an infinite number of slaves and beggars, of persecuted and oppressed people fill all corners of the earth with groans, and Heaven it self with weeping, prayers and sad remembrances? how many Provinces and Kingdomes are afflicted by a violent war, or made desolate by popular diseases? some whole countries are remarked with fatal evils, or periodical sicknesses. *Gran Cario* in *Egypt* feels the Plague every three years returning like a Quartan ague, and destroying many thousands of persons, All the inhabitants of *Arabia* the desert are in a continual fear of being buried in huge heaps of Sand, and therefore dwell in tents and ambulatory houses, or retire to unfruitful mountains, to prolong an uneasie and wilder life. And all the countries round about the *Adriatic* sea feel such violent convulsions by Tempests and intolerable Earthquakes, that sometimes whole Cities find a

*Nulla requies in terris; surgite postquam sederitis; hic est locus pulicum & culicum.*

Tomb,

Tomb, and every man sinks with his own house made ready to become his monument, and his bed is crushed into the disorders of a grave. Was not all the world drowned at one Deluge, and breach of the Divine anger? and shall not all the world \* again be destroyed

\* Ἐπειὶς ἡ γῆ ἀμύθη, καὶ ἡ θάλασσα ἀδύθη.

καὶ πόμψ πομψ.

Sibyll. Orac.

by fire? Are there not many thousands that die every night, and that groan and weep sadly every day?

But what shall we think of that great evil which for the sins of men God hath suffered to possess the greatest part of Mankind? Most of the men that are now alive, or that have been living for many ages, are *Jews, Heathens, or Turks*: and God was pleased to suffer a base Epileptic person, a villain and a vicious, to set up a religion which hath filled all the nearer parts of *Asia*, and much of *Africa*, and some part of *Europe*; so that the greatest number of men and women born in so many kingdoms and provinces are infallibly made *Mahometan*, strangers and enemies to Christ, by whom alone we can be saved. This consideration is extremely sad, when we remember how universal and how great an evil it is, that so many millions of sons and daughters are born to enter into the possession of Devils to eternal ages. These evils are the miseries of great parts of mankind, and we cannot easily consider more particularly the evils which happen to us, being the inseparable affections or incidents to the whole nature of man.

2. We find that all the Women in the world are either born for barrenness or the pains of Child-birth, and yet this is one of our greatest blessings; but such indeed are the Blessings of this world; we cannot be well with, nor without many things. Perfumes make our heads ake, Roses prick our fingers, and in our very blood where our life dwells is the Scene under which nature acts many sharp fevers and heavy sicknesses. It were too sad if I should tell how many persons are afflicted with evil spirits, with spectres and illusions of the night; and that huge multitudes of men and women

live

live upon mans flesh; nay worse yet, upon the sins of men, upon the sins of their sons and of their daughters, and they pay their souls down for the bread they eat, buying this days meal with the price of the last nights sin

3. Or if you please in charity to visit an Hospital, which is indeed a map of the whole world, there you shall see the effects of *Adam's* sin, and the ruines of humane nature; bodies laid up in heaps like the bones of a destroyed town, *homines precarii spiritus & male harentis*, men whose souls seem to be borrowed, and are kept there by art and the force of Medicine, whose miseries are so great that few people have charity or humanity enough to visit them, fewer have the heart to dress them, and we pity them in civility or with a transient prayer, but we do not feel their sorrows by the mercies of a religious pity, and therefore as we leave their sorrows in many degrees unrelieved and uneased, so we contract by our unmercifulness a guilt by which our selves become liable to the same calamities. Those many that need pity, and those infinites of people that refuse to pity, are miserable upon a several charge, but yet they almost make up all mankind.

4. All wicked men are in love with that which intangles them in huge varieties of troubles; they are slaves to the worst of Masters, to Sin and to the Devil, to a Passion, and to an imperious Woman. Good men are for ever persecuted, and God chastises every son whom he receives, and whatsoever is easie is trifling and worth nothing, and whatsoever is excellent is not to be obtained without labour and sorrow; and the conditions and states of men that are free from great cares are such as have in them nothing rich and orderly, and those that have are stuck full of thorns and trouble.

Kings are full of care; and Learned men\* in all ages have been observed to be very poor, & *honestas miseria* accusant, they complain of their honest miseries.

\* Vilis adulator picto jacet ebrius ostro,  
Et qui sollicitat nuptas, ad præmia peccat.  
Sola pruinosis horret facundia pannis,  
Atq; inopi lingua desertas invocat artes.

Petron.

Hinc & jocus apud Aristophanem in Avibus;  
Σὺ μάρτυς ἀνθρώπων καὶ θεῶν ἔχων ἀνδρῶν καὶ θεῶν  
τῶν πραγμάτων τῶν σπουδῶν.

5. But these evils are notorious and confessed; even they also whose felicity men stare at and admire, besides their splendor and the sharpness of their light, will with their appendant sorrows wring a tear from the most resolved eye: for not only the Winter-quarter is full of storms and cold and darkness, but the beautiful Spring hath blasts and sharp frosts, the fruitfull seeming Summer is melted with heat, and burnt with the kisses of the Sun her friend, and choaked with dust, and the rich Autumn is full of sickness; and we are weary of that which we enjoy, because sorrow is its biggest portion: and when we remember that upon the fairest face is placed one of the worst sinks of the body, *the nose*, we may use it not only as a mortification to the pride of Beauty, but as an allay to the fairest outside of condition which any of the sons and daughters of *Adam* do possess. \* For look upon Kings and Conquerors: I will not tell that many of them fall into the con-

Vilis servus habet regni bona,  
cellaque capti  
Deridet festam Romuleamque  
cafam.

Petron.

Omnia, crede mihi, etiam felici-  
bus dubia sunt.

Seneca.

dition of servants, and their subjects rule over them, and stand upon the ruins of their families, and that to such persons the sorrow is bigger then usually happens in smaller fortunes: but let us suppose them still conquerors, and see what a goodly purchase they get by all their pains,

and amazing fears, and continual dangers. They carry their armes beyond *Isther*, and pass the *Euphrates*, and bind the *Germans* with the bounds of the river *Rhene*: I speak in the style of the *Roman* Greatness; for now-a-daies the biggest fortune swells not beyond the limits of a petty Province or two, and a hill confines the progress of their prosperity, or a river checks it: But whatsoever tempts the pride and vanity of ambitious persons is not so big as the smallest Star which we see scattered in disorder and unregarded upon the pavement and floor of Heaven. And if we would suppose the *Pismires* had but our understandings, they also would have the method of a Mans greatness, and divide their little Mole-hills into Provinces and Exarchats: and

and if they also grew as vicious and as miserable, one of their Princes would lead an army out, and kill his neighbour-Ants, that he might reign over the next handfull of a Turf. But then if we consider at what price and with what felicity all this is purchased, the sting of the painted snake will quickly appear, and the fairest of their fortunes will properly enter into this account of humane infelicities.

We may guess at it by the constitution of *Augustus* fortune, who struggled for his power first with the *Roman* Citizens, then with *Brutus* and *Cassius* and all the fortune of the Republick, then with his Colleague *Mark Antony*, then with his kindred and nearest Relatives, and after he was wearied with slaughter of the *Romans*, before he could sit down and rest in his Imperial chair, he was forced to carry armies into *Macedonia*, *Galatia*, beyond *Euphrates*, *Rhene* and *Danubius*: and when he dwelt at home in greatness and within the circles of a mighty power; he hardly escaped the sword of the *Egnatii*, of *Lepidus*, *Cepio* and *Murana*: and after he had entirely reduced the felicity and grandeur into his own family, his Daughter, his onely child, conspired with many of the young Nobility, and being joyned with adulterous complications as with an impious sacrament, they affrighted and destroyed the fortune of the old man, and wrought him more sorrow then all the troubles that were hatched in the baths and beds of *Egypt*, between *Antony* and *Cleopatra*. This was the greatest fortune that the world had then or ever since, and therefore we cannot expect it to be better in a less prosperity.

Et adulterio  
velut sacra-  
mento ad-  
acti. Tacit.

plurq; & i-  
terum anti-  
menda cum  
Antonio  
mulier.

6. The prosperity of this world is so infinitely sowred with the overflowing of evils, that he is counted the most happy who hath the fewest; all conditions being evil and miserable, they are onely distinguished by the number of calamities. The Collector of the *Roman* and forein examples, when he had reckoned two and twenty instances of great fortunes, every one of which had been allayed with great variety of evils; in all his reading or experience he could tell but of two who





Nothing troubles him, or nothing satisfies him, or his very fulness swells him and makes him breathe short upon his bed. Mens joyes are troublesome; and besides that the fear of losing them takes away the present pleasure, (and a man hath need of another felicity to preserve this) they are also wavering and full of trepidation, not only from their inconstant nature, but from their weak foundation: they arise from vanity, and they dwell upon ice, and they converse with the wind, and they have the wings of a bird, and are serious but as the resolutions of a child, commenced by chance, and managed by folly, and proceed by inadvertency, and end in vanity and forgetfulness. So that as *Livius Drusus* said of himself, *he never had any play-daies or daies of quiet when he was a boy*; for he was troublesome and busie, *a restless and unquiet man*: the same may every man observe to be true of himself; he is always restless and uneasy, he dwells upon the waters, and leans upon thorns, and laies his head upon a sharp stone.

Uni sibi nec  
puero un-  
quam serias  
contigisse  
Seditiosus &  
foro gravis.

## SECT. V.

*This Consideration reduced to Practice.*

1. **T**HE effect of this Consideration is this, That the sadnesses of this life help to sweeten the bitter cup of Death. For let our life be never so long, if our strength were great as that of oxen and camels, if our sinews were strong as the cordage at the foot of an Oak, if we were as fighting and prosperous people as *Siccus Dentatus*, who was on the prevailing side in an hundred and twenty battels, who had three hundred and twelve public rewards assigned him by his Generals and Princes for his valour and conduct in sieges and sharp encounters, and, besides all this, had his share in nine triumphs; yet still the period shall be, that all this shall end in Death, and the people shall talk of us a while, good or bad, according as we deserve, or as they please, and once it shall come to pass that

that concerning every one of us it shall be told in the Neighbourhood, that we are dead. This we are apt to think a sad story; but therefore let us help it with a sadder: For we therefore need not be much troubled that we shall die, because we are not here in ease, nor do we dwell in a fair condition: But our daies are full of sorrow and anguish, dishonoured and made unhappy with many sins, with a frail and a foolish spirit, intangled with difficult cases of conscience, insnared with Passions, amazed with fears, full of cares, divided with curiosities and contradictory interests, made airy and impertinent with vanities, abused with ignorance and prodigious errors, made ridiculous with a thousand weaknesses, worn away with labours, loaden with diseases, daily vexed with dangers and temptations, and in love with misery; we are weakned with delights, afflicted with want, with the evils of my self and of all my family, and with the sadnesses of all my friends, and of all good men, even of the whole Church; and therefore methinks we need not be troubled that God is pleased to put an end to all these troubles, and to let them sit down in a natural period, which, if we please, may be to us the beginning of a better life. When the Prince of *Persia* wept because his Army should all die in the revolution of an age, *Artabanus* told him that they should all meet with evils so many and so great, that every man of them should wish himself dead long before that. Indeed it were a sad thing to be cut of the Stone, and we that are in health tremble to think of it; but the man that is wearied with the disease looks upon that sharpness as upon his cure and remedy: and as none need to have a tooth drawn, so none could well endure it, but he that hath felt the pain of it in his head: So is our life so full of evils, that therefore death is no evil to them that have felt the smart of this, or hope for the joyes of a better.

2. But as it helps to ease a certain sorrow, as a fire draws out fire, and a nail drives forth a nail; so it instructs us in a present duty, that is, that we should not be

be so fond of a perpetual storm, nor doat upon the transient gauds and gilded thorns of this world. They are not worth a passion, nor worth a sigh or a groan, not of the price of one night's watching; and therefore they are mistaken and miserable persons who, since *Adam* planted thorns round about Paradise, are more in love with that hedge than all the fruits of the garden, sottish admirers of things that hurt them, of sweet poisons, gilded daggers, and silken halters. Tell them they have lost a bounteous friend, a rich purchase, a fair farm, a wealthy donative, and you dissolve their patience; it is an evil bigger than their spirit can bear, it brings sickness and death, they can neither eat nor sleep with such a sorrow. But if you represent to them the evils of a vicious habit, and the dangers of a state of sin; if you tell them they have displeased God, and interrupted their hopes of heaven; it may be they will be so civil as to hear it patiently, and to treat you kindly, and first to commend, and then forget your story, because they prefer this world with all its sorrows before the pure unmingled felicities of heaven. But it is strange that any man should be so passionately in love with the thorns which grow on his own ground, that he should wear them for armolets, and knit them in his shirt, and prefer them before a kingdom and immortality. No man loves this world the better for his being poor; but men that love it because they have great possessions, love it because it is troublesome and chargeable, full of noise and temptation, because it is unsafe and ungoverned, flattered and abused: and he that considers the troubles of an over-long garment and of a crammed stomach, a trailing gown and a loaden Table, may justly understand that all that for which men are so passionate is their hurt, and their objection, that which a temperate man would avoid, and a wise man cannot love.

He that is no fool, but can consider wisely, if he be in love with this world, we need not despair but that a witty man might reconcile him with tortures, and make him think charitably of the Rack, and be brought

to dwell with Vipers and Dragons, and entertain his guests with the shrieks of Mandrakes, Cats and Screech-owls, with the filing of iron, and the harshness of rending of silk, or to admire the harmony that is made by an herd of evening Wolves when they miss their draught of blood in their midnight Revels. The groans of a man in a fit of the Stone are worse then all these; and the distractions of a troubled Conscience are worse then those groans: and yet a careless merry sinner is worse then all that. But if we could from one of the battlements of Heaven espie how many men and women at this timelie fainting and dying for want of bread, how many young men are hewen down by the sword of War, how many poor Orphans are now weeping over the graves of their father, by whose life they were enabled to eat; if we could but hear how many Mariners and Passengers are at this present in a storm, and shriek out because their keel dashes against a Rock or bulges under them, how many people there are that weep with want, and are mad with oppression, or are desperate by too quick a sense of a constant infelicity; in all reason we should be glad to be out of the noise and participation of so many evils. This is a place of sorrows and tears, of great evils and a constant calamity: let us remove from hence, at least in affections and preparation of mind.

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## CHAP. II.

A general Preparation towards an holy and blessed Death ; by way of Exercise.

### SECT. I.

Three Precepts preparatory to an holy Death, to be practised in our whole life.

I. **H**E that would die well must alwaies look for death, every day knocking at the gates of the grave, and then the gates of the grave shall never prevail upon him to do him mischief. This was the advice of all the wise and good men of the world, who especially in the daies and periods of their joy and festival egressions chose to throw some ashes into their chalices, some sober remembrances of their fatal period. Such was the Black shirt of *Saladine* ; the Tomb-stone presented to the Emperor of *Constantinople* on his Coronation-day ; the Bishop of *Rome*'s two Reeds with flax and a wax-taper ; the *Egyptian Skeleton* served up at Feasts ; and *Trimalcion*'s Banquet in *Petronius*, in which was brought in the image of a dead mans bones of silver, with spondils exactly returning to every of the Guests, and saying to every one, that You and you must die, and look not one upon another, for every one is equally concerned in this sad representment. These in phantastic semblances declare a severe counsel and useful meditation ; and it is not easie for a man to be gay in his imagination, or to be

Propera vivere, & singulos dies singulas vitas puta.

Nihil inter est inter diem & seculum.

Si sapias, utaris totis, Col'ne, diebus ;  
Extremumque tibi semper a leste putes.  
Martial.

Heu, heu, nos miseros ! quam totus homuncio nil est !

sic erimus cuncti postquam nos, uferet Orcus :  
Ergo vivamus, dum licet esse, bene.

drunk with joy or wine, pride or revenge, who considers sadly that he must ere long dwell in a house of darkness and dishonour, and his body must be the inheritance of worms, and his Soul must be what he pleases, even as a man makes it here by his living good or bad. I have read of a young Hermit who, being passionately in love with a young Lady, could not by all the arts of Religion and mortification suppress the trouble of that fancy, till at last being told that she was dead, and had been buried about fourteen daies, he went secretly to her Vault, and with the skirt of his mantle wiped the moisture from the Carcass, and still at the return of his temptation laid it before him, saying, *Behold, this is the beauty of the woman thou didst so much desire*; and so the man found his cure. And if we make death as present to us, our own death, dwelling and dressed in all its pomp of fancy and proper circumstances; if anything will quench the heats of lust, or the desires of mony, or the greedy passionate affections of this world, this must doe it, But withal, the frequent use of this meditation, by curing our present inordinations, will make death safe and friendly, and by its very custome will make that the King of terrours shall come to us without his affrighting dreses; and that we shall sit down in the grave as we compose our selves to sleep, and do the duties of

— Certè populi quos despicit Arctos  
 Felices errore suo, quos ille timorum  
 Maximus haud urget, Lethi metus —

— Inde ruendi  
 In ferrum tensa prona viris, animaeq; capaces  
 Mortis, & ignavum rediturae parcere vitae.

nature and choice, The old people that lived near the *Riphaean* mountains were taught to converse with death, and to handle it on all sides, and to discourse of it, as of a thing that will certainly come, and ought so to do. Thence their minds and resolutions became capable of death, and they thought it a dishonourable thing, with greedings to keep a life that must go from us, to lay aside its thorns, and to return again circled with a glory and a Diadem.

Oui quoti-  
 die vitae suae  
 manum im-

2. He that would die well, must all the daies of his life lay up against the day of death; not only by the general

general provisions of holiness and a pious life indefinitely, but provisions proper to the necessities of that Great day of expeance, in which a man is to throw his last cast for an eternity of joyes or sorrows; ever remembering, that this alone well performed is not enough to pass us into Paradise, but that alone done foolishly is enough to send us to Hell: and the want of either a holy life or death makes a man to fall short of the mighty price of our high calling. \* In order to this rule we are to consider

posit, non  
indiget tem-  
pore.  
Seneca,

what special graces we Inferre nunc, Meliboe, pyros, pone ordine vites, shall then need to exercise, and by the proper arts of the Spirit, by a heap of proportioned arguments, by prayers and a great treasure of devotion laid up in Heaven, provide before-hand a reserve of strength and mercy. Men in the course of their lives walk lazily and incuriously, as if they had both their feet in on shoe; and when they are passively revolved to the time of their dissolution, they have no mercies in store, no patience, no faith, no charity to God, or despite of the world, being without gust or appetite for the land of their inheritance, which Christ with so much pain and blood had purchased for them. When we come to die indeed, we shall be very much put to it to stand firm upon the two feet of a Christian, *faith* and *patience*. When we our selves are to use the articles, to turn our former discourses into present practice, and to feel what we never felt before, we shall find it to be quite another thing, to be willing presently to quit this life and all our present possessions for the hopes of a thing which we were never suffered to see, and such a thing of which we may fail so many wayes, and of which if we fail any way we are miserable for ever. Then we shall find how much we have need to have secured the Spirit of God and the grace of Faith by an habitual, perfect, unmovable resolution. \* The same also is the case of Patience, which will be assaulted with sharp pains, disturbed fancies, great fears, want of a present mind, natural weaknesses, frauds of the Devil, and a thousand accidents and imperfections.

It concerns us therefore highly in the whole course of our lives, not only to accustom our selves to a patient suffering of injuries and affronts, of persecutions and losses, of cross accidents and unnecessary circumstances; but also by representing death as present to us, to consider with what arguments then to fortify our Patience, and by assiduous and fervent prayer to God all our life long to call upon him to give us patience and great assistances, a strong faith and a confirmed hope, the Spirit of God and his holy Angels assistants at that time, to resist and to subdue the Devils temptations and assaults; and so to fortify our heart, that it break not into intolerable sorrows and impatience, and end in wretchedness and infidelity. \* But this is to be the work of our life, and not to be done at once; but, as God gives us time, by succession, by parts and little periods. For it is very remarkable, that God who giveth plenteously to all creatures, he hath scattered the firmament with Stars as a man sows corn in his fields, in a multitude bigger then the capacities of humane order; he hath made so much variety of creatures, and gives us great choice of meats and drinks, although any one of both kinds would have served our needs; and so in all instances of nature; yet in the distribution of our Time God seems to be straight-handed, and gives it to us, not as Nature gives us Rivers, enough to drown us, but drop by drop, minute after minute, so that we never can have two minutes together, but he takes away one when he gives us another. This should teach us to value our Time, since God so values it, and by his so small distribution of it, tells us it is the most precious thing we have. Since therefore in the day of our death we can have still but the same little portion of this precious time, let us in every minute of our life, I mean, in every discernible portion, lay up such a stock of reason and good works, that they may convey a value to the imperfect and shorter actions of our death-bed; while God rewards the piety of our lives by his gracious acceptance and benediction upon



on the actions preparatory to our Death-bed.

3. He that desires to die well and happily, above all things must be careful that he do not live a soft, a delicate and voluptuous life; but a life severe, holy, and under the discipline of the Cross, under the conduct of prudence and observation, a life of warfare and sober counsels, labour and watchfulness. No man wants cause of tears and a daily sorrow. Let every man consider what he feels, and acknowledge his misery; let him confess his sin, and chastise it; let him bear his cross patiently, and his persecutions nobly, and his repentances willingly and constantly; let him pity the evils of all the world, and bear his share of the calamities of his Brother; let him long and sigh for the joys of Heaven; let him tremble and fear because he hath deserved the pains of Hell; let him commute his eternal fear with a temporal suffering, preventing God's judgment by passing one of his own; let him groan for the labours of his pilgrimage, and the dangers of his warfare: and by that time he hath summed up all these labours, and duties, and contingencies, all the proper causes, instruments and acts of sorrow, he will find, that for a secular joy and wantonness of spirit there are not left many void spaces of his life. It was S. James's advice; *Be afflicted, and mourn,* and Chap. 4. 9. *weep; let your laughter be turned into mourning, and your joy into weeping:* And Bonaventure, in the life of Christ, reports that the Holy Virgin Mother said to Saint Elizabeth, *That Grace does not descend into the soul of a man but by prayer and affliction.* Certain it is, that a mourning spirit and an afflicted body are great instruments of reconciling God to a sinner, and they alwayes dwell at the gates of atonement and restitution. But besides this, a delicate and prosperous life is hugely contrary to the hopes of a blessed eternity. *Wo be to them that are at ease in Son,* so it was said of old: and our Blessed Lord said, *Wo be to you that laugh, for ye shall weep; but, Blessed are they that mourn, for they shall be comforted.* Here or hereafter we must have our portion of sorrows. He that now

Neque enim Deus ullā re perinde atq; corporis aerumnā conciliatur. Naz. Orat. 18. Amos 6. 1. Luke 6. 25. Matth. 5. 4.

*Psalm 146.* goeth on his way weeping, and beareth forth good seed with him, shall doubtless come again with joy, and bring his sheaves with him. And certainly he that sadly considers the portion of *Dives*, and remembers that the account which *Abraham* gave him for the unavoidable-ness of his torment was, because he had his good things in this life, must in all reason with trembling run from a course of banquets, and *sating deliciously every day*, as being a dangerous estate, and a consignation onto an evil greater, then all danger, the pains and torments of unhappy souls. If either by patience or repentance, by compassion or persecution, by choice or by conformity, by severity or discipline, we allay the festival follies of a soft life, and profess under the Cross of Christ, we shall more willingly and more safely enter into our grave: but the Death-bed of a voluptuous man upbraids his little and censuring prosperities, and exacts pains made \* sharper by the passing from soft beds, and a

softer mind. *He that would die holily and happily, must in this world love tears, humility, solitude and repentance.*

—\* Sed longi poenas fortuna favoris  
Exigit à misero, quæ tanto pondere famas  
Res premis adversas, fatisque prioribus urget.  
Lucan. l. 8.

## SECT. II.

*Of daily Examination of our actions in the whole course of our health, preparatory to our Death-bed.*

**H**E that will die well and happily must dress his Soul by a diligent and frequent scrutiny: He must perfectly understand and watch the state of his Soul; he must set his house in order before he be fit to die. And for this there is great reason, and great necessity.

*Reasons for a daily Examination.*

1. For, if we consider the disorders of every day, the multitude of impertinent words, the great portions of time

time spent in vanity, the daily omissions of duty, the coldness of our Prayers, the indifference of our spirit in holy things, the uncertainty of our secret purposes, our infinite deceptions and hypocrisies, sometimes not known, very often not observed by our selves, our want of Charity, our not knowing in how many degrees of action and purpose every vertue is to be exercised, the secret adherencies of pride, and too forward complacencie in our best actions, our failings in all our relations, the niceties of difference between some vertues and some vices, the secret undiscernable passages from lawful to unlawful in the first instances of change, the perpetual mistakings of permissions for duty, and licentious practices for permissions, our daily abusing the liberty that God gives us, our unsuspected sins in the managing a course of life certainly lawful, our little greedinesses in eating, our surprizes in the proportions of our drinkings, our too great freedoms and fondnesses in lawful loves, our aptness for things sensual, and our deadness and tediousness of spirit in spiritual employments; besides infinite variety of cases of conscience that do occur in the life of every man, and in all intercourses of every life, and that the productions of sin are numerous and increasing, like the families of the Northern people, or the genealogies of the first Patriarchs of the world: from all this we shall find, that the computations of a mans life are busie as the Tables of Sines and Tangents, and intricate as the accounts of Eastern Merchants: and therefore it were but reason we should summe up our accounts at the foot of every page, I mean, that we call our selves to scrutiny every night when we compose our selves to the little images of Death.

2. For, if we make but one general account, and never reckon till we die, either we shall only reckon by great summes, and remember nothing but clamorous and crying sins, and never consider concerning particulars, or forget very many; or if we could consider all that we ought, we must needs be confounded with the multitude and variety. But if we observe  
all

all the little passages of our life, and reduce them into the order of accounts and accusations, we shall find them multiply so fast, that it will not only appear to be an ease to the accounts of our Death-bed, but by the instrument of shame will restrain the inundation of evils; it being a thing intolerable to humane modesty, to see sins increase so fast, and virtues grow up so slow; to see every day stain'd with the spots of leprosie, or sprinkled with the marks of a lesser evil.

3. It is not intended, we should take accounts of our lives only to be thought religious, but that we may see our evil and amend it, that we dash our sins against the stones, that we may go to God, and to a spiritual Guide, and search for remedies, and apply them. And indeed no man can well observe his own growth in Grace, but by accounting seldomer returns of sin, and a more frequent victory over temptations; concerning which every man makes his observations according as he makes his inquiries and search after himself. In order to this it was that Saint Paul wrote, before receiving the Holy Sacrament, *Let a man examine himself, and so let him eat.* This precept was given in those daies when they communicated every day, and therefore a daily examination also was intended.

4. And it will appear highly fitting, if we remember that at the day of Judgment not only the greatest lines of life, but every branch and circumstance of every action, every word and thought, shall be called to scrutiny and severe judgment: insomuch that it was a great truth which one said, *We be to the most innocent life, if God should search into it without mixtures of mercy.* And therefore we are here to follow Saint Paul's advice, *Judge your selves and you shall not be judged of the Lord.* The way to prevent God's anger is to be angry with our selves; and by examining our actions, and condemning the Criminal, by being Assessors in God's Tribunal, at least we shall obtain the favour of the Court. *As therefore every night we must make our Bed the memorial of our Grace, so*

let our Evening thoughts be an image of the day of Judgement.

5. This advice was so reasonable and proper an instrument of vertue, that it was taught even to the Scholars of Pythagoras by their Master: *Let not sleep seise upon the Regions of your senses, before you have three times recalled the conversation and accidents of the day: Examine what you have committed against the Divine Law, what you have omitted of your duty, and in what you have made use of the Divine grace to the purposes of vertue and religion; joyning the Judge Reason to the Legislative mind or Conscience, that God may reign there as a Law-giver and a Judge. Then Christ's Kingdom is set up in our hearts; then we alwaies live in the eye of our Judge, and live by the measures of Reason, Religion, and sober counsels.* Hierocl.

The Benefits we shall receive by practising this advice, in order to a blessed Death, will also adde to the account of Reason and fair inducements.

*The Benefits of this Exercise.*

1. By a daily examination of our actions we shall the easier cure a great sin, and prevent its arrival to become habitual. For [to examine] we suppose to be a relative duty, and instrumental to something else. We examine our selves, that we may find out our failings and cure them: and therefore if we use our remedy when the wound is fresh and bleeding, we shall find the cure more certain and less painful. For so a Taper, when its crown of flame is newly blown off, retains a nature so symbolical to light, that it will with greediness re-inkindle and snatch a ray from the neighbour fire. So is the Soul of Man, when it is newly fallen into sin; although God be angry with it, and the state of God's favour and its own graciousness is interrupted, yet the habit is not naturally changed; and still God leaves some roots of vertue standing, and the man is modest, or apt to be made ashamed, and he

he is not grown a bold sinner : but if he sleeps on it and returns again to the same sin, and by degrees grows in love with it, and gets the custom, and the strangeness of it is taken away, then it is his Master, and is swell'd into an heap, and is abetted by use, and corroborated by newly-entertained principles, and is insinuated into his nature, and hath possessed his affections, and tainted the will and the understanding : and by this time a man is in the state of a decaying Merchant, his accounts are so great, and so intricate, and so much in arrear, that to examine it will be but to represent the particulars of his calamity : therefore they think it better to pull the napkin before their eyes, than to stare upon the circumstances of their death.

2. A daily or frequent examination of the parts of our life will interrupt the proceeding and hinder the journey of little sins into an heap. For many daies do not pass the best persons in which they have not many idle words or vainer thoughts to sully the fair whiteness of their souls ; some indiscreet passions of trifling purposes, some impertinent discontents or unhandsome usages of their own persons or their dearest Relatives. And though God is not extreme to mark what is done amiss, and therefore puts these upon the accounts of his mercy, and the title of the Cross ; yet in two cases these little sins combine and cluster ; and we know that grapes were once in so great a bunch, that one cluster was the load of two men : that is, 1. When either we are in love with small sins ; or 2. When they proceed from a careless and uncurious spirit into frequency and continuance. For so the smallest atoms that dance in all the little cells of the world are so trifling and immaterial that they cannot trouble an eye, nor vex the tenderest part of a wound where a barbed arrow dwelt ; yet when by their infinite numbers (as *Melissa* and *Parmenides* affirm) they danced first into order, then into little bodies, at last they made the matter of the world : So are the little indiscretions of our life ; they are alwaies inconsiderable, if they be considered, and

and contemptible, if they be not despised; and God does not regard them, if we do. We may easily keep them asunder by our daily or nightly thoughts, and prayers, and severe sentences: but even the least sand can check the tumultuous pride, and become a limit to the Sea, when it is in an heap and in united multitudes; but if the wind scatter and divide them, the little drops and the vainer froth of the water begins to invade the strand. Our sighs can scatter such little offences; but then be sure to breath such accents frequently, lest they knot, and combine, and grow big as the shoar, and we perish in sand, in trifling instances. *He that despiseth little things shall perish by little and little; so said the son of Sirach.* Eccles. 19 1.

3. A frequent examination of our actions will in-  
tererate and soften our consciences, so that they shall  
be impatient of any rudeness or heavier load: And he  
that is used to shrink when he is pressed with a branch of twining Osier, Qui levi comminatione pellitur,  
non opus est ut fortitudine &  
armis invadatur. will not willingly stand in the ruins  
of a house, when the beam dashes  
upon the pavement. And provided that our nice and  
tender spirit be not vexed into scruple, nor the scruple  
turn into unreasonable fears, nor the fears into super-  
stition; he that by any arts can make his spirit tender  
and apt for religious impressions, hath made the fairest  
seat for Religion, and the unaptest and uneasiest enter-  
tainment for sin and eternal Death, in the whole world.

4. A frequent examination of the smallest parts of  
our lives is the best instrument to make our repentance  
particular, and a fit remedy to all the members of the  
whole body of sin. For our examination put off to  
our death-bed of necessity brings us into this condition,  
that very many thousands of our sins must be (or not  
be at all) washed off with a general repentance,  
which the more general and indefinite it is, it is ever so  
much the worse. And if he that repents the longest  
and the ofteneft, and upon the most instances, is still du-  
ring his whole life but an imperfect penitent, and there  
are very many reserves left to be wiped off by God's  
mercies,

mercies, and to be eased by collateral assistances, or to be groaned for at the terrible day of Judgment; it will be but a sad story to consider, that the sins of a whole life, or of very great portions of it, shall be put upon the remedy of one examination, and the advices of one discourse, and the activities of a decayed body, and a weak and an amazed spirit. Let us do the best we can, we shall find that the mere sins of ignorance and unavoidable forgetfulness will be enough to be intrusted to such a bank; and that if a general repentance will serve toward their expiation, it will be an infinite mercy: but we have nothing to warrant our confidence, if we shall think it to be enough on our Death-bed to confess the notorious actions of our lives, and to say [*The Lord be merciful unto me for the infinite transgressions of my life, which I have wilfully or carelessly forgot*; for very many of which the repentance, the distinct, particular, circumstantiate repentance of a whole life would have been too little, if we could have done more.

5. After the enumeration of these advantages I shall not need to adde, that if we decline or refuse to call our selves frequently to account, and to use daily advices concerning the state of our Souls, it is a very ill sign that our Souls are not right with God, or that they do not dwell in Religion. But this I shall say, that they who do use this exercise frequently will make their conscience much at ease, by casting out a daily load of humour and surfeit, the matter of diseases and the instruments of death. *He that does not frequently search his Conscience, is a house without a window*, and like a wild untutored son of a fond and undiscerning widow.

But if this exercise seem too great a trouble, and that by such advices Religion will seem a burthen; I have two things to oppose against it.

1. One, is that we had better bear the burthen of the Lord, then the burthen of a base and polluted Conscience. Religion cannot be so great a trouble as a guilty soul; and whatsoever trouble can be fanished in

this



this or any other action of Religion, it is onely to un-  
experienced persons. It may be a trouble at first, just  
as is every change and every new accident: but if you  
do it frequently and accustom your spirit to it, as the  
custom will make it easie, so the advantages will make  
it delectable; *that* will make it facile as nature, *these*  
will make it as pleasant and eligible as reward.

Elige vitam  
optimam,  
consuetudo  
faciet in-  
cundissi-  
mam.  
Seneca.

2. The other thing I have to say is this; That to ex-  
amine our lives will be no trouble, if we do not \* intri-  
cate it with businesses of the world and the Labyrinths  
of care and impertinent affairs. A  
man had need have a quiet and dis-  
intangled life who comes to search  
into all his actions, and to make  
judgment concerning his errors and

\* Securæ & quietæ mentis est in  
omnes vitæ partes discurrere; oc-  
cupatorum animi velut sub jugo  
sunt, respicere non possunt.  
Seneca.

his needs, his remedies and his hopes: *They that have  
great intrigues of the world, have a yoke upon their  
necks, and cannot look back:* and he that covets many  
things greedily, and snatches at high things ambitiously,  
that despises his Neighbour proudly, and bears his  
crosses peevishly, or his prosperity impotently and pas-  
sionately; he that is prodigal of his precious time, and  
is tenacious and retentive of evil purposes, is not a man  
disposed to this exercise; he hath reason to be afraid of  
his own memory, and to dash his glass in pieces, be-  
cause it must needs represent to his own eyes an into-  
lerable deformity. He therefore that resolves to live  
well whatsoever it costs him, he that will go to Heaven  
at any rate, shall best tend this duty by neglecting the af-  
fairs of the world in all things where prudently he may.  
But if we do otherwise, we shall find that the accounts  
of our death-bed and the examination made by a distur-  
bed understanding will be very empty of comfort and  
full of inconveniences.

6. For hence it comes that men die so timorously and  
uncomfortably, as if they were forced out of their  
lives by the violences of an executioner. Then; *with-  
out much examination*, they remember how wickedly  
they have lived, without Religion, against the laws of  
the Covenant of grace, *without God in the world:*

E

then

then they see sin goes off like an amazed, wounded, affrighted person from a lost battel, without honour, without a veil, with nothing but shame and sad remembrances: then they can consider, that if they had lived vertuously, all the trouble and objection of that would now be past, and all that had remained should be peace and joy, and all that good which dwells within the house of God, and *eternal life*. But now they find *they have done amiss and dealt wickedly*, they have no bank of good works, but a huge treasure of wrath, and they are going to a strange place, and what shall be their lot is uncertain; (so they say, when they would comfort and flatter themselves:) but in truth of Religion their portion is sad and intolerable, without hope and without refreshment, and they must use little silly arts to make them go off from their stage of sins with some handsome circumstances of opinion: they will in civility be abused that they may die quietly, and go decently to their execution, and leave their friends indifferently contented, and apt to be comforted; and by that time they are gone a while, they see that they deceived themselves all their daies, and were by others deceived at last.

Let us make it our own case: We shall come to that state and period of condition, in which we shall be infinitely comforted, if we have lived well; or else be amazed and go off trembling, because we are guilty of heaps of unrepented and unforfaken sins. It may happen we shall not then understand it so, because most men of late ages have been abused with false principles, and they are taught (or they are willing to believe) that a little thing is enough to save them, and that Heaven is so cheap a purchase, that it will fall upon them whether they will or no. The misery of it is, they will not suffer themselves to be confused, till it be too late to recant their error. In the *interim*, they are impatient to be examined, as a leper is of a comb, and are greedy of the world, as children of raw fruit; and they hate a severe reproof, as they do thorns in their bed; and they love to lay aside Religion, as a drunken

drunken person does to forget his sorrow; and all the way they dream of fine things, and their dreams prove contrary, and become the Hieroglyphicks of an eternal sorrow. The daughter of *Polycrates* dreamed that her Father was lifted up, and that *Jupiter* washed him, and the Sun anointed him; but it proved to him but a sad prosperity: for after a long life of constant prosperous successes he was surprised by his enemies, and hanged up till the dew of heaven wet his cheeks, and the Sun melted his grease. Such is the condition of those persons who, living either in the despite or in the neglect of Religion, lye wallowing in the drunkenness of prosperity or worldly cares: they think themselves to be exalted, till the evil day overtakes them; and then they can expound their dream of life to end in a sad and hopeless death. I remember that *Cleomenes* was called a God by the *Egyptians*, because when he was hanged a Serpent grew out of his body, and wrapt it self about his head; till the Philosophers of *Egypt* said, it was natural that from the marrow of some bodies such productions should arise. And indeed it represents the condition of some men, who being dead are esteemed Saints and beatified persons, when their head is encircled with dragons, and is entred into the possession of devils, that old Serpent and deceiver. For indeed their life was secretly so corrupted, that such serpents fed upon the ruines of the spirit, and the decays of Grace and Reason. To be cosened in making judgments concerning our final condition is extremely easie; but if we be cosened, we are infinitely miserable

S E C T. III.

*Of exercising Charity during our whole life:*

**H**E that would die well and happily, must in his lifetime according to all his capacities exercise Charity; and because Religion is the life of the Soul,

*Respice quid prodest presentis temporis avium;  
Omne quod est nihil est, præter amare Deum;*

and Charity is the life of Religion, the same which gives life to the better part of man which never dies, may obtain of God a mercy to the inferior part of man in the day of its dissolution.

1. Charity is the great chanel through which God passes all his mercy upon mankind. For we receive absolution of our sins in proportion to our forgiving our brother. This is the rule of our hopes, and the measure of our desire in this world; and in the day of Death and Judgement the great Sentence upon mankind shall be transacted according to our Alms, which is the other part of Charity. Certain it is, that God

Quod expendi habui,  
Quod donavi habeo;  
Quod negavi punior,  
Quod sevravi perdidit.

cannot, will not, never did reject a charitable man in his greatest need, and in his most passionate prayer for God himself is love, and every

degree of Charity that dwells in us is the participation of the Divine nature: and therefore when upon our death-bed a cloud covers our head, and we are enwrapped with sorrow; when we feel the weight of a sickness, and do not feel the refreshing visitations of God's loving kindness; when we have many things to trouble us, and looking round about us we see no comforter; then call to minde what injuries you have forgiven, how apt you were to pardon all affronts and real persecutions, how you embraced peace when it was offered you, how you followed after peace when it ran from you: and when you are weary of one side, turn upon the other, and remember the Alms that by the grace of God and his assistances you have done, and look up to God, and with the eye of faith behold him coming in the cloud, and pronouncing the sentence of dooms-day according to his mercies and thy Charity.

2. Charity with its Twin-daughters, Alms and Forgiveness, is especially effectual for the procuring God's mercies in the day and the manner of our death. Alms deliver from death, said old Tobias; and Alms make an atonement for sins, said the son of Sirach: and so said Daniel, and so say all the wise men of the world. And in this sense also is that of St. Peter, Love covers a mul-

Tob. 4. 10. &  
12. 9.  
Ecclus.  
3. 30.  
Dan. 4. 27.  
1 Pet. 4. 8.  
Ila. 1. 17.

a multitude of sins; and \* S. Clement in his Constitutions gives this counsel, *If you have anything in your hands, give it, that it may work to the remission of thy sins: for by Faith and*

\* Lib. 7. cap. 13. *ἡ δὲ ἐκείνη ἡ ἐκκλησία, ἡ ἡμετέρα ἐκκλησία, ἡ ἐκκλησία τοῦ κυρίου, ἡ ἐκκλησία τοῦ κυρίου, ἡ ἐκκλησία τοῦ κυρίου.*

*Alms sins are purged.* The same also is the counsel of Salvian, who wonders that men who are guilty of great and many sins will not work out their pardon by Alms and mercy. But this also must be added out of the words of *Laſtantiuſ*, who makes this rule compleat and useful; *But think not, because sins are taken away by Alms, that by thy money thou mayest purchase a licence to sin. For sins are abolished, if because thou hast sinned thou givest to God, that is, to God's poor servants, and his indigent necessitous creatures: But if thou sinnest upon confidence of giving, thy sins are not abolished. For God desires infinitely that men should be purged from their sins, and therefore commands us to repent; but to repent is nothing else but to profess and affirm (that is, to purpose, and to make good that purpose) that they will sin no more.*

Agere autem poenitentiam nihil aliud est quam profiteri & affirmare se non ulterius peccaturum.  
\* Orat. 2. de poenitentia.

Now Alms are therefore effective to the abolition and pardon of our sins, because they are preparatory to, and impetratory of the grace of Repentance, and are fruits of repentance: and therefore S. \* *Chrysostom* affirms, that Repentance without Alms is dead, and without wings, and can never soar upwards to the element of Love. But because they are a part of Repentance, and hugely pleasing to Almighty God, therefore they deliver us from the evils of an unhappy and accursed death; for so Christ delivered his Disciples from the sea, when he appeased the storm, though they still sailed in the chanel: and this S. *Hierome* verifies with all his reading and experience, saying, *I do not remember to have read, that ever any charitable person died an evil death.* And although a long experience hath observed Gods mercies to descend upon charitable people, like the dew upon *Gideon's* fleece when all the world was dry; yet for this also we have a promise, which is not onely an argument of a certain

Nunquam memini me legisse, mala morte mortuum qui libenter opera charitatis exercuit. ad Nepot.

number of years (as experience is) but a security for eternal ages. Make ye friends of the mammon of unrighteousness, that when ye fail, they may receive you into everlasting habitations. When Faith fails, and Chastity is useless, and Temperance shall be no more, then Charity shall bear you upon wings of Cherubim to the eternal mountain of the Lord.

Εἰς τὴν αἰὸν αἰὸν ἡμεῖς ἰσχυροί, καὶ οὐκ ἔσμεν ἡμεῖς αἰὲν ἡμεῖς οὐκ ἔσμεν ἡμεῖς οὐκ ἔσμεν.

I have been a lover of mankind, and a friend, and mercifull; and now I expect to communicate in that great kindness which he shows that is the great God and

Father of men and mercies, said Cyrus the Persian on his death-bed.

I do not mean this should onely be a death-bed Charity, any more then a death-bed Repentance; but it ought to be the charity of our life and healthful

Pa dum tempus habes, tibi propria fit manus haeres; Auferet hoc nemo quod dabis ipse Deo.

years, a parting with portions of our goods then when we can keep them;

we must not first kindle our lights when we are to descend into our houses of darkness, or bring a glaring torch suddenly to a dark room, that will amaze the eye, and not delight it, or instruct the body; but if our Tapers have in their constant course descended into their grave crowned all the way with light, then let the death-bed Charity be doubled, and the light burn brightest when it is to deck our Herse. But concerning this I shall afterwards give account.

## S E C T. IV.

General Considerations to inforce the former Practices.

Quod sepe fieri non potest, fiat diu. Seneca.

THESE are the general Instruments of Preparation in order to a holy Death: it will concern us all to use them diligently and speedily; for we must be long in doing that which must be done but once: and therefore we must begin betimes, and lose no time; especially since it is so great a venture, and upon it depends so great a

state.

state. Seneca said well, *There is no Science or Art in the world so hard as to live and die well: The Professors of other Arts are vulgar and many;* but he that knows how to do this business, is certainly instructed to eternity. But then let me remember this, that a wise person will also put most upon the greatest interest. Common prudence will teach us this. No man will hire a General to cut wood, or shake hay with a Sceptre, or spend his Soul and all his faculties upon the purchase of a cockle-shell; but he will fit instruments to the dignity and exigence of the design: And therefore since Heaven is so glorious a state, and so certainly designed for us, if we please, let us spend all that we have, all our passions and affections, all our study and industry, all our desires and stratagems, all our witty and ingenuous faculties, toward the arriving thither, whither *if we do come*, every minute will infinitely pay for all the troubles of our whole life; *if we do not*, we shall have the reward of fools, an unpitied and an upbraided misery.

Nullius rei quam vivere difficilius est scientia: Professores aliarum artium vulgo multique sunt.

Seneca.

Nunc ratio nulla est, resistendi nulla facultas, æternas quoniam poenas in morte timendum. Lucret. Virtutem videant, intabescant, que relicta.

To this purpose I shall represent the state of dying and dead men in the devout words of some of the Fathers of the Church, whose sense I shall exactly keep, but change their order; that by placing some of their dispersed meditations into a chain or sequel of discourse, I may with their precious stones make an *Union*, and compose them into a jewel; for though the meditation is plain and easie, yet it is affectionate, and material, and true, and necessary.

*The Circumstances of a dying mans Sorrow, and Danger.*

When the sentence of death is decreed, and begins to be put in execution, it is sorrow enough to see or feel respectively the sad accents of the agony and last contentions of the Soul, and the reluctancies and unwillingnesses of the body: The Forehead wash'd with a new and stranger baptism, besmear'd with a cold sweat, tenacious and clammy, apt to make it cleave

Nilus,

S. Basil.

to the roof of his coffin; the Nose cold and undiscerning, not pleased with perfumes, nor suffering violence with a cloud of unwholesome smook; the Eyes dim as a sullied mirror, or the face of heaven when God shews his anger in a prodigious storm; the Feet cold, the Hands stiff, the Physicians despairing, our Friends weeping, the rooms dressed with darkness and sorrow, and the exterior parts betraying what are the violences which the Soul and spirit suffer; the nobler part, like the lord of the house, being assaulted by exterior rudenesses, and driven from all the out-works, at last faint and weary with short and frequent breathings, interrupted with the longer accents of sighs, without moisture, but the excrescencies of a spilt humour, when the pitcher is broken at the cistern, it retires to its last fort, *the Heart*, whither it is pursued, and stormed, and beaten out, as when the barbarous *Thracian* sacked the glory of the *Grecian* Empire. Then calamity is great, and sorrow rules in all the capacities of man; then the mourners weep, because it is civil, or because they need thee, or because they fear: but who suffers for thee with a compassion sharp as is thy pain? Then the noise is like the faint echo of a distant valley, and few hear, and they will not regard thee, who seemest like a person void of understanding, and of a departing interest. *Vere tremendum est mortis sacramentum.* But these accidents are common to all that die; and when a special Providence shall distinguish them, they shall die with easie circumstances: but as no piety can secure it, so must no confidence expect it, but wait for the time, and accept the manner of the dissolution. But that which distinguishes them is this:

He that hath lived a wicked life, if his Conscience be alarmed, and that he does not die like a Wolf or a Tigre, without sense or remorse of all his wildness and his injury, his beastly nature, and desert and untilld manners, if he have but sense of what he is going to suffer, or what he may expect to be his portion: then we may imagine the terrour of their abused fancies, how they see affrighting shapes, and because they fear



fear them, they feel the gripes of Devils, urging the unwilling souls from the kinder and fast embraces of the body, calling to the grave and hasting to judgment, exhibiting great bills of uncanceled crimes, awaking and amazing the Conscience, breaking all their hope in pieces, and making Faith useleſs and terrible, becauſe the Malice was great, and the Charity was none at all. Then they look for ſome to have pity on them, but *there is no man.* No man dares be their pledge; No man can redeem their ſoul, which now feels what it never feared. Then the tremblings and the ſorrow, the memory of the paſt ſin, and the fear of future pains, and the ſenſe of an angry God, and the preſence of ſome Devils, conſign him to the eternal company of all the damned and accuſed ſpirits. Then they want an Angel for their guide, and the Holy Spirit for their Comforter, and a good Conſcience for their teſtimony, and Chriſt for their Advocate, and they die and are left in priſons of earth or air, in ſecret and undiſcerned regions, to weep and tremble, and infinitely to fear the coming of the day of Chriſt; at which time they ſhall be brought forth to change their condition into a worſe, where they ſhall for ever feel more then we can believe or underſtand.

S. Chryſoſtomus.

Ephraim Syrus.

But when a good man dies, one that hath lived innocently, or made joy in Heaven at his timely and effective repentance, and in whoſe behalf the Holy Jeſus hath interceded proſperouſly, and for whoſe intereſt the Spirit makes interpellations with groans and ſighs unutterable, and in whoſe defence the Angels drive away the Devils on his Death-bed, becauſe his ſins are pardoned, and becauſe he reſiſted the Devil in his life-time, and fought ſucceſsfully, and perſevered unto the end; then the joys break forth through the clouds of ſickneſs, and the Conſcience ſtands upright, and confeſſes the glories of God, and owns ſo much integrity that it can hope for pardon, and obtain it too; then the ſorrows of the ſickneſs, and the flames of the Fever, or the faintneſs of the Conſumption, do but untie the Soul from its chain, and let it go forth,

fiſt

first into liberty, and then to glory : for it is but for a little while that the face of the skie was black, like the preparations of the night, but quickly the cloud was torn and rent, the violence of thunder parted it into little portions, that the Sun might look forth with a watry eye, and then shine without a tear. But it is an infinite refreshment to remember all the comforts of his Praiers, the frequent victory over his Temptations, the mortification of his Lust, the noblest sacrifice to God, in which he most delights, that we have given him our wills, and killed our appetites for the interests of his services : then all the trouble of that is gone, and what remains is a portion in the inheritance of *Jesus*, of which he now talks no more as a thing at distance, but is entring into the possession. When the veil is rent, and the prison doors are open at the presence of God's Angel, the Soul goes forth full of hope, sometimes with evidence, but alwaies with certainty in the thing, and instantly it passes into the throngs of Spirits, where Angels meet it singing, and the Devils flock with malicious and vile purposes, desiring to lead it away with them into their houses of sorrow : there they see things which they never saw, and hear voices which they never heard. There the Devils charge them with many sins, and the Angels remember that themselves rejoiced when they were repented of. Then the Devils aggravate and describe all the circumstances of the sin, and adde calumnies ; and the Angels bear the Sword forward still, because their Lord doth answer for them. Then the Devils rage and gnash their teeth ; they see the Soul chaste and pure, and they are ashamed ; they see it penitent, and they despair ; they perceive that the tongue was restrained and sanctified, and then hold their peace. Then the Soul passes forth and rejoices, passing by the Devils in scorn and triumph, being securely carried into the bosome of the Lord, where they shall rest till their crowns are finished, and their mansions are prepared ; and then they shall feast and sing, rejoice and worship for \* ever and ever. Fearfull and formidable

S. Martyrius  
S. Euftradius  
Martyr.

2. Chryso-  
flomus.?

၃။ မိမိတို့၏ အိမ်  
 ဆုံးရှုံးမှုကို ဖြစ်-  
 ဖြစ်ကြား ကြား  
 အကြောင်းကို  
 ဖော်ပြပါ။ Philc

to unholy persons is the first meeting with spirits in their separation. But the victory which holy souls receive by the mercies of *Jesus Christ* and the conduct of Angels, is a joy that we must not understand till we feel it: and yet such which by an early and a persevering piety we may secure: but let us enquire after it no further, because it is secret.



## CHAP. III.

Of the state of Sickness, and the Temptations incident to it, with their proper Remedies.

### SECT. I.

*Of the state of Sickness.*

**A** *Adam's* sin brought death into the world, and man did *die the same day in which he sinned*, according as God had threatned. He did not die, as Death is taken for a separation of soul and body; that is not Death properly, but the ending of the last act of Death; just as a man is said to be born, when he ceases any longer to be born in his mothers womb: But whereas to man was intended a life long and happy, without sickness, sorrow, or infelicity, and this life should be lived here or in a better place, and the passage from one to the other should have been easie, safe and pleasant, now that man sinned, he fell from that state to a contrary.

If *Adam* had stood, he should not alwaies have lived in this world; for this world was not a place capable of giving a dwelling to all those myriads of men and women

women which should have been born in all the generations of infinite and eternal ages ; for so it must have been if man had not died at all, nor yet have removed hence at all. Neither is it likely that mans Innocence should have lost to him all possibility of going thither where the duration is better, measured by a better time, subject to fewer changes, and which is now the reward of a returning vertue, which in all natural senses is less then innocence, save that it is heightened by Christ to an equality of acceptation with the state of Innocence : But so it must have been, that his innocence should have been punished with an eternal confinement to this state, which in all reason is the less perfect, the state of a traveller, not of one possessed of his inheritance. It is therefore certain Man should have changed his abode : for so did *Enoch*, and so did *Elias*, and so shall all the world that shall be alive at the day of Judgment ; *They shall not die, but they shall change their place and their abode, their duration and their state, and all this without death.*

That death therefore which God threatned to *Adam*, and which passed upon his posterity, is not the going out of this world, but *the manner of going*. If he had staid in Innocence, he should have gone from hence placidly and fairly, without vexatious and afflictive circumstances ; he should not have died by sickness, misfortune, defect, or unwillingness : but when he fell, then he began to die ; *the same day* (so said God :) and that must needs be true, and therefore it must mean, that upon that very day he fell into an evil and dangerous condition, a state of change and affliction ; then death began, that is, the man began to die by a natural diminution, and aptness to disease and misery. His first state was and should have been (so long as it lasted) a happy duration ; his second was a daily and miserable change ; and this was the dying properly.

This appears in the great instance of *Damnation*, which in the style of Scripture is called *eternal death* ; not because it kills or ends the duration, it hath not so much good in it ; but because it is a perpetual infelicity

Prima que  
vitam dedit  
hora car-  
pit.  
Hercul. Fur.  
Nascentes  
moriuntur, si-  
nisq; ab ori-  
gine pen-  
det. Manil.

city. Change or ſeparation of Soul and body is but accidental to Death, Death may be with or without either: but the formality, the curſe and the ſting of death, that is, miſery, ſorrow, fear, diminution, deſect, anguiſh, diſhonour, and whatſoever is miſerable and afflictive in nature, that is Death. Death is not an action, but a whole ſtate and condition; and this was firſt brought in upon us by the offence of one man.

But this went no farther then thus to ſubject us to temporal infelicity. If it had proceeded ſo as was ſuppoſed, Man had been much more miſerable; for man had more then one original ſin in this ſenſe and though this death entred firſt upon us by *Adam's* fault, yet it came nearer unto us and increaſed upon us by the ſins of more of our forefathers. For *Adam's* ſin left us in ſtrength enough to contend with humane calamities for almoſt a thouſand years together. But the ſins of his children, our forefathers, took off from us half the ſtrength about the time of the Flood; and then from 500 to 250, and from thence to 120, and from thence to threescore and ten; ſo often halving it, till it is almoſt come to nothing. But by the ſins of men in the ſeveral generations of the world, *Death*, that is, miſery and diſeaſe, is haſtned ſo upon us, that we are of a contemptible age: and becauſe we are to die by ſuffering evils, and by the daily leſſening of our ſtrength and health; this Death is ſo long a doing, that it makes ſo great a part of our ſhort life uſeleſs and unſerviceable, that we have not time enough to get the perfection of a ſingle manufacture, but ten or twelve generations of the world muſt go to the making up of one wiſe man, or one excellent Art: and in the ſucceſſion of thoſe ages there happen ſo many changes and interruptions, ſo many wars and violencies, that ſeven years fighting ſets a whole Kingdom back in learning and vertue, to which they were creeping it may be a whole age.

And thus alſo we do evil to our poſterity, as *Adam* did to his, and *Cham* did to his, and *Eli* to his, and

all they to theirs who by sins caused God to shorten the life and multiply the evils of mankind : and for this reason it is the world grows worse and worse, because so many original sins are multiplied, and so many evils from parents descend upon the succeeding generations of men, that they derive nothing from us but original misery.

But he who restored the Law of Nature did also restore us to the condition of Nature ; which, being violated by the introduction of Death, Christ then repaired when he suffered and overcame Death for us ; that is, he hath taken away the unhappiness of Sickness, and the sting of Death, and the dishonours of the Grave, of dissolution and weakness, of decay and change, and hath turned them into acts of favour, into instances of comfort, into opportunities of virtue ; Christ hath now knit them into Rosaries and Coronets, he hath put them into promises and rewards, he hath made them part of the portion of his elect : they are instruments, and earnest, and securities, and passages to the greatest perfection of humane nature, and the Divine promises. So that it is possible for us now to be reconciled to sickness ; *It came in by sin, and therefore is cured when it is turned into virtue* ; and although it may have in it the uneasiness of labour, yet it will not be uneasie as sin, or the restlessness of a discomposed Conscience. If therefore we can well manage our state of sickness, *that we may not fall by pain, as we usually do by pleasure*, we need not fear ; for no evil shall happen to us.

## S E C T. II.

*Of the first Temptation proper to the state of Sickness ;  
Impatience.*

**M**EN that are in health are severe exactors of *Patience* at the hands of them that are sick ; and they usually judge it not by terms of relation between God and the suffering man, but between him and the friends

friends that stand by the bed-side. It will be therefore necessary that we truly understand to what duties and actions the Patience of a sick man ought to extend.

1. Sighs and groans, sorrow and prayers, humble complaints and dolorous expressions, are the sad accents of a sick mans language: for it is not to be expected that a sick man should act a part of Patience with a countenance like an Orator, or grave like a Dramatic person: it were well if all men could bear an exterior decencie in their sickness, and regulate their voice, their face, their discourse, and all their circumstances, by the measures and proportions of comeliness and satisfaction to all the standers by. But this would better please them than assist him; the sick man would do more good to others than he would receive to himself.

*Ejulat, questu, gemitu, fremitibus, resonando multum flebiles voces refert.*  
Cic. Tusc.

2. Therefore silence, and still composures, and not complaining, are no parts of a sick mans duty, they are not necessary parts of Patience. We finde that *David roared for the very disquietness of his sickness*; and he lay *chattering like a swallow*, and his throat was dry with calling for help upon his God. That's the proper voice of sickness: and certain it is that the proper voices of sickness are expressly *vocal* and *petitory* in the ears of God, and call for pity in the same accent as the cries and oppressions of Widows and Orphans do for vengeance upon their persecutors, though they say no Collect against them. For there is *the voice of man*, and there is *the voice of the disease*, and God hears both; and the louder the disease speaks, there is the greater need of mercy and pity, and therefore God will the sooner hear it. *Abel's blood had a voice*, and cried to God; and *humility hath a voice*, and cries so loud to God that it pierces the clouds; and so hath every sorrow and every sickness: and when a man cries out, and complains but according to the sorrows of his pain, it cannot be any part of a culpable Impatience, but an argument for pity.

*Concedendum est gementi.*

— *Flagrantior aequo  
Non debet dolor esse viri, nec  
vulnere major.*

Ju. Sat. 13.

3. Some mens senses are so subtil, and their perceptions

ceptions so quick and full of relish, and their spirits so active, that the same load is double upon them to what it is to another person: and therefore comparing the expressions of the one to the silence of the other, a different judgement cannot be made concerning their Patience. Some natures are querulous, and melancholic, and soft, and nice, and tender, and weeping, and expressive; others are sullen, dull, without apprehension, apt to tolerate and carry burthens: and the Crucifixion of our Blessed Saviour falling upon a delicate and virgin body, of curious temper, and strict, equal composition, was naturally more full of torment than that of the ruder thieves, whose proportions were courser and uneven.

4. In this case it was no imprudent advice which

*Cumino si quicquam est decorum, nihil est profecto magis quam aquabilitas universæ vitæ, tum singularum actionum, quam autem conservare non possis, si aliorum naturam imitans omittas tuam.*

*Cicero* gave: Nothing in the world is more amiable than an even temper in our whole life, and in every action: but this evenness cannot be kept, unless every man follows his own nature, without striving to imitate the

circumstances of another. And what is so in the thing it self, ought to be so in our judgments concerning the things. We must not call any one impatient if he be not silent in a fever, as if he were asleep, or as if he were dull, as *Herod's* son of *Athens*.

5. Nature in some cases hath made cryings out and exclamations to be an entertainment of the spirit, and an abatement or diversion of the pain. For so did the old champions, when they threw their fatal nets that they might load their enemy with the snares and weights of death, they groaned aloud, and sent forth the anguish of their spirit into the eyes and heart of the man that stood against them: So it is in the indurance of some sharp pains, the complaints and shriekings, the sharp groans and the tender accents send forth the afflicted spirits, and force away, that they may ease their oppression and their load, that when they have spent some of their sorrows by a sally forth, they may return better able to fortifie the heart. Nothing of this

*Quia profundè voce omne corpus intenditur, venitque plaga vehementior.*  
*Cic. Tusc.*



is a certain sign, much less an action or part of Impatience; and when our blessed Saviour suffered his last and sharpest pang of sorrow, he cried out with a loud voice, and resolved to die, and did so.

## S E C T. III.

*Constituent or integral parts of Patience.*

1. **T**HAT we may secure our Patience, we must take care that our *Complaints be without Despair*. Despair sins against the reputation of God's Goodness, and the efficacy of all our old experience. By Despair we destroy the greatest comfort of our sorrows, and turn our sickness into the state of Devils and perishing souls. No affliction is greater then Despair: for that is it which makes hell fire, and turns a natural evil into an intolerable; it hinders prayers, and fills up the intervals of sickness with a worse torture; it makes all spiritual arts useless, and the office of spiritual comforters and guides to be impertinent.

Against this *Hope* is to be opposed: and its proper acts as it relates to the virtue and exercise of Patience are, 1. Praying to God for help and remedy; 2. Sending for the guides of souls; 3. Using all holy exercises and acts of grace proper to that state: which who so does hath not the Impatience of Despair; every man that is patient hath hope in God in the day of his sorrows.

2. Our complaints in sickness must be *without Murmure*. Murmure sins against God's Providence and Government: by it we grow rude, and, like the falling Angels, displeased at God's Supremacy; and nothing is more unreasonable: it talks against God, for whose Glory all speech was made; it is proud and phantastic, hath better opinions of a sinner then of the Divine Justice, and would rather accuse God then himself.

Against this is opposed that part of Patience which resigns the man into the hands of God, saying with old Eli, *It is the Lord, let him do what he will*; and,

[*Thy will be done in earth as it is in heaven:*] and by admiring God's Justice and Wisdom, does also dispose the sick person for receiving God's mercy, and secures him the rather in the grace of God. The proper acts of this part of Patience are, 1. To confess our sins and our own demerits: 2. It increases and exercises Humility: 3. It loves to sing praises to God even from the lowest abyss of humane misery.

3. Our complaints in sickness must be *without Peevishness*. This sins against Civility, and that necessary decency which must be used toward the ministers and assistants. By Peevishness we increase our own sorrow, and are troublesome to them that stand there to ease ours. It hath in it harshness of nature and ungentleness, wilfulness and phantastic opinions, morosity and incivility.

Against it are opposed Obedience, Tractability, easiness of persuasion, Aptness to take counsel. The acts of this part of Patience are, 1. To obey our Physicians; 2. To treat our persons with respect to our present necessities; 3. Not to be ungente and uneasy to the ministers and nurses that attend us; but to take their diligent and kind offices as sweetly as we can, and to bear their indiscretions or unhandsome accidents contentedly and without disquietness within, or evil language or angry words without; 4. Not to use unlawful means for our recovery.

Vide Ch. 4.  
Sect. 1.

If we secure these particulars, we are not lightly to be judged of by noises and postures, by colours and images of things, by paleness, or tossings from side to side. For it were a hard thing that those persons who are loaden with the greatest of humane calamities should be strictly tied to ceremonies & forms of things. He is patient that calls upon God, that hopes for health or Heaven, that believes God is wise and just in sending him afflictions, that confesses his sins, and accuses himself, and justifies God, that expects God will turn this into good, that is civil to his Physicians and his servants, that converses with the guides of Souls, the ministers of Religion, and in all things submits to God's will,

will, and would use no indirect means for his recovery, but had rather be sick and die, then enter at all into God's displeasure.

SECT. IV.

Remedies against Impatience, by way of Consideration.

**A**S it happens concerning Death, so it is in Sicknes which is Death's handmaid. It hath the fate to suffer calumny and reproch, and hath a name worse then its nature.

1. For there is no sickness so great but Children endure it, and have natural strengths to bear them out quite through the calamity, what period soever Nature hath allotted it, Indeed they make no reflexions upon their sufferings, and complain of sickness with an uneasie sigh or a natural grone, but consider not what the sorrows of sickness mean; and so bear it by a direct sufferance, & as a pillar bears the weight of a roof. But then why cannot we bear it so too? For this which we call a reflexion upon or a considering of our sickness, is nothing but a perfect instrument of trouble, and consequently a temptation to Impatience. It serves no end of Nature; it may be avoided, and we may consider it only as an expression of God's Anger, and an emissary or procurator of Repentance. But all other considering it, except where it serves the purposes of medicine and

Prætulærim delirus inersque videri,  
Dum mea delectent mala mæ, vel denique fallant,  
Quam sapere & ringi.

Horat. lib. 2. ep. 2.

art, is nothing but, under the colour of reason, and unreasonable device to heighten the sickness and increase the torment. But then, as children want this act of reflex perception or reasonable sense, whereby their sickness becomes less pungent and dolorous; so also do they want the helps of Reason whereby they should be able to support it. For certain it is, Reason was as well given us to harden our spirits, and stiffen them in passions and sad accidents, as to make us bending and

apt for action: and if in men God hath heightened the faculties of apprehension, he hath increased the auxiliaries of reasonable strengths; that God's rod and God's staff might go together, and the beam of God's countenance may as well refresh us with its light as scorch us with its heat. But poor Children that endure so much, have not inward supports and refreshments to bear them through it; they never heard the sayings of Old men, nor have been taught the principles of severe Philosophy, nor are assisted with the results of a long Experience, nor know they how to turn a sickness into virtue, and a Fever into a reward; nor have they any sense of favours, the remembrance of which many alleviate their burthen: and yet Nature hath in them teeth and nails enough to scratch, and fight against the sickness, and by such aids as God is pleased to give them they wade through the storm, and murmur not. And besides this, yet, although Infants have not such brisk perceptions upon the stock of Reason, they have a more tender feeling upon the accounts of Sense, and their flesh is as uneasy by their natural softness and weak shoulders, as ours by our too forward apprehensions. Therefore bear up: either you or I, or some man wiser, and many a woman weaker than us both, or the very children, have endured worse evil

Σταθεῖς ὃ πλεῖστον καὶ ἀδύνατον ἰσχυρὰ μὲν  
 Τίτλαδι δὲ καὶ ἀδύνατον, καὶ καὶ τὴν αὐτὴν ἀνὰ πρῶτον  
 ἰσχυρὰ.

Ulysses apud Hom. Od. v.

then this that is upon thee now.

That sorrow is hugely tolerable which gives its smart but by instants and smallest proportions of time. No man at once feels the sickness of a week, or of a whole day; but the smart of an instant: and still every portion of a minute feels but its proper share; and the last grone ended all the sorrow of its peculiar burthen. And what minute can that be which can pretend to be intolerable? and the next minute is but the same as the last, and the pain flows like the drops of a river, or the little shreds of time: and if we do but take care of the present minute, it cannot seem a great charge or a great burthen; but that care will secure our

our duty, if we still but secure the present minute.

3. If we consider how much men can suffer if they list; and how much they do suffer for greater and little causes, and that no causes are greater then the proper causes of Patience in sickness, (that is, necessity and Religion) we cannot without huge shame to our nature, to our persons, and to our manners, complain of this tax and impost of Nature. This experience added something to the old Philosophy. When the *Gladiators* were exposed naked to each others short swords, and were to cut each others souls away in portions of flesh, as if their forms had been as divisible as the life of worms, they did not sigh or groan, it was a shame to decline the blow, but according to the just measures of art. The \* women that saw the

*\* Spectatores vocitantur, ictus tacet.*

wound shriek out, and he that receives it holds his peace. He did not only stand bravely, but would also fall so; and when he was down, scorn'd to shrink his head, when the

*Quis mediocris gladiator ingemit? Quis vultum mutavit unquam? Quis non modo stetit, verum etiam decubuit turpiter?*  
Tusc. Q. lib. 2.

insolent conquerour came to lift it from his shoulders: and yet this man in his first design only aimed at liberty, and the reputation of a good fencer; and when he sunk down, he saw he could only receive the honour of a bold man, the noise of which he shall never hear when his ashes are crammed in his narrow Urne. And what can we complain of the weakness of our strengths, or the pressures of diseases, when we see a poor souldier stand in a breach almost starved with cold and hunger, and his cold apt to be relieved only by the hearts of Anger, a Fever, or a fired musket, and his hunger slack'd by a greater pain and a huge fear? this man shall stand in his arms and wounds, *patiens luminis atque Solis*, pale and faint, weary and watchful; and at night shall have a bullet pulled out of his flesh, and shivers from his bones, and endure his mouth to be sewed up from a violent rent to its own dimension; and all this for a man whom he never saw, or, if he did, was not noted by him, but one that shall condemn him to the gallows if he runs from all this misery. It is seldom that God

sends

sends such calamities upon men as men bring upon themselves, and suffer willingly. But that which is most considerable is, that any passion and violence upon the spirit of man makes him able to suffer huge calamities with a certain constancy and an unwearied Patience. *Scipio Africanus* was wont to commend that saying in *Xenophon*, That the same labours of warfare were easier far to a General then to a common soldier, because he was supported by the huge appetites of honour, which made his hard marches nothing but stepping forward and reaching at a triumph. Did not the Lady of *Sabinus* for others interest bear twins privately and without groining? Are not the labours and cares, the sparse diet and the waking nights of covetous and adulterous, of ambitious and revengeful persons, greater sorrows and of more smart then a Fever, or the short pains of Child-birth? What will not tender women suffer to hide their shame? And if vice and passion, lust and inferiour appetites can supply to the tenderest persons strengths more then enough for the sufferance of the greatest natural violences, can we suppose that Honesty and Religion and the Grace of God are more nice, tender and effeminate?

4. Sicknes is the more tolerable, because it cures very many evils, and takes away the sense of all the cross fortunes which amaze the spirits of some men, and transport them certainly beyond all the limits of Patience. Here all losses and disgraces, domestic cares and public evils, the apprehensions of pity and a sociable calamity, the fears of want and the troubles of ambition, ly down and rest upon the sick mans pillow. One fit of the stone takes away from the fancies of men all relations to the world and secular interests: at least they are made dull and flat, without sharpness and an edge.

And he that shall observe the infinite variety of troubles which afflict some busie persons, and almost all men in very busy times, will think it not much amiss that those huge numbers were reduced to certainty, to method and an order; and there is no better *compendium* for

for this, then that they be reduced to one. And a sick man seems so unconcerned in the things of the world, that although this separation be done with violence, yet it is no otherwise then all noble contentions are, and all honours are purchased, and all vertues are acquired, and all vices mortified, and all appetites chastised, and all rewards obtained: there is infallibly to all these a difficulty and a sharpness annexed, without which there could be no proportion between a work and a reward. To this adde, that sickness does not take off the sense of secular troubles and worldly cares from us, by employing all the perceptions and apprehensions of men; by filling all faculties with sorrow, and leaving no room for the lesser instances of troubles, as little rivers are swallowed up in the Sea: but sickness is a messenger of God, sent with purposes of abstraction and separation, with a secret power and a proper efficacy to draw us off from unprofitable and useless sorrows: and this is effected partly by reason that it represents the uselessness of the things of this world, and that there is a portion of this life in which honours and things of the world cannot serve us to many purposes; partly by preparing us to death, and telling us that a man shall descend thither whence this world cannot redeem us, and where the goods of this world cannot serve us.

5. And yet after all this, sickness leaves in us appetites so strong, and apprehensions so sensible, and delights so many, and good things in so great a degree, that a healthless body and a sad disease do seldom make men weary of this world, but still they would fain find an excuse to live. The Gout, the Stone, and the Tooth-ach, the *Sciatica*, Sore eyes, and an Aching head, are evils indeed; but such, which, rather then die, most men are willing to suffer; and *Mecanar* added also a wish, rather to be crucified then to die: and though his wish was low, timorous and base, yet we find the same desires in most men, dressed up with better circumstances, It was a cruel mercy in *Tamurlane*, who commanded all the Leprous persons to be put

Debilem facito manu, debilem pede, coxam, lumbos, quate dentes; vti dum superest, bene est. Hanc mihi, vel acutam, si das, sustineo crucem. San. ep. 10. f.

to death, as we knock some beasts quickly on the head, to put them out of pain, and lest they should live miserably: the poor men would rather have endured another Leprosie, and have more willingly taken two diseases then one death. Therefore *Caesar* wondered that the old crazed souldier begged leave he might kill himself, and asked him, *Dost thou think thee to be more alive then now thou art?* We do not die suddenly, but we descend to death by steps and slow passages: and therefore men (so long as they are sick) are unwilling to proceed and go forward in the finishing that sad employment. Between a disease and death there are many degrees, and all those are like the reserves of evil things, the declining of every one of which is justly reckoned amongst those good things which alleviate the sickness and make it tolerable. Never account that sickness intolerable, in which thou hadst rather remain then die: And yet if thou hadst rather die then suffer it, the worst of it that can be said is this, that this sickness is worse then death; that is, it is worse then that which is the best of all evils, and the end of all troubles; and then you have said no great harm against it.

6. Remember that thou art under a supervening necessity. *Nothing is intolerable that is necessary:* and therefore when men are to suffer a sharp incision, or what they are pleased to call *intolerable*, tie the man down to it, and he endures it. Now God hath bound this sickness upon thee by the condition of Nature, (for every flower must wither and drop:) it is also bound upon thee by special providence, and with a design to try thee, and with purposes to reward and to crown thee. These cords thou canst not break; and therefore lie thou down gently, and suffer the hand of God to do what he please, that at least thou mayest swallow an advantage, which the care and severe mercies of God force down thy throat.

7. Remember that all men have passed this way, the bravest, the wisest, and the best men have been

Improbax;  
Tigres indulgent patientiam  
flagello  
Impiger &  
fortis virtute coactus.

Cerno quidem gemina constrictos morte Philip-  
Thessalix; rogos, & funera gentis Ibera;

(pos, and the best men have been



been subject to sickness and sad diseases; and it is esteemed a prodigy, that a man should live to a long age and not be sick: and it is recorded for a wonder concerning *Xenophilus* the Musician, that he lived to 106. years of age in a perfect and continual health. No story tells the like of a Prince, or a great or a wise person; unless we have a mind to believe the tales concerning *Nestor* and the *Eubæan Sybil*, or reckon *Cyrus* of *Persia*, or *Masinissa* the *Mauritanian* to be rivals of old age, or that *Argantonius* the *Tartesian* King did really outstrip that age, according as his story tells, reporting him to have \* reigned 80. years, and to have lived 120. Old age and healthful bodies are seldom made the appendages to great fortunes: and under so great and so \* universal precedents, so common fate of men, he that will not suffer his portion deserves to be something else then a man, but nothing that is better.

*Rara est in nobilitate senectus.*

*Cicero de Senect.*

*Ferre quam sortem partuntur omnes, Nemo recusat.*

8. We find in story that many Gentiles, who walked by no light but that of Reason, Opinion, and humane examples, did bear their sickness nobly, and with great contempt of pain, and with huge interests of vertue. When *Pompey* came from *Syria*, and called at *Rhodes*, to see *Posidonius* the Philosopher, he found him hugely afflicted with the Gout, and expressed his sorrow that he could not hear his Lectures, from which by this pain he must needs be hindred. *Posidonius* told him, *But you may bear me for all this*: and he discoursed excellently in the midst of his tortures, even then when the torches were put to his feet, That nothing was good but what was honest; and therefore nothing could be an evil if it were not criminal; and summed up his Lectures with this saying, *O pain, in vain dost thou attempt me; for I will never confess thee to be an evil as long as I can honestly bear thee*. And when *Pompey* himself was desperately sick at *Naples*, the *Neapolitans* wore Crowns and triumphed, and the men of *Putcoli* came to congratulate his sickness, not because they loved him not, but because it was the custome of their Countrey to have better opinions of sickness then we have. The boyes of

*Tusc. l. 2. Cum facies doloris admoventur,*

*Spuria*

*Sparta* would at their Altars endure whipping till their very intrails saw the light through their torn flesh, and some of them to death, without crying or complaint. *Cæsar* would drink his portions of *Rhubarb* rudely mixt, and unfitly allayed, with little sippings, and taken the horreur of the medicine, spreading the loathsomness of his Physick so, that all the parts of his tongue and palate might have an entire share: And when *C. Marius* suffered the veins of his leg to be cut out for the curing his Gout, and yet shrunk not, he declared not only the rudeness of their physick, but the strength of a mans spirit, if it be contracted and united by the aids of Reason or Religion, by resolution or any accidental harshness, against a violent disease.

9. All Impatience, howsoever expressed, is perfectly useles to all purposes of ease, but hugely effective to the multiplying the trouble; and the Impatience and vexation is another, but the sharper disease of the two; it does mischief *by it self*, and mischief *by the disease*. For men grieve themselves as much as they please; and when by Impatience they put themselves into the retinue of sorrows, they become solemn mourners. For so I have seen the rayes of the Sun or Moon dash upon a brazen vessel, whose lips kissed the face of those waters that lodged within its bosome; but being

Tantum do-  
luerunt,  
quantum  
doloribus se  
inferuerunt.  
S. August.  
Virg. l. 8. v. 4.

Ceu rore seges viret,  
Sic crescunt riguis tristitia fletibus;  
Urget lacryma lacryman,  
Pecundisque sui se numerat dolor.  
Quem fortuna semel virum  
Ildo degenerum lumine viderit,  
Illum sæpe ferit

turned back and sent off with its smooth pretences or rougher waf-tings, it wandred about the room, and beat upon the roof, and still doubled its heat and motion. So is a sickness and a sorrow, entertained by an unquiet and a discontented man, turned back either with anger or with excuses; but then the pain passes from the stomach to the liver, and from the liver to the heart, and from the heart to the head, and from feeling to consideration, from thence to sorrow, and at last ends in Impatience and useles murmure; and all the way the man was impotent and weak, but the sickness was doubled, and grew imperious and tyrannical

rannical over the Soul and body. *Masurius Sabinius* tells, that the image of the Goddess *Angerona* was with a muffer upon her mouth placed upon the Altar of *Voluptas*, to represent, that those persons who bear their sicknesses and sorrows without murmures shall certainly pass from sorrow to pleasure, and the ease and honours of felicity; but they that with spite and indignation bite the burning coal, or shake the yolk upon their necks, gall their spirits, and fret the skin, and hurt nothing but themselves.

Levius sit patientia  
Quicquid corrigere est nefas.  
Horat.

10. Remember that this sickness is but for a short time: If it be sharp, it will not last long; if it be long, it will be easie and very tolerable. And although *S. Eadfrid* Archbishop of *Canterbury* had twelve years of sickness, yet all that while he ruled his Church prudently, gave example of many vertues, and after his death was inrolled in the Calender of Saints who had finished their course prosperously. Nothing is more unreasonable then to intangle our spirits in wildness and amazement, like a Partridge fluttering in a net, which she breaks not, though she breaks her wings.

## SECT. V.

*Remedies against Impatience, by way of Exercise.*

1. THE fittest instrument of esteeming sickness easily tolerable is, to remember that which indeed makes it so; and that is, that God doth minister proper aids and supports to every of his servants whom he visits with his rod. He knows our needs, he pities our sorrows, he relieves our miseries, he supports our weakness, he bids us ask for help, and he promises to give us all that, and he usually gives us more: and indeed it is observable, that no story tells of any godly man who, living in the fear of God, fell into a violent and unpardoned Impatience in his natural sickness, if he used those means which God and his holy Church have appointed. We see almost all men bear their last sickness

sickness with sorrows indeed, but without violent passions; and unless they fear death violently, they suffer the sickness with some indifferency: and it is a rare thing to see a man, who enjoys his Reason in his sickness, to express the proper signs of a direct and solemn Impatience. For when God layes a sickness upon us, he seizes commonly on a mans spirits, which are the instruments of action and business; and when they are secured from being tumultuous, the sufferance is much the easier: and therefore sickness secures all that which can do the man mischief; it makes him tame and passive, apt for suffering, and confines him to an unactive condition. To which if we adde, that God then commonly produces fear, and all those passions which naturally tend to humility and poverty of spirit, we shall soon perceive by what instruments God verifies his promise to us, (which is the great security for our Patience, and the easiness of our condition)

1 Cor. 10. 13.

that God will lay no more upon us then he will make us able to bear, but together with the affliction he will find a way to escape. Nay, if any thing can be more then this, we have two or three promises in which we may safely lodge our selves, and roll from off our thorns, and find ease and rest: God hath promised to be with us in our trouble, and to be with us in our prayers, and to be with us in our hope and confidence.

Psal. 9. 9.

Marth. 7. 7.

Jam. 5. 13.

Psal. 31. 19.

Psal. 34. 22.

2. Prevent the violence and trouble of thy spirit by an act of thanksgiving; for which in the worst of sicknesses thou canst not want cause, especially if thou remembrest that this pain is not an eternal pain. Bless God for that: But take heed also lest you so order your affairs, that you pass from hence to an eternal sorrow. If that be hard, this will be intolerable: But as for the present evil, a few daies will end it.

3. Remember that thou art a man, and a Christian: as the Covenant of Nature hath made it necessary, so the Covenant of Grace hath made it to be chosen by thee, to be a suffering person: either you must renounce your Religion, or submit to the impositions of God, and thy portion of sufferings. So that here we see  
our

our advantages, and let us use them accordingly. The barbarous and warlike Nations of old could fight well and willingly, but could not bear sickness manfully. The *Greeks* were cowardly in their fights, as most wise men are; but because they were learned and well taught, they bore their sickness with Patience and severity. The *Cimbrians* and *Celtiberians* rejoyce in battel-like Giants, but in their diseases they weep like Women. These according to their institution and designs had unequal courages, and accidental fortitude. But since our Religion hath made a covenant of *Sufferings*, and the great business of our lives is *Sufferings*, and most of the vertues of a Christian are *passive graces*, and all the promises of the Gospel are passed upon us through *Christ's Cross*, we have a necessity upon us to have an equal courage in all the variety of our sufferings; for without an universal fortitude we can do nothing of our duty.

4. Resolve to do as much as you can: for certain it is, we can suffer very much, if we list; and many men have afflicted themselves unreasonably by not being skilful to consider how much their strength and state could permit; and our flesh is nice and imperious, crafty to perswade Reason that she hath more necessities then indeed belong to her, and that she demands nothing superfluous. Suffer as much in obedience to God as you can suffer for necessity or passion, fear or desire. And if you can for one thing, you can for another, and there is nothing wanting but the mind. Never say, *I can do no more*, *I cannot endure this*: For God would not have sent it, if he had not known thee strong enough to abide it; only he that knows thee well already, would also take this occasion to make thee know thy self, But it will be fit that you pray to God to give you a discerning spirit, that you may rightly distinguish *just necessity* from the *flattery* and fondnesses of flesh and blood.

3. Propound to your eyes and heart the example of the holy *Jesus* upon the Cross; he endured more for thee then thou canst either for thy self or him: and remember

remember that if we be put to suffer, and do suffer *a good cause, or in a good manner*, so that in any sense your sufferings be conformable to his sufferings, or can be capable of being united to his, we shall reign together with him. *The high way of the Cross* which the King of sufferings hath troden before us is the way to *ease, to a kingdom, and to felicity.*

6. The very suffering is a title to an excellent inheritance: for *God chastens every son whom he receives*, and if we be not chastised, *we are bastards, and not sons.* And be confident, that although God often sends pardon without correction, yet he never sends correction without pardon, unless it be thy fault: and therefore take every or any affliction as an earnest peny of thy pardon; and upon condition there may be peace with God, let any thing be welcome that he can send as its instrument or condition. Suffer therefore God to chuse his own circumstances of adopting thee, and be content to be under discipline, when the reward of that is *to become the son of God*: and by such afflictions he hews and breaks thy body, first dressing it to funeral, and then preparing it for immortality. And if this be the effect or the design of God's love to thee, let it be occasion of thy love to him; and remember that the truth of love is hardly known but by somewhat that puts us to pain.

7. Use this as a punishment for thy sins; and so God intends it most commonly; that is certain: if therefore thou submittest to it, thou approveest of the Divine judgment: and no man can have cause to complain of any thing but himself, if either he believes God to be just, or himself to be a sinner; if he either thinks he hath deserved Hell, or that this little may be a means to prevent the greater, and bring him to Heaven.

8. It may be that this may be the last instance and the last opportunity that ever God will give thee to exercise any vertue, to do him any service, or thy self any advantage: be careful that thou losest not this; for to eternal ages this never shall return again.

10. Or if thou peradventure shalt be restored to health, be careful that in the day of thy thanksgiving thou mayest not be ashamed of thy self, for having behaved thy self poorly and weakly upon thy bed. It will be a sensible and excellent comfort to thee, and double upon thy spirit, if when thou shalt worship God for restoring thee, thou shalt also remember that thou didst do him service in thy suffering, and tell that God was hugely gracious to thee in giving thee the opportunity of a vertue at so easie a rate as a sickness from which thou didst recover.

11. Few men are so sick, but they believe that they may recover; and we shall seldom see a man ly down with a perfect persuasion that it is his last hour; for many men have been sicker, and yet have recovered; but whether thou dost or no, thou hast a vertue to exercise: which may be a handmaid to thy Patience. *Epaphroditus* was sick, sick unto death, and yet God had mercy upon him: and he hath done so to thousands, to whom he found it useful in the great order of things, and the events of universal providence. If therefore thou desirest to recover, here is cause enough of hope; and hope is designed in the arts of God and of the Spirit to support Patience. But if thou recoverest not, yet there is something that is matter of joy naturally, and very much spiritually, if thou belongest to God; and joy is as certain a support to Patience as hope: and it is no small cause of being pleased, when we remember that if we recover not, our sickness shall the sooner sit down in rest and joy. For recovery by death, as it is easier and better then the recovery by a sickly health, so it is not so long in doing: it suffers not the tediousness of a creeping restitution, nor the inconvenience of Surgeons and Physicians, watchfulness and care, keepings in and suffering trouble, fears of relapse and the little reliques of a storm.

12. While we hear or use or think of these remedies, part of the sickness is gone away, and all of it is passing. And if by such instruments we stand armed and ready dressed before-hand, we shall

Nulla mihi nova nunc facies inopinâq; surgit :  
Omnia præcepi atq; animo mecum ante re-  
volvi.

Virgil. lib. 6.

shall avoid the mischiefs of  
amazements and surprizes,  
while the accidents of sick-

ness are such as were expected, and against which we  
stood in readiness, with our spirits contracted, infla-  
ted and put upon the defensive.

12. But our Patience will be the better secured, if  
we consider that it is not violently tempted by the usual  
arrests of sickness; for Patience is with reason deman-  
ded while the sickness is tolerable, that is, so long as the  
evil is not too great; but if it be also eligible, and  
have in it some degrees of good, our Patience will  
have in it the less difficulty and the greater necessity.  
This therefore will be a new stock of consideration:  
*Sickness is in many degrees eligible to many men, and to  
many purposes.*

## S E C T. V I.

### *Advantages of Sickness.*

1. **I** Consider one of the great felicities of Heaven con-  
sists in an immunity from sin: then we shall love  
God without mixtures of malice, then we shall enjoy  
without envy; then we shall see fuller vessels running  
over with glory, and crowned with bigger circles;  
and this we shall behold without spilling from our eyes  
(those vessels of joy and grief) any sign of anger,  
trouble or a repining spirit: our Passions shall be pure,  
our Charity without fear, our desire without lust, our  
possessions all our own; and all in the inheritance of  
*Jesus*, in the richest soil of God's eternal kingdom.  
Now half of this reason which makes Heaven so happy  
by being innocent, is also in the state of sickness, ma-  
king the sorrows of old age smooth, and the groans of  
a sick heart apt to be joyned to the musick of Angels:  
and though they sound harsh to our untuned ears and  
discomposed Organs; yet those accents must needs be  
in themselves excellent which God loves to hear, and  
esteems them as *prayers*, and *arguments of pity*, instru-  
ments



ments of mercy and grace, and preparatives to glory.

In sickness the Soul begins to dress her self for Immortality. And first, she unties the strings of Vanity that made her upper garment cleave to the world and sit uneasy: First she puts off the light and phantastic summer-robe of Lust and wanton Appetite: and as soon as that Cestus, that lascivious girdle is thrown away, then the reins chasten us and give us warning in the night; then that which called us formerly to serve the manliness of the body, and the childishness of the Soul, keeps us waking, to divide the hours with the intervalls of Prayer, and to number the minutes with our penitential groans; then the Flesh sits uneasily and dwells in sorrow; and then the Spirit feels it self at ease, freed from the petulant solicitations of those Passions which in health were as busie and as restless as atoms in the Sun, alwaies dancing, and alwaies busie; and never sitting down, till a sad night of grief and uneasiness draws the veil, and lets them die alone in secret dishonour.

2. Next to this, the Soul by the help of sickness knocks off the fetters of Pride and vainer complacencies.

Then she draws the curtains, and stops the light from coming in, and takes the pictures down, those phantastic images of self-love,

and gay remembrances of vain opinion, and popular noises. Then the Spirit stoops into the sobrieties of humble thoughts, and feels corruption chiding the forwardness of fancy, and allaying the vapours of conceit and factious opinions. For humility is the Soul's grave, into which she enters, not to die, but to meditate and interre some of its troublesome appendages. There she sees the dust, and feels the dishonours of the body, and reads the Register of all its sad adherences; and then she laies by all her vain reflexions, beating upon her Crystal and pure mirrour from the fancies of strength and beauty, and little decayed prettinesses of the body. And when in sickness we forget all our knotty discourses of Philosophy, and a Syllogism makes our

Nunc festinatos nimium sibi sentit honores,  
Aetique lauriferæ damnat Syllana iuventæ.  
Lucan. lib. 8.

head ake, and we feel our many and loud talkings served no lasting end of the Soul, no purpose that now we must abide by, and that the body is like to descend to the land where all things are forgotten; then she laies aside all her remembrances of applauses, all her ignorant confidences, and cares only to *know Christ Jesus and him crucified*, to know him plainly, and with much heartiness and simplicity. And I cannot think this to be a contemptible advantage. For ever since Man tempted himself by his impatient desires of knowing, and being as God, Man thinks it the finest thing in the world to know much, and therefore is hugely apt to esteem himself better then his brethren, if he knows some little impertinencies, and them imperfectly, and that with infinite uncertainty: But God hath been pleased with a rare art to prevent the inconveniences apt to arise by this passionate longing after Knowledge; even by giving to every man a sufficient opinion of his own understanding: and who is there in the world that thinks himself to be a fool, or indeed not fit to govern his brother? There are but few men but they think they are wise enough, and every man believes his own opinion the soundest; and if it were otherwise, men would burst themselves with envy, or else become irrecoverable slaves to the talking and disputing man. But when God intended this permission to be an antidote of envy, and a satisfaction and allay to the troublesome appetites of knowing, and made that this universal opinion, by making men in some proportions equal, should be a keeper out or a great restraint to slavery and tyranny respectively; Man (for so he uses to doe) hath turned this into bitterness: for when Nature had made so just a distribution of understanding, that every man might think he had enough, he is not content with that, but will think he hath more then his brother: and whereas it might well be employed in restraining slavery, he hath used it to break off the bands of all obedience, and it ends in pride and schisms, in heresies and tyrannies; and it being a spiritual evil, it grows upon the Soul with old age and flattery, with

health

health and the supports of a prosperous fortune. Now besides the direct operations of the Spirit, and a powerful grace, there is in nature left to us no remedy for this evil, but a sharp sickness, or an equal sorrow, and allay of fortune: and then we are humble enough to ask counsel of a despised Priest, and to think that even a common sentence from the mouth of an appointed comforter streams

forth more refreshment than all our own wiser and more reputed dis-

— Ubi jam validis quasatum est viribus avi  
Corpus, & obtusis ceciderunt viribus artus,  
Claudicat ingenium, delirat linguaq; mentique.  
Lucr. l. 3.

courses: then our understandings and our bodies, peeping through their own breaches, see their shame and their dishonour, their dangerous follies and their huge deceptions, and they go into the clefts of the rock, and every little hand may cover them.

3. Next to these, *As the Soul is still undressing, she takes off the roughness of her great and little Angers and Animosities*, and receives the oil of mercies and smooth forgiveness, fair interpretations and gentle answers, designs of reconciliation and Christian atonement in their places. For so did the wrestlers in *Olympus*, they stripped themselves of all their garments, and then anointed their naked bodies with oil, smooth and vigorous; with contracted nerves and enlarged voice they contended vehemently, till they obtained their victory, or their ease; and a crown of Olive, or a huge pity, was the reward of their fierce contentions. Some wise men have said, that

Anger sticks to a mans nature as inseparably as o-

Quatenus excidit penitus vitium iræ;  
Cætera item nequeunt stultis hærentia —  
Hor. lib. 1. sat. 3.

ther vices do to the manners of fools, and that Anger is never quite cured: But God, that hath found out remedies for all diseases, hath so ordered the circumstances of man, that, in the worser sort of men, Anger and great indignation consume and shrivel into little peevishnesses and uneasie accents of sickness, and spend themselves in trifling instances; and in the better and more sanctified, it goes off in prayers, and alms, and solemn reconciliation. And however the temptations

of this state, such I mean which are proper to it, are little and inconsiderable; the man is apt to chide a servant too bitterly, and to be discontented with his Nurse, or not satisfied with his Physician, and he rests uneasily, and (poor man!) nothing can please him: and indeed these little undecencies must be cured and stopped, lest they run into an inconvenience. But sickness is in this particular a little image of the state of blessed souls, or of *Adam's* early morning in Paradise, free from the troubles of Lust, and violencies of Anger, and the intricacies of Ambition, or the restlessness of Covetousness. For though a man may carry all these along with him into his sickness, yet there he will not find them; and in despite of all his own malice, his Soul shall find some rest from labouring in the galleys, and baser captivity of sin: and if we value those moments of being in the love of God and in the kingdom of Grace, which certainly are the beginnings of felicity, we may also remember that the not sinning actually is one step of innocence; and therefore that state is not intolerable, which by a sensible trouble makes it in most instances impossible to commit those great sins which make Death, Hell, and horrid Damnations. And then let us but adde this to it, that God sends sicknesses, but he never causes sin; that God is angry with a sinning person, but never with a man for being sick; that sin causes God to hate us, and sickness causes him to pity us; that all wise men in the world chuse trouble rather than dishonor, affliction rather than baseness; and that sickness stops the torrent of sin, and interrupts its violence, and even to the worst men makes it to retreat many degrees. We may reckon Sickness amongst good things, as we reckon Rhubarb, and Aloes, and childbirth, and labour, and obedience, and discipline: These are unpleasant, and yet safe; they are troubles in order to blessings, or they are securities from danger, or the hard choices of a less and a more tolerable evil.

4. Sickness is in some sense eligible, because it is the opportunity and the proper scene of exercising

\* some

\* some virtues : It is that agony in which men are tried for a crown. And if we remember what glorious things

\* Nolo quod cupio statim tenere,  
Nec victoria mi placet parata.  
Petron.

are spoken of *the grace of Faith*, that it is the life of just men, the restitution of *the dead in trespasses and sins*, the justification of a sinner, the support of the weak, the confidence of the strong, the magazine of promises, and the title to very glorious rewards; we may easily imagine that it must have in it a work and a difficulty in some proportion answerable to so great effects. But when we are bidden to believe strange propositions, we are put upon it when we cannot judge, and those propositions have possessed our discerning faculties, and have made a party there, and are become domestic before they come to be disputed; and then the articles of Faith are so few, and are made so credible, and in their event and in their object are so usefull and gaining upon the affections, that he were a prodigy of man, and would be so esteemed, that should in all our present circumstances disbelieve any point of Faith: and all is well as long as the Sun shines, and the fair breath of Heaven gently wafts us to our own purposes. But if you will try the excellency, and feel the work of Faith, place the man in a Persecution, let him ride in a storm, let his bones be broken with sorrow, and his eye-lids loosened with sickness, let his bread be dipped in tears, and all the daughters of Musick be brought low; let God commence a quarrel against him, and be bitter in the accents of his anger or his discipline; then God tries your Faith. Can you then trust his goodness; and believe him to be a Father, when you grone under his rod? Can you rely upon all the strange propositions of Scripture, and be content to perish if they be not true? Can you receive comfort in the discourses of Death and Heaven, of Immortality and the Resurrection, of the death of Christ and conforming to his sufferings? Truth is, there are but two great periods in which Faith demonstrates it self to be a powerful and mighty Grace; and they are *persecution and the approaches of death*, for the *passive part*:

and a temptation; for the *active*. In the daies of pleasure and the night of pain. Faith is to fight her *agonist*, to contend for mastery: and Faith overcomes all alluring and fond temptations to sin, and faith overcomes all our weaknesses & faintings in our troubles. By the faith of the promises we learn to despise the world, chusing those objects which Faith discovers; and by expectation of the same promises we are comforted in all our sorrows, and enabled to look through and see beyond the cloud: but the vigour of it is pressed and called forth, when all our fine discourses come to be reduced to practice. For in our health and cleare

Mors ipsa beator inde est,  
Quod per cruciamina lethi  
Via panditur ardua iustis,  
Et ad astra doloribus itur.

Prud. hymn. in Exeq. defunct.

daies it is easie to talk of putting trust in God; we readily trust him for life when we are in health, for provisions when we have fair revenues, and for deliverance when we are newly

escaped: but let us come to sit upon the margent of our grave, and let a Tyrant lean hard upon our fortunes, and dwell upon our wrong, let the storm arise, and the keels tosse till the cordage crack, or that all our hopes bulge under us, and descend into the hollownes of sad misfortunes; then can you believe, when you neither hear, nor see, nor feel any thing but objections? This is the proper work of sickness: Faith is then brought into the theatre, and so exercised, that if it abides but to the end of the contention, we may see the work of Faith which God will hugely crown. The same I say of *Hope*, and of *Charity*, or the love of God, and of *Patience*, which is a grace produced from the mixtures of all these: they are *virtues which are greedy of danger*. And no man was ever honoured by any wise or discerning person for dining upon *Persian Carpets*, nor rewarded with a crown for being at ease. It was the Fire that did honour to *Mutius Scavola*, Poverty made *Fabritius* famous, *Rutilius*

Virtutes a-  
vidæ peri-  
culi mon-  
strant quam  
non poenite-  
at tanto  
perio acti-  
misse virtu-  
tem. Senec.

Non enim hilaritate, nec lascivâ, nec risu,  
aut joco comite levitatis, sed sæpe etiam tri-  
stes firmitate & constantiâ sunt beati.

Cic. de Fin. l. 22.

was made excellent by  
Banishment, *Regulus* by  
Torments, *Socrates* by Pri-  
son, *Cato* by his Death: and  
God

God hath crowned the memory of *Job* with a wreath of glory, because he sate upon his dunghill wisely and temperately; and his potsherd and his grones, mingled with praises and justifications of God, pleased him like an Anthem sung by Angels in the morning of the Resurrection. God could not chuse but be pleased with the delicious accents of Martyrs, when in their tortures they cried out nothing but [*Holy Jesus*] and [*Blessed be God*]; and they also themselves, who with a hearty designation to the Divine pleasure can delight in Gods severe dispensation, will have the transportations of Cherubims when they enter into the joyes of God. If God be delicious to his servants when he smites them, he will be nothing but ravishments and ecstasies to their spirits when he refreshes them with the overflowings of joy in the day of recompences. *No man is more miserable then he that hath no adversity; that man is not tried whether he be good or bad:*

Nihil infelicius eo cui nihil unquam contigit adversi. Non licuit illi se experiri.

Seneca.

and God never crowns those virtues which are only *faculties* and *dispositions*: but every *act* of virtue is an ingredient into reward. And we see many children fairly planted, whose parts of nature were never dressed by art, nor called from the furrows of their first possibilities by discipline and institution, and they dwell for ever in ignorance, and converse with beasts; and yet if they had been dressed and exercised, might have stood at the chairs of Princes, or spoken parables amongst the Rulers of cities. Our virtues are but in the seed when the Grace of God comes upon us first: but this Grace must be thrown into broken furrows, and must *twice feel the cold* and *twice feel the heat*, and be softened with storms

Illa seges votis respondet avari  
Agricolæ, bis quæ solem, bis frigora sentit.

Virg. Georg. 1.

and shows, and then it will arise into fruitfulness and harvests. And what is there in the world to distinguish virtues from dishonors, or the valour of *Caesar* from the softness of the *Egyptian Eunuchs*, or that can make any thing rewardable, but the labour and the danger, the pain and the difficulty? Virtue could not be any

thing but sensuality, if it were the entertainment of our senses and fond desires; and *Apicius* had been the noblest of all the *Romans*, if feeding a great appetite and despising the severities of temperance had been the work and proper imployment of a wise man. But otherwise do Fathers, and otherwise do Mothers handle their children. These soften them with kisses and imperfect noises, with the pap and breast-milk of soft endearments, they rescue them from Tutors, and snatch them from discipline, they desire to keep them fat and

*Languent per inertiam saginata,  
nec labore tantum, sed mole &  
ipso sui onere deficiunt.*

*Seneca.*

warm, and their feet dry, and their bellies full; and then the children govern, and crie, and prove fools and troublesome, so long as the feminine

*Callum per injurias ducunt;  
Ut sit luminis atque aquae celestis  
patiens latus.*

republic does endure. But Fathers, because they design to have their children wise and valiant, apt for counsel or for arms, send them to severe governments, and tie them to study, to hard labour, and afflictive contingencies.

They rejoyce when the bold boy strikes a lion with his hunting-spear, and shrinks not when the beast comes to affright his early courage. Softness is for slaves

*Modestia filiorum delectantur;  
vernularum licentia & canum,  
non puerorum.*

and beasts, for minstrels and useles persons, for such who cannot ascend higher than the state of a fair oxe, or

a servant entertained for vainer offices: But the man that designs his son for noble employments, to honours and to triumphs, to Consular dignities and presidences of Councils, loves to see him pale with study, or panting with labour, hardned with sufferance, of eminent by dangers. And so God dresses us for Heaven. He loves to see us struggling with a disease, and resisting the Devil, and contesting against the weaknesses of Nature, and against hope to believe in hope, resigning our selves to God's will, praying him to chuse for us, and dying in all things but faith and its blessed consequents; *ut ad officium cum periculo firmus prompti*; and the danger and the resistance shall

*Ventus ut amittit vires, nisi robore dense  
Occurrit sylva, spatio diffusus mani.*

*Lucan.*

endear the office. For so have I known the boistrous

North-



North-winde pass through the yielding air, which opened its bosome, and appeased its violence by entertaining it with easie compliance in all the regions of its reception: But, when the same breath of heaven hath been checked with the stiffness of a Tower, or the united strength of a wood, it grew mighty, and dwelt there, and made the highest branches stoop, & make a smooth path for it on the top of all its glories. So is sickness, and so is the Grace of God: When sickness hath made the difficultie, then God's Grace hath made a triumph, and by doubling its power hath created new proportions of a reward; and then shews its biggest glory when it hath the greatest difficulty to master, the greatest weaknesses to support, the most busie temptations to contest with: for so God loves that *his strength should be seen in our weakness* and our danger. Happy is that state of life in which our services to God are the dearest and the most expensive.

Marcel fine  
adversario  
virtus.

Lætius est  
quoties ma-  
gno tibi  
constat ho-  
nestum.

5, Sickness hath some degrees of eligibility, at least by an after-choice; because to all persons which are within the possibilities and state of pardon it becomes a great instrument of pardon of sins. For as God seldom rewards here and hereafter too: so it is not very often that he punishes in both states. In great and final sins he doth so; but we find it expressed onely in the case of the sin against the Holy Ghost, *which shall never be forgiven in this world, nor in the world to come*, that is, it shall be punished in both worlds, and the infelicities of this world shall but usher in the intolerable calamities of the next. But this is in a case of extremity, and in sins of an unpardonable malice: In those lesser stages of death which are deviations from the rule, and not a destruction and perfect antinomy to the whole institution, God very often smites with his rod of sickness, that he may not for ever be slaying the Soul with eternal death. *I will visit their offences with the rod, and their sin with scourges: Nevertheless my loving kindness will I not utterly take from him, nor suffer my truth to fail.* And there is in the New Testament a delivering over to Satan, and

Psal. 89. 32.  
33.

1 Cor. 5. 5.  
1 Tim. 1. 20.

a con-

a consequent buffeting, for the mortification of the flesh indeed, but *that the Soul may be saved in the day of the Lord*. And to some persons the utmost process of God's anger reaches but to a sharp sickness, or at most but to a temporal death; and then the *little momentary anger* is spent, and expires in rest and a quiet grave. Origen, S. Augustine and Cassian say concerning Ananias and Sapphira, that they were slain with

Digni erant in hoc seculo recipere peccatum suum, ut mundiorem exeat ab hac vita, mundati castigatione sibi illata per mortem communem, quoniam credentes erant in Christum.

Origen, S. August. l. 3. c. 1. contr. Parmen. & Cassian. collat. 6. c. 11.

a sudden death, that by such a judgment their sin might be punished, and their guilt expiated, and their persons reserved for mercy in the day of Judgment. And God cuts off many of his children from the land of the living; and yet when

they are numbred amongst the dead, he finds them in the book of Life, written amongst those that shall live to him for ever. And thus it happened to many new Christians in the Church of Corinth, for their little undecencies and disorders in the circumstances of receiving the holy Sacrament. S. Paul saies [that *many amongst them were sick, many were weak, and some were fallen asleep.*] He expresses the Divine anger against those persons in no lower accents; which is according to the style of the New Testament, where all the great transactions of duty and reproof are generally made upon the flock of Heaven, and Hell is plainly a reserve, and a period set to the declaration of God's wrath. For God knows that the torments of Hell are so horrid, so insupportable a calamity, that he is not easie and apt to cast those souls which he hath taken so much care, and hath been at so much expence to save, into the eternal never-dying flames of Hell, lightly, for smaller sins, or after a fairly-begun repentance, and in the midst of holy desires to finish it; But God takes such penalties and exacts such fines of us, which we may pay *salvo contentamento*, saving the main stake of all, even our precious souls. And therefore S. Augustine prayed to God in his penitential sorrows, *Here, O Lord, burn and cut my flesh, that thou mayest spare me for ever.*

over. For so said our blessed Saviour, *Every sacrifice must be seasoned with salt, and every sacrifice must be burnt with fire*: that is, we must abide in the state of Grace, and if we have committed sins, we must expect to be put into the state of affliction; and yet the sacrifice will send up a right and untroubled cloud, and a sweet smell to joyn with the incense of the Altar, where the eternal Priest offers a never-ceasing sacrifice. And now I have said a thing against which there can be no exceptions, and of which no just reason can make abatement. For when sickness, which is the condition of our nature, is called for with purposes of redemption; when we are sent to death to secure eternal life; when God strikes us that he may spare us, it shews that we have done things which he essentially hates, and therefore we must be smitten with the rod of God: but *in the midst of judgement God remembers mercy*, and makes the rod to be medicinal, and, like the rod of God in the hand of Aaron, to shoot forth buds and leaves and Almonds, hopes and mercies and eternal recompences in the day of Restitution. This is so great a good to us, if it be well conducted in all the chanel of its intention and design, that if we had put off the objections of the flesh, with abstractions, contempts and separations, so as we ought to doe, it were as earnestly to be praied for as any gay blessing that crowns our cups with joy, and our heads with garlands and forgetfulness. But this was it which I said, that this may, nay that it ought to be chosen, at least by an *after-election*: for so said S. Paul, *If we judge our selves, we shall not be condemned of the Lord*: that is, if we judge our selves worthy of the sickness, if we acknowledge and confess God's justice in smiting us, if we take the rod of God in our own hands, and are willing to imprint it in the flesh, *we are workers together with God* in the infliction; and then the sickness, beginning and being managed in the vertue of Repentance, and Patience, and Resignation, and Charity, will end in Peace, and Pardon, and Justification, and Consignation to glory. That I have spoken truth, I have

have brought God's Spirit speaking in Scripture for a witness. But if this be true, there are not many states of life that have advantages which can out-weigh this great instrument of security to our final condition: *Moses died at the mouth of the Lord*, said the story; *he died with the kisses of the Lord's mouth*, (so the *Chaldee Paraphrase* :) it was the greatest act of kindness that God did to his servant *Moses*; *he kissed him, and he died*. But I have some things to observe for the better finishing this consideration.

1. All these advantages and lessening of evils in the state of sickness are only upon the flock of Vertue and Religion. There is nothing can make sickness in any

Hæc clementia non paratur arte : Sed norunt cui servant leones.

Si latus aut renes morbo tententur acuto,

Quære fugam morbi. Vis rectè vivere? quis non?

Si virtus hoc una potest dare, fortis omittis

Hæc age deliciis

Horat. l. 1. ep. 6.

sense eligible, or in many senses tolerable, but only the grace of God: that onely turns sickness into easiness and felicity, which also turns it into vertue. For whosoever goes about to comfort a vicious person when he lies sick upon his bed, can only discourse of the necessities of nature, of the unavoidableness of the suffering, of the accidental vexations and in-

crease of torments by Impatience, of the fellowship of all the sons of *Adam*, and such other little considerations; which indeed, if sadly reflected upon, and found to stand alone, teach him nothing but the degree of his calamity, and the evil of his condition, and teach him such a Patience, and minister to him such a comfort, which can only make him to observe decent gestures in his sickness, and to converse with his friends and standers by so as may do them comfort, and ease their funeral and civil complaints; but do him no true advantage. For, all that may be spoken to a Beast when he is crowned with hair-laces, and bound with fillets to the Altar, to bleed to death to appease the anger of the Deity, and to ease the burthen of his Relatives. And indeed what comfort can he receive whose sickness, as it looks back is an effect of God's indignation and fierce vengeance, and if it goes forward and enters into the

gates

gates of the grave, is the beginning of a sorrow that shall never have an ending? But when the sickness is a messenger sent from a chastising Father; when it first turns into degrees of innocence, and then into virtues, and thence into pardon; this is no Misery, but such a method of the Divine Oeconomy and dispensation, as resolves to bring us to Heaven without any new impositions, but merely upon the stock and charges of Nature.

2. Let it be observed, that these advantages which spring from sickness are not in all instances of vertue, nor to all persons. Sickness is the proper scence for Patience and resignation, for all the passive Graces of a Christian, for Faith and Hope, and for some single acts of the Love of God. But *sickness is not a fit station for a penitent*; And it can serve the ends of the grace of Repentance but *accidentally*. Sickness may

\* begin a Repentance, if God continues life, and if we co-operate with the Divine graces; or sickness may help to alleviate the wrath of God, and to facilitate the pardon, if all the other parts of this duty be performed in our healthfull state; so that it may serve at the entrance in, or at the going out. But sickness at no hand is a good stage to represent all the substantial parts of this duty. 1. It invites to it; 2. It makes it appear necessary; 3. It takes off the fancies of vanity; 4. It attempers the spirit; 5. It cures Hypocrisie; 6. It tames the fumes of Pride; 7. It is the school of Patience; 8. And by taking us from off the brisker relishes of the world, it makes us with more gust to taste the things of the Spirit: and all this, onely when God fits the circumstances of the sickness so as to consist with acts of reason, consideration, choice, and a present and reflecting minde; which then God sends when he means that the sickness of the body should be the cure of the Soul. But let no man so rely upon it as by design, to trust the beginning, the progress, and the consummation of our piety to such an estate which for ever leaves it imperfect: and though to some persons it adds degrees, and ministers opportunities, and exercises single acts with great advantage, *in passive graces*; yet it is

never

\* Nec tamen  
putaverant  
ad rem per-  
tinere, ubi  
inciperent  
quod placu-  
erat ut fie-  
ret.

never an intire or sufficient instrument for the change of our condition from the state of death to the liberty and life of the sons of God.

Nequetam  
aversa un-  
quam vide-  
bitur ab o-  
pere suo  
providen-  
tia, ut debi-  
litas inter  
optima in-  
venta sit.

3. It were good if we would transact the affairs of our Souls with nobleness and ingenuity, and that we would by an early and forward Religion prevent the necessary arts of the Divine providence. It is true that God cures some by incision, by fire and torments; but these are ever the more obstinate and more unrelenting natures. God's providence is not so afflictive and full of trouble, as that it hath placed sickness and infirmity amongst things simply necessary; and in most persons it is but a sickly and an effeminate vertue which is imprinted upon our spirits with fears, and the sorrows of a Fever, or a peevish Consumption. It is but a miserable remedy to be beholden to a sickness for our health: and though it be better to suffer the loss of a finger than that the arm and the whole body should putrefie; yet even then also it is a trouble and an evil to lose a finger. He that mends with sickness pares the nails of the beast when they have already torn off part of the flesh: But he that would have a sickness become a clear and an entire blessing, a thing indeed to be reckoned among the good things of God, and the evil things of the world, must lead an holy life, and judge himself with an early sentence, and so order the affairs of his Soul, that in the usual method of God's saving us there may be nothing left to be done, but that such vertues should be exercised which God intends to crown: and then, as when the *Athenians*, upon a day of battel with longing and uncertain souls sitting in their Common-Hall, expecting what would be the sentence of the day, at last received a messenger who onely had breath enough left him to say, [*We are Conquerours,*] and so died; so shall the sick person, who hath sought a good fight and kept the faith, and only waits for his dissolution and his sentence, breath forth his spirit with the accents of a Conqueror; and his sickness and his death shall only make the mercy and the vertue more illustrious.

But for the sickness it self; if all the calumnies were true

true concerning it with which it is asperfed, yet it is far to be preferred before the moft pleafant fin, and before a great fecular bufinefs and a temporal care: and fome men wake as much in the foldings of the foftest beds, as others on the crofs: and fometimes the very weight of forrow and the wearinefs of a ficknefs preffes the fpirit into flumbers and the images of reft, when the intemperate or the juftifed perfon rolls upon his uneafie thorns, and fleep is departed from his eyes. Certain it is, *some ficknefs is a bleffing*. Indeed, Blindnefs were a moft accursed thing, if no man were ever blinde but he whole eyes were pulled out with tortures or burning basins: and if ficknefs were alwaies a testimony of God's anger, and a violence to a mans whole condition, then it were a huge calamity: but becaufe God fends it to his fervants, to his children, to little infants, to Apostles and Saints, with defigns of mercy, to prefferve their innocence, to overcome temptation, to try their vertue, to fit them for rewards; it is certain that ficknefs never is an evil but by our own faults; and if we will do our duty, we fhall be fure to turn it into a bleffing. If the ficknefs be great, it may end in death, and the greater it is, the fooner; and if it be very little, it hath great intervalls of reft: if it be between both, we may be Mafters of it, and by ferving the ends of Providence ferve alfo the perfeftive end of humane nature, and enter into the poffeffion of everlafting mercies.

The fumme is this; He that is afraid of pain is afraid of his own nature; and if his fear be violent, it is a fign his Patience is none at all; and an impatient perfon is not ready drefsed for Heaven. None but fuffering, humble and patient perfons can go to Heaven; and when God hath given us the whole ftage of our life to exercife all the active vertues of Religion, it is neceffary in the ftate of vertues that fome portion and period of our lives be affigned to paffive graces; for Patience, for Chriftian Fortitude, for Refignation or Conformity to the Divine will. But as the violent fear of fick-

*Detestabilis  
erit cæcitas,  
fi nemo o-  
culos perdi-  
derit nisi cui  
eruendi funt*

*Memineris ergo maximos do-  
lores morte finire, parvos ha-  
bere multa intervalla requeris  
mediocrium nos esse dominos.*  
Cicero.

ness makes us impatient, so it will make our death without comfort and without Religion : and we shall go off from our stage of actions and sufferings with an unhandsome exit, because we were willing to receive the kindness of God when he expressed it as we listed ; but we would not suffer him to be kind and gracious to us in his own method, nor were willing to exercise and improve our virtues at the charge of a sharp Fever, or a lingering Consumption. *Wo be to the man that hath lost Patience; for what will he do when the Lord shall visit him ?*

Eccius. 2. 15.

### S E C T. VII.

*The second Temptation proper to the state of Sickness, Fear of Death, with its Remedies.*

**T**HERE is nothing which can make sickness unsanctified, but the same also will give us cause to fear Death. If therefore we so order our affairs and spirits that we do not fear Death, our sickness may easily become our advantage, and we can then receive counsel, and consider, and do those acts of vertue which are in that state the proper services of God ; and such which men in bondage and fear are not capable of doing, or of advices how they should, when they come to the appointed daies of mourning. And indeed if men would but place their design of being happy in the nobleness, courage, and perfect resolutions of doing handsome things, and passing through our unavoidable necessities, in the contempt and despite of the things of this world, and in holy living, and the perfective desires of our natures, the longings and pursuances after Heaven, it is certain they could not be made miserable by chance and change, by sickness and death. But we are so softned and made effeminate with delicate thoughts, and meditations of ease, and brutish satisfactions, that if our death come before we have seized upon a great fortune, or enjoy the promises of the fortune-tellers, we esteem our selves to be robbed of our goods,



### C. 3. Remedies against Fear of Death. S. 7. 57

goods, to be mocked, and miserable. Hence it comes that men are impatient of the thoughts of death; hence come those arts of protraction and delaying the significations of old age: thinking to deceive the world men couse themselves,

Mentis juvenem, tinctis, Lentine, capillis,  
Tam subito corvus, qui modo cygnus eras.  
Non omnes fallis, scit te Proserpina canum;  
Personam capiti detrahet illa tuo.

Mart. l. 3. ep. 43.

And by representing themselves youthful, they certainly continue their vanity, till *Proserpina* pull the peruke from their heads. We cannot deceive God and Nature: for a coffin is a coffin, though it be covered with a pompous veil; and the minutes of our time strike on, and are counted by Angels, till the period comes which must cause the passing-bell to give warning to all the neighbours that thou art dead, and they must be so: and nothing can excuse or retard this. And if our Death could be put off a little longer, what advantage can it be in thy accounts of nature or felicity? They that 300 years ago died unwillingly, and stopped death two daies, or staid it a week, what is their gain? where is that week? And poor-

spirited men use arts of protraction, and make their persons pitiable, but their condition contemptible; being like the poor sinners at *Noah's* flood; the waters drove them out of their lower rooms, then they crept up to the roof, having lasted half a day longer, and then they knew not how to get down: some crept upon the top-branch of a tree, and some climbed up to a mountain, and staid it may be three daies longer: but all that while they endured a worse torment than death; they lived with amazement, and were distracted with the ruins of mankind, and the horreur of an universal deluge.

Audet iter, numeratque dies, spatioque viarum  
Metitur vitam, torquetur morte futura.  
Horat.

Τί γὰρ ἔσται δὴ τὸ ἐγὼν μὲν  
μῦθος;  
Θνήσκεις ἢ μὴ θνήσκεις ὁ ἄνθρωπος;  
Soph.

Nihil est miserius dubitatione volutantium quorsum evadant, quantum sit illud quod restat, aut quale. Seneca l. 17. ep. 102.

*Remedies against the Fear of Death, by way of Consideration.*

1. God having in this world placed us in a sea, and troubled

H

troubled the sea with a continual storm, hath appointed the Church for a ship, and Religion to be the stern, but there is no haven or port but Death. Death is the harbour whither God hath designed every one, there he may find rest from the troubles of the world. How many of the noblest Romans have taken Death for sanctuary, and have esteemed it less then shame or a mean dishonour? and *Cæsar* was cruel to *Domitius*

— Heu, quanto melius vel ex te perfecta  
Parcere Romano potuit fortuna pudori!

Lucanus.

Captain of *Corfinium*  
when he had taken the  
Town from him, that he  
refused to sign his petition

of death. Death would have hid his head with honour, but that cruel mercy reserved him to the shame of surviving his disgrace. The holy Scripture giving an account of the reasons of the Divine providence taking godly men from this world, and shutting them up in a hasty grave, saies, that they are taken from the evils to come: and concerning our selves it is certain, if we had ten years agoe taken seisure of our portion of dust. Death had not taken us from good things, but from infinite evils, such which the Sun hath seldom seen. Did not *Priamus* weep oftner then *Troilus*? and happy had he been if he had died when his sons were living, and his Kingdom safe, and houses full, and his City unburnt, It was a long life that made him miserable, and an early death only could have secured his fortune.

Hæc omnia  
vidit inflammari,  
Jovis aram sanguine tur-  
pari.

— Sic longius ævum  
Destruit ingentes animos, & vita superstes  
Imperio; nisi summa dies cum fine bonorum  
Affluit, & celeri prævertit tristitia leto,  
Dedecori est fortuna prior.

Lucan. lib. 8.

And it hath hapned many times, that persons of a fair life and a clear reputation, of a good fortune and an honourable name, have been tempted in their age

to folly and vanity, have fallen under the disgrace of dotage, or into an unfortunate marriage, or have be-  
sorted themselves with drinking, or outlived their fortunes, or become tedious to their friends, or are afflicted with lingring and vexatious diseases, or lived to see their excellent parts buried, and cannot understand the wise discourses and productions of their younger years.

years. In all these cases, and infinite more, do not all the world say that it had been better this man had died sooner? But so have I known passionate women to shriek aloud when their nearest relatives were dying, and that horrid shriek hath stayed the spirit of the man a while to wonder at the folly, and represent the inconvenience; and the dying person hath lived one day longer full of pain, amazed with an undeterminate spirit, distorted with Convulsions, and only come again to act one scene more of a new calamity, and to die with less decency. So also do very many men, with passion and a troubled interest they strive to continue their life longer; and it may be they escape this sickness, and live to fall into a disgrace; they escape the storm, and fall into the hands of pirats, and instead of dying with liberty, they live like slaves, miserable and despised, servants to a little time, and foolish admirers of the breath of their own lungs. *Paulus Æmilius* did handsomly reprove the cowardise of the King of *Macedon*, who begged of him for pitie's sake and humanity, that having conquered him and taken his kingdom from him, he would be content with that, and not lead him in triumph a prisoner to *Rome*. *Æmilius* told him, he need not be beholden to him for that; himself might prevent that in despite of him. But the timorous King durst not die. But certainly every wise man will easily believe that it had been better the *Macedonian* Kings should have died in battel, then protract their life so long, till some of them came to be Scriveners and Joyners at *Rome*: or that the Tyrant of *Sicily* better had perished in the *Adriatic*, then to be wasted to *Corimb* safely and there turn Schoolmaster. It is a sad calamity, that the fear of Death shall so imbecill mans courage and understanding, that he dares not suffer the remedy of all his calamities; but that he lives to say as *Liberius* did, *I have lived this one day longer then I should*. Either therefore let us be willing to die when God calls, or let us never more complain of the calamities of our life which we feel so sharp and numerous. And when God sends his Angel

Mors illi  
melius  
quàm tu  
consultuit  
quidem.  
—quisquàm  
ne secundis  
Tradere se  
facis audet  
nisi morte  
paratâ?  
Luc. 1 8.

Nimirum  
hâc die unâ  
plus vixi  
mihi quàm  
vivendum  
fuit.

100 C.3. Remedies against Fear of Death. S.7.

to us with a scroll of death, let us look on it as an act of mercy, to prevent many sins and many calamities of a longer life, and lay our heads down softly, and go to sleep without wrangling like babies and froward children. For a man (at least) gets this by death, that his calamities are not immortal.

Hoc homo  
morte lucra-  
tur, ne ma-  
lum esset  
immortale.  
Naz.

But I do not only consider Death by the advantages of comparison; but if we look on it in it self, it is no such formidable thing, if we view it on both sides and handle it, and consider all its appendages.

2. It is necessary, and therefore not intolerable: and

Nihil in malis ducamus, quod sit  
à Diis immortalibus vel à Natu-  
ra parente omnium constitutum.

nothing is to be esteemed evil which God and Nature have fixed with eternal sanctions. It is a law of God, it is a punishment of our sins, and it

is the constitution of our nature. Two differing substances were joyned together with the breath of God,

Concretum fuit, discretum est,  
rediitque unde venerat, terra de-  
orsum, spiritus sursum. Quid ex  
his omnibus iniquum est? nihil.

Epichar.

and when that breath is taken away they part asunder, and return to their several principles; the Soul to God our Father, the body to the earth our mother: and what in all this is evil?

Surely nothing, but that we are men; nothing, but that we were not born immortal: but by declining this change with great passion, or receiving it with a huge natural fear, we accuse the Divine Providence of Tyranny, and exclaim against our natural constitution, and are discontent that we are men.

3. It is a thing that is no great matter in it self; if we consider that we die daily, that it meets us in every accident, that every creature carries a dart along with it and can kill us. And therefore when *Lyfimachus* threatned *Theodorus* to kill him, he told him that was no great matter to do, and he could do no more then the *Cantharides* could; a little flie could do as much.

Natura dedit usuram vitæ tan-  
quam pecuniæ; quid est ergo quod  
querare si repetat citra vult? eadem  
nim lege acceperas. Seneca.

4. It is a thing that every one suffers, even persons of the lowest resolution, of the meanest vertue, of no breeding, of no discourse. Take a-  
way

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way but the pomps of death, the disguises and solemn bug-bears, the tinsel, and the actings by candle-light, and proper and phantastic ceremonies, the minstrels and the noise-makers, the women and the weepers, the swoonings and the shriekings, the Nurses and the Physicians, the dark room and the Ministers, the kindred and the watchers; and then to die is easie, ready and quitted from its troublesome circumstances. It is the same harmless thing that a poor shepherd suffered yesterday, or a maid-servant to day; and at the same time in which you die, in that very night a thousand creatures die with you, some wise men, and many fools; and the wisdom of the first will not quit him, and the folly of the latter does not make him unable to die.

Vitæ est avidus quisquis non vult  
mundo secum se reunte mori.  
Seneca.

5. Of all the evils of the world which are reproched with an evil character, Death is the most innocent of its accusation. For when it is present, it hurts no body; and when it is absent, 'tis indeed troublesome, but the trouble is owing to our fears, not to the affrighting & mistaken object: and besides this, if it were an evil, it is so transient, that it passes like the instant or undiscerned portion of the present time; and *either it is past, or it is not yet*; for just when it is, no man hath reason to complain of so insensible, so sudden, so undiscerned a change.

Τὴν γὰρ θανάτου οὐκ ὁρῶν ἄνθρωπος.  
μῆτις.

Par est moriri: neque est melius  
morte in malis rebus miseris.  
Plaut. Rud.

Aur fuit, aut veniet; nihil est  
præsentis in illa:  
Morsque minus pœnæ quàm mora-mortis habet.

6. It is so harmless a thing, that no good man was ever thought the more miserable for dying, but much the happier. When men saw the graves of *Calatinus*, of the *Servilli*, the *Scipio's*, the *Metelli*, did ever any man among the wisest *Romans* think them unhappy? and when *S. Paul* fell under the sword of *Nero*, and *S. Peter* died upon the cross, and *S. Stephen* from an heap of stones was carried into an easier grave, they

that made great lamentation over them wept for their own interest, and after the manner of men; but the Martyrs were accounted happy, and their daies kept solemnly, and their memories preserved in never-dying honours. When S. Hilary Bishop of Poitiers in France went into the East to reprove the Arian Heresie, he heard that a young noble Gentleman treated with his daughter *Abra* for marriage. The Bishop wrote to his daughter that she should not ingage her promise, nor do countenance to that request, because he had provided for her a husband fair, rich, wise and noble, far beyond her present offer. The event of which was this: She obeyed; and when her Father returned from his Eastern triumph to his Western charge, he prayed to God that his daughter might die quickly: & God heard his prayers, and Christ took her into his bosome, entertaining her with antepasts and caresses of holy love, till the day of the marriage-supper of the Lamb shall come. But when the Bishop's Wife observed this event, and understood of the good man her Husband what was done, and why, she never let him alone till he obtained the same favour for her; and she also at the prayers of S. Hilary went into a more early grave and a bed of joyes.

7. It is a sottish and an unlearned thing to reckon the time of our life, as it is short or long, to be good or evil fortune; Life in it self being neither good nor bad but just as we make it, and therefore so is Death.

8. But when we consider, Death is not only better then a miserable Life, not only an easie and innocent thing in it self, but also that it is a state of advantage, we shall have reason not to double the sharpnesses of our sickness by our Fear of Death. Certain it is, Death hath some good upon its proper stock; praise, and a

Virtutem incolumem odimus,  
Sublatam ex oculis quærimus invicti.

Horat.

Et laudas nullos nisi mortuos poetas. Mart.

fair memory, a reverence and Religion toward them so great, that it is counted dishonest to speak evil of the dead; then they rest in

peace, and are quiet from their labours, and are designed

to

to immortality. Cleobis and Biton, *Zeuxippus* and *Myrmecides* had an early death sent them as a reward; to the former for their piety to their Mother, to the latter for building of a Temple. To this all those arguments will minister which relate the advantages of the state of Separation and Resurrection.

## SECT. VIII.

### *Remedies against Fear of Death, by way of Exercise,*

1. **H**E that would willingly be fearless of Death must learn to despise the world; he must neither love any thing passionately, nor be proud of any circumstance of his life. O death, how bitter is the remembrance of thee to a man that liveth at rest in his possessions, to a man that hath nothing to vex him, and that hath prosperity in all things, yea unto him that is yet able to receive meat! said the \* son of Sirach. But the parts of this exercise help each other. If a man be not incorporated in all his Passions to the things of this world, he will less fear to be divorced from them by a supervening death; and yet because he must part with them all in death, it is but reasonable he should not be passionate for so fugitive and transient interest. But if any man thinks well of himself for being a

\* handsome person, or if he be stronger and wiser than his neighbours, he must remember that what he boasts of will decline into weakness and dishonour; but that very boasting and complacency will make Death keener and more unwelcome, because it comes to take him from his confidences and pleasures, making his Beauty equal to those Ladies that have slept some years in Charnel-houses, and their Strength not so stubborn as the breath of an infant, and their Wisdom such which can be looked for in the land where all things are forgotten.

Εἰ δὲ τις ἐλθὼν ἵκουσιν Μορτὴν παρὰ τὴν ἑαυτοῦ ὥσπερ  
 ἔσθ' αἰσθητὴν αἰετ — σὺ δὲ μὴ φοβῆσαι τὴν θάλασσαν.  
 Οὐκ αὖτε μὴ φοβῆσαι τὴν ἐπὶ τῆς γῆς θάλασσαν.  
 Καὶ τὴν αἰσθητὴν αἰετὴν γὰρ ἐπὶ τῆς γῆς αἰετὴν αἰετ.  
 Pindar.  
 Dichomo, vas cinerum, quid confert flos facierum?  
 Copia quid rerum? mors ultima meta dierum.

2. He that would not Fear Death must strengthen his spirits with the proper instruments of Christian fortitude. All men are resolved upon this, that to bear grief honestly and temperately, and to die willingly and nobly, is the duty of a good and a valiant man:

Amittenda fortitudo est, aut sepeliendus dolor and they that are not so are  
Cicero. (tem, vicious, and fools, and cow-  
Fortem posse animum mortis terrore caren- ards. All men praise the  
Qui spatium vitæ extremum inter munera valiant and honest; and  
ponat.

that which the very heathen admired in their noblest examples is especially *Patience* and *Contempt of death*. *Zeno Eleates* endured torments rather than discover his friends, or betray them to the danger of the Tyrant: and *Calanus* the barbarous and unlearned *Indian* willingly suffered himself to be burnt alive: and all the women did so, to do honour to their Husbands Funeral, and to represent and prove their affections great to their Lords. The Religion of a Christian does more command fortitude then ever did any Institution; for we are commanded to be willing to die for Christ, to die for the brethren, to die rather then to give offence or scandal: the effect of which is this, That he that is instructed to doe the necessary parts of his duty, is by the same instrument fortified against Death; As he that does his duty need not fear Death, so neither shall he; the parts of his duty are parts of his security. It is certainly a great baseness and pusillanimity of spirit that makes Death terrible, and extremely to be avoided.

3. *Christian Prudence* is a great security against the Fear of Death. For if we be afraid of Death, it is but reasonable to use all spiritual arts to take off the apprehension of the evil: but therefore we ought to remove our fear, because fear gives to Death wings, and spurrs, and darts. Death hastens to a fearful man: if therefore you would make Death harmless and slow, to throw off Fear is the way to do it; and Prayer is the way to do that. If therefore you be afraid of Death, consider you will have less need to fear it, by how much the less you do fear it: and so cure your direct fear by



by a reflex act of Prudence and consideration. *Fannius* had not died so soon, if he had not feared death: and when *Cicinius Carbo* begged the respite of a little time for a base employment of the Souldiers of *Pompey*, he got nothing, but that the baseness of his fear dishonoured the dignity of his third Consulship; and he chose to die in a place where none but his meanest servants should have seen him. I remember a story of the wrassler *Polydamas*, that running into a cave to avoid the storm, the water at last swelled so high, that it began to press that hollowiness to a ruine: which when his fellows espied, they chose to enter into the common fate of all men, and went abroad: but *Polydamas* thought by his strength to support the earth, till its intolerable weight crushed him into flatness and a grave. Many men run for a shelter to a place, and they only find a remedy for their fears by feeling the worst of evils: Fear it self finds no sanctuary but the worst of sufferance: and they that flie from a battel are exposed to the mercy and fury of the pursuers, who, if they faced about, were as well disposed to give laws of life and death as to take them, and at worst can but die nobly; but now even at the very best they live shamefully, or die timorously. Courage is the greatest security; for it does most commonly safeguard the man, but alwaies rescues the condition from an intolerable evil.

4. If thou wilt be fearless of death, endeavour to be in love with the felicities of Saints and Angels, and be once perswaded to believe that there is a condition of living better then this; that there are creatures more noble then we; that above there is a countrey better then ours; that the inhabitants know more and know better, and are in places of rest and desire: and first learn to value it, and then learn to purchase it, and Death cannot be a formidable thing, which lets us into so much joy and so much felicity. And indeed who would not think his condition mended, if he passed from conversing with dull mortals, with ignorant and foolish persons, with Tyrants and enemies of learning,

Hostem  
cum fuger,  
se Fan-  
nius ipse pe-  
remit.

Mart.

to converse with *Homer* and *Plato*, with *Socrates* and *Cicero*, with *Plutarch* and *Fabritius*? So the heathens speculated, but we consider higher. The dead that die in the Lord shall converse with *S. Paul*, and all the College of the Apostles, and all the Saints and Martyrs, with all the good men whose memory we preserve in honour, with excellent Kings and holy Bishops, and with the great Shepherd and Bishop of our souls *Jesus Christ*, and with God himself. For *Christ* died for us, that whether we wake or sleep, we might live together with him. Then we shall be free from lust and envy, from fear and rage, from covetousness and sorrow, from tears and cowardise: and these indeed properly are the only evils that are contrary to felicity and wisdom. Then we shall

Beati erimus cum, corporibus relictis, & cupiditatum & amulati-  
onum erimus expertes, quodque  
nunc facimus, cum laxati curis  
sumus, ut spectare aliquid velimus  
& visere. Tusc. Q.

see strange things, & know new propositions, and all things in another manner, and to higher purposes. *Cleombrotus* was so taken with this speculation, that having learned from

*Plato's Phædon* the Soul's abode, he had not patience to stay nature's dull leisure, but leapt from a wall to his portion of immortality. And when *Pomponius Atticus* resolved to die by famine, to ease the great pains of his Gout, in the abstinence of two daies he found his foot at ease: but when he began to feel the pleasures of an approaching death, and the delicacies of that ease he was to inherit below, he would not withdraw his foot, but went on and finished his death: And so did *Cleantes*. And every wise man will despise the little evils of that state which indeed is the daughter of Fear, but the mother of Rest, and Peace, and Felicity.

5. If God should say to us, Cast thy self into the Sea, (as *Christ* did to *S. Peter*, or as God concerning *Jonas*) I have provided for thee a Dolphin, or a Whale, or a Port, a safety or a deliverance, security or a reward, were we not incredulous and pusillanimous persons if we should tremble to put such a felicity into act, and our selves into possession? The very duty

duty, of resignation and the love of our own interest are good antidotes against Fear. In forty or fifty years we find evils enough, and arguments enough to make us weary of this life: And to a good man there are very many more reasons to be afraid of Life than Death, this having in it less of evil and more of advantage. And it was a rare wish of that *Roman*, that Death might come only to wise and excellent persons, and not to fools and cowards; that it might not be a sanctuary for the timorous, but the reward of the virtuous: and indeed they only can make advantage of it.

Mors, utinam pavidos vitâ subducere nollens,  
Sed virtus te sola daret—— Lucan.

6. Make no excuses to make thy desires of life seem reasonable; neither cover thy Fear with pretences, but suppress it rather with arts of severity and ingenuity. Some are not willing to submit to God's sentence and arrest of death, till they have finished such a Design, or made an end of the last paragraph of their Book, or raised such Portions for their children, or preached so many Sermons, or built their House, or planted their Orchard, or ordered their Estate with such advantages. It is well for the modesty of these men that the excuse is ready; but if it were not, it is certain they would search one out: for an idle man is never ready to die, and is glad of any excuse; and a busied man hath alwaies something unfinished, and he is ready for every thing but death. And I remember that *Petroneus* brings in *Eumolpus* composing Verses in a desperate storm; and being called upon to shift for himself when the ship dashed upon the rock, crying out to let him alone till he had trimmed and finished his Verse, which was lame in the hinder leg: the man either had too strong a desire to end his Verse, or too great a desire not to end his life. But we must know God's times are not to be measured by our circumstances; and what I value, God regards not: or if it be valuable in the accounts of men, yet God will supply it with other contingencies of his Providence: And if *Epaphroditus* had died when he had his great sickness *S. Paul* speaks

Maneant  
opera inter-  
rupta, mi-  
naq; Muro-  
rum inge-  
ntes.

speaks of, God would have secured the work of the Gospel without him; and he could have spared *Ephraim* as well as *S. Stephen*, and *S. Peter* as well as *S. James*. Say no more, but, when God calls, lay aside thy papers, and first dress thy Soul, and then dress thy hearle.

Blindness is odious, and Widowhood is sad, and Destitution is without comfort, and Persecution is full of trouble, and Famine is intolerable, and Tears are the sad ease of a sadder heart: but these are evils of our Life, not of our Death. For the dead that die in the Lord are so far from wanting the commodities of this life, that they do not want Life it self.

After all this, I do not say it is a sin to be afraid of Death: we find the boldest spirit that discourses of it with confidence, and dares undertake a danger as big as Death, yet doth shrink at the horror of it, when it comes dressed in its proper circumstances. And *Bru-tus*, who was as bold a *Roman* to undertake a noble action as any was since they first reckoned by *Consuls*, yet when *Furius* came to cut his throat after his defeat by *Antony*, he ran from it like a girl, and being admonished to die constantly, he swore by his life, that he would shortly endure Death. But what do I speak of such imperfect persons? Our blessed Lord was pleased to legitimate Fear to us by his Agony and Prayers in the garden. It is not a sin to be afraid, but it is a great felicity to be without Fear; which felicity our dearest Saviour refused to have, because it was agreeable to his purposes to suffer any thing that was contrary to felicity, every thing but Sin. But when men will by all means avoid death, they are like those who at any hand resolve to be rich: The case may happen in which they will blaspheme, and dishonour providence, or do a base action, or curse God and die: but in all cases they die miserable and insnared, and in no case do they die the less for it. Nature hath left us the key of the Churchyard, and custome hath brought Cœmeteries and Charnel-houses into Cities and Churches, places most frequented,

and so it is  
that the  
of the  
of the

quented, that we might not carry *quam pessunt lacrymæ fovere*  
 our selves strangely in so certain, so *sortem: Dura negant cedere mol-*  
 expected, so ordinary, so unavoid- *libus.*

able an accident. All reluctancy or unwillingness to *Siccas si vi-*  
 obey the Divine decree is but a snare to our selves, *deat genas,*  
 and a load to our spirits, and is either an intire cause, *Dura cedet*  
 or a great aggravation, of the calamity. Who did *hebes fors*  
 not scorn to look upon *Xerxes* when he caused 300 *patientia.*  
 stripes to be given to the Sea, and sent a chartel of de-  
 fiance against the mountain *Atbos*? Who did not scorn  
 the proud vanity of *Cyrus*, when he took so goodly a  
 revenge upon the river *Cyndus* for his hard passage  
 over it? or did not deride or pity the *Ibracians*, for  
 shooting arrows against  
 heaven when it thunders? *Nemo est Tali parvulorum adestior.*

To be angry with God, to *Iliad 6:*  
 quarrel with the Divine providence, by repining against  
 an unalterable, a natural, an easie sentence, is an argu-  
 ment of a huge folly, and the parent of a great trouble;  
 a man is base and foolish to no pur-  
 pose, he throws away a vice to his *Et cum nihil imminuat dolores,*  
 own misery, and to no advantages of *cur frustra turpes esse volumus?*  
 ease and pleasure. *Seneca.*  
*Fear keeps men in bondage all their*  
*life, saith S. Paul; and Patience makes him his own*  
*man, and lord of his own interest and person. There-*  
*fore possess your selves in patience, with Reason and Re-*  
*ligion, and you shall die with ease.*

If all the parts of this discourse be true, if they be  
 better then dreams, and unless *virtue be nothing but*  
*words, as a grove is a heap of trees;* if they be not *Virtutem*  
 the Phantasms of hypochondriacal persons, and designs *verba pa-*  
 upon the interest of men and their perswasions to evil *tas, ut lu-*  
 purposes; then there is no reason but that we should *cum ligna.*  
 really desire death, and account it among the good  
 things of God, and the sour and laborious felicities of  
 man. *S. Paul* understood it well, when he *desired to*  
*be dissolved:* he well enough knew his own advan-  
 tages, and pursued them accordingly. But it is certain  
 that he that is afraid of Death, I mean, with a vi-  
 olent and transporting Fear, with a Fear apt to dis-  
 compose

compose his duty or his patience, that man either loves this world too much, or dares not trust God for the next.

## S E C T. IX.

*General Rules and Exercises whereby our Sickness may become safe and sanctified.*

1. **T**ake care that the Cause of thy Sickness be such as may not sour it in the principal and original causes of it. It is a sad calamity to pass into the house of mourning through the gates of Intemperance, by a drunken meeting, or the surfeits of a loathed and luxurious Table; for then a man suffers the pain of his own folly, and he is like a fool smarting under the whip which his own viciousness twisted for his back; then a man payes the price of his sin, and hath a pure and an unmingled sorrow in his suffering; and it cannot be alleviated by any circumstances, for the whole affair is a mere process of death and sorrow. Sin is in the head, sickness is in the body, and death and an eternity of pains in the tail; and nothing can make this condition tolerable, unless the miracles of the Divine mercy will be pleased to exchange the eternal anger for the temporal. True it is, that in all sufferings the Cause of it makes it noble or ignoble, honour or shame, tolerable or intolerable. For when patience is assaulted by a ruder violence, by a blow from heaven or earth, from a gracious God or an unjust man, patience looks forth to the doors which way she may escape? and if Innocence or a cause of Religion keep the first entrance, then, whether she escapes at the gates of Life or Death, there is a good to be received, greater then the evils of a sickness: but if Sin thrust in that sickness, and that hell stands at the door, then patience turns into fury, and seeing it impossible to go forth with safety, rolls up and down with a circular and infinite revolution, makes its motion not from, but upon its own centre; it doubles the pain, and increases the sorrow,

*Solacium est pro honesto dura tolerare, & ad causam patientia respicit.*

1 Pet. 2. 19.  
Heb. 11. 36.  
Matt. 5. 11.

*Magis his quae patitur vexat causa patiendi.*

now, till by its weight it breaks the spirit, and bursts in-  
to the agonies of infinite and eternal ages. If we had  
seen *S. Pulcarp* Burning to death, or *S. Laurence* Ro-  
sted upon his Grid-iron, or *S. Ignatius* exposed to Li-  
ons, or *S. Sebastian* pierced with Arrows, or *S. Atta-  
lus* carried about the Theatre with scorn unto his death  
for the cause of *Jesus*, for Religion, for God and a  
holy Conscience; we should have been in love with  
Flames, and have thought the Grid-iron fairer then the  
*sponda*, the ribs of a marital bed, and we should have  
chosen to converse with those Beasts, rather then those  
men that brought those beasts forth, and estimated the  
Arrows to be the rayes of light brighter then the Moon,  
and that Disgrace and mistaken Pageantry were a so-  
lemnity richer and more magnificent then *Mordecai's*  
procession upon the King's horse, and in the robes of  
majesty: for so did these Holy men account them;  
they kissed their stakes, and hugged their deaths, and  
ran violently to torments, and counted whippings and  
secular disgraces to be the enamel of their persons, and  
the ointment of their heads, and the embalming their  
names, and securing them for immortality. But to see  
*Sejanus* torn in pieces by the people, or *Nero* crying  
or creeping timorously to his death, when he was con-  
demned to die *more majorum*; to see *Judas* pale and  
trembling, full of anguish, sorrow and despair; to ob-  
serve the groanings and intolerable agonies of *Herod*  
and *Antiochus*, will tell and demonstrate the causes of  
patience and impatience to proceed from the causes of  
the suffering: and it is Sin only that makes the cup bit-  
ter and deadly. When men by vomiting measure up  
the drink they took in, and sick and sad do again taste  
their meat turned into choler by in-  
temperance, the sins & its punishment  
are mingled so, that shame covers the  
face, and sorrow puts a veil of dark-  
ness upon the heart: and we scarce pity a vile person  
that is haled to execution for Murther or for Treason,  
but we say he deserves it, and that every man is concer-  
ned in it that he should die. If lust brought the sickness

Hi quicquid biberint vomitu  
remettuntur tristes, & bilem  
suam regurgitantes.

Seneca.

or

or the shame, if we truly suffer the rewards of our evil deeds, we must thank our selves; that is, we are fallen into an evil condition, and are the sacrifice of the Divine justice. But if we live holy lives, and if we enter well in, we are sure to pass on safe, and to go forth with advantage, *if we list our selves.*

2. To this relates, that *we should not counterfeit Sickness*: for he that is to be careful of his passage into a sickness, will think himself concerned that he fall not into it through a trap-door: for so it hath sometimes happened, that such counterfeiting to light and evil purposes hath ended in a real sufferance. *Appian* tells of a *Roman Gentleman*, who to escape the proscription of the *Triumvirate* fled, and to secure his privacy counterfeited himself blind on one eye, and wore a plaister upon it, till beginning to be free from the malice of the three prevailing Princes, he opened his hood, but could not open his eye, but for ever lost the use of it, and with his eye paid for his liberty and hypocrisy. And *Calius* counterfeited the Gout, and all its circumstances and pains, its dressings and arts of remedy, and complaint, till at last the Gout really entered and spoiled the pageantry. His arts of dissimulation were so witty, that they put life and motion into the very image of the disease; he made the very picture to sigh and grone.

It is easie to tell upon the interest of what vertue such counterfeiting is to be reproved. But it will be harder to snatch the politics of the world from following that which they call a canonized and authentic Precedent: and *David's* counterfeiting himself made before the *King of Gath*, to save his life and liberty, will be sufficient to entice men to serve an end upon the stock and charges of so small an irregularity, not in the matter of manners, but in the rules and decencies of natural or civil deportment, I cannot certainly tell what degrees of excuse *David's* action might put on. This only; besides his present necessity, the Laws whose coercive or directive power *David* lived under had less of severity, and more of liberty, and towards enemies had

Tantum cura  
potest &  
ars doloris:  
Defuit fingere  
Coelius  
podagram.  
Mart. l. 7.  
ep. 38.



had so little of restraint and so great a power, that what amongst them was a direct sin, if used to their brethren the sons of Jacob, was lawfull and permitted to be acted against enemies. To which also I adde this general caution, that the actions of holy persons in Scripture are not alwaies good precedents to us Christians, who are to walk by a rule and a greater strictness, with more simplicity and heartiness of pursuit. And amongst them, sanctity and holy living did in very many of its instances increase in new particulars of duty; and the Prophets reprov'd many things which the Law forbade not; and taught many duties which Moses prescribed not; and as the time of Christ's approach came, so the Sermons and Revelations too were more Evangelical, and like the patterns which were fully to be exhibited by the Son of God. Amongst which it is certain that *Christian simplicity* and *godly sincerity* is to be accounted: \* and counterfeiting of sickness is a huge enemy to this; \* it is an upbraiding the Divine Providence, \* a jesting with fire, \* a playing with a thunder-bolt, \* a making the decrees of God to serve the vicious or secular ends of men; \* it is a tempting of a judgment, \* a false accusation of God, \* a foretelling and antedating his anger; \* it is a coufening of men by making God a party in the fraud: and therefore if the coufeng returns upon the mans own head, he enters like a fox into his sickness, and perceives himself caught in a trap, or earthed in the intolerable dangers of the grave.

3. Although we must be infinitely careful to prevent it, that sin does not thrust us into a sickness; yet when we are in the house of sorrow, we should do well to take Physic against sin, and suppose that it is the cause of the evil; if not by way of natural causality and proper effect, yet by a moral influence, and by a just demerit. We can easily see when a man hath got a surfeit; Intemperance is as plain as the handwriting upon the wall, and easier to be read: but Covetousness may cause a Fever as well as Drunkenness, and Pride can produce a Falling-sickness as well as long washings

washings and dilutions of the Brain, and in temperate Lust: and we find it recorded in Scripture, that the contemptuous and unprepared manner of receiving of the Holy Sacraments caused sickness and death: and *Sacrilege* and *Communion-breach* in *Ananias* and *Sapphira* made them to descend quick into their graves. Therefore when sickness is upon us, let us call about, and, if we can, let us find out the cause of God's displeasure, that it being removed, we may return into the health and securities of God's loving kindness. Thus in the three years famine *David* enquired of the Lord what was the matter: and God answered, *It is for Saul and his bloody house*: and then *David* expiated the guilt, and the people were full again of food and blessing. And when *Israel* was smitten by the *Amorites*, *Joshua* call about, and found out the Accursed thing, and cast it out: and the people after that fought prosperously. And what God in that case said to *Joshua*, he will also

Joſh. 7. 12. verifie to us; *I will not be with you any more, unless you destroy the accursed thing from among you.* But in pursuance of this we are to observe, that although in case of loud and clamorous sins the discovery is easie, and the remedy not difficult; yet because Christianity is a nice thing, and Religion is as pure as the Sun, and the Soul of man is apt to be troubled from more principles than the intricate and curiously-composed body in its innumerable parts, it will often happen that if we go to enquire into the particular, we shall never find it out; and we may suspect Drunkenness, when it may be also a morose delectation in Unclean thoughts, or Covetousness, or Oppression, or a crafty Invasion of my neighbour's rights, or my want of Charity, or my Judging unjustly in my own cause, or my Censuring my neighbours, or a secret Pride, or a base Hypocrisis, or the Pursuance of little ends with violence and Passion, that may have procured the present messenger of death. Therefore ask no more after any one, but heartily endeavour to reform all: *sin no more, lest a worse thing happen*: for a single search or accusation may be the design of an imperfect Repentance; but

\* *ca. 1. 1. 1.*  
*med. 1. 1. 1.*  
*1. 1. 1. 1.*  
*1. 1. 1. 1.*  
 1. 1. 1. 1.

no man does heartily return to God but he that does not against every irregularity; and then onely we can be restored to health or life, when we have taken away the causes of sickness and a cursed death.

4. He that means to have his Sickness turn into safety and life, into health and virtue, must make Religion the employment of his sickness, and Prayer the employment of his Religion. For there are certain compendiums or abbreviatures and shortnings of Religion, fitted to several states. They that first gave up their names to Christ, and that turned from Paganism to Christianity, had an abbreviature fitted for them; they were to renounce their false worshippings, and give up their belief, and vow their obedience unto Christ; and in the very profession of this they were forgiven in Baptism. For God hastens to snatch them from the power of the Devil, and therefore shortens the passage, and secures the estate. In the case of Poverty, God hath reduced this duty of man to an abbreviature of those few graces which they can exercise; such as are Patience, Contentedness, Truth, and Diligence; and the rest he accepts in good will, and the charities of the Soul, in Prayers, and the actions of a cheap Religion. And to most men Charity is also an abbreviature. And as the love of God shortens the way to the purchase of all virtues; so the expression of this to the poor goes a huge way in the requisites and towards the consummation of an excellent Religion. And Martyrdom is another abbreviature: and so is every act of an excellent and heroical Vertue. But when we are fallen into the state of sickness, and that our understanding is weak and troubled, our bodies sick and useless, our Passions turned into Fear, and the whole state into suffering, God in compliance with mans infirmity hath also turned our Religion into such a duty which a sick man can do most passionately, and a sad man and a timorous can perform effectually, and a dying man can do to many purposes of pardon and mercy; and that is, *Prayer*. For although a sick man is bound to do many acts of vertue of several kinds, yet the most of

them are to be done *in the way of Prayer*. Prayer is not only the Religion that is proper to a sick mans condition, but it is the manner of doing other graces which is then left, and in his power. For thus the sick man is to do his repentance and his mortifications, his temperance and his chastity, by a fiction of imagination bringing the offers of the vertue to the spirit, and making an action of election: and so our Prayers are a direct act of Chastity, when they are made in the matter of that Grace; just as repentance for our Cruelty is an act of the grace of Mercy; and repentance for Uncleanhness is an act of Chastity, is a means of its purchase, an act in order to the habit. And though such acts of Vertue which are only *in the way of Prayer* are ineffective to the intire purchase, and of themselves cannot change the vice into vertue; yet they are good renewings of the grace, and proper exercise of a habit already gotten.

The purpose of this discourse is, to represent the excellency of Prayer, and its proper advantages which it hath in the time of sickness. For besides that it moves God to pity, piercing the clouds, and making the heavens like a pricked eye to weep over us; and refresh us with showers of pity; it also doth the work of the Soul, and expresses the vertue of his whole life *in of-figie*, in pictures and lively representments, so preparing it for a never-ceasing crown, by renewing the actions in the continuation of a never-ceasing, a never-hindered affection. Prayer speaks to God, when the tongue is stiffened with the approachings of death: Prayer can dwell in the heart, and be signified by the hand or eye, by a thought or a grone: Prayer of all the actions of Religion is the last alive, and it serves God without circumstances, and exercises material graces by abstraction from matter, and separation, and makes them to be spiritual; and therefore best dresses our bodies for funeral or recovery, for the mercies of restitution or the mercies of the grave.

5. In every sickness, whether it will or will not be so in nature and in the event, yet in thy spirit and preparations

parations resolve upon it, and treat thy self accordingly as if it were *a sickness unto death*. For many men support their unequal courages by flattery and false hopes, and because sicker men have recovered, believe that they shall do so; but therefore they neglect to adorn their Souls, or set their house in order: besides the temporal inconveniences that often happen by such persuasions, and putting off the evil day, such as are, *dying intestate, leaving estates intangled, and some Relatives unprovided for*; they suffer infinitely in the interest and affairs of their Soul, they die carelessly and surprised, their burthens on, and their scruples unremoved, and their cases of conscience not determined, and, like a sheep, without any care taken concerning their precious Souls. Some men will never believe that a villain will betray them, though they receive often advices from suspicious persons and likely accidents, till they are entred into the snare; and then they believe it when they feel it, and when they cannot return: but so the treason entred, and the man was betrayed by his own folly, placing the snare in the regions and advantages of opportunity. This evil looks like *boldness* and *a confident spirit*, but it is the greatest timoroulness and cowardise in the world. They are so fearful to die, that they dare not look upon it as possible; and think that the making of a Will is a mortal sign, and sending for a Spiritual man an irrecoverable disease; and they are so afraid lest they should think and believe *now they must die*, that they will not take care that it may not be evil *in case they should*. So did the Eastern slaves drink wine, and wrapt their heads in a veil, that they might die without sense or sorrow, and wink hard that they might sleep the easier. In pursuance of this rule let a man consider, that whatsoever must be done in sickness ought to be done in health: only let him observe that his sickness as a good monitor chastises his neglect of duty, and forces him to live as he alwaies should; and then all *these solemnities and dressings for death* are nothing else but the part of a *religious life*, which he ought to have exercised all his

daies; and if those circumstances can affright him, let him please his fancy by this truth, that then he does but begin to live. But it will be a huge folly if he shall think that confession of his sins will kill him, or receiving the holy Sacrament will hasten his agony, or the Priest shall undo all the hopeful language and promises of his Physician. *Assure thy self, thou canst not die the sooner; but by such addressees thou mayest die much the better.*

6. *Let the sick person be infinitely careful that he do not fall into a state of death upon a new account: that is, at no hand commit a deliberate sin, or retain any affection to the old; for in both cases he falls into the evils of a surprize, and the horrors of a sudden death; For a sudden death is but a sudden joy, if it takes a man in the state and exercises of vertue: and it is only then an evil when it finds a man unready. They were sad departures when Tigellinus, Cornelius Gallus the Pretor, Lewis the son of Gonzaga Duke of Mantua, Ladislaus King of Naples, Spessippus, Giachetius of Geneva, and one of the Popes, died in the forbidden embraces of abused women; or if Job had cursed God and so died; or when a man sits down in despair, and in the accusation and calumny of the Divine mercy: they make their night sad, and stormy, and eternal. When Herod began to sink with the shameful torment of his bowels, and felt the grave open under him, he imprisoned the Nobles of his Kingdom, and commanded his Sister that they should be a sacrifice to his departing ghost. This was an egress fit only for such persons who meant to dwell with Devils to eternal ages; and that man is hugely in love with sin, who cannot forbear in the Week of the Assizes, and when himself stood at the bar of scrutiny, and prepared for his final, never-to-be-reversed sentence. He dies suddenly to the worse sense and event of sudden death, who so manages his sickness, that even that state shall not be innocent, but that he is surprized in the guilt of a new account. It is a sign of a reprobate spirit, and an habitual, prevailing, ruling sin, which exacts obedience when*

when the judgement looks him in the face. At least go to God with the innocence and fair deportment of thy person in the last scene of thy life, that when thy Soul breaks into the state of separation, it may carry the relishes of Religion and sobriety to the places of its abode and sentence \*.

7. When these things are taken care for, let the sick man so order his affairs that he have but very little conversation with the world, but wholly (as he can) attend to Religion, and antedate his conversation in Heaven, alwaies having intercourse with God and still conversing with the Holy Jesus, kissing his wounds, admiring his goodness, begging his mercy, feeding on him with Faith, and drinking his blood: to which purpose it were very fit (if all circumstances be answerable) that the narrative of the Passion of Christ be read or discoursed to him at length, or in brief according to the style of the four Gospels. But in all things let *his care and society* be as little secular as is possible.

\* *Uphold him best  
Inwardly and out  
How hard it were to sit  
From bed unto the pit,  
From pit unto pain  
That nere shall cease again,  
He would not do one sin  
All the world to win.*

Inscript. marmori in Eccles. paroch.  
de Feverham in agro Cantiano.

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## CHAP. IV.

Of the practice of the Graces proper to the state of Sicknes, which a sick man may practice alone.

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### SECT. I.

*Of the Practice of Patience.*

**N**OW we suppose the man entring upon his Scene of sorrows and *passive Graces*. It may be he went yesterday to a Wedding, merry and brisk, & there he felt his sentence, that he must return home and die, (For men very commonly enter into the snare *singing*, and consider not whether their fate leads them) nor feared that then the Angel was to strike his stroke, till his knees kissed the earth and his head trembled with the weight of the rod which God put into the hand of an exterminating Angel. But whatsoever the ingress was, when the man feels his blood boil, or his bones weary, or his flesh diseased with a load of a dispersed and disordered humour, or his head to ake, or his faculties discomposed, then he must consider that all those discourses he hath heard concerning patience and resignation, and conformity to Christ's sufferings, and the melancholick lectures of the Cross, must all of them now be reduced to practice, and pass from an ineffective contemplation to such an exercise as will really try whether we were true disciples of the Cross, or only believed the doctrines of Religion when we were at ease, and that they never passed through the ear to the heart, and dwelt not in our spirits. But every man should consider God does nothing  
in



in vain, that he would not to no purpose send us Preachers, and give us rules, and furnish us with discourse, and lend us books, and provide Sermons, and make examples, and promise his Spirit, and describe the blessedness of holy sufferings, and prepare us with daily alarms, if he did not really purpose to order our affairs so that we should need all this, and use it all. There were no such thing as the grace of Patience, if we were not to feel a sickness, or enter into a state of sufferings: whither when we are entred, we are to practise by the following Rules.

*The Practice and Acts of Patience,  
by way of Rule.*

1. At the first address and presence of Sicknes *stand still and arrest thy spirit*, that it may without amazement or affright consider that this was that thou lookedst for, and wert alwaies certain should happen, and that now thou art to enter into the actions of a new Religion, the agony of a strange constitution; but at no hand suffer thy spirits to be dispersed with fear, or wildness of thought, but stay their looseness and dispersion by a serious consideration of the present and future employment. For so doth the *Libyan Lion*, spying the fierce huntsman, first bears himself with the strokes of his tail, and curls up his spirits, making them strong with union and recollection, till being struck with a *Mauritanian* spear, he rushes forth into his defence and noblest contention; and either escapes into the secrets of his own dwelling, or else dies the bravest of the Forrest. Every man when shot with an arrow from God's quiver, must then draw in all the auxiliaries of Reason, and know that then is the time to try his strength, and to reduce the words of his Religion into action, and consider that if he behaves himself weakly and timorously, he suffers never the less of sickness; but if he returns to health, he carries along with him the mark of a coward and a fool; and if he descends into his grave, he enters into the state of the *Faithless* and

and unbelievers. Let him set his heart firm upon this resolution, *I must bear it inevitably, and I will by God's grace do it nobly.*

2. *Bear in thy sickness all along the same thoughts, propositions and discourses concerning thy Person, thy Life and Death, thy Soul and Religion, which thou badst in the best daies of thy health, and when thou didst discourse wisely concerning things spiritual.* For it is to be supposed (and if it be not yet done, let this rule re-mind thee of it, and direct thee) that thou hast cast about in thy health and considered concerning thy change and *the evil day*, that thou must be sick and die, that thou must need a comforter, and that it was certain thou shouldst fall into a state in which all the cords of thy anchor should be stretched, and the very rock and foundation of Faith should be attempted; and whatsoever fancies may disturb you, or whatsoever weaknesses may invade you, yet consider, when you were better able to judge and govern the accidents of your life, you concluded it necessary to trust in God, and *possess your Souls with patience.* Think of things as they think that stand by you, and as you did when you stood by others; That it is a blessed thing to be patient; That a quietness of spirit hath a certain reward; That still there is infinite truth and reality in the promises of the Gospel; That still thou art in the care of God, in the condition of a Son, and *working out thy salvation* with labour and pain, *with fear and trembling*; That now the Sun is under a cloud, but it still sends forth the same influence: and be sure to make no new principles upon the stock of a quick and an impatient sense, or too busie an apprehension: keep your old principles, and upon their stock discourse and practise on towards your conclusion.

3. *Resolve to bear your sickness like a childe*, that is, without considering the evils and the pains, the sorrows and the danger; but go straight forward, and let thy thoughts cast about for nothing, but how to make advantages of it by the instrument of Religion. He that from a high tower looks down upon the precipice, and measures

measures the ſpace through which he muſt deſcend, and conſiders what a huge fall he ſhall have, ſhall feel more by the horrour of it then by the laſt daſh on the pavement : and he that tells his groanes and numbers his ſighs, and reckons one for every gripe of his belly or throb of his diſtempered pulſe, will make an *artificial ſickneſs* greater then the *natural*. And if thou beſt aſhamed that a child ſhould bear an evil better then thou, then take his inſtrument, and allay thy ſpirit with it ; reflect not upon thy evil ; but contrive as much as you can for duty, and in all the reſt *inconſideration* will eaſe your pain.

4. If thou feareſt thou ſhalt need, obſerve and draw together all ſuch things as are apt to charm thy ſpirit, and eaſe thy fancy in the ſufferance. It is the counſel of *Socrates* : It is (ſaid he) a great danger, and you muſt by diſcourſe and arts of reaſoning inchant it into ſlumber and ſome reſt. It may be thou wert moved much to ſee a perſon of Honour to die untimely ; or thou didſt love the Religion of that death-bed, and it was dreſſed up in circumſtances fitted to thy needs, and hit thee on that part where thou wert moſt ſenſible ; or ſome little ſaying in a Sermon or paſſage of a book was choſen and ſingled out by a peculiar apprehenſion, and made conſent lodge awhile in thy ſpirit, even then when thou didſt place death in thy meditation, and, didſt view it in all its dreſs of fancy : Whatſoever that was which at any time did pleaſe thee in thy moſt paſſionate and phantaſtic part, let not that go, but bring it home at that time eſpecially ; becauſe when thou art in thy weakneſs, ſuch little things will eaſier move thee then a more ſevere diſcourſe and a better reaſon. For a ſick man is like a ſcrupulous ; his caſe is gone beyond the cure of arguments, and it is a trouble that can onely be helped by chance, or a lucky ſaying ; and *Ludovico Corbinelli* was moved at the death of *Henry* the ſecond more then if he had read the ſaddeſt Elegy of all the unfortunate Princes in Chriſtendom, or all the ſad ſayings of Scripture, or the threnes of the funeral Prophets. I deny not but  
this

καλὸν γὰρ ὁ  
ἀνδρὶς, ὃς  
χρὴ τὰ τοιαῦτα  
αὐτῷ ὡς πρὸς  
ἐν τῷ ἰσχυρῷ.

this course is most proper to weak persons; but it is a state of weakness for which we are now providing remedies and instruction, a strong man will not need it: but when our sickness hath rendered us weak in all senses, it is not good to refuse a remedy because it supposes us to be sick. But then, if to the Catalogue of weak persons we adde all those who are ruled by fantasie, we shall find that *many persons in their health, and more in their sickness*, are under the dominion of fantasie, and apt to be helped by those little things which themselves have found fitted to their apprehension, and which no other man can minister to their needs, unless by chance, or in a heap of other things. But therefore every man should remember by what instruments he was at any time much moved, and try them upon his spirit in the day of his calamity.

5. *Do not chuse the kinde of thy Sickness, or the manner of thy Death*; but let it be what God please, so it be no greater then thy spirit or thy Patience: And for that you are to relie upon the promise of God, and to secure thy self by praier and industry: but in all things else let God be thy chuser, and let it be thy work to submit indifferently, and attend thy duty. It is lawfull to beg of God that thy sickness may not be sharp or noisome, infectious or unusual, because these are circumstances of evil which are also proper instruments of temptation: and though it may well concern the prudence of thy Religion to fear thy self, and keep thee from violent temptations, who hast so often fallen in little ones; yet even in these things be sure to keep some degrees of indifferency; that is, if God will not be intreated to ease thee, or to change thy trial, then be importunate that thy spirit and its interest be secured, and let him do what seemeth good in his eyes. But as in the degrees of sickness thou art to submit to God, so in the kinde of it (supposing equal degrees) thou art to be altogether incurious, whether God call thee by a Consumption or an Asthma, by a Dropsie or a Palsie, by a Fever in thy humours or a Fever in thy spirits; because all such nicety of choice,

is nothing but a colour to legitimate Impatience, and to make an excuse to murre privately, and for circumstances, when in the summe of affairs we durst not own Impatience. I have known some persons vehemently wish that they might die of a Consumption, and some of these had a plot upon Heaven, and hoped by that means to secure it after a careless life; as thinking a lingering sickness would certainly infer a lingering and a protracted Repentance; and by that means they thought they should be safest: Others of them dreamed it would be an easier death; and have found themselves deceived, and their Patience hath been tired with a weary spirit and an useles body, by often conversing with healthful persons and vigorous neighbors, by uneasiness of the flesh and the sharpness of their bones, by want of spirits and a dying life; and in conclusion have been directly debauched by peevishness and a fretfull sickness: And these men had better have left it to the wisdom and goodness of God, for they both are infinite.

6. *Be patient in the desires of Religion, and take care that the forwardness of exteriour actions do not discompose thy spirit; while thou fearest that by less serving God in thy disability, thou runnest backward in the accounts of pardon and the favour of God. Be content that the time which was formerly spent in prayer be now spent in vomiting and carefulness and attendances; since God hath pleased it should be so, it does not become us to think hard thoughts concerning it. Do not think that God is only to be found in a great prayer, or a solemn office; he is moved by a sigh, by a grone, by an act of love: And therefore when your pain is great and pungent, lay all your strength upon it, to bear it patiently: when the evil is something more tolerable, let your minde think some pious, though short, meditation; let it not be very busie, and full of attention, for that will be but a new temptation to your Patience, and render your Religion tedious and hateful. But record your desires, and present your self to God by general acts of will and understanding, and by habitual*

habitual remembrances of your former vigorousness, and by verification of the same grace, rather than proper exercises. If you can do more, do it; but if you cannot, let it not become a scruple to thee. We must not think man is tied to the forms of health, or that he who swoons and faints is obliged to his usual forms and hours of prayer; if we cannot labour, yet let us love. Nothing can hinder us from that but our own uncharitableness.

7. Be obedient to thy Physician in those things that

*Ipsi ceu vi Deo nullo est opus; apud Senecam. Scaliger recte emendat, Ipsi ceu Deo, Sec. Ex Græco scilicet, Minor. Vnde alibi, Axiom. 2. amittit.*

concern him, if he be a person fit to minister unto thee. *God is he only that needs no help*, and God hath created the Physician for thine: therefore use him *temperately*, without vi-

olent confidences; and *sweetly*, without uncivil distrustings, or refusing his prescriptions upon humours or impotent fear. A man may refuse to have his arm or leg cut off, or to suffer the pains of *Marius* his incision; and if he believes that to die is the less evil, he may compose himself to it without hazarding his Patience or introducing that which he thinks a worse evil: but that which in this article is to be reprov'd and avoided is; that some men will chuse to die out of fear of death, and send for Physicians, and do what themselves list, and call for counsel, and follow none. When there is reason they should decline him, it is not to be accounted to the stock of a sin; but where there is no just cause, there is a direct Impatience.

Hither is to be reduced that we be not too confident of the Physician, or drain our hopes of recovery from the fountain through so imperfect chanel; laying the wells of God dry, and digging to our selves *broken Cisterns*. Physicians are the Ministers of God's mercies and providence, in the matter of health and ease, of restitution or death; and when God shall enable their judgements, and direct their counsels, and prosper their medicines, they shall do thee good, for which you must give God thanks, and to the Physician the honour of a blessed instrument. But this cannot alwaies

always be done: And *Lucius Cornelius*, the Lieutenant in *Portugal* under *Fabius* the Consul, boasted in the inscription of his Monument, that he had lived a healthful and veget age till his last sickness, but then complained he was forsaken by his Physician, and railed upon *Aesculapius*, for not

*L. Cornel. Legatus sub Fabio*  
*Consule vividam naturam & vi-*  
*rilem animum servavi, quoad*  
*animam efflavi, & tandem de-*  
*sertus ope medicorum & Aescula-*  
*pii Dei ingrati, cui me voveram*  
*foedaten perpetuo futurum, si fila*  
*aliquantulum optata protulisset.*  
*Vetus Inscriptio in Lusitania.*

accepting his vow and passionate desire of preserving his life longer: and all the effect of that impatience and the folly was, that it is recorded to following ages, that he died without Reason and without Religion. But it was a sad sight to see the favour of all *France* confined to a Physician and a Barber, and the King (*Leou the XI.*) to be so much their servant that he should acknowledge and own his life from them, and all his ease to their gentle dressing of his Gout and friendly ministeries; for the King thought himself undone and robbed if he should die: his portion here was fair; and he was loth to exchange his possession for the interest of a bigger hope.

*Nunc omnibus anxius aris*  
*Illacrymat, signatque fores, & pectore tergit*  
*Limina; nunc frustra vocat exorabile numen.*  
*Papin. lib. 5.*

8. *Treat thy Nurses and Servants sweetly, and as it becomes an obliged and a necessitous person.* Remember that thou art very troublesome to them, that they trouble not thee willingly; that they strive to doe thee ease and benefit, that they wish it and sigh, and pray for it, and are glad if thou likest their attendance: that whatsoever is amiss is thy disease, and the uneasiness of thy head or thy side, thy distemper or thy disaffections; and it will be an unhandsome injustice to be troublesome to them because thou art so to thy self; to make them feel a part of thy sorrows, that thou maieſt not bear them alone; evilly to requite their care by thy too curious and impatient wrangling and fretful spirit. That tenderness is vicious and unnatural that shrieks out under the weight of a gentle cataplasm; and he will ill comply with *God's rod*, that cannot endure his friends greatest kindness; and he will

be

be very angry (if he durst) with God's smiting him, that is peevish with his servants that go about to ease him.

Graci vo-  
cant, cum  
Mors pro-  
pter Impa-  
tientiam  
petitur.

9. Let not the smart of your Sickness make you to call violently for Death: you are not patient, unless you be content to live, God hath wisely ordered that we may be the better reconciled with Death, because it is the period of many calamities; but where-ever the General hath placed thee, stir not from thy station untill thou beest called off, but abide so, that death may come to thee by the design of him who intends it to be thy advantage. God hath made Sufferance to be thy work; and do not impatiently long for evening, lest at night thou findest the reward of him that was weary of his work: for he that is weary before his time is an unprofitable servant, and is either idle or diseased.

10. That which remains in the practice of this Grace is, that the sick man should do acts of Patience by way of Praier and Ejaculations: In which he may serve himself of the following collection.

## SECT. II.

*Acts of Patience by way of Praier and Ejaculation.*

- Job 5. 8, **I** Will seek unto God, unto God will I commit my cause,  
9, Which doth great things and unsearchable, marvellous things without number:  
11, To set up on high those that be low, that those which mourn may be exalted to safety.  
16, \* \* So the poor have hope, and iniquity stoppeth her mouth.  
17, Behold, happy is the man whom God correcteth: therefore despise not thou the chastening of the Almighty.  
18, For he maketh sore, and bindeth up, he woundeth, and his hands make whole.  
19, He shall deliver thee in six troubles, yea in seven there shall no evil touch thee.  
26, Thou shalt come to thy grave in a full age, like as a shock of corn cometh in his season.

I re-



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I remember thee upon my bed, and meditate upon thee Psal.63.6.  
in the night-watches. Because thou haſt been my help, 7.  
therefore under the ſhadow of thy wings will I rejoyce.  
My ſoul followeth hard after thee; for thy right hand hath 8.  
upholden me.

God reſtoreth my ſoul: he leadeth me in the path of Psal.23.3,  
righteouſneſs for his Name's ſake. Yea though I walk 4.  
through the valley of the ſhadow of death, I will fear no  
evil: for thou art with me; thy rod and thy ſtaff, they  
comfort me.

In the time of trouble he ſhall hide me in his pavilion: Psal.27.5.  
in the ſecret of his tabernacle ſhall he hide me, he ſhall  
ſet me up upon a rock.

The Lord hath looked down from the height of his ſan- Psal.102.  
ctuary, from the heaven did the Lord behold the earth: 19,  
to hear the groaning of his priſoners; to looſe thoſe that are 20.  
appointed to death.

I cried unto God with my voice, even unto God with Psal.77.1,  
my voice, and he gave ear unto me. In the day of my 2,  
trouble I ſought the Lord; my ſore ran in the night and  
ceaſed not; my Soul reſuſed to be comforted, \* I remem- 3,  
bered God, and was troubled: I complained, and my ſpi-  
rit was overwhelmed. Thou holdeſt mine eyes waking: I 4,  
am ſo troubled that I cannot ſpeak. Will the Lord caſt 7,  
me off for ever? and will he be favourable no more? Is 8,  
his promiſe clean gone for ever? doth his promiſe fail  
for evermore? Haſt God forgotten to be gracious? hath 9,  
he in anger ſhut up his tender mercies? And I ſaid, This 10.  
is my infirmity: but I will remember the years of the right  
hand of the moſt High.

No temptation hath taken me, but ſuch as is common 1 Cor. 10.  
to man: But God is faithful, who will not ſuffer me to 13.  
be tempted above what I am able; but will with the tem-  
ptation alſo make a way to eſcape, that I may be able to  
bear it.

Whatſoever things were written aforetime were writ- Rom.15.4  
ten for our learning, that we through patience and com-  
fort of the Scriptures might have hope. Now the God of 5.  
peace and conſolation grant me to be ſo minded.

It is the Lord, let him do what ſeemeth good in his eyes. 1 Sam.3.  
K Surely 18.

Surely the word that the Lord hath spoken is very good: but thy servant is weak: O remember mine infirmities; and lift thy servant up that leaneth upon thy right hand.

2 Cor. 12. There is given unto me a thorn in the flesh to buffet me.  
7, 8, For this thing I besought the Lord thrice, that it might depart from me. And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness.  
9, Most gladly therefore will I glory in my infirmities, that the power of Christ may rest upon me. For when I am weak, then am I strong.

10.  
Lam. 3. 58 O Lord, thou hast pleaded the causes of my soul; thou hast redeemed my life. And I said, My strength and  
18, my hope is in the Lord; Remembering my affliction and  
19, my misery, the wormwood and the gall. My soul hath  
20, them still in remembrance, and is humbled within me.  
21, This I recall to my minde, therefore I have hope.

22, It is the Lord's mercies that we are not consumed, because  
23, his compassions fail not. They are new every morning,  
24, great is thy faithfulness. The Lord is my portion, said my soul, therefore will I hope in him.

25, The Lord is good to them that wait for him, to the soul  
26, that seeketh him. It is good that a man should both hope,  
and quietly wait for the salvation of the Lord. For the  
31, 32, Lord will not cast off for ever. But though he cause grief,  
yet will he have compassion according to the multitude of  
33, his mercies. For he doth not afflict willingly, nor grieve the children of men.

39.  
Job 14. 13 Wherefore doth a living man complain? a man for the punishment of his sins? O that thou wouldest bide me in the grave [of Jesus,] that thou wouldest keep me secret, until thy wrath be past: that thou wouldest appoint me a set time, and remember me!

Job 2. 20. Shall we receive good at the hand of God, and shall we not receive evil?

The sick man may recite, or hear recited, the following  
Psalms in the intervals of his Agony.

I.

**O** Lord, rebuke me not in thine anger, neither chasten  
me in thy hot displeasure. Psal. 6.

Have mercy upon me, O Lord, for I am weak; O Lord,  
heal me, for my bones are vexed.

My soul is also sore vexed: but thou, O Lord, how  
long?

Return, O Lord, deliver my soul: O save me for thy  
mercies sake.

For in death no man remembreth thee: in the grave who  
shall give thee thanks?

I am weary with my groaning, all the night make I my  
bed to swim: I water my couch with my tears.

Mine eye is consumed because of grief; it waxeth old  
because of all my [sorrows.]

Depart from me all ye workers of iniquity; for the Lord  
hath heard the voice of my weeping.

The Lord hath heard my supplication: the Lord will re-  
ceive my prayer.

Blessed be the Lord who hath heard my prayer, and  
hath not turned his mercy from me.

II.

**I**N the Lord put I my trust: how say ye to my soul, Flee Psal. 11. 1,  
as a bird to your mountain?

The Lord is in his holy Temple, the Lord's Throne is  
in heaven; his eyes behold, his eyelids try the children of  
men.

4.

Preserve me, O God, for in thee do I put my trust. Psal. 16. 1,

O my soul, thou hast said unto the Lord, Thou art my  
Lord; my goodness extendeth not to thee.

2,

The Lord is the portion of mine inheritance and of my  
cup: thou maintainest my lot.

5,

I will bless the Lord, who hath given me counsel: my  
reins also instruct me in the night seasons.

7,

I have set the Lord alwayes before me: because he is at my  
right hand, I shall not be moved.

8,

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9. Therefore my heart is glad, and my glory rejoiceth; my flesh also shall rest in hope.

11. Thou wilt shew me the path of life: in thy presence is the fulness of joy, at thy right hand there are pleasures for evermore.

Psal. 17. 15 As for me, I will behold thy face in righteousness: I shall be satisfied, when I awake, with thy likeness.

III.

Psal. 31. 9. **H**Ave mercy upon me, O Lord, for I am in trouble: mine eye is consumed with grief; yea my soul and my belly.

10. For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.

12. I am like a broken vessel.

14. But I trusted in thee, O Lord; I said, Thou art my God.

15, 16. My times are in thy hand: Make thy face to shine upon thy servant: save me for thy mercie's sake.

Psal. 27. 8. When thou saidst, Seek ye my face, my heart said unto thee, Thy face, Lord, will I seek.

9. Hide not thy face from me; put not thy servant away in thine anger: Thou hast been my help, leave me not, neither forsake me, O God of my salvation.

13. I had fainted, unless I had believed to see the goodness of the Lord in the land of the living.

Psa. 31. 19. O how great is thy goodness which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!

20. Thou shalt hide them in the secret of thy presence from the pride of man: thou shalt keep them secretly in a pavilion from the strife of tongues, [from the calumnies and aggravation of sins by Devils.]

22. I said in my haste, I am cut off from before thine eye: nevertheless thou heardest the voice of my supplication when I cried unto thee.

23. O love the Lord all ye his Saints: for the Lord preserveth the faithful, and plentifully rewardeth the proud doer.

24. Be of good courage, and he shall strengthen your heart, all ye that hope in the Lord. The

*The Prayer to be said in the beginning of a Sickness.*

**O** Almighty God, merciful and gracious, who in thy justice didst send sorrow and tears, sickness and death into the world, as a punishment for man's sins, and hast comprehended all under sin, and this sad covenant of Sufferings, *not to destroy us, but that thou mightest have mercy upon all, making thy justice to minister to mercy, short afflictions to an eternal weight of glory*; as thou hast turned my sins into sickness, so turn my sickness to the advantages of Holiness and Religion, of Mercy and Pardon, of Faith and Hope, of Grace and Glory. Thou hast now called me *to the fellowship of sufferings*: Lord, by the instrument of Religion let my present condition be so sanctified, that my sufferings may be united to the sufferings of my Lord, that so thou mayest pity me and assist me. Relieve my sorrow, and support my spirit: direct my thoughts, and sanctifie the accidents of my sickness, and that the punishment of my sin may be the school of Vertue: in which since thou hast now entred me, Lord, make me a holy proficient; that I may behave myself as a son under discipline, humbly and obediently, evenly and penitently, that I may come by this means nearer unto thee; that if I shall go forth of this sickness by the gate of life and health, I may return to the world with great strengths of spirit, to run a new race of a stricter Holiness and a more severe Religion: or if I pass from hence with the out-let of death, I may enter into the bosome of my Lord, and may feel the present joys of a certain hope of that Sea of pleasures in which all thy Saints and servants shall be comprehended to eternal ages. Grant this for Jesus Christ his sake, our dearest Lord and Saviour. Amen.

*An Act of Resignation to be said by a sick person in all the evil accidents of his Sickness.*

**O** Eternal God, thou hast made me and sustained me, thou hast blessed me in all the days of my life,

and hast taken care of me in all variety of accidents; and nothing happens to me in vain, nothing without thy providence; and I know thou smitest thy servants in mercy, and with designs of the greatest pity in the world: Lord, I humbly ly down under thy rod; do with me as thou plearest; do thou chuse for me, not only the whole state and condition of being, but every little and great accident of it. Keep me safe by thy grace, and then use what instrument thou plearest of bringing me to thee. Lord, I am not solicitous of the passage, so I may get thee. Only, O Lord, remember my infirmities, and let thy servant rejoyce in thee alwaies, and feel and confesse, and glory in thy goodness. O be thou as delightful to me in this my medicinal sickness, as ever thou wert in any of the dangers of my prosperity: let me not peevishly refuse thy pardon at the rate of a severe discipline. I am thy servant and thy creature, thy purchased possession, and thy son; I am all thine: and because thou hast mercy in store for all that trust in thee, I cover mine eyes, and in silence wait for the time of my redemption. Amen.

*A Prayer for the grace of Patience.*

**M**ost merciful and gracious Father, who in the Redemption of lost Mankind by the Passion of thy most holy Son hast established a Covenant of Sufferings, I bless and magnifie thy Name that thou hast adopted me into the inheritance of Sons, and hast given me a portion of my elder Brother. Lord, the Cross falls heavy and sits uneasie upon my shoulders; my spirit is willing, but my flesh is weak: I humbly beg of thee that I may now rejoyce in this thy dispensation and effect of providence. I know and am perswaded that thou art then as gracious when thou smitest us for amendment or trial, as when thou relievest our wearied bodies in compliance with our infirmity. I rejoyce, O Lord, in thy rare and mysterious mercy, who by sufferings hast turned our misery into advantages unspeakable; for so thou makest us like to thy Son, and givest

us a gift that the Angels never did receive: for they cannot die in conformity to and imitation of their Lord and ours; but, blessed be thy Name, we can, and, dearest Lord, *Let it be so.* Amen.

II.

**T**Hou who art the God of Patience and consolation, strengthen me in the inner man, that I may *bear the yoke and burthen of the Lord* without any uneasie and useles murmurs and ineffective unwillingness. Lord, I am unable to stand under the cross, unable of my self: but thou, O Holy *Jesus*, who didst feel the burthen of it, who didst sink under it, and wert pleased to admit a man to bear part of the load when thou underwentst all for him, be thou pleased to ease this load by fortifying my spirit, that I may be strongest when I am weakest, and may be able to do and suffer every thing thou pleasest through Christ which strengthens me. Lord, if thou wilt support me, I will for ever praise thee: If thou wilt suffer the load to press me yet more heavily, I will cry unto thee, and complain unto my God; and at last I will ly down and dy, and by the mercies and intercession of the Holy *Jesus*, and the conduct of thy blessed Spirit, and the ministry of Angels, pass into those mansions where holy souls rest, and weep no more. Lord, pity me; Lord, sanctifie this my sickness; Lord, strengthen me; Holy *Jesus*, save me and deliver me. Thou knowest how shamefully I have fallen with pleasure: in thy mercy and very pity let me not fall with pain too. O let me never *charge God foolishly*, nor offend thee by my Impatience and uneasie spirit, nor weaken the hands and hearts of those that charitably minister to my needs: but let me pass through *the valley of tears* and *the valley of the shadow of death* with safety and peace, with a meek spirit and a sense of the Divine mercies: and though thou breakest me in pieces, my hope is, thou wilt gather me up in the gatherings of eternity.

Grant this, eternal God, gracious Father, for the merits and intercession of our merciful high Priest, who once suffered for me, and for ever intercedes for me, our most gracious and ever-Blessed Saviour Jesus.

*A Prayer to be said when the sick man takes Physic.*

**O** Most Blessed and eternal Jesus, thou who art the great Physician of our Souls, and the Sun of righteousness arising with healing in thy wings, to thee is given by thy heavenly Father the Government of all the world, and thou disposest every great and little accident to thy Father's honour, and to the good and comfort of them that love and serve thee: Be pleased to bless the ministry of thy servant in order to my ease and health, direct his judgment, prosper the medicines, and dispose the chances of my sickness fortunately, that I may feel the blessing and loving-kindness of the Lord in the ease of my pain and the restitution of my health: that I being restored to the society of the living, and to thy solemn Assemblies, may praise thee and thy goodness secretly among the faithful and in the Congregation of thy redeemed ones, here in the outer-courts of the Lord, and hereafter in thy eternal Temple for ever and ever. Amen.

### S E C T. III.

*Of the practice of the grace of Faith in the time of Sickness.*

**N**OW is the time in which the Faith appears most necessary, and most difficult. It is the foundation of a good life, and the foundation of all our hopes: it is that without which we cannot live well, and without which we cannot dy well: it is a Grace that then we shall need to support our spirits, to sustain our hopes, to alleviate our sickness, to resist temptations, to prevent despair: upon the belief of the Articles of our Religion,



on, we can do the works of a holy life; but upon belief of the Promiſes, we can bear our ſickneſſ patiently, and die chearfully. The ſick man may praſtiſe it in the following inſtances.

1. *Let the ſick man be careful that he do not admit of any doubt concerning that which he believed and received from a common conſent in his beſt health and days of election and Religion.* For if the Devil can but prevail ſo far as to unfix and unrivet the reſolution and confidence or fulneſſ of aſſent, it is eaſie for him ſo to unwind the ſpirit, that from *why* to *whether* or *no*, from *whether* or *no* to *ſcarcely* not, from *ſcarcely* not to *absolutely* not at all, are ſteps of a deſcending and falling ſpirit: and whatſoever a man is made to doubt of by the weakneſſ of his underſtanding in a ſickneſſ, it will be hard to get an inſtrument ſtrong or ſubtil enough to re-inforce and inſure. For when the ſtrengths are gone by which Faith held, and it does not ſtand firm by the weight of its own bulk and great conſtitution, nor yet by the cordage of a tenacious root; then it is prepared for a ruine, which it cannot eſcape in the tempeſts of a ſickneſſ and the aſſaults of a Devil. \* Diſcourſe and argument, \* the line of Tradition, and \* a never-failing Experience, \* the Spirit of God, and \* the truth of Miracles, \* the word of Prophecy, and \* the bloud of Martyrs, \* the excellency of the Doctrin, and \* the neceſſity of men, \* the riches of the Promiſes, and \* the wiſdom of the Revelations, \* the reaſonableneſſ and \* ſublimity, \* the concordance and the \* uſefulneſſ of the Articles, and \* their compliance with all the needs of man, \* and the government of Commonwealths, are like the ſtrings and branches of the roots by which Faith ſtands firm and unmovable in the ſpirit and underſtanding of a man. But in Sickneſſ the underſtanding is ſhaken, and the ground is removed in which the root did grapple, and ſupport its trunk; and therefore there is no way now but that it be left to ſtand upon the old confidences, and by the firmament of its own weight: it muſt be left to ſtand, becauſe it alwaies ſtood there

— Non  
jam validis  
radicibus  
hærens,  
Pondere  
fixa ſuo—  
before:

Sanctiusq;  
at reveren-  
tius visum  
de actis De-  
orum crede-  
re quam sci-  
re. Tacit.

before: and as it stood all his life-time in the ground of understanding, so it must now be supported with will, and a fixed resolution. But disputation tempts it, and shakes it with trying, and overthrows it with shaking. Above all things in the world, let the sick man fear a proposition which his sickness hath put into him contrary to the discourses of health and a sober untroubled reason.

Fides tua te salvum faciet: non exercitatio Scripturarum. Fides in regula posita est; (scilicet in Symbolo quod jam recitaverat) habet legem, & salutem de observatione legis: Exercitatio autem in curiositate consistit, habens gloriam solum de periticia studio. Cedat curiositas Fidei; cedat Gloria Saluti.

Tert. de præscripte.

S. Augustinus vocat Symbolum comprehensionem Fidei vestrae atque perfectionem; Cordis signaculum, & nostræ militiæ sacramentum. Amb. lib. 3. de Veland. Virgin. Aug. serm. 115.

Non per difficiles nos Deus ad beatam vitam quaestiones vocat. In absoluto nobis & facili est æternitas; Jesum suscitatum a mortuis per Deum credere, & ipsum esse Dominum confiteri.

S. Hilar. lib. 10. de Trinit. Hæc est fides Catholica, de Symbolo suo dixit Athanasius, vel quicumque author est S. Athanasius de fide Nicena.

ἡ πίστις ἡ κατὰ τὸν λόγον τῆς ἀληθείας ἡ κατὰ τὸν λόγον τῆς ζωῆς ἡ κατὰ τὸν λόγον τῆς ἀγάπης ἡ κατὰ τὸν λόγον τῆς ἐλπίδος ἡ κατὰ τὸν λόγον τῆς σωτηρίας ἡ κατὰ τὸν λόγον τῆς ἐκδόσεως τῆς ἐκκλησίας.

Ep. ad Epiſt.

faction and interest hath too long maintained in Christendom.

3. Let the sick mans Faith especially be active about the promises of Grace, and the excellent things of the Gospel; those which can comfort his sorrows, and inable

2. Let the sick man mingle the recital of his Creed together with his Devotions, and in that let him account his Faith; not in Curiosity and Factions, in the confessions of parties and interests: for some over-forward zeals are so earnest to profess their little and uncertain articles, and glory so to dy in a particular and divided communion, that in the profession of their Faith they lose or decompose their Charity. Let it be enough that we secure our interest of Heaven, though we do not go about to appropriate the mansions to our Sect: for every good man hopes to be saved as he is a Christian, and not as he is a Lutheran, or of another division. However those articles upon which he can build the exercise of any vertue in his sickness, or upon the stock of which he can improve his present condition, are such as consist in the greatness and goodness, the veracity and mercy of God through Jesus Christ: nothing of which can be concerned in the fond disputations which

inable his Patience; those upon the hopes of which he did the duties of his life, and for which he is not unwilling to die: such as the *Intercession* and *Advocation of Christ*, Remission of sins, the Resurrection, the mysterious arts and mercies of man's Redemption, Christ's triumph over death and all the powers of hell, the Covenant of grace, or the blessed issues of Repentance; and above all, the article of Eternal life, upon the strength of which 11000. Virgins went cheerfully together to their martyrdom, and 20000. Christians were burned by *Diocletian* on a Christmas-day, and whole armies of *Asian* Christians offered themselves to the Tribunals of *Arius Antonius*, and whole Colleges of severe persons were instituted, who lived upon Religion, whose dinner was the *Eucharist*, whose supper was praise, and their nights were watches, and their days were labour; for the hope of which their men counted it gain to lose their estates, and gloried in their sufferings, and rejoyced in their persecutions, and were glad at their disgraces. This is the article that hath made all the Martyrs of Christ confident and glorious; and if it does not more then sufficiently strengthen our spirits to the present suffering, it is because we understand it not, but have the appetites of beasts and fools. But if the sick man fixes his thoughts, and sets his habitation to dwell here, he swells his hope, and masters his fears, and eases his sorrows, and overcomes his temptations.

4. Let the sick man endeavour to turn his Faith of the Articles into the Love of them: and that will be an excellent instrument, not only to refresh his sorrows, but to confirm his Faith in defiance of all temptations. For a sick man and a disturbed understanding are not competent and fit instruments to judge concerning the reasonableness of a Proposition. But therefore let him consider and love it, because it is useful and necessary, profitable and gracious: and when he is once in love with it, and then also renews his love to it, when he feels the need of it, he is an interested person, and for his own sake will never let it go, and pass into the shadows

shadows of doubting, or the utter-darkness of infidelity. An *Alt of Love* will make him have a mind to it; and we easily believe what we love; but very uneasily part with our belief which we for so great an interest have chosen, and entertained with a great affection.

5. Let the sick person be infinitely careful that his Faith be not tempted by any man, or any thing; and when it is in any degree weakened, let him lay fast hold upon the conclusion, upon the Article it self, and by earnest prayer beg of God to guide him in certainty and safety. For let him consider that the article is better then all its contrary or contradictory, and he is concerned that it be true, and concerned also that he do believe it; but he can receive no good at all if Christ did not dy, if there be no Resurrection, if his Creed hath deceived him: therefore all that he is to do is to secure his hold; which he can do no way but by prayer and by his interest. And by this argument or instrument it was that *Socrates* refreshed the evil of his condition, when he was to drink his *Aconite*. \* If  
 In Phædon. the Soul be immortal, and perpetual rewards be laid up for wise souls, then I lose nothing by my death: but if there be not, then I lose nothing by my opinion; for it supports my spirit in my passage, and the evil of being deceived cannot overtake me when I have no being. So it is with all that are tempted in their Faith. If those articles be not true, then the men are nothing; if they be true, then they are happy: and if the Articles fail, there can be no punishment for believing; but if they be true, my not believing destroys all my portion in them, and possibility to receive the excellent things which they contain. By Faith we quench the fiery darts of the devil: but if our Faith be quenched, wherewithal shall we be able to endure the assault? Therefore seize upon the Article, and secure the great object, and the great instrument, that is, the hopes of pardon and eternal life through *Jesus Christ*; and do this by all means, and by any instrument, artificial or inartificial, by argument or by stratagem, by perfect

perfect resolution or by diſcourſe, by the hand and ears of Premiſſes or the foot of the Concluſion, by right or by wrong, becauſe we underſtand it or becauſe we love it, *ſuper totam materiam*, becauſe I will and becauſe I ought, becauſe it is ſafe to do ſo and becauſe it is not ſafe to do otherwiſe; becauſe if I do, I may receive a good, and becauſe if I do not, I am miſerable; either for that I ſhall have a portion of ſorrows, or that I can have no portion of good things, without it.

S E C T. I V.

*Abſ. of Faith, by way of Praier and Ejaculation, to be ſaid by ſick men in the daies of their Temptation.*

**L**ord, whether ſhall I go? thou haſt the words of eter- Ioh. 6. 68.  
nal life.

I believe in God the Father Almighty, and in Jeſus Chriſt his only Son our Lord, &c.

And I believe in the holy Ghoſt, &c.

Lord, I believe; help thou mine unbelief.

I know and am perſuaded by the Lord Jeſus, that Mar. 9. 24  
none of us liveth to himſelf, and no man dieth to himſelf: Ro. 14. 14  
For whether we live, we live unto the Lord; and whether 7.  
we dy, we dy unto the Lord; whether we live therefore or 8.  
dy, we are the Lord's.

If God be for us, who can be againſt us?

He that ſpared not his own Son, but delivered him up for Rom. 8. 31  
us all, how ſhall he not with him give us all things? 32.

Who ſhall lay any thing to the charge of God's elect?

It is God that juſtifieth. Who is he that condemneth? It 33.

It is Chriſt that died; yea rather that is riſen again, who is 34.  
even at the right hand of God, who alſo maketh interceſſion for us,

If any man ſin, we have an Advocate with the Father, 1 Joh. 2. 1,  
Jeſus Chriſt the righteous: And he is the propitiation for 2.  
our ſins.

This is a faithful ſaying, and worthy of all acceptation, 1 Tim. 1.  
that Jeſus Chriſt came into the world to ſave ſinners. 15.

O grant

O grant that I may obtain mercy, that in me Jesus Christ may shew forth all long-suffering; that I may believe in him to life everlasting.

2 Thes. 2. I am bound to give thanks unto God alway, because  
13. God hath from the beginning chosen me to salvation,  
14. through sanctification of the Spirit, and belief of the  
truth, Whereunto he called me by the Gospel, to the obtaining of the glory of the Lord Jesus Christ.

16. Now our Lord Jesus Christ himself, and God even  
our Father which hath loved us, and hath given us  
everlasting consolation, and good hope through grace,  
17. Comfort my heart, and stablish me in every good word and work.

2 Thes. 3. The Lord direct my heart into the love of God, and into  
5. the patient waiting for Christ.

2 Thes. 1. O that our God would count me worthy of this calling,  
11. and fulfil all the good pleasure of his goodness, and  
12. the work of Faith with power. That the Name of our  
Lord Jesus Christ may be glorified in me, and I in him,  
according to the grace of our God and the Lord Jesus  
Christ.

1 Thes. 5. Let us who are of the day be sober, putting on the breast-  
8. plate of faith and love, and for an helmet, the hope of  
9. salvation. For God hath not appointed us to wrath,  
but to obtain salvation by our Lord Jesus Christ, Who  
10. died for us, that whether we wake or sleep, we should  
12. live together with him. Wherefore comfort your selves together, and edifie one another.

Acts 4.12 There is no name under heaven whereby we can be saved  
Acts 3.23. but only the Name of the Lord Jesus. And every soul  
which will not here that Prophet shall be destroyed from  
among the people.

Gal. 6.14. God forbid that I should glory save in the Cross of  
1 Cor. 2.2. Jesus Christ. I desire to know nothing but Jesus Christ

Phil. 1.21. and him crucified. For to me to live is Christ, and to dy  
is gain.

Isa. 2.22. Cease ye from man, whose breath is in his nostrils: for

Hab. 2.4. wherein is he to be accounted of? But the just shall live  
by Faith.

Joh. 11.27 Lord, I believe that thou art the Christ, the Son of  
God,

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God, \* the Saviour of the world, \* the reſurreſtion and \* Jo. 4. 42.  
the life: and he that believeth in thee, though he were \* Joh. 11.  
dead, yet ſhall he live. 25,

Jeſus ſaid unto her, Said I not to thee, that if thou 40.  
wouldſt believe, thou ſhouldeſt ſee the glory of God?

O death, where is thy ſting? O grave, where is thy 1 Cor. 15.  
victory? The ſting of death is ſin, and the ſtrength of 55, 56,  
ſin is the Law. But thanks be to God, who giveth 57,  
us the victory through our Lord Jeſus Chriſt. Lord,  
make me ſtedfaſt and unmoveable, alwaies abounding 58.  
in the work of the Lord: For I know that my labour is  
not in vain in the Lord.

The Prayer for the Grace and ſtrengths of Faith.

O Holy and eternal Jeſus, who didſt die for me  
and all mankind, abolishing our ſin, reconciling  
us to God, adopting us into the portion of thine  
heritage, and eſta bliſhing with us a covenant of Faith  
and Obedience, making our Souls to rely upon ſpiri-  
tual ſtrengths, by the ſupports of a holy belief, and the  
expectation of rare promiſes, and the infallible truths  
of God: O let me for ever dwell upon the rock, lean-  
ing upon thy arm, believing thy word, truſting in thy  
promiſes, waiting for thy mercies, and doing thy com-  
mandments; that the Devil may not prevail upon me,  
and my own weakneſſes may not abuſe or unſettle my  
perſuaſions, nor my ſins diſcompoſe my juſt confi-  
dence in thee and thy eternal mercies. Let me alwaies  
be thy ſervant and thy diſciple, and die in the commu-  
nion of thy Church, of all faithful people. Lord, I re-  
nounce whatſoever is againſt thy truth; and if ſecretly  
I have or do believe any falſe propoſition, I do it in  
the ſimplicity of my heart and great weakneſs; and if  
I could diſcover it, would daſh it in pieces by a ſolemn  
diſclaiming it: For thou art the Way, the Truth and  
the Life. And I know that whatſoever thou haſt de-  
clared, that is the truth of God: and I do firmly adhere  
to the Religion thou haſt taught, and glory in nothing ſo  
much as that I am a Chriſtian, that thy Name is called  
upon

upon me. O my God, though I dy, yet will I put my trust in thee. In thee, O Lord, have I trusted: let me never be confounded. Amen.

## S E C T. V.

Of the practice of the grace of Repentance in the time of Sicknes.

Descendisti  
ad Olympi-  
a, sed nemo  
præter te:  
coronam  
habes victo-  
riam non  
habes.

**M**EN generally do very much dread sudden death, and pray against it passionately; and certainly it hath in it great inconveniences accidentally to men's states, to the settlement of families, to the culture and trimming of souls, and it robs a man of the blessings, which may be consequent to sickness, and to the passive graces and holy contentions of a Christian, while he descends to his grave without an adversary or a trial: and a good man may be taken at such a disadvantage, that a sudden death would be a great evil, even to the most excellent person, if it strikes him in an unlucky circumstance. But these considerations are not the only ingredients into those mens discourses who pray violently against sudden deaths; for possibly, if this were all, there may be in the condition of sudden death something to make recompence for the evils of the over-hasty accident. For certainly, it is a less temporal evil to fall by the rudeness of a Sword, then the violences of a Fever, and the Axe is much a less affliction than a Strangury; and though a sickness tries our vertues, yet a sudden death is free from temptation: a sickness may be more glorious, and a sudden death more safe. *The deadeſt deaths are beſt*, the shortest

Mitius ille perit ſubitâ qui mergitur undâ,  
Quàm ſua qui liquidis brachia laſſat aquis.  
Ovid.

Etiâ inno-  
centes men-  
tiri cogit  
dolor.

and leaſt premeditate, ſo *Caſar* ſaid: and *Pliny* called a ſhort death *the greateſt fortune of a mans life*. For even good men have been forced to an undecency of deportment by the violences of pain: and *Cicero* obſerves concerning *Hercules*, that he was broken in pieces with pain even then when he ſought for immortality



talities by his death, being tortured with a plague knit up in the lappet of his shirt. And therefore as a sudden death certainly loses the rewards of a holy sickness, so it makes that a man shall not so much hazard and lose the rewards of a holy life.

But the secret of this affair is a worse matter: men live at that rate, either of an habitual wickedness, or else a frequent repetition of single acts of killing and deadly sins, that a sudden death is the ruine of all their hopes, and a perfect consignment to an eternal sorrow. But in this case also so is a lingering sickness: for our sickness may change us from life to health, from health to strength, from strength to the firmness and confirmation of habitual graces; but it cannot change a man from death to life, and begin and finish that process which sits not down but in the bosome of blessedness. He that washes in the morning when his bath is seasonable and healthful, is not only made clean, but sprightly, and the blood is brisk and coloured like the first springing of the mornings; but they that wash their dead cleanse the skin, & leave paleness upon the cheek, and stiffness in all the joynts. A Repentance upon our death-bed is like washing the coarse, it is cleanly and civil, but makes no change deeper then the skin. But God knows, it is a custome so to wash them that are going to dwell with dust, and to be buried in the lap of their kindred earth, but all their lives-time wallow in pollutions without any washing at all; or if they do, it is like that of the *Dardani*, who washed but thrice all their life-time, when they are born, and when they marry, and when they die; when they are baptized, or against a solemnity, or for the day of their funeral: but these are but ceremonious washings, and never purifie the Soul, if it be stained and hath sullied the whiteness of its baptismal robes.

\* God intended we should live a holy life, \* he contracted

Lavor honesta hora & salubri,  
quam mihi & calorem & sanguinem  
servet: Rigere & pallere  
post lavacrum mortuus possumus.  
Tertul. Apol. c. 42.

— Cognata facie sepulti.

Αἰσχροῦ τοῦ σώματος καὶ τοῦ πνεύματος  
καὶ ἀκαθάρτου καὶ ἀκαθάρτου καὶ ἀκαθάρτου  
καὶ ἀκαθάρτου καὶ ἀκαθάρτου καὶ ἀκαθάρτου  
καὶ ἀκαθάρτου καὶ ἀκαθάρτου καὶ ἀκαθάρτου  
Ἐλιαν. lib. 4. Var. hist. cap. 3.

tracted with us in *Jesus Christ* for a holy life, \* he made

Vide Aug. lib. 5. Hom. 4. & serm. 57. de Tempore. Faustum ad Paulinum Ep. 1. in Biblioth. Pp. tom. 5. vet. edit. Concil. Arelat. 1. c. 3. Carthag. 4. cap. 7, 8.

no abatements of the strictest sense of it, but such as did necessarily comply with humane infirmities or possibilities; that is, he understood it in the sense of Repentance, which still is so to renew our duty, that it may be a

holy life in the second sense; that is, some great portion of our life to be spent in living as Christians should.

\* A resolving to repent upon our death-bed is the greatest mockery of God in the world, and the most perfect contradictory to all his excellent designs of mercy and holiness: for therefore he threatned us with Hell if we did not, and he promised Heaven if we did live a holy life: and a late Repentance promises Heaven to us up-

Quis luce superna  
Dimississe meas serd non ingemit horas?  
Sil. Ital. l. 15.

on other conditions, even when we have lived wickedly. \* It renders a man

useless and intolerable to the world; taking off the great curb of Religion, of fear and hope, and permitting all impiety with the greatest impunity and encouragement in the world. \* By this means we see so many

Sic contra rerum naturæ munera nota,  
Corvus maturis frugibus ova refert.

calls them, or, as the Pro-

phets, *pueros centum annorum*, children of almost an hundred years old, upon whose grave we may write the inscription which was upon the tomb of *Sionis* in

In Adrian. Σίμωνος μὲν ἐπὶ ἐπταὶ ἔτη  
καὶ τοῦ ἁγίου καὶ ἐν τῷ τῷ, ζήσας ὅ  
ἐν ἡμέρᾳ.

*Xiphilin*, Here he lies who *was* so many years, but *lived* but seven. \* And the course of Nature runs counter to

the perfect designs of Piety; and \* God, who gave us a life to live to him, is onely served at our death, when we die to all the world; \* and we undervalue the great promises made by the Holy *Jesus*, for which the piety,

Vide the Life of Christ, Disc. of Repentance; Rule of Holy Living, chap. 4. Sect. of Repentance; and volume of Sermon. Sermon 5, 6.

the strictest unerring piety of ten thousand ages is not a proportionable exchange: yet we think it a hard bargain to get Heaven, if we

be forced to part with one lust, or live soberly twenty years; but, like *Demetrius Afer*, (who having

having lived a slave all his life-time, yet desiring to descend to his grave

Nē tamen ad Scyrias famulus descenderet um-  
Uroret implicitum oīm sceleratū lues, (bras,  
Cavimus

in freedom, begged manumission of his Lord) we lived in the bondage of our sin all our daies, and hope to die the Lord's freed men. \* But above all, this course of a delayed Repentance must of necessity therefore be ineffective and certainly mortal, because it is an intire destruction of the very formality and essential constituent reason of Religion: which I thus demonstrate.

When God made man, and propounded to him an immortal and a blessed state, as the end of his hopes and the perfection of his condition, he did not give it him for nothing, but upon certain conditions; which although they could adde nothing to God, yet they were such things which man could value, and they were his best: and God had made appetites of pleasure in man, that in them the scene of his Obedience should lie. For when God made instances of man's Obedience, he 1. either commanded such things to be done which man did naturally desire, or 2. such things which did contradict his natural desires, or 3. such which were indifferent. Not the first and the last: for it could be no effect of love or duty towards God for a man to eat when he was impatiently hungry, and could not stay from eating; neither was it any contention of obedience or labour of love for a man to look Eastward once a day, or turn his back when the Northwinde blew fierce and loud. Therefore for the trial and instance of obedience, God made his laws so, that they should lay restraint upon man's appetites, so that man might part with something of his own, that he may give to God his will, and deny it to himself for the interest of his service: and Chastity is the denial of a violent desire, and Justice is parting with money that might help to enrich me, and Meekness is a huge contradiction to Pride and Revenge; and the wandring of our eyes, and the greatness of our fancy, and our imaginative opinions are to be lessened, that we may serve God. There is no other way of serving God, we

have nothing else to present unto him; we do not  
 else give him any thing or part of our selves, but when  
 we for his sake part with what we naturally desire,  
 and difficulty is essential to Vertue, and without choice  
 there can be no reward, and in the satisfaction of our  
 natural desires there is no election, we run to them as  
 beasts to the river or the crib. If therefore any man  
 shall teach or practise such a Religion that satisfies all  
 our natural desires in the daies of desires and passion,  
 of lust and appetites, and onely turns to God when his  
 appetites are gone, and his desires cease; this man hath  
 overthrowen the very being of Vertues, and the essential  
 constitution of Religion: Religion is no Religion,  
 and Vertue is no act of choice, and Reward comes by  
 chance and without condition, if we onely are religious  
 when we cannot chuse, if we part with our money  
 when we cannot keep it, with our lust when we cannot  
 act it, with our desires when they have left us. *Death*  
*is a certain mortifier*; but that mortification is deadly,  
 not useful to the purposes of a spiritual life. When

Cogimur à fueris animum suspendere rebus,  
 Atque ut vivamus vivere desinimus.

Corn. Gall.

we are compelled to de-  
 part from our evil customs,  
 and leave to live that we

may begin to live, then we die to die; that life is the  
 prologue to death, and thenceforth we die eternally.

S. Cyril speaks of certain people that chose to wor-  
 ship the Sun because he was a day-God; for, believing  
 that he was quenched every night in the Sea, or that he  
 had no influence upon them that light up candles and  
 lived by the light of fire, they were confident they  
 might be Atheists all night and live as they list. Men  
 who divide their little portion of time between Reli-  
 gion and Pleasures, between God and God's enemy,  
 think that God is to rule but in his certain period of  
 time, and that our life is the stage for passion and folly,  
 and the day of death for the work of our life. But as  
 to God *both the day and night are alike*, so are the  
 first and last of our daies; all are his due, and he will  
 account severely with us for the follies of the first, and  
 the evil of the last. The evils and the pains are great  
 which

which are reserved for those who defer their restitution to God's favor till their death. And therefore *Antisthenes* said well, *It is not the happy death, but the happy life, that makes man happy.*

It is in Piety as in Fame and reputation; he secures a Good name but loosely that trusts his fame and celebrity onely to his ashes; and it is more a civility then the *basis* of a firm *venit*. reputation, that men speak honour of their departed relatives: but if their life be vertuous, it forces honour from contempt, and snatches it from the hand of envy, and it shines through the crevices of detraction, and as it anointed the head

of the living, so it embalms the body of the dead, From these premisses it follows, that when we discourse of a *sick mans repentance*, it is intended to be, not a beginning, but the prosecution and consummation of the covenant of Repentance, which Christ stipulated with us in Baptism, and which we needed all our life, and which we began long before this last arrest, and in which we are now to make farther progress, that we may arrive to that integrity and fulness of duty, *that our sins may be blotted out, when the times of refreshing shall come from the presence of the Lord.*

## SECT. VI.

*Rules for the practice of Repentance in Sickness.*

1. **L**ET the sick man consider at what gate this Sickness entered: and if he can discover the particular, let him instantly, passionately, and with great contrition dash the crime in pieces, lest he descend into his grave in the midst of a sin, and thence remove into an ocean of eternal sorrow. But if he only suffers the common fate of man, and knows not the particular inlet, he is to be governed by the following measures.

*Gnollus hanc Rhadamantus habet durissima regna, Castigatque, auditq; dolos, subigitq; fateri Que quis apud superos furto lenatus inani Dittulit in seram commissa piacula mortem.* Aeneid. 6.

Cineri gloria sera

*Tu mihi, quod rarum est, vivo sublime dedisti Nomen, ab exsequiis quod dare fama solet*

Acts 3. 19.

2. Inquire into the Repentance of thy former life particularly; whether it were of a great and perfect grief, and productive of fixed resolutions of holy living, and reductive of these to act; how many daies and nights we have spent in sorrow or care, in habitual and actual pursuances of Vertue; what instrument we have chosen and used for the eradication of sin; how we have judged our selves, and how punished; and, in summe, whether we have by the grace of Repentance changed our life from criminal to vertuous, from one habit to another; and whether we have paid for the pleasure of our sin by smart or sorrow, by the effusion of Alms, or pernoctations or abodes in Prayers, so as the spirit hath been served in our Repentance as earnestly and as greatly as our appetites have been provided for in the daies of our shame and folly.

3. Supply the imperfections of thy repentance by a general or universal sorrow for the sins not onely since the last Communion or absolution, but of thy whole life; for all sins known and unknown, repented and unrepented, of ignorance or infirmity, which thou knowest, or which others have accused thee of; thy clamorous and thy whispering sins; the sins of scandal and the sins of a secret conscience, of the flesh and of the spirit: for it would be but a sad arrest to thy Soul wandering in strange and unusual regions, to see a scroll of uncanceled sins represented and charged upon thee for want of care and notices, and that thy Repentance shall become invalid because of its imperfections.

4. To this purpose it is usually advised by Spiritual persons, that *the sick man make an universal confession*, or a renovation and repetition of all the particular confessions and accusations of his whole life; that now at the foot of his account he may represent the summe total to God and his Conscience, and make provisions for their remedy and pardon according to his present possibilities.

5. Now is the time to *make reflex acts of Repentance*; that as by a general Repentance we supply the want

want of the just extension of parts; so by this we may supply the proper measures of the intension of degrees. In our health we can consider concerning our own acts whether they be real or hypocritical, essential or imaginary, sincere or upon interest, integral or imperfect, commensurate or defective. And although it is a good caution of securities, after all our care and diligence still to suspect our selves and our own deceptions, and for ever to beg of God pardon and acceptance in the union of Christ's Passion and Intercession: yet, in proper speaking, *reflex* acts of Repentance, being a suppletory after the imperfection of the *direct*, are then most fit to be used when we cannot proceed in and prosecute the direct actions. To repent because we cannot repent, and to grieve because we cannot grieve, was a device invented to serve the turn of the mother of *Peter Gratian*: but it was used by her, and so advised to be, in her sickness, and last actions of Repentance: For in our perfect health and understanding if we do not understand our first act, we cannot discern our second; and if we be not sorry for our sins, we cannot be sorry for want of sorrows: it is a contradiction to say we can; because want of sorrow to which we are obliged is certainly a great sin; and if we can grieve for that, then also for the rest; if not for all, then not for this. But in the daies of weakness the case is otherwise; for then our actions are imperfect, our discourse weak, our internal actions not discernible, our fears great, our work to be abbreviated, and our defects to be supplied by spiritual arts: and therefore it is proper and proportionate to our state, and to our necessity, to beg of God pardon for the imperfections of our Repentance, acceptance of our weaker sorrows, supplies out of the treasures of grace and mercy. And thus repenting of the evil and unhandsome adherencies of our Repentance, in the whole integrity of the duty it will become a *Repentance not to be repented of*.

Ou pendre,  
ou rendre,  
ou les peines  
d'enfer at-  
tendre.

6. Now is the time beyond which the sick man must at no hand defer to make restitution of all his unjust

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possessions,

*possessions*, or other mens rights, and satisfactions for all injuries and violences, according to his obligation, and possibilities : for although many circumstances might impede the acting it in our life-time, and it was permitted to be deferred in many cases, because by it justice was not hindred, and oftentimes piety and equity were provided for; yet because this is the last scene of our life, he that does not act it so far as he can, or put it into certain conditions and order of effecting, can never do it again, and therefore then to defer it is to omit, and leaves the Repentance defective in an integral and constituent part.

7. Let the sick man be diligent and watchful, that the principle of his Repentance be *Contrition*, or sorrow for sins, commenced upon the love of God. For although sorrow for sins upon any motive may lead us to God by many intermedial passages, and is the threshold of returning sinners; yet it is not good nor effective upon our death-bed; because Repentance is not then to begin, but must then be finished and completed; and it is to be a supply and preparation of all the imperfections of that duty, and therefore it must by that time be arrived to *Contrition*, that is, it must have grown from Fear to Love, from the passions of a Servant to the affections of a Son. The reason of which (besides the precedent) is this, Because when our Repentance is in this state, it supposes the man also in a state of grace, a well-grown Christian, for to hate sin out of the love of God is not the felicity of a new Convert, or an infant Grace, (or if it be, that love also is in its infancy;) but it supposes a good progress, and the man habitually vertuous, and tending to perfection: and therefore *Contrition*, or Repentance so qualified, is usefull to great degrees of pardon, because the man is a gracious person, and that vertue is of good degree, and consequently a fit employment for him that shall work no more, but is to appear before his Judge to receive the hire of his day. And if his Repentance be *Contrition* even before this state of sickness, let it be increased by spiritual arts, and the proper exercises of Charity.

*Means*



*Means of exciting Contrition, or Repentance of ſins, proceeding from the Love of God.*

**T**O which purpoſe the ſick man may conſider, and is to be re-minded, (if he does not) that there are in God all the motives and cauſes of Amability in the world: \* That God is ſo infinitely good, that there are ſome of the greateſt and moſt excellent ſpirits of Heaven whoſe work, and whoſe felicity, and whoſe perfections, and whoſe nature it is, to flame and burn in the brighteſt and moſt excellent love: \* That to love God is the greateſt glory of Heaven: \* That in him there are ſuch excellencies, that the ſmalleſt rayes of them communicated to our weaker underſtandings are yet ſufficient to cauſe raviſhments, and transportations, and ſatisfactions, and *joyes unſpeakable and full of glory*: \* That all the wiſe Chriſtians of the world know and feel ſuch cauſes to love God, that they all profeſs themſelves ready to die for the love of God, \* and the Apoſtles and millions of the Martyrs did die for him: \* and although it be harder to live in his love then to die for it, yet all the good people that ever gave their names to Chriſt did for his love endure the crucifying their luſts, the mortification of their appetites, the contradictions and death of their moſt paſſionate, natural deſires: \* That Kings and Queens have quitted their Diadems, and many married Saints have turned their mutual vows into the love of Jeſus, and married him onely, keeping a virgin chaſtity in a married life, that they may more tenderly expreſs their love to God: \* That all the good we have derives from God's love to us, and all the good we can hope for is the effect of his love, and can deſcend onely upon them that love him: \* That by his love it is that we receive the holy Jeſus, \* and by his love we receive the holy Spirit, \* and by his love we feel peace and joy within our ſpirits, \* and by his love we receive the myſterious Sacrament. \* And what can be greater, then that from the goodneſs and love of God we receive Jeſus Chriſt, and  
the

the holy Ghost, and Adoption, and the inheritance of sons, and to be co-heirs with *Jesuw*, and to have pardon of our sins, and a divine nature, and restraining grace, and the grace of sanctification, and rest and peace within us, and a certain expectation of glory?

\* Who can chuse but love him who, when we had provoked him exceedingly, sent his Son to die for us, that we might live with him; who does so desire to pardon us and save us, that he hath appointed his holy Son continually to intercede for us? \* That his love is so great, that he offers us great kindness, and intreats us to be happy, and makes many decrees in Heaven concerning the interest of our Soul, and the very provision and support of our persons, \* That he sends an Angel to attend upon every of his servants, and to be their guard and their guide in all their dangers and hostilities: \* That for our sakes he restrains the Devil, and put his mightiness in fetters and restraints, and chastises his malice with decrees of grace and safety: \* That he it is who makes all the creatures serve us, and takes care of our sleeps, and preserves all plants and elements, all minerals and vegetables, all beasts and birds, all fishes and insects, for food to us and for ornament, for physic and instruction, for variety and wonder, for delight and for Religion: \* That as God is all good in himself, and all good to us, so sin is directly contrary to God, to Reason, to Religion, to Safety and Pleasure and Felicity: \* That it is a great dishonour to a man's spirit to have been made a fool by a weak temptation and an empty lust; and to have rejected God, who is so rich, so wise, so good, and so excellent, so delicious, and so profitable to us: \* That all the Repentance in the world of excellent men does end in Contrition, or a sorrow for sins proceeding from the love of God; because they that are in the state of Grace do not fear Hell violently, and so long as they remain in God's favour, although they suffer the infirmities of men, yet they are God's portion; and therefore all the Repentance of just and holy men, which is certainly the best, is a Repentance not for  
lower

lower ends, but becauſe they are the friends of God, and they are full of indignation that they have done an aſt againſt the honour of their Patron, and their deareſt Lord and Father: \* That it is a huge imperfection and a ſtate of weakneſs to need to be moved with fear or temporal reſpects, and they that are ſo; as yet are either immerged in the affections of the world or of themſelves; and thoſe men that bear ſuch a character are not yet eſteemed laudable perſons, or men of good natures, or the ſons of Vertue: \* That no Repentance can be laſting that relies upon any thing but the love of God; for temporal motives may ceaſe, and contrary contingencies may ariſe, and fear of Hell may be expelled by natural or acquired hardneſſes, and is alwaies the leaſt when we have moſt need of it, and moſt cauſe for it; for the more habitual our ſins are, the more cauterized our Conſcience is, the leſs is the fear of Hell, and yet our danger is much the greater: \* That although fear of Hell or other temporal motives may be the firſt inlet to a Repentance, yet Repentance in that conſtitution and under thoſe circumſtances cannot obtain pardon, becauſe there is in that no union with God, no adheſion to Chriſt, no endearment of paſſion or of ſpirit, no ſimilitude or conformity to the great inſtrument of our Peace, our glorious Mediator: for as yet a man is turned from his ſin, but not converted to God; the firſt and laſt of our returns to God being Love, and nothing but Love: for Obedience is the firſt part of Love, and Fruition is the laſt; and becauſe he that does not love God cannot obey him, therefore he that does not love him cannot enjoy him.

Now that this may be reduced to practice, the ſick man may be advertiſed that in the actions of Repentance \* he ſeparate low, temporal, ſenſual and ſelf-ends from his thoughts, and ſo doe his Repentance, \* that he may ſtill reflect honour upon God, \* that he confeſs his juſtice in puniſhing, \* that he acknowledge himſelf to have deſerved the worſt of evils, \* that he heartily believe and profeſs that if he periſh finally, yet that God ought to be glorified by that ſad event.  
and

and that he hath truly merited so intolerable a calamity :  
 \* that he also be put to make acts of election and preference , professing that he would willingly endure all temporal evils rather then be in the disfavor of God or in the state of sin ; for by this last instance he will be quitted from the suspicion of leaving sin for temporal respects, because he by an act of imagination or feigned presence of the object to him, entertains the temporal evil that he may leave the sin ; and therefore, unless he be an hypocrite, does not leave the sin to be quit of the temporal evil. And as for the other motive of leaving sin out of the fear of Hell, because that is an evangelical motive conveyed to us by the Spirit of God , and is immediate to the love of God ; if the School-men had pleased, they might have reckoned it as the hand-maid, and of the *retinue* of Contrition : but the more the considerations are sublimed above this, of the greater effect and the more immediate to pardon will be the Repentance.

5. *Let the sick persons do frequent actions of Repentance by way of Prayer for all those sins which are spiritual , and in which no restitution or satisfaction material can be made, and whose contrary acts cannot in kind be exercised.* For penitential Prayers in some cases are the onely instances of Repentance that can be. An Envious man, if he gives God hearty thanks for the advancement of his brother , hath done an act of mortification of his Envy, as directly as corporal austerities are an act of Chastity, and an enemy to Uncleaness : and if I have seduced a person that is dead or absent, if I cannot restore him to sober counsels by my discourse and undeceiving him, I can onely repent of that by way of Prayer : and Intemperance is no way to be rescinded or punished *by a dying man* but by hearty Prayers, Prayers are a great help in all cases ; in some they are proper acts of Vertue, and direct enemies to sin ; but although alone and in long continuance they alone can cure some one or some few little habits , yet they can never alone change the state of the man ; and therefore  
 are

are intended to be a suppletory to the imperfections of other acts: and by that reason are the proper and most pertinent employment of a *Clinic* or death-bed penitent.

9. In those sins whose proper cure is *Mortification corporat*, the sick man is to supply that part of his Repentance by a patient submission to the rod of sickness: for sickness does the work of penances, or sharp afflictions and dry diet, perfectly well: to which if we also put our wills, and make it our act by an after-election, by confessing the justice of God, by bearing it sweetly, by begging it may be medicinal, there is nothing wanting to the perfection of this part, but that God confirm our Patience, and hear our prayers. When the *guilty* man runs to punishment, the *injured* person is prevented, and hath no whither to go but to forgiveness.

Quid debent læsi facere, ubi rei ad poenam confugiunt?

10. I have learned but of one suppletory more for the perfection and proper exercise of a sick man's Repentance; but it is such a one as will go a great way in the abolition of our past sins, and making our peace with God, even after a less severe life; and that is, That the sick man do some heroical actions in the matter of Charity, or Religion, of Justice, or Severity. There is a story of an infamous Thief, who having begged his pardon of the Emperour *Mauricius*, was yet put into the Hospital of *S. Sampson*, where he so plentifully bewailed his sins in the last agonies of his death, that the Physician who attended found him unexpectedly dead, and over his face a handkerchief bathed in tears; and soon after some body or other pretended to a revelation of this man's beatitude. It was a rare grief that was noted in this man, which begot in that age a confidence of his being saved; and that Confidence (as things then went) was quickly called a *Revelation*. But it was a stranger severity which is related by *Thomas Cantipratanus* concerning a young Gentleman condemned for Robbery and violence, who had so deep a sense of his sin, that he was not content with a single death, but begged to be tormented, and cut in pieces  
joynt

joynt by joynt, with intermedial senses, that he might by such a smart signifie a greater sorrow. Some have given great estates to the poor and to Religion; some have built Colledges for holy persons; many have suffered Martyrdom: and though those that died under the conduct of the *Maccabees* in defence of their Countrey and Religion had pendants on their breasts consecrated to the idols of the *Jannenses*; yet that they gave their lives in such a cause with so great a duty, (the biggest things they could doe or give) it was esteemed to prevail hugely towards The pardon and acceptation of their persons. An heroic action of Vertue is a huge compendium of Religion: For if it be attained to by the usual measures and progress of a Christian, from inclination to act, from act to habit, from habit to abode, from abode to reigning, from reigning to perfect possession, from possession to extraordinary emanations, that is, to heroic actions, then it must needs do the work of man, by being so great towards the work of God: but if a man comes thither *per saltum*, or on a sudden, (which is seldome seen) then it supposes the man alwaies well inclined, but abused by accident or hope, by confidence or ignorance; then it supposes the man for the present in a great fear of evil, and a passionate desire of pardon; it supposes his apprehensions great, and his time little; and what the event of that will be, no man can tell: but it is certain that *to some purposes* God will account for our Religion on our death-bed, not by the measures of our time,

Vera ad Deum conversio in ultimis positorum mente potius est aestimanda quam tempora. Col. P. ep. 2. c. 9. Vera conversio) scil. ab infidelitate ad fidem Christi per Baptismum.

but the eminency of affection (as said *Celestine* the first;) that is, supposing the man in the state of Grace, or in the revealed possibility of Salvation, then an heroical act hath the reward of a longer series of good actions, in

an even and ordinary course of Vertue.

II. In what can remain for the perfecting a sick mans Repentance, he is to be helped by the ministries of a spiritual Guide.

S E C T. VII.

*Acts of Repentance by way of Praier and Ejaculation, to be uſed eſpecially by Old men in their age, and by all men in their Sickneſs.*

**L** E T us ſearch and try our waies, and turn again Lam. 3. 40  
to the Lord. Let us liſt up our hearts with our hands 41,  
unto God in the heavens. We have tranſgreſſed and re- 42,  
belled; and thou haſt not pardoned. Thou haſt covered  
with anger and perſecuted us; thou haſt ſlain, thou haſt 43,  
not pittied. O cover not thy ſelf with a cloud; but let our 44.  
praier paſs through.

I have ſinned, what ſhall I do unto thee, O thou pre-Job 7. 20,  
ſerver of men? why haſt thou ſet me as a mark againſt thee,  
ſo that I am a burthen to my ſelf? And why doſt not thou 21.  
pardon my tranſgreſſion, and take away mine iniquity? for  
now ſhall I ſleep in the duſt, and thou ſhalt ſeek me in the  
morning, but I ſhall not be.

The Lord is righteous, for I have rebelled againſt his Lam. 1. 18,  
commandments. Hear, I pray, all ye people, behold  
my ſorrows. Behold, O Lord, I am in diſtreſs, my bowels 40.  
are troubled, my heart is turned within me: for I have  
grievouſly rebelled.

Thou, O Lord, remaineſt for ever; thy throne from gene- Lam. 5. 19  
ration to generation. Wherefore doſt thou forget us for 20,  
ever, and forſake us ſo long time? Turn thou us unto thee, 21,  
O Lord, and ſo ſhall we be turned: renew our daies as of  
old. O rejeſt me not utterly, and be not exceeding wroth 22.  
againſt thy ſervant.

O remember not the ſins of my youth, nor my tranſgreſſi- Pſal. 25. 7.  
ons: but according to thy mercies remember thou me, for thy  
goodneſs ſake, O Lord. Do thou for me, O God the Lord, for Pſal. 109.  
thy Name's ſake: becauſe thy mercy is good, deliver thou me. 21,  
For I am poor and needy, and my heart is wounded within 22,  
me. I am gone like the ſhadow that declineth, I am toſſed 23.  
up and down as the locuſt.

Then

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Luk. 19. 8. Then Zacheus stood forth and said, Behold, Lord, half of my goods I give to the poor; and if I have wronged any man, I restore him fourfold.

Psa. 143. 1 Hear my prayer, O Lord, and consider my desire. Let

Psa. 141. 3 my prayer be set forth in thy sight as the incense, and let the lifting up of my hands be an evening sacrifice.

Psa. 143. 2, And enter not into judgement with thy servant; for in thy sight shall no man living be justified. Teach me to

10. do the thing that pleaseth thee, for thou art my God: let thy loving spirit lead me forth into the land of righteousness.

Psa. 101. 1, I will [speak] of mercy and judgment: unto thee, O Lord, will I [make my prayer.] I will behave myself wisely in a

2. perfect way. O when wilt thou come unto me? I will walk in my house with a perfect heart. I will set no wicked thing

3. before mine eyes: I hate the work of them that turn aside: it shall not cleave to me.

Psa. 51. 9, Hide thy face from my sins, and blot out all mine iniquities. Create in me a clean heart, O God, and renew

10, a right spirit within me. Deliver me from Bloud-guiltiness, O God, [from Malice, Envy, the follies of Lust

14, and Violences, of Passion, &c.] thou God of my salvation; and my tongue shall sing aloud of thy righteousness.

17. The sacrifice of God is a broken heart: a broken and a contrite heart, O God, thou wilt not despise.

Lord, I have done amiss; I have been deceived: let so great a wrong as this be removed, and let it be so no more.

The Prayer for the grace and perfection of Repentance.

I.

O Almighty God, thou art the great Judge of all the world, the Father of our Lord Jesus Christ, the Father of mercies, the Father of Men and Angels, thou lovest not that a sinner should perish, but delightest in our conversion and salvation, and hast in our Lord Jesus Christ established the Covenant of Repentance, and promised pardon to all them that confess their sins and forsake



forake them: O my God, be thou pleased to work in me what thou hast commanded should be in me. Lord, I am a dry tree, who neither have brought forth fruit unto thee and unto holiness, nor have wept out salutary tears, the instrument of life and restitution, but have behaved my self like an unconcerned person in the ruines and breaches of my Soul: But, O God, thou art my God, early will I seek thee; my Soul thirsts for thee in a barren and thirsty land where no water is. Lord, give me the grace of tears and pungent sorrow, let my heart be as a land of rivers of waters, and my head a fountain of tears: turn my Sin into Repentance, and let my Repentance proceed to Pardon and refreshment.

Psal. 63. 1.

II.

Support me with thy Graces, strengthen me with thy Spirit, soften my heart with the fire of thy love, and the dew of Heaven, with penitential showers: make my care prudent, and the remaining portion of my daies like the perpetual watches of the night, full of caution and observance, strong and resolute, patient and severe. I remember, O Lord, that I did sin with greediness and passion, with great desires and unabated choice: O let me be as great in my Repentance as ever I have been in my calamity and shame; let my hatred of sin be great as my love to thee, and both as near to infinite as my proportion can receive.

III.

O Lord, I renounce all affection to sin, and would not buy my health nor redeem my life with doing any thing against the laws of my God, but would rather die then offend thee. O dearest Saviour, have pity upon thy servant, let me by thy sentence be doomed to perpetual penance during the abode of this life; let every sigh be the expression of a Repentance, and every groan an accent of spiritual life, and every stroke of my disease a punishment of my sin, and an instrument of pardon; that at my return to the land of innocence and pleasure I may eat of the votive sacrifice

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of

of the Supper of the Lamb, that was from the beginning of the world slain for the sins of every sorrowful and returning sinner. O grant me sorrow here and joy hereafter, through Jesus Christ, who is our hope, the resurrection of the dead, the justifier of a sinner, and the glory of all faithful souls. Amen.

*A Prayer for Pardon of sins to be said frequently in time of Sicknes, and in all the portions of Old age.*

## I.

O Eternal and most gracious Father, I humbly throw my self down at the foot of thy mercy-seat, upon the confidence of thy essential mercy, and thy commandment, that we should come boldly to the throne of grace, that we may find mercy in time of need. O my God, hear the prayers and cries of a sinner, who calls earnestly for mercy. Lord, my needs are greater then all the degrees of my desire can be; unless thou hast pity upon me, I perish infinitely and intolerably; and then there will be one vice fewer in the quire of singers, who shall recite thy praises to eternal ages. But, O Lord, in mercy deliver my Soul. O Save me for thy mercy's sake. For in the second death there is no remembrance of thee; in that grave who shall give thee thanks?

Psal. 6.  
4, 5.

## II.

O Just and dear God, my sins are innumerable, they are upon my soul in multitudes, they are a burthen too heavy for me to bear; they already bring sorrow and sickness, shame and displeasure, guilt and a decaying spirit, a sense of thy present displeasure, and fear of worse, of infinitely worse. But it is to thee so essential, so delightful, so usual, so desired by thee to shew mercy, that although my sin be very great, and my fear proportionable, yet thy Mercy is infinitely greater then all the world, and my hope and my comfort rise up in proportions towards it, that I trust the Devils shall never be able to reprove it, nor my own weakness discompose it. Lord, thou hast sent thy Son

to die for the pardon of my sins; thou hast given me thy holy Spirit, as a seal of Adoption to confirm the article of Remission of sins; thou hast for all my sins still continued to invite me to conditions of Life by thy ministers the Prophets; and thou hast with variety of holy acts softened my spirit, and possessed my fancy, and instructed my Understanding, and bended and inclined my Will, and directed or over-ruled my Passions in order to Repentance and Pardon: and why should not thy servant beg passionately, and humbly hope for the effects of all these thy strange and miraculous acts of loving kindness? Lord, I deserve it not, but I hope thou wilt pardon all my sins; and I beg it of thee for Jesus Christ his sake, whom thou hast made the great endearment of thy promises, and the foundation of our hopes, and the mighty instrument whereby we can obtain of thee whatsoever we need and can receive.

III.

O My God, how shall thy servant be disposed to receive such a favour, which is so great that the ever-blessed Jesus did die to purchase it for us; so great, that the falling angels never could hope, and never shall obtain it? Lord, *I do from my soul forgive all that have sinned against me: O forgive me my sins, as I forgive them that have sinned against me.* Lord, *I confess my sins unto thee daily*, by the accusations and secret acts of Conscience; and if we confess our sins, thou hast called it a part of justice to forgive us our sins, and to cleanse us from all unrighteousness. Lord, *I put my trust in thee*; and thou art ever gracious to them that put their trust in thee. *I call upon my God for mercy*; and thou art always more ready to hear than we to pray. But all that I can do, and all that I am, and all that I know of my self, is nothing but sin, and infirmity, and misery; therefore I go forth of my self, and throw my self wholly into the arms of thy mercy through Jesus Christ, and beg of thee for his Death and Passion's sake, by his Resurrection and Ascension, by all the parts of our Redemption, and thy infinite Mercy,

in which thou pleasest thy self above all the works of the creation, to be pitiful and compassionate to thy servant in the abolition of all my sins: so shall I praise thy glories with a tongue not defiled with evil language, and a heart purged by thy grace, quitted by thy mercy, and absolved by thy sentence, from generation to generation. Amen.

*An Act of holy resolution of Amendment of life in case of Recovery.*

**O** Most just and most merciful Lord God, who hast sent evil diseases, sorrow and fear, trouble and uneasiness, briars and thorns into the world, and planted them in our houses, and round about our dwellings, to keep sin from our Souls, or to drive it thence; I humbly beg of thee that this my Sickness may serve the ends of the Spirit, and be a messenger of spiritual life, an instrument of reducing me to more religious and sober courses. I say, O Lord, that I am unready and unprepared in my accounts, having thrown away great portions of my time in vanity, and set my self hugely back in the accounts of eternity; and I had need live my life over again, and live it better: but thy counsels are in the great deep, and thy footsteps in the water; and I know not what thou wilt determine of me. If I die, I throw my self into the arms of the Holy Jesus, whom I love above all things: and if I perish, I know I have deserved it; but thou wilt not reject him that loves thee: But if I recover, I will live by thy grace and help to do the work of God, and passionately pursue my interest of Heaven, and serve thee in the labour of love, with the charities of a holy zeal, and the diligence of a firm and humble obedience. Lord, I will dwell in thy temple, and in thy service; Religion shall be my employment, and Alms shall be my recreation, and Patience shall be my rest, and to do thy will shall be my meat and drink, and to live shall be Christ, and then to die shall be gain.

*O spare me a little, that I may recover my strength, before*

before I go hence and be no more seen. They will be done on earth as it is in heaven. Amen.

SECT. VIII.

An Analysis or Resolution of the Decalogue, and the special Precepts of the Gospel, describing the Duties enjoined, and the Sins forbidden respectively; for the assistance of sick men in making their Confessions to God and his Ministers, and the rendering their Repentance more particular and perfect.

1. **T**Hou shalt have none other Gods but me.] Duties commanded are, 1. To love God above all things. 2. To obey him and fear him. 3. To worship him with prayers, vows, thanksgivings, presenting to him our Souls and bodies, and all such actions and expressions which the consent of Nations or the Laws and customs of the place where we live have appropriated to God. 4. To design all to God's glory. 5. To inquire after his will. 6. To believe all his word. 7. To submit to his Providence. 8. To proceed toward all our lawful ends by such means as himself hath appointed. 9. To speak and think honourably of God, and recite his praises, and confess his Attributes and perfections.

They sin against this Commandment, 1. Who love themselves or any of the creatures inordinately and intemperately. 2. They that despise or neglect any of the Divine Precepts. 3. They that pray to unknown, or false gods. 4. They that disbelieve or deny there is a God. 5. They that make vows to creatures. 6. Or say prayers to the honour of Men or Women, or Angels, as *Pater-nosters* to the honour of the Virgin Mary, or *S. Peter*, which is a taking a part of that honour which is due to God, and giving it to the creature: it is a Religion paid to men and women out of God's proper portion, out of prayers directed to God immediately; and it is an act contrary to that Religion which makes

God the last end of all things; For this through our addresses to God passes something to the creatures, as if they stood beyond him; for by the intermedial worship paid to God, they ultimately do honour to the Man, or Angel. 7. They that make consumptive oblations to the creatures; as the *Collyridians*, who offered cakes, and those that burnt incense or candles to the Virgin Mary. 8. They that give themselves to the Devil, or make contracts with him, and use phantastic conversation with him. 9. They that consult Witches and Fortune-tellers. 10. They that rely upon Dreams and superstitious observances: 11. That use charms, spells, superstitious words and characters, verses of Psalms, the consecrated elements, to cure diseases, to be shot-free, to recover stolen goods, or enquire into secrets: 12. That are wilfully ignorant of the laws of God, or love to be deceived in their persuasions, that they may sin with confidence. 13. They that neglect to pray to God. 14. They that arrogate to themselves the glory of any action or power, and do not give the glory to God, as *Herod*. 15. They that doubt of or disbelieve any article of the Creed, or any proposition of Scripture, or put false glosses to serve secular or vicious ends, against their Conscience, or with violence any way done to their Reason. 16. They that violently or passionately pursue any temporal end with an eagerness greater than the thing is in prudent account. 17. They that make Religion to serve ill ends, or do good to evil purposes, or evil to good purposes. 18. They that accuse God of injustice or unmercifulness, remissness or cruelty; such as are the presumptuous, and the desperate. 19. All Hypocrites and pretenders to Religion, walking in forms and shadows, but denying the power of godliness. 20. All impatient persons, all that repine or murmur against the prosperities of the wicked, or the calamities of the godly, or their own afflictions. 21. All that blaspheme God, or speak dishonourable things of so sacred a Majesty. 22. They that tempt God, or rely upon his protection against his rules, and without his promise, and besides reason,

reason, entering into danger from which without a miracle they cannot be rescued. 23. They that are bold in the midst of judgment, and fearless in the midst of the Divine vengeance, and the accents of his anger.

II. Comm. *Thou shalt not make to thyself any graven image, nor worship it.*]

*The moral Duties of this Commandment are,* 1. To worship God with all bodily worship and external forms of address, according to the custome of the Church we live in. 2. To believe God to be a spiritual and pure substance, without any visible form or shape. 3. To worship God in waies of his own appointing, or by his proportions, or measures of Nature, and right Reason; or public and holy customs.

*They sin against this Commandment,* 1. That make any Image or pictures of the Godhead, or fanſie any likeness to him. 2. They that use Images in their Religion, designing or addressing any religious worship to them: for if this thing could be *naturally tolerable*, yet it is too near *an intolerable* for a jealous God to suffer. 3. They that deny to worship God with lowly reverence of their bodies, according as the Church expresses her reverence to God externally. 4. They that invent or practise superstitious worshippings, invented by man against God's word, or without reason, or besides the public customs or forms of worshipping, either foolishly or ridiculously, without the purpose of order, decency, proportion to a wise or a religious end, in prosecution of some vertue or duty.

III. Com. *Thou shalt not take God's Name in vain.*]

*The Duties of this Commandment are,* 1. To honour and revere the most holy Name of God. 2. To invoke his Name directly, or by consequence, in all solemn and permitted adjurations, or public oaths. 3. To use all things and persons upon whom his Name is called, or any waies imprinted, with a regardful and

separate manner of usage, different from common, and far from contempt and scorn. 4. To swear in truth and judgment.

*They sin against this Commandment,* 1. Who swear vainly and customarily, without just cause, without competent authority. 2. They that blaspheme or curse God. 3. They that speak of God without grave cause or solemn occasion. 4. They that forswear themselves; that is, they that do not perform their vows to God; or that swear, or call God to witness to a lie. 5. They that swear rashly, or maliciously, to commit a sin, or an act of revenge. 6. They that swear by any creature falsely, or any way but as it relates to God, and consequently invokes his testimony. 7. All curious inquiries into the secrets, and intruders into the mysteries and hidden things of God. 8. They that curse God, or curse a creature by God. 9. They that profane Churches, holy Utensils, holy persons, holy customs, holy Sacraments. 10. They that provoke others to swear voluntarily, and by design, or incuriously, or negligently, when they might avoid it. 11. They that swear to things uncertain and unknown,

*IV. Comm. Remember that thou keep holy the Sabbath-day.*

*The Duties of this Commandment are,* 1. To set apart some portions of our time for the immediate offices of Religion, and glorification of God. 2. This is to be done according as God or his holy Church hath appointed. 3. One day in seven is to be set apart. 4. The Christian day is to be subrogated into the place of the Jews day: the Resurrection of Christ and the Redemption of man was a greater blessing then to create him. 5. God on that day to be worshipped and acknowledged as our Creator, and as our Saviour. 6. The day to be spent in holy offices, in hearing Divine service, public prayers, frequenting the Congregations, hearing the Word of God read or expounded, reading good books, meditation, alms, reconciling enmities,



mittee, remission of burthens and of offences, of debts and of works friendly offices, neighbourhood, and provoking one another to good works; and to this end all servile works must be omitted, excepting necessarie and charitable offices to men or beasts, to our selves or others.

*They sin against this Commandment,* 1. That do, or compel or entice others to do, servile works without the cases of necessity or charity, to be estimated according to common and prudent accounts. 2. They that refuse or neglect to come to the public assemblies of the Church, to hear and assist at the Divine offices intirely. 3. They that spend the day in idleness, forbidden or vain recreations, or the actions of sin and folly. 4. They that buy and sell without the cases of permission. 5. They that travel unnecessary journeys. 6. They that act or assist in contentions or law-suits, markets, fairs, &c. 7. They that on that day omit their private devotion, unless the whole day be spent in public. 8. They that by any cross or contradictory actions against the customes of the Church do purposely desecrate or unhallow and make the day common; as they that in despight and contempt fast upon the Lord's day, lest they may celebrate the Festival after the manner of the Christians.

V. Comm. *Honour thy father and thy mother.*]

*The Duties are,* 1. To do honour and reverence to, and to love our natural Parents. 2. To obey all their domestic commands; for in them the scene of their authority lies. 3. To give them maintenance and support in their needs. 4. To obey Kings and all that are in authority. 5. To pay tribute and honours, custom and reverence. 6. To do reverence to the aged and all our betters. 7. To obey our Masters, spiritual governours and Guides, in those things which concern their severall respective interest and authority.

*They sin against this Commandment,* 1. That despise their Parents age or infirmity. 2. That are ashamed

med of their poverty and extraction. 3. That publish their vices, errours and infirmities, to shame them. 4. That refuse and reject all or any of their lawful commands. 5. Children that marry without or against their consent, when it may be reasonably obtained. 6. That curse them from whom they receive so many blessings. 7. That grieve the souls of their Parents by not complying in their desires, and observing their circumstances. 8. That hate their persons, that mock them, or use uncomely jestings. 9. That discover their nakedness voluntarily. 10. That murmur against their injunctions, and obey them involuntarily. 11. All rebels against their Kings, or the supreme Power, where it is legally and justly invested. 12. That refuse to pay tributes and impositions imposed legally. 13. They that disobey their Masters, murmur or repine against their commands, abuse or deride their persons, talk rudely, &c. 14. They that curse the King in their

Credebunt hoc grande nefas & morte pian.  
Si juvenis vetulon non assurrexerat, & si (dum,  
Barbato cuicunque puer.

Juven. Sat. 13.

heart, or speak evil of the Ruler of their people.

15. All that are uncivil and rude towards aged

persons, mockers and scorers of them.

#### VI. Comm. *Thou shalt do no murder.*]

*The Duties are,* 1. To preserve our own lives, the lives of our relatives and all with whom we converse, (or who can need us, and we assist) by prudent, reasonable and wary defences, advocations, discoveries of snares, &c. 2. To preserve our health, and the integrity of our bodies and minds, and of others. 3. To preserve and follow peace with all men.

*They sin against this Commandment,* 1. That destroy the life of a man or woman, himself or any other. 2. That do violence to or dismember or hurt any part of the body with evil intent. 3. That fight duels, or commence unjust wars. 4. They that willingly hasten their own or others death. 5. That by oppression or violence embitter the spirits of any, so as to make their life

life sad, and their death hasty. 6. They that conceal the dangers of their neighbour, which they can safely discover. 7. They that sow strife and contention among neighbours. 8. They that refuse to rescue or preserve those whom they can and are obliged to preserve. 9. They that procure abortion. 10. They that threaten, or keep men in fears, or hate them.

VII. Comm. *Thou shalt not commit adultery.*

*The Duties are,* 1. To preserve our bodies in the chastity of a single life, or of marriage. 2. To keep all the parts of our bodies in the care and severities of chastity; so that we be restrained in our eyes as well as in our feet.

*They sin against this Commandment.* 1. Who are adulterous, incestuous, Sodomitical, or commit fornication. 2. They that commit folly alone, dishonouring their own bodies with softness and wantonness. 3. They that immoderately let loose the reins of their bolder appetite, though within the protection of marriage. 4. They that by wanton gestures, wandering eyes, lascivious dressings, discovery of the nakedness of themselves or others, filthy discourse, high diet, amorous songs, balls and revellings, tempt and betray themselves or others to folly. 5. They that marry a woman divorced for adultery. 6. They that divorce their wives, except for adultery, and marry another.

VIII. Comm. *Thou shalt not steal.*

*The Duties are,* 1. To give every man his due. 2. To permit every man to enjoy his own goods and estate quietly.

*They sin against this Commandment* 1. That injure any mans estate by open violence or by secret robbery, by stealth or couzenage, by arts of bargaining or vexatious law-suits. 2. That refuse or neglect to pay their debts when they are able. 3. That are forward to run into debt knowingly beyond their power, without

out hopes or purposes of repayment. 4. Oppressors of the poor. 5. That exact usury of necessitous persons, or of any beyond the permissions of equity as determined by the laws. 6. All sacrilegious persons; people that rob God of his dues or of his possessions. 7. All that game, viz. at Cards and Dice, &c. to the prejudice and detriment of other mens estates. 8. They that imbase coin and metals, and obtrude them for perfect and natural. 9. That break their promises to the detriment of a third person. 10. They that refuse to stand to their bargains. 11. They that by negligence imbecil other mens estates, spoiling or letting anything perish which is intrusted to them. 12. That refuse to restore the pledge.

IX. Comm. *Thou shalt not bear false witness.*]

*The Duties are,* 1. To give testimony to truth, when we are called to it by competent authority. 2. To preserve the good name of our neighbours. 3. To speak well of them that deserve it.

*They sin against this Commandment,* 1. That speak false things in judgment, accusing their neighbours unjustly, or denying his crime publicly when they are asked, and can be commanded lawfully to tell it. 2. Flatterers, and 3. Slanderers; 4. Backbiters, and 5. Detractors. 6. They that secretly raise jealousies and suspicion of their neighbours causelessly.

X. Comm. *Thou shalt not covet.*]

*The Duties are,* 1. To be content with the portion God hath given us. 2. Not to be covetous of other mens goods.

*They sin against this Commandment,* 1. That envy the prosperity of other men. 2. They that desire passionately to be possessed of what is their neighbour's. 3. They that with greediness pursue riches, honours, pleasures and curiosities. 4. They that are too careful, troubled, distracted or amazed, affrighted and afflicted

And with being solicitous in the conduct of temporal blessings.

These are the general lines of Duty by which we may discover our failings, and be humbled, and confess accordingly: only the penitent person is to remember, that although these are the kinds of sins described after the sense of the Jewish Church, which consisted principally in the external action or *the deed done*, and had no restraints upon the thoughts of men, save only in the Tenth Commandment, which was mixt, and did relate as much to action as to thought, (as appears in the instances;) yet upon us Christians there are many circumstances and degrees of obligation which endear our duty with greater severity and observation: and the penitent is to account of himself and enumerate his sins, not only by external actions or *the deed done*, but by words and by thoughts; and so to reckon if he have done it directly or indirectly, if he have caused others to do it, by tempting or incouraging, by assisting or counselling, by not dissuading when he could and ought, by fortifying their hands or hearts, or not weakning their evil purposes; if he have designed or contrived its action, desired it or loved it, delighted in the thought, remembered the past sin with pleasure or without sorrow: These are the *by-ways* of sin, and the *crooked lanes* in which a man may wander and be lost as certainly as in the broad high-ways of iniquity.

But besides this, our Blessed Lord and his Apostles have added divers other precepts; some of which have been with some violence reduced to the Decalogue, and others have not been noted at all in the Catalogues, of confession. I shall therefore describe them intirely, that the sick man may discover his failings, that by the mercies of God in *Jesus Christ* and by the instrument of Repentance he may be presented pure and spotless before the throne of God.

## The special Precepts of the Gospel.

- (a) 1 Thes. 5. 17 1. (a) Prayer, frequent, fervent, holy, and persevering. 2. (b) Faith. 3. (c) Repentance. Luke 18. 1. 4. (d) Poverty of spirit, as opposed to ambition (e) Luke 13. 3. and high designs. 5. And in it is (e) humility, or sitting down in the lowest place, and in giving honour to (d) Matt. 5. 3. go before another. 6. (f) Meekness, as it is opposed (e) Luk. 14. 10 to waywardness, fretfulness, immoderate grieving, John 13. 14. disdain and scorn. 7. Contempt of the world. (f) Matt. 5. 3. 8. (g) Prudence, or the advantageous conduct of Religion. 9. (g) Simplicity, or sincerity in words Col. 3. 12. and actions, pretences and substances. 10. (h) Hope. 11. (i) Hearing the Word. 12. (k) Reading. (b) Rom. 8. 24. 13. (l) Assembling together. 14. (m) Obeying them (i) Luk. 16. 29. that have the rule over us in spirituall affairs. Mark 4. 24. 15. (n) Refusing to communicate with persons, ex- (k) 1 Tim. 4. 13 communicate: whither also may be reduced, (o) to (l) Heb. 10. 25. reject Hereticks. 16. (p) Charity: viz. (q) Love (m) Heb. 13. 17 to God above all things; brotherly kindness, or profitable love to our neighbours as our selves, to (n) 2 Thes. 3. 6. be expressed in Alms, \* forgiveness, and to 2 ep. John 10. (r) die for our brethren. 17. (s) To pluck out the (o) Titus 3. 10. right eye, or violently to rescind all occasions of (p) Colos. 3. 14 sin, though dear to us as an eye. 18. (t) To reprove 1 Tim. 1. 5. our erring brother. 19. (u) To be patient in affli- 2 Tim. 2. 22. ctions: and (x) longanimity is referred hither, or (q) Mar. 12. 30. long-sufferance; which is the perfection and perfe- \* Matt. 6. 14. verance of patience, and is opposed to hastiness (r) 1 Joh. 3. 16. and weariness of spirit. 20. To be (y) thankful to (s) Matt. 18. 9. our benefactors; but above all, in all things to (t) Matt. 18. 15. give thanks to God. 21. (z) To rejoyce in the (u) James 1. 4. Lord alwaies. 22. (a) Not to quench, \* not to Luke 21. 19. grieve, (b) not to resist the Spirit. 23. (c) To love (x) Heb. 12. 3. our wives as Christ loved his Church, and to reve- Gal. 6. 9. rence our husbands. 24. (d) To provide for our (y) Eph. 5. 20. families. 25. (e) Not to be bitter to our children. 2 Thes. 1. 3. Luke 6. 32. 2 Tim. 3. 2. (z) 1 Thes. 5. 16. Philip. 3. 1. & 4. 4. (a) 1 Thes. 5. 19. \* Eph. 4. 30. (b) Acts 7. 51. (c) Ephes. 5. 33. (d) 1 Tim. 5. 8. (e) Colos. 3. 21. 26. (g) To

26. (g) To bring them up in the nurture and admonition of the Lord. 27. (b) Not to despise Prophecy. (b) 1 Thes. 5. 20 ing. 28. (v) To be gentle, and easie to be intreated. (v) 2 Tim. 2. 24 29. (k) To give no scandalor offence. 30. (l) To (k) Matt. 18. 7. follow after peace with all men, and to make peace. 1 Cor. 10. 32. 31. (m) Not to go to law before the unbelievers. (l) Heb. 12. 14. 32. (n) To do all things that are of good report, (m) 1 Cor. 6. 1. or the actions of (o) public honesty; (p) abstaining (n) Philip. 4. 8 from all appearances of evil. 33. (q) To convert (o) 2 Cor. 8. 21. souls, or turn sinners from the error of their waies. (p) 1 Thes. 5. 22 34. (r) To confesse Christ before all the world. (q) James 5. 35. (s) To resist unto blood, if God calls us to it. 19. 20. 36. (t) To rejoyce in tribulation for Christ's sake. (r) Matt. 10. 32 37. (u) To remember and (x) shew forth the Lord's (s) Heb. 12. 4. death till his second coming, by celebrating the (t) Matt. 5. 12. Lord's Supper. 38. (y) To believe all the New James 1. 2. Testament. 39. (z) To adde nothing to Saint (u) Lu. 22. 19. *John's last Book*, that is, to pretend to no new (x) 1 Co. 11. 26 Revelations. 40. To keep the customes of the (y) John 20. Church, her festivals and solemnities; lest we be 30. 31. reproved as the *Corinthians* were by Saint Paul, Acts 3. 23. \* *We have no such customs, nor the Churches of Mark 1. 1. God.* 41. (a) To contend earnestly for the faith. Luke 10. 16. (b) Not to be contentious in matters not concer- (z) Rev. 22. 18 ning the eternal interest of our Souls: but in \* 1 Cor. 11. 16 matters indifferent to *have Faith to our selves.* (a) Jude 3. 42. (c) Not to make schisms or divisions in the bo- (b) Rom. 14. dy of the Church. 43. (d) To call no man Master 13, 22. upon earth, but to acknowledge Christ our Master (c) Rom. 16. 17 and Law-giver, 44. (e) Not to domineer over the (d) Matt. 23. Lord's heritage. 45. (f) To try all things, and 8, 9, 10. keep that which is best. 46. (g) To be temperate (e) 1 Pet. 5. 3. in all things. 47. (b) To deny ourselves. 48. (i) To (f) 1 Joh. 4. 1. mortifie our lusts and their instruments. 49. (k) To 1 Thes. 5. 21. lend looking for nothing again, nothing by way of (g) 1 Cor. 9. 25. increase, nothing by way of recompence. 50. (l) To Tit. 2. 2. watch and stand in readines against the coming of (b) Mat. 16. 24. the Lord. 51. (m) Not to be angry without cause. (i) Col. 3. 5. Rom. 8. 13. (k) Luke 6. 34, 35. (l) Mar. 13. 35. Matt. 24. 42. & 25. 13. (m) Matt. 5. 22. Ephes. 4. 26. 52. (o) Not

- (s) 1 Cor. 6. 10. 52. (o) Not at all to revile. 53. (p) Not to swear. Matth. 5. 22. 54. (q) Not to respect persons. 53. (r) To lay hands suddenly on no man. [ This especially pertains to (p) Matt. 5. 34. \* Bishops. \* To whom also, and to all the Ecclesiastical Order, it is enjoined, that they (s) preach (r) 1 Tim. 5. 22. *the word, that they be instant in season and out of season, that they rebuke, reprove, exhort with all long-suffering and doctrine.* ] 56. To keep the Lord's day, (derived into an obligation from a practice Apostolical.) 57. (t) To do all things to the glory of God. 58. (u) To hunger and thirst after righteousness and its rewards. 59. (x) To avoid foolish questions. 60. (y) To pray for persecutors, and to do good to them that persecute us, and despitefully use us. 61. (z) To pray for all men. 62. (a) To maintain good works for necessary uses. 63. (b) To work with our own hands, that we be not burthensome to others, avoiding idleness. 64. (c) To be perfect as our heavenly Father is perfect. 65. (d) To be liberal and frugal : for he that will call us to account for our time, will also for the spending our money. 66. (e) Not to use uncomely jestings. 67. (f) Modesty ; as opposed to boldness, to curiosity, to undecency. 68. (g) To be swift to hear, slow to speak, 69. (h) To worship the holy [*Jesum*] at the mention of his holy Name : as of old God was at the mention of [*Jebovah*.]

(b) Phil. 2. 10. These are the streight lines of Scripture by which we may also measure our obliquities, and discover crooked walking. If the sick man hath not done these things, or if he have done contrary to any of them in any particular, he hath cause enough for his sorrow, and matter for his confession: of which he needs no other forms, but that he heartily deplore and plainly enumerate his follies, as a man tells the sad stories of his own calamity.



SECT. IX.

Of the sick mans practice of Charity and Justice;  
by way of Rule.

1. **L**ET the sick man set his house in order before he die; state his cases of Conscience, reconcile the fractures of his Family, re-unite brethren, cause right understandings, and remove jealousies; give good counsels for the future conduct of their persons and estates, charm them into Religion by the authority and advantages of a dying person; because the last words of a dying man are like the rooth of a wounded Lion, making a deeper impression in the agony then in the most vigorous strength.

2. Let the sick man discover every secret of art, or profit, Physic, or advantage to mankind, if he may do it without the prejudice of a third person. Some persons are so uncharitably envious, that they are willing that a secret Receipt should die with them, and be buried in their grave, like treasure in the sepulchre of *David*. But this which is a design of Charity, must therefore not be done to any mans prejudice; and the *Mason of Herodotus* the King of *Egypt*, who kept secret his notice of the Kings treasure, and when he was a-dying told his son, betrayed his trust then when he should have kept it most sacredly for his own interest. In all other cases let thy Charity out-live thee, that thou mayest rejoyce in the mansion of rest, because by thy means many living persons are eased or advantaged.

3. Let him make his *Will* with great justice and piety, that is, that the right heirs be not defrauded for collateral respects, fancies or indirect fondnesses; but the inheritances descend in their legal and due chanel: and in those things where we have a liberty, that we take the opportunity of doing vertuously, that is, of considering how God may be best served by our donatives, or how the interest of any vertue may be promoted; in which we are principally to regard the necessities of

Magnifica  
verba mers  
propè ad-  
mota excu-  
tit.  
Nam veræ  
voces tum  
demum pe-  
store ab-  
imo Ejici-  
untur  
Lucret.

our nearest kindred and relatives, servants and friends,

4. Let the *Will* or *Testament* be made with ingenu-

Αὐτὸς δὲ τῷ βασιλεὺς οὕτως ἐλάλει·  
φιλῶντας καὶ συγγενεῖς, καὶ δούλους  
καὶ φίλους καὶ ἑταίρους, καὶ ὅσους  
μὴ παροῖσιν.

Cyrus apud Xenoph. L. 8. instituit.

poorer by the gift. *He hath done me no charity, but dies in my debt, that makes me sue for a Legacy.*

5. It is proper for the state of sickness, and an excellent anealing us to burial, that we give Alms in this state, so burying treasure in our graves, that will not perish, but rise again in the resurrection of the just. Let the dispensation of our Alms be as little intrusted to our Executors as may be, *excepting the lasting and successive portions;* \* but with our own

Lucian. de luctu.

\* Vide reg. 6. paulo infr.

Herodot. Musa 5.

Plin. lib. 4. cap. 11.

Xiphilin. in Severo.

present care let us exercise the Charity, and secure the *stewardship*. It was a custome amongst the old Greeks, to bury horses, clothes, arms, and what-

soever was dear to the deceased person, supposing they might need them, and that without clothes they should be found naked by their Judges; and all the friends did

Αλλ' ὅ, κέρει, τὸ παιδὶ λαχὼντα δῶρα φέρουσι,  
Οἱ μὲν δὲ ψυχῇ δάκρυα καὶ τὸ πένθος.

Nicarchus.

Fallax saepe fides, testataque vota peribunt:  
Constitues tumultum, si sapias, ipse tuum.

use to bring gifts, by such liberality thinking to promote the interest of their dead. But we may offer our *ourselves* best of all; our doles and funeral meals if they be our own early provisions, will then spend the better: and it is good so to carry our passing peny in our hand, & by reaching that hand to the poor, *make a friend in the everlasting habitations.* He that gives

Man, thee behoveth oft to have this in mind,  
That thou givest with thine hand, that shalt thou find.  
For widows be slothful, and children be unkind,  
Executors be covetous, and keep all that they find.  
If any doop ask where the deads goods became;

They answer,

So God me help and Walidam, he died a poor man.

Think on this.

Written upon a wall in S. Edmunds Church in Lumbard-street.

with his own hand shall be sure to find it, and the poor shall find it: but he that trusts Executors

tors

tors with his Charity, and the oeconomy and iſſues of his vertue, by which he muſt enter into his hopes of heaven and pardon, ſhall find but an ill account, when his executors complain he died poor. *Think on this.* To this purpoſe wiſe and pious was the counſel of *Salvian*: 'Let a dying man, who hath nothing elſe of which he may make an effective oblation, offer up to God of his ſubſtance: Let him offer it with compunction and tears, with grief and mourning, as knowing that all our oblations have their value, not by the price, but by the affection; and it is our Faith that commendeth the money, ſince God receives the money by the hands of the poor, but at the ſame time gives, and does not take the bleſſing; becauſe he receives nothing but his own, and man gives that which is none of his own, that of which he is only a ſteward, and ſhall be accountable for every ſhilling. Let it therefore be offered humbly, as a Creditor pays his debts; not magnificently, as a Prince gives a donative: and let him remember that ſuch doles do not pay for the ſin, but they eaſe the puniſhment; they are not proper instruments of redemption, but inſtances of ſupplication, and advantages of prayer; and when we have done well, remember that we have not paid our debt, but ſhewn our willingneſs to give a little of the vaſt ſumme we owe: and he that gives plentifully according to the meaſure of his eſtate, is ſtill behind-hand according to the meaſure of his ſins. Let him pray to God that this late oblation may be accepted; and ſo it will, if it fails to him in a ſea of penitential tears or ſorrows that it is *ſo little*, and that it is *ſo late*.

Contra avaritiam.

6. Let the ſick man's Charity be ſo ordered that it may not come only to deck the funeral and make up the pomp; Charity waiting like one of the ſolemn mourners: but let it be continued, that beſides the Alms of health and ſickneſs, there may be a rejoycing in God for his Charity long after his Funerals, ſo as to become more beneficial and leſs publick; that the poor may pray in private, and give God thanks many daies together. This is matter of prudence, and yet in this

we are to observe the same regards which we had in the Charity and Alms of our lives; with this only difference, That in the Funeral Alms also of rich and able persons the public customs of the Church are to be observed, and decency and solemnity, and the expectations of the poor, and matter of public opinion, and the reputation of Religion; in all other cases let thy Charity consult with Humility and Prudence, that it never minister at all to vanity, but be as full of advantage and usefulness as it may.

[illegible]

7. Every man will forgive a dying person; and therefore let the sick man be ready and sure, if he can, to send to such persons whom he hath injured, and beg their pardon, and do them right: For in this case he cannot stay for an opportunity of convenient and advantageous reconciliation; he cannot then spin out treaty, nor beat down the price of composition, nor lay a snare to be quit from the obligation and coercion of laws; but he must ask forgiveness down-right, and make him amends as he can, being greedy of making use of this opportunity of doing a duty that must be done, but cannot any more, if not now, until time returns again, and tells the minutes backwards, so that yesterday shall be reckoned in the portions of the future.

8. In the intervals of sharper pains, when the sick man amasses together all the arguments of comfort and testimonies of God's love to him and care of him, he must needs find infinite matter of thanksgiving and glorification of God: and it is a proper act of Charity and love to God, and Justice too, that he do honour to God on his death-bed for all the blessings of his life, not onely in general communications, but those by which he hath been separate and discerned from others, or supported and blessed in his own person: Such as are, *[In all my life-time I never broke a bone, I never fell into the hands of robbers, never into public shame, or into noisome diseases; I have not begged my bread, nor been tempted by great and unequal fortunes; God gave me a good understanding, good friends, or deli-*

vered me in ſuch a danger; and heard my prayers in ſuch particular preſſures of my ſpirit.] This or the like enumeration and conſequent acts of thankſgiving are apt to produce love to God, and confidence in the day of trial; for he that \* gave me bleſſings in proportion to the ſtate and capacities of my life, I hope alſo will do ſo in proportion to the needs of my ſickneſs and my death-bed. This we find practiſed as a moſt reaſonable piece of piety by the wiſeſt of the Heathens. So *Antipater Taſenſus* gave God thanks for his proſperous voyage into Greece; and *Cyrus* made a handſome prayer upon the tops of the mountains, when by a phantaſm he was warned of his approaching death. Receive [O God] my Father theſe holy rites by which I put an end to many and great affairs: and I give thee thanks for thy celeftial ſigns and prophetic notices, whereby thou haſt ſignified to me what I ought to do and what I ought not. I preſent alſo my great thanks that I have perceived and acknowledged your care of me, and have never exalted myſelf above my condition for any proſperous accident. And I pray that you will grant felicity to my wiſe, my children, and friends, and to me a death ſuch as my life hath been. But that of *Philaſtrius* in *Gregory Nazianzen* is euchariftical, but it relates more eſpecially to the bleſſings and advantages which are accidentally conſequent to ſickneſs. I thank thee, O Father, and maker of all thy children, that thou art pleaſed to bleſs and to ſanctiſie us even againſt our wills, and by the outward man purgeſt the inward, and lead'eſt us through croſs waies to a bleſſed ending, for reaſons beſt known unto thee. However, when we go from our hoſpital and place of little intermedial reſt in our journey to Heaven, it is fit that we give thanks to the *Major-domo* for our entertainment. When theſe parts of Religion are finiſhed, according to each man's neceſſity, there is nothing remaining of perſonal duty to be done alone, but that the ſick man act over theſe virtues by the renewings of Devotion, and in the way of Prayer; and that is to be continued as long as life, and voice, and reaſon dwell with us.

## SECT. X.

*Acts of Charity, by way of Prayer and Ejaculation ; which may also be used for Thanksgiving, in case of Recovery.*

- Pl. 16. 2, **O** My Soul, thou hast said unto the Lord, Thou art my Lord; my goodness extendeth not to thee:  
 3, But to the Saints that are in the earth, and to the excellent in whom is all my delight. The Lord is the portion of my inheritance and of my cup; thou maintainest my lot.
- Pl. 18. 30. *As for God, his way is perfect: the word of the Lord is tried: he is a buckler to all those that trust in him. For who is God, except the Lord? or who is a rock, save our God? It is God that girdeth me with strength, and maketh my way perfect.*
- Pl. 22. 19, *Be not thou far from me, O Lord: O my strength, haste thee to help me.*
- 20, *Deliver my soul from the sword, my darling from the power of the dog. Save me from the lion's mouth;*  
 21, *and thou hast heard me also from among the horns of the unicorns.*
- 22, *I will declare thy Name unto my brethren; in the midst of the congregation will I praise thee.*
- 23, *Ye that fear the Lord, praise the Lord: ye sons [of God,] glorify him, and fear before him all ye sons [of men,] For he hath not despised nor abhorred the affliction of the afflicted, neither hath he hid his face from him; but when he cried unto him he heard.*
- 24, *As the hart panteth after the water-brooks, so longeth my Soul after thee, O God,*
- Psa. 42. 1. *My Soul thirsteth for God, for the living God: when shall I come and appear before the Lord?*
- 2, *O my God, my Soul is cast down within me. All thy waves and billows are gone over me. As with a sword in my bones I am reproached. Yet the Lord will command his loving-kindness in the day-time; and in the night*

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night his song shall be with me, and my prayer unto the God of my life.

Bless ye the Lord in the congregations; even the Lord Psal. 68. from the fountains of Israel. 26.

My mouth shall shew forth thy righteousness and Psal. 71. thy salvation all the day: for I know not the numbers thereof. 15.

I will go in the strength of the Lord God: I will make mention of thy righteousness, even of thine only. O God, thou hast taught me from my youth; and hitherto have I declared thy wondrous works. But I will hope continually, and will yet praise thee more and more. 16, 17, 14,

Thy righteousness, O God, is very high, who hast done great things. O God, who is like unto thee? Thou which hast shewed me great and sore troubles shalt quicken me again, and shalt bring me up again from the depths of the earth. 19, 20,

Thou shalt increase thy goodness towards me, and comfort me on every side. 21,

My lips shall greatly rejoyce when I sing unto thee; and my Soul which thou hast redeemed. Blessed be the Lord God, the God of Israel, who only doth wondrous things. And blessed be his glorious name for ever; and let the whole earth be filled with his glory. Amen, Amen. Psal. 72. 18, 19.

I love the Lord, because he hath heard my voice and my supplication. The sorrows of death compassed me: I found trouble and sorrow. Then called I upon the Name of the Lord: O Lord, I beseech thee, deliver my Soul. Gracious is the Lord and righteous: yea our God is merciful. Pl. 116. 1, 3, 4,

The Lord preserveth the simple: I was brought low, and he helped me. Return to thy rest, O my Soul: the Lord hath dealt bountifully with me. For thou hast delivered my Soul from death, mine eyes from tears, and my feet from falling. 6, 7, 8,

Precious in the sight of the Lord is the death of his saints. O Lord, truly I am thy servant, I am thy servant, and the son of thine handmaid; thou shalt loose my bounds. 15, 16.

1 Cor. 16. *He that loveth not the Lord Jesus, let him be accursed.*

O that I might love thee as well as ever any creature  
1 John 4. loved thee! *He that dwelleth in love dwelleth in God.*  
16, 18, *There is no fear in love.*

*The Prayer,*

O Most gracious and eternal God and loving Father, who hast poured out thy bowels upon us, and sent the Son of thy love unto us to die for love, and to make us dwell in love, and the eternal comprehensions of thy divine mercies, O be pleased to inflame my heart with a holy Charity toward thee and all the world. Lord, I forgive all that ever have offended me, and beg that both they and I may enter into the possession of thy mercies, and feel a gracious pardon from the same fountain of grace: and do thou forgive me all the acts of scandal whereby I have provoked, or tempted, or lessened, or disturbed any person. Lord, let me never have my portion amongst those that divide the union, and disturb the peace, and break the Charities of the Church, and Christian communion. And though I am fallen into evil times, in which Christendom is divided by the names of an evil division; yet I am in Charity with all Christians, with all that love the Lord Jesus, and long for his coming, and I would give my life to save the Soul of any of my brethren; and I humbly beg of thee that the public calamity of the several societies of the Church may not be impasted to my Soul, to any evil purposes.

II.

Lord, preserve me in the unity of thy holy Church, in the love of God and of my neighbours. Let thy Grace enlarge my heart to remember, deeply to resent, faithfully to use, wisely to improve, and humbly to give thanks to thee for all thy favours, with which thou hast enriched my Soul, and supported my estate, and preserved my person, and rescued me from danger, and invited me to goodness in all the daies and periods  
of



of my life. Thou hast led me through it with an excellent conduct ; and I have gone astray after the manner of men ; but my heart is towards thee. O do unto thy servant as thou usest to do unto those that love thy Name : let thy Truth comfort me , thy Mercy deliver me , thy staff support me , thy Grace sanctifie my sorrow , and thy goodness pardon all my sins , thy Angels guide me with safety in this shadow of death , and thy most holy Spirit lead me into the land of Righteousness , for thy Name's sake which is so comfortable , and for Jesus Christ his sake , our dearest Lord and most gracious Saviour. Amen.



CHAP. V.

Of Visitation of the Sick : Or, the assistance that is to be done to dying persons by the ministry of their Clergy-Guides.

SECT. I.

**G**OD, who hath made no new Covenant with dying persons distinct from the Covenant of the living , hath also appointed no distinct Sacraments for them , no other manner of usages but such as are common to all the spiritual necessities of living and healthful persons. In all the daies of our Religion, from our Baptism to the resignation and delivery of our Soul , God hath appointed his servants to minister to the necessities , and eternally to bless, and prudently to guide, and wisely to judge concerning Souls ; and the Holy Ghost , that *anointing from above* , descends upon us in several effluxes, but ever by the ministeries of the Church. *Our Heads are anointed*

anointed with that Sacred Unction Baptism, (not in ceremony, but in real and proper effect) *our Foreheads* in Confirmation, *our Hands* in Ordinations, *all our Senses* in the Visitation of the sick; and all by the ministry of especially-deputed and instructed persons: and we who all our life-time derive blessings from the fountains of Grace by the channells of Ecclesiastical ministries, must do it then especially when our needs are most pungent and actual. 1. We cannot give up our names to Christ, but the Holy man that ministers in Religion must enroll them, and present the persons, and consign the grace: When we beg for God's Spirit, the Minister can best present our prayers, and by his advocacy hallow our private desires, and turn them into public and potent offices. 2. If we desire to be established and confirmed in the grace and religion of our Baptism, the Holy man, whose hands were anointed by a special ordination to that and its symbolical purposes, laies his hands upon the Catechumen, and *the anointing from above* descends by that ministry. 3. If we would eat the body and drink the blood of our Lord, we must address our selves to the Lord's Table, and he that stands there to bless and to minister can reach it forth, and feed thy Soul; and without his ministry thou canst not be nourished with that heavenly feast, nor thy body consigned to immortality, nor thy Soul refreshed with the Sacramental bread from heaven, except by spiritual suppletories, in cases of necessity and an impossible communion. 4. If we have committed sins, the Spiritual man is appointed to restore us, and to pray for us, and to receive our confessions, and to enquire into our wounds, and to infuse oil and remedy, and to pronounce pardon. 5. If we be cut off from the communion of the faithfull by our own demerits, their holy hands must reconcile us and give us peace; they are our appointed comforters, our instructors, our ordinary Judges: and in the whole, what the children of *Israel* begged of *Moses*, that *God* would no more speak to them alone, but by his servant *Moses*, lest they should be consumed; *God* in compli-

Exod. 20. 19.

ance

ance with our infirmities hath of his own goodness established as a perpetual Law in all ages of Christianity, That God will speak to us by his *Ministers*, and our solemn prayers shall be made to him by *their* advocacy, and his blessings descend from heaven by *their* hands, and our offices return thither by *their* presidencies, and our Repentance shall be managed by *them*, and our pardon in many degrees ministered by *them*: God comforts us by their Sermons, and reproves us by their Discipline, and cuts off some by their severity, and reconciles others by their gentleness, and relieves us by their prayers, and instructs us by their discourses, and heals our sicknesses by their intercession presented to God, and united to Christ's advocacy: and in all this, *they are no causes*, but *servants of the will of God*, instruments of the Divine Grace and order, *stewards* and *dispensers* of the mysteries, and appointed to our Souls to serve and lead, and to help in all accidents, dangers, and necessities.

And they who received us in our Baptism are also to carry us to our grave, and to take care that our end be as our life was, or should have been: and therefore it is established as an Apostolical rule,

\* *Is any man sick among you? let him send for the Elders of the Church, and let them pray over him, &c.*

Οὐκ ἔστιν αἰσῶν ἀσθενῶν, καὶ οὐκ ἔστιν αἰσῶν θανάτου. Xenoph. *lib. 8.*  
\* James 5. 14.

The summe of the duties and offices respectively implied in these words is in the following Rules.

## S E C T. II.

### *Rules for the manner of Visitation of Sick persons.*

1. **L**ET the Minister of Religion be sent to not only against the agony of Death, but be adised with in the whole conduct of the Sickness: for in Sickness indefinitely, and therefore in every Sickness, and therefore in such which are not mortal, which end in health, which have no agony, or final temptations, S. James gives the advice; and the sick man being bound to require

require them, is also tied to do it, when he can know them, and his own necessity. It is a very great evil both in the matter of prudence and piety, that they fear the Priest as they fear the Embalmer, or the Sexton's spade; and love not to converse with him, unless they can converse with no man else; and think his office so much to relate to the other world, that he is not to be treated with while we hope to live in this; and, indeed, that our Religion be taken care of onely when we die: and the event is this, (of which I have seen some sad experience) that the man is deadly sick, and his Reason is useles, and he is laid to sleep, and his life is in the confines of the grave, so that he can do nothing towards the trimming of his lamp; and the Curate shall say a few prayers by him, and talk to a dead man, and the man is not in a condition to be helped, but in a condition to need it hugely. He cannot be called upon to confess his sins, and he is not able to remember them, and he cannot understand an advice, nor hear a free discourse, nor be altered from a passion, nor cured of his fear, nor comforted upon any grounds of Reason or Religion, and no man can tell what is likely to be his fate; or if he does, he cannot prophesie good things concerning him, but evil. Let the Spiritual man come when the sick man can be conversed withal and instructed, when he can take medicine and amend, when he understands, or can be taught to understand the case of his Soul, and the rules of his Conscience; and then his Advice may turn into advantage: it cannot otherwise be usefull.

2. The intercourses of the Minister with the sick man have so much variety in them, that they are not to be transacted at once: and therefore they do not well that send once to see the good man with sorrow, and hear him pray, and thank him, and dismiss him civilly, and desire to see his face no more. To dress a Soul for Funeral is not a work to be dispatched at one meeting: at first he needs a Comfort, and anon something to make him willing to die; and by and by he is tempted to Impatience, and that needs a special cure; and it is  
a great

a great work to make his Confessions well and with advantages; and it may be the man is careless and indifferent, and then he needs to understand the evil of his sin, and the danger of his person; and his cases of Conscience may be so many and so intricate, that he is not quickly to be reduced to peace, and one time the Holy man must pray, and another time he must exhort, a third time administer the holy Sacrament; and he that ought to watch all the periods and little portions of his life, lest he should be surprized and overcome, had need be watched when he is sick, and assisted, and called upon, and reminded of the several parts of his duty, in every instant of his temptation. This article was well provided for among the Easterlings; for the Priests in their Visitations of a sick person did abide in their attendance and ministry for seven daies together. The want of this makes the Visitations fruitless, and the Calling of the Clergy contemptible, while it is not suffered to imprint its proper effects upon them that need it in a lasting ministry.

3. S. James advises, that *when a man is sick he should* Jam. 5. 14.  
*send for the Elders*; one sick man for many Presbyters: Gabriel in  
and so did the Eastern Churches, they sent for seven: 4. sent. dist.  
and, like a colledge of Physicians, they ministred spiri- 23.  
tual remedies, and sent up praers like a quire of singing  
Clerks. In Cities they might do so, while the Chri-  
stians were few, and the Priests many. But when they  
that dwelt in the *Pagi* or villages ceased to be Pagans,  
and were baptized, it grew to be an impossible felicity,  
unless in few cases, and to some more eminent persons:  
but because they need it most, God hath taken care that  
they may best have it; and they that can, are not very  
prudent if they neglect it.

4. Whether they be many or few that are sent to the  
sick person, let the Curate of his Parish or his own  
Confessor be amongst them, that is, let him not be  
wholly advised by strangers who know not his particu-  
lar necessities; but he that is the ordinary Judge cannot  
safely be passed by in his extraordinary necessity, which  
in so great portions depends upon his whole life past:  
and

and it is a matter of suspicion when we decline his judgment that knows us best, and with whom we formerly did converse, either by choice or by law, by private election or public constitution. It concerns us then to make severe and profitable judgments, and not to conspire against our selves, or procure such assistances which may handle us softly, or comply with our weaknesses more then relieve our necessities.

5. When the Ministers of Religion are come, first let them do their ordinary offices, that is, pray for Grace to the sick man, for Patience, for Resignation, for Health, (if it seems good to God in order to his great ends.) For that is one of the ends of the advice of the Apostle. And therefore the Minister is to be sent for, not while the case is desperate, but before the sickness is come to its *crisis* or period. Let him discourse concerning the causes of sickness, and by a general instrument move him to consider concerning his condition. Let him call upon him to set his Soul in order, to trim his lamp, to dress his Soul, to renew acts of grace by way of Prayer, to make amends in all the evils he hath done, and to supply all the defects of duty, as much as his past condition requires and his present can admit.

6. According as the condition of the sickness or the weakness of the man is observed, so the exhortation is to be less, and the prayers more, because the life of the man was his main preparatory; and therefore if his condition be full of pain and infirmity, the shortness and small number of his own acts is to be supplied by the act of the Ministers and standers by, who are in such case to speak more to God for him then to talk to him.

Jan. 5. 16. For the prayer of the righteous when it is *servent* hath a promise to prevail much in behalf of the sick person. But Exhortations must prevail with their own proper weight, not by the passion of the Speaker. But yet this assistance by way of Prayers is not to be done by long offices, but by frequent, and *servent*, and *bold*: in which offices if the sick man joyns, let them be short, and apt to comply with his little strength and great

great infirmities: if they be said in his behalf without his conjunction, they that pray may prudently use their own liberty, and take no measures, but their own devotions and opportunities, and the sick man's necessities.

When he hath made this General address and preparatory entrance to the work of many daies and periods, he may descend to particulars by the following instruments and discourses.

### S E C T. III.

*Of ministering in the sick man's Confession of sins and Repentance.*

THE first necessity that is to be served is that of Repentance, in which the Ministers can in no way serve him but by first exhorting him to *Confession of his sins*, and declaration of the state of his Soul. For unless they know the manner of his life, and the degrees of his restitution, either they can do nothing at all, or nothing of advantage and certainty. His discourses, like *Jonasban's* arrows, may shoot short, or shoot over, but not wound where they should, nor open those humors that need a launcet or a cautery. To this purpose the sick man may be re-minded,

*Arguments and Exhortations to move the Sick man to Confession of sins.*

1. That God hath made a special promise to Confession of sins. *He that confesseth his sins and forsaketh them shall have mercy:* and, *If we confess our sins, God is righteous to forgive us our sins, and to cleanse us from all unrighteousness.* Pro. 28. 13  
1 Joh. 1. 9.
2. That Confession of sins is a proper act and introduction to Repentance.
3. That when the *Jews* being warned by the Sermons of the *Baptist* repented of their sins, they confessed their sins to *John* in the susception of Baptism.
4. That the Matt. 3. 6. Converts in the daies of the Apostles returning to Christianity

Act. 19. 18

1 Cor. 11.  
31.

sianity instantly declared their Faith and their Repen-  
 tance, by Confession and declaration of their deeds  
 which they then renounced, abjured, and confessed  
 to the Apostles. 5. That Confession is an act of ma-  
 ny vertues together. 6. It is the gate of Repentance;  
 7. An instrument of shame and condemnation of our  
 sins; 8. *A glorification of God*, so called by *Joshus*  
 particularly in the case of *Acban*; 9. An acknowledg-  
 ment that God is just in punishing; for by confessing of  
 our sins we also confess his Justice, and are assessors  
 with God in this condemnation of our selves. 10. That  
 by such an act of judging our selves we escape the  
 more angry judgement of God: *S. Paul* expressly ex-  
 hortating us to it upon that very inducement. 11. That  
 Confession of sins is so necessary a duty, that in all  
 Scriptures it is the immediate preface to pardon, and  
 the certain consequent of *godly sorrow*, and an integral  
 or constituent part of that grace, which together with  
*Faith* makes up the whole duty of the Gospel. 12. That  
 in all ages of the Gospel it hath been taught and pra-  
 ctised respectively, that all the Penitents made Con-  
 fessions proportionable to their Repentance, that is,  
 public or private, general or particular. 13. That God  
 by testimonies from heaven, that is, by his Word, and  
 by a consequent rare peace of Conscience, hath given  
 approbation to this holy duty. 14. That by this instru-  
 ment those whose office it is to apply remedies to eve-  
 ry spiritual sickness, can best perform their offices,  
 15. That it is by all Churches esteemed a duty necessary  
 to be done in cases of a troubled Conscience. 16. That  
 what is necessary to be done in one case, and conven-  
 nient in all cases, is fit to be done by all persons.  
 17. That without Confession it cannot easily be judged  
 concerning the sick person whether his Conscience  
 ought to be troubled or no, and therefore it cannot be  
 certain that it is not necessary. 18. That there can be no  
 reason against it but such as consults with flesh and  
 blood, with infirmity and sin, to all which Confession  
 of sins is a direct enemy. 19. That now is that time  
 when all the imperfections of his Repentance and all  
 the



the breaches of his duty are to be made up, and that if he omits this opportunity, he can never be admitted to a salutary and medicinal confession. 20. That Saint James gives an expresse precept, that we Christians should confess our sins to each other, that is, Christian to Christian, brother to brother, the people to their Minister; and then he makes a specification of that duty which a sick man is to do when he hath sent for the Elders of the Church. 21. That in all this there is

no more lies upon him, but if he hides his sins he shall not be dyed, (so said the Wise-man;) but ere long he must appear before the great Judge of men and Angels: and his spirit will be more amazed and confounded to be seen among the Angels of light with the shadows of the works of darkness upon him, that he can suffer by confessing to God in the presence of him whom God hath sent to heal him. However, it is better to be ashamed here than to be confounded hereafter. \* *Pol pudere* \* Plant. Tri-

*praestat quam pigere, totidem literis.* 22. That Confession being in order to Pardon of sins, it is very proper and analogical to the nature of the thing, that it be made there where the Pardon of sins is to be administered: and that, of pardon of sins God hath made the Minister the publisher and dispenser: and all this is besides the accidental advantages which accrue to the Conscience, which is made ashamed, and timorous, and restrained by the mortifications and blushings of discovering to a man the faults committed in secret. 23. That the Ministers of the Gospel are the *Ministers of reconciliation*, are commanded to restore such persons as are overtaken in a fault; and to that purpose they come to offer their Ministry, if they may have cognizance of the fault and person. 24. That in the matter of prudence it is not safe to trust a man's self in the final condition and last security of a man's Soul, a man being no good Judge in his own case. And when a duty is to

Si tacuerit qui percussus est, & non egerit poenitentiam, nec vulnus suum fratri & magistro voluerit confiteri, magister qui linguam habet ad curandum facili ei prodesse non poterit. Si enim erubescat agrotus vulnus medico confiteri, quod ignorat medicina non curat. S. Hieron. ad caput. 10. Eccles. Si enim hoc fecerimus, & revelaverimus peccata nostra non solum Deo, sed & his qui possunt mederi vulneribus nostris atque peccatis, delebuntur peccata nostra. Orig. hom. 17. in Lucam.

Plant. Tri-

Tam facile  
& primum  
est superos  
contemnere  
testes, si  
morta'is i-  
dem nemo  
sciat Juv.  
Sat. 13.

useful in all cases, so necessary in some, and encouraged by promises Evangelical, by Scripture precedents, by the example of both Testaments, and prescribed by injunctions Apostolical, and by the Canon of all Churches, and the example of all ages, and taught us even by the proportions of duty, and the Analogie to the power Ministerial, and the very necessities of every man; he that for stubbornness, or sinful shamefacedness, or prejudice, or any other criminal weakness, shall decline to do it in the daies of his danger, when the vanities of the world are worn off, and all affections to sin are wearied, and the sin it self is pungent

Qui homo culpam admisit in se,  
nullus est tam parvipretii quin  
pudeat, quin purget sese.

and grievous, and that we are certain we shall not escape shame for them hereafter, unless we be ashamed

Plaut. Aulul. of them here, and use all the proper instruments of their pardon; this man, I say, is very near death, but very far off from the kingdom of heaven.

2. The Spiritual man will find in the conduct of this duty many cases and varieties of accidents which will alter his course and forms of proceedings. Most men are of a rude indifferency, apt to excuse themselves, ignorant of their condition, abused by evil principles, content with a general and indefinite Confession; and if you provoke them to it by the foregoing considerations, lest their spirits should be a little uneasie, or not secured in their own opinions, will be apt to say, *They are sinners, as every man hath his infirmity, and be as*

Verum hoc se amplectitur uno, well as any man: But, God  
Hoc amat, hoc laudat, Matronam nullam ego be thanked, they bear no  
Horat. Ser. l. 1. sat. 2. (tango. ill will to any man, or are

no Adulterers, or no Rebels, or they have fought on the right side; and God be merciful to them, for they are sinners. But you shall hardly open their breasts farther: and to enquire beyond this, would be to do the office of an accuser.

3. But, which is yet worse, there are very many persons who have been so used to an habitual course of a constant intemperance, or dissolution in any other instance,

instance, that the crime is made natural and necessary, and the conscience hath digested all the trouble, and the man thinks himself in a good estate, and never reckons any sins, but those which are the egressions and passings beyond his ordinary and daily drunkenness. This happens in the cases of drunkenness, and intemperate eating, and idleness, and uncharitableness, and in lying and vain jestings, and particularly in such evils which the Laws do not punish, and public customs do not shame, but which are countenanced by potent sinners, or evil customs, or good nature, and mistaken civilities.

*Instruments by way of Consideration, to awaken a careless person, and a stupid Conscience.*

IN these and the like cases the Spiritual man must awaken the Lethargy, and prick the Conscience, by representing to him, 1. \* That Christianity is a holy and a strict Religion. 2. \* That many are called, but few are chosen. \* That the number of them that are to be saved is but a very few in respect of those that are to descend into sorrow and everlasting darkness. \* That we have covenanted with God in Baptism to live a holy life. \* That the measures of Holiness in Christian Religion are not to be taken by the evil proportions of the Multitude, and common fame of looser and less severe persons, because *the multitude* is that which *does not enter into heaven*, but *the few, the elect*, the holy servants of *Jesus*. \* That every habitual sin does amount to a very great guilt in the whole, though it be but in a small instance. \* That if the righteous scarcely be saved, then there will be no place for the unrighteous and the sinner to appear in but places of horror and amazement. \* That confidence hath destroyed many Souls, and many have had a sad portion who have reckoned themselves in the Calendar of Saints. \* That the promises of Heaven are so great, that it is not reasonable to think that every man, and every life, and an easie Religion shall possess such infi-

nite glories. \* That although Heaven is a gift, yet there is a great severity and strict exacting of the conditions on our part to receive that gift. \* That some persons who have lived strictly for forty years together, yet have miscarried by some one crime at last, or some secret hypocrisie, or a latent pride, or a creeping ambition, or a phantastic spirit; and therefore much less can they hope to receive so great portions of felicities, when their life hath been a continual declination from those severities which might have created confidence of pardon and acceptation, through the mercies of God and the merits of *Jesus*. \* That every good man ought to be suspicious of himself, and in his judgment concerning his own condition to fear the worst, that he may provide for the better. \* That we are commanded to work out our salvation with fear and trembling. \* That this precept was given with very great reason, considering the thousand thousand ways of miscarrying. \* That *S. Paul* himself, and *S. Arsenius*, and *S. Elzearius*, and divers other remarkable Saints, had at sometimes great apprehensions of the dangers of failing of the mighty price of their high calling. \* That the stake that is to be secured is of so great an interest, that all our industry and all the violences we can suffer in the prosecution of it are not considerable. \* That this affair is to be done but once, and then never any more unto eternal ages. \* That they who profess themselves servants of the institution, and servants of the law and discipline of *Jesus*, will find that they must judge themselves by the proportions of that law by which they were to rule themselves. \* That the laws of society and civility, and the voices of my company are as ill judges as they are guides; but we are to stand or fall by his sentence who will not consider or value the talk of idle men, or the persuasion of wilfully abused Consciences, but of him who hath felt our infirmity in all things *but sin*, and knows where our failings are unavoidable, and where and in what degree they are excusable; but never will endure a sin should seize upon any part of our love, and deliberate choice,

Apud Surium, die  
27. Sept.

# Chap. 5.    & Sleeping Conscience.    Sect. 3.    197

choice, or careless cohabitation. \* That if our Con-<sup>1 Joh. 3. 20.</sup>  
science accuse us not, yet are we not hereby justified, <sup>1 Cor. 4. 4</sup>  
for God is greater then our Consciences. \* That they  
who are most innocent have their Consciences most  
tender and sensible. \* That scrupulous persons are  
alwaies most religious; and that to feel nothing is not a  
sign of life, but of death. \* That nothing can be hid from  
the eyes of the Lord, to whom the day and the night,  
public and private, words and thoughts, actions and  
designs are equally discernible. \* That a luke warm  
person is only secured in his own thoughts, but very  
unsafe in the event, and despised by God. \* That we  
live in an Age in which that which is called and esteem-  
ed a holy life, in the daies of the Apostles and holy  
primitives would have been esteemed indifferent, some-  
times scandalous, and alwaies cold. \* That what was  
a truth of God then, is so now; and to what severities  
they were tied, for the same now we are to be account-  
able; and Heaven is not now an easier purchase then it  
was then. \* That if he will cast up his accounts, even  
with a superficial eye, Let him consider how few good  
works he hath done; how inconsiderable is the relief  
which he gave to the poor, how little are the extraor-  
dinary of his Religion, and how unactive and lame;  
how polluted and disordered, how unchosen and un-  
pleasant were the ordinary parts and periods of it; and  
how many and great sins have stained his course of life;  
and until he enters into a particular scrutiny, let him  
only revolve in his mind what his general course  
hath been; and in the way of prudence, let him say  
whether it was laudable and holy, or onely indifferent  
and excusable: and if he can think it only excusable, &  
so as to hope for pardon by such suppletories of faith,  
and arts of persuation, which he and others use to take  
in for auxiliaries to their unreasonable confidence;  
then he cannot but think it very fit that he search into  
his own state, and take a Guide, and erect a tribunal,  
or appear before that which Christ hath erected for him  
on earth, that he may make his access fairer when he  
shall be called before the dreadful Tribunal of Christ

illi mors  
gravis incu-  
bat, Qui no-  
tus nimis o-  
mnibus, Ig-  
notus mori-  
tur sibi,

in the clouds. For if he can be confident upon the flock of an *unpraised* or a *looser* life, and should dare to venture upon wild accounts, without order, without abatements, without consideration, without conduct, without fear, without scrutinies and confessions, and instruments of amends or pardon, he either knows not his danger, or cares not for it, and little understands how great a horror that is, that a man should rest his head for ever upon a cradle of flames, and lie in a bed of sorrows, and never sleep, and never end his groans or the gnashing of his teeth.

This is that which some Spiritual persons call a *wakening of the sinner by the terrors of the Law*; which is a good analogy or Tropical expression to represent the threatnings of the Gospel, and the danger of an incurious and a sinning person: but we have nothing else to do with *the terrors of the Law*; for, *Blessed be God*, they concern us not. The terrors of the Law were the intermination of curses upon all those that ever broke any of the least Commandments, *once, or in any instance*: And to it the *Righteousness of Faith* is opposed. *The terrors of the Law* admitted no Repentance, no Pardon, no abatement; and were so severe, that God never inflicted them at all according to the letter, because he admitted all to Repentance that desired it with a timely prayer, unless in very few cases, as of *Achan*, or *Corah*, the gatherer of sticks upon the Sabbath-day, or the like: but the state of threatnings in the Gospel is very fearful, because the conditions of avoiding them are easie and ready, and they happen to evil persons after many warnings, second thoughts, frequent invitations to Pardon and Repentance, and after one entire Pardon consigned in Baptism. And in this sense it is necessary that such persons as we now deal withall should be instructed concerning their danger.

4. When the sick man is either of himself, or by these considerations, set forward with purposes of Repentance, and Confession of his sins in order to all its holy purposes and effects, then the Minister is to assist him

him is the understanding the number of his sins, that is, the several kinds of them, and the various manners of prevaricating the Divine Commandments: for as for the number of the particulars in every kind, he will need less help; and if he did, he can have it no-where but in his own Conscience, and from the witnesses of his conversation. Let this be done by prudent insinuation, by arts of remembrance, and secret notices, and propounding occasions and instruments of recalling such things to his mind which either by public fame he is accused of, or by the temptations of his condition it is likely he might have contracted.

5. If the person be truly penitent, and forward to confess all that are set before him or offered to his sight at a half face, then he may be complied withal in all his innocent circumstances, and his Conscience made placid and willing, and he be drawn forward by good nature and civility, that his Repentance in all the parts of it, and in every step of its progress and emanation, may be as voluntary and chosen as it can. For by that means if the sick person can be invited to do the work of Religion, it enters by the door of his will and choice, and will pass on toward consummation by the instrument of delight.

6. If the sick man be backward and without apprehension of the good-natur'd and civil way; let the Minister take care that by some way or other the work of God be secured: and if he will not understand when he is secretly prompted, he must be hallooed to, and asked in plain interrogatives concerning the crime of his life. He must be told of the evil things that are spoken of him in markets and exchanges, the proper temptations & accustomed evils of his calling and condition, of the actions of scandal: and in all those actions which are public, or of which any notice is come abroad, let care be taken that the right side of the case of Conscience be turned toward him, and the error truly represented to him by which he was abused; as the injustice of his contracts, his oppressive bargains, his rapine and violence: and if he hath persuaded

himself to think well of a scandalous action, let him be instructed and advertised of his folly and his danger.

7. And this advice concerns the Minister of Religion to follow without partiality, or fear, or interest, in much simplicity, and prudence, and hearty sincerity; having no other consideration, but that the interest of the man's Soul be preserved, and no caution used, but that the matter be represented with just circumstances, and civilities fitted to the person with Prefaces of honour and regard; but so that nothing of the duty be diminished by it, that the Introduction do not spoil the Sermon, and both together ruine *two Souls*, [*of the speaker, and the bearer.*] For it may soon be considered, if the sick man be a poor or an indifferent person in secular account, yet his Soul is equally dear to God, and was redeemed with the same highest price, and therefore to be highly regarded: and there is no temptation, but that the Spiritual man may speak freely without the allays of interest, or fear, or mistaken civilities. But if the sick man be a Prince, or a person of eminence or wealth, let it be remembered, it is an ill expression of reverence to his Authority, or if regard to his Person, to let him perish for the want of an honest, and just, and a free homily.

8. Let the sick man, in the scrutiny of his Conscience and Confession of his sins, be carefully reminded to consider those sins which are only condemned in the court of Conscience, and no-where else. For there are certain secrecies and retirements, places of darkness and artificial veils, with which the Devil uses to hide our sins from us, and to incorporate them into our affections by a constant uninterrupted practice, before they be prejudiced or discovered.

1. There are many sins which have reputation, and are accounted honour; as *fighting a duel, answering a blow with a blow, carrying armies into a neighbour-country, ribbing with a navy, violently seising upon a kingdom.*
2. Others are permitted by law; as *Usury* in all countries: and because every excess of it is a certain sin, the permission of so suspected a matter makes it ready for



for us, and instructs the temptation. 3. Some things are not forbidden by Laws; as *lying in ordinary discourse, jeering, scoffing, intemperate eating, ingratitude, selling too dear, circumventing another in contracts, importunate intreaties, and temptation of persons to many instances of sin, pride, and ambition.*

4. Some others do not reckon they sin against God, if the laws have seized upon the person; and many that are imprisoned for debt think themselves disobliged from payment; and when they pay the penalty, think they owe nothing for the scandal and disobedience.

5. Some sins are thought not considerable, but go under the title of sins of infirmity, or inseparable accidents of mortality; such as *idle thoughts, foolish talking, looser revellings, impatience, anger, and all the events of evil company.*

6. Lastly, many things are thought to be no sins; such as *mis-spending of their time, whole daies or months of useless and impertinent employment, long gaming, winning mens money in greater portions, censuring mens actions, curiosity, equivocating in the prices and secrets of buying and selling, rudeness, speaking truths enviously, doing good to evil purposes, and the like.* Under the dark shadow of these unhappy and fruitless Yew-trees the enemy of mankind makes very many to be hid from themselves, sewing before their nakedness the fig-leaves of popular and idol reputation, and impunity, public permission, a temporal penalty, infirmity, prejudice, and direct error in judgment, and ignorance. Now in all these cases the Ministers are to be inquisitive and observant, lest the fallacie prevall upon the penitent to evil purposes of death or diminution of his good; and that those things which in his life passed without observation, may now be brought forth and *pass under saws and barrows*, that is, the severity and censure of sorrow and condemnation.

9. To which I adde, for the likeness of the thing, that the *matter of omission* be considered; for in them lies the bigger half of our failings; and yet in many instances they are undiscerned, because they very often

*fit down* by the Conscience, but never *upon it*; and they are usually looked upon as poor men do upon their not having coach and horses, or as that knowledge is mislaid by *boyes* and *bindes* which they never had: it will be hard to make them understand their ignorance; it requires knowledge to perceive it; and therefore he that can perceive it, hath it not. But by this pressing the Conscience with omissions, I do not mean recessions or distances from states of eminency or perfection: for although they may be used by the Ministers as an instrument of humility, and a chastiser of too big a confidence; yet that which is to be confessed and repeated of is omission of duty in direct instances and matters of commandment, or collateral and personal obligations, and is especially to be considered by Kings and Prelates, by Governours and rich persons, by Guides of Souls and presidents of Learning in public charge, and by all other in their proportions.

10. The Ministers of Religion must take care that the sick mans Confession be as minute & particular as it can, and that as few sins as may be, be intrusted to the general praier of pardon for all sins, for by being particular and enumerative of the variety of evils which have disordered his life, his Repentance is disposed to be more pungent and afflictive, and therefore more salutary and medicinal; it hath in it more sincerity, and makes a better judgment of the final condition of the man; and from thence it is certain, the hopes of the sick man can be more confident and reasonable.

11. The Spiritual man that assists at the Repentance of the sick must not be inquisitive into all the circumstances of the particular sins, but be content with those that are direct parts of the crime, and aggravations of the sorrow: such as frequency, long abode, and earnest choice in acting them; violent desires, great expence, scandal of others; dishonour to the Religion, *dares of Devotion*, religious Solemnities, and Holy places; and the degrees of boldness and impudence, perfect resolution, and the habit. If the sick person be reminded or inquired into concerning these, it may prove  
a good

a good instrument to increase his Contrition, and perfect his penitential sorrows, and facilitate his absolution, and the means of his amendment. But the other circumstances, as of the relative person in the participation of the crime, the measures or circumstances of the impure action, the name of the injured man or woman, the quality or accidental condition; these and all the like are but questions springing from curiosity, and producing scruple, and apt to turn into many inconveniences.

12. The Minister in this duty of Repentance must be diligent to observe concerning the person that repents, that he be not imposed upon by some one

Nunci depositum non inficiatur amicus,  
Si reddat veterem cum tota arugine follem.  
Prodigiosa fides & Thufcis digna libellis.

Juven. Sat. 13.

excellent thing that was remarkable in the sick man's former life. For there are some people of one good thing. Some are Charitable to the poor out of kind-heartedness, & the same good nature makes them easie and compliant with drinking persons, and they die with drink, but cannot live with Charity: and their Alms it may be shall deck their monument, or give them the reward of loving persons, and the poor man's thanks for alms, and procure many temporal blessings; but it is very sad that the reward should be soon spent in this world. Some are rarely Just persons, and punctual observers of their word with men, but break their promises with God, and make no scruple of that. In these and all the like cases the spiritual man must be careful to remark, that good proceeds from an intire and integral cause, and evil from every part: that one sickness can make a man die; but he cannot live and be called a sound man without an intire health: and therefore if any confidence arises upon that stock, so as that it hinders the strictness of the Repentance, it must be allayed with the representment of this sad truth, That he who reserves one evil in his choice hath chosen an evil portion, and Coloquintida and death is in the pot: and he that worships the God of Israel with a frequent sacrifice, and yet upon the anniversary will bow in the house

*house of Venus*, and longes to see the follies and the nakedness of *Rammon*, may eat part of the flesh of the sacrifice; and fill his belly, but shall not be refreshed by the holy cloud arising from the Altar, or the dew of heaven descending upon the mysteries.

12. And yet the Minister is to estimate, that one or more good things is to be an ingredient into his judgment concerning the state of his Soul, and the capacities of his restitution, and admission to the peace of the Church: and according as the excellency and usefulness of the Grace hath been, and according to the degrees and the reasons of its prosecution, so abatements are to be made in the injunctions and impositions upon the penitent. For every vertue is one degree of approach to God; and though in respect of the acceptation it is equally none at all, that is, it is as certain a death if a man dies with one mortal wound as if he had twenty, yet in such persons who have some one or more excellencies, though not an intire piety, there is naturally a nearer approach to the estate of grace, than in persons who have done evils, and are eminent for nothing that is good. But in making judgment of such persons, it is to be inquired into, and noted accordingly, why the sick person was so eminent in that one good thing; whether by choice and apprehension of his duty, or whether it was a vertue from which his state of life ministred nothing to dehort or discourage him, or whether it was only a consequent of his natural temper and constitution. If the first, then it supposes him in the neighbourhood of the state of Grace, and that in other things he was strongly tempted. The second is a felicity of his Education, and an effect of Providence. The third is a felicity of his Nature, and a gift of God in order to spiritual purposes. But yet of every one of these advantages is to be made. If the conscience of his Duty was the principle, then he is ready formed to entertain all other graces upon the same reason; and his Repentance must be made more sharp and penal; because he is convinced to have done against his Conscience in all the other parts of his life; but the judgment

ment concerning his final state ought to be more gentle, because it was a huge temptation that hindred the man and abused his infirmity. But if either his *Calling* or his *Nature* were the parents of the Grace, he is in the state of a *moral man*, (in the just and proper meaning of the word) and to be handled accordingly: that vertue disposed him rarely well to many other good things, but was no part of the grace of Sanctification: and therefore the man's Repentance is to begin anew, for all that, and is to be finished in the returns of health, if God grants it; but if he denies it, it is much, very much the worse for all that sweet-natured vertue.

13. When the Confession is made, the Spiritual man is to execute the office of a *Restorer* and a *Judge*, in the following particulars and manner.

#### S E C T. IV.

*Of the ministering to the Restitution and Pardon, or Reconciliation of the sick person, by administering the holy Sacrament.*

**I**F any man be overtaken in a fault, ye which are spiritual restore such a one in the spirit of meekness; that's the Commission: and, Let the Elders of the Church pray over the sick man, and if he have committed sins, they shall be forgiven him; that's the effect of his power and his ministry. But concerning this some few things are to be considered.

Gal. 6. 1.

James 5.

14, 15.

1. It is the office of the Presbyters and Ministers of Religion to declare public criminals and scandalous persons to be such, that when the leprosie is declared, the flock may avoid the infection; and then the man is excommunicate, when the people are warned to avoid the danger of the man, or the reproch of the crime, to withdraw from his society, and not to bid him God speed, not to eat and celebrate synaxes and church-meetings with such who are declared criminal and dangerous. And therefore *Excommunication* is in a very

1 Cor. 5. 5.

12, 13.

2 Cor. 2. 6.

a very great part the act of the Congregation and communities of the faithful: and S. Paul said to the Church of the *Corinthians*, that they had inflicted the evil upon the incestuous person, that is, by excommunicating him: all the acts of which are, as they are subjected in the people, acts of caution and liberty; but no more acts of direct, proper power or jurisdiction, then it was when the Scholars of *Simon Magus* left his chair, and went to hear S. Peter: but as they are actions of the Rulers of the Church, so they are declarative, ministerial, and effective too by moral causality, that is, by persuasion and discourse, by argument and prayer, by homily and material representment, by reasonableness of order and the super-induced necessities of men; though not by any real change of state as to the person, nor by diminution of his right, or violence to his condition.

2. He that baptizes, and he that ministers the holy Sacrament, and he that prays, does holy offices of great advantage; but in these also, just as in the former,

Homines in remissione peccatorum ministerium suum exhibent, non jus alicujus potestatis exercent: Neque enim in suo, sed in nomine Patris, Filii, & Spiritus Sancti, peccata dimittuntur: Isti rogant, Divinitas donat.

S. Amb. de Spir. S. l. 3. c. 10.

he exercises no jurisdiction or preeminence after the manner of secular authority: and the same is also true, if he should deny them. He that refuseth to baptize an indisposed person, hath by the consent of all men no power or jurisdiction over the unbaptized man: and he that for the

like reason refuseth to give him the Communion, preserves the sacredness of the mysteries, and does charity to the undisposed man, to deny that to him which will do him mischief: and this is an act of separation, just as it is for a friend or Physician to deny water to an *Hydropic* person, or *Italian* wines to a *hectic* Fever, or as if *Cato* should deny to salute *Bibulus*, or the Censor of manners to do countenance to a wanton and a vicious person. And though this thing was expressed by words of power, such as separation, abstention, excommunication, deposition; yet these words we understand by the thing it self, which was notorious and evident

evident to be matter of prudence, security, and a free, unconstrained discipline: and they passed into power by consent and voluntary submission; having the same effect of constraint, fear and authority, which we see in secular jurisdiction; not because *Ecclesiastical discipline* hath a natural proper coercion as *lay-Tribunals* have, but because men have submitted to it, and are bound to do so upon the interest of two or three *Christian graces*.

3. In pursuance of this caution and provision, the Church superinduced *times* and *manners of absention*, and expressions of sorrow, and canonical punishments, which they tied the delinquent people to suffer before they would admit them to the holy Table of the Lord. For the criminal having obliged himself by his sin, and the Church having declared it when she should take notice of it, he is bound to repent, to make him capable of pardon with God; and to prove that he is penitent, he is to do such actions which the Church in the virtue and pursuance of Repentance shall accept as a testimony of it, sufficient to inform her: for as she could not bind at all (in this sense) till the crime was public, though the man had bound himself in secret; so neither can she set him free till the repentance be as public as the sin, or so as she can note it and approve it. Though the man be free as to God by his internal act; yet as the publication of the sin was accidental to it, and the Church-censure consequent to it, so is the publication of Repentance and consequent Absolution extrinsic to the pardon, but accidentally and in the present circumstances necessary. This was the same that the *Jews* did, (though in other instances and expressions) and do to this day to their prevaricating people; and the *Essenes* in their Assemblies, and private Colledges of Scholars, and public Universities. For all these being assemblies of voluntary persons, and such as seek for advantage, are bound to make an artificial authority in their Superiours, and so to secure order and government by their own obedience and voluntary subordination, which is not essential and of proper jurisdiction

in

in the Superior; and the band of it is not any coercitive power, but the denying to communicate such benefits which they seek in that Communion and fellowship.

4. These, I say, were introduced in the *special manners and instances* by positive authority, and have not a divine authority *commanding them*; but there is a Divine power that verifies them, and makes these separations effectual and formidable: for because they are *declarative and ministerial* in the Spiritual man, and suppose a delinquency and demerit in the other, and a sin against God, our blessed Saviour hath declared, that *what they bind on earth shall be bound in heaven*; that is in plain signification, The same sins and sinners which the Clergy condemns in the face of their Assemblies, the same are condemned in Heaven before the face of God, and for the same reason too. God's Law hath sentenced it, and these are the preachers and publishers of his Law, by which they stand condemned; and these laws are they that condemn the sin, or acquit the penitent, *there and here; whatsoever they bind here*

Summum futuri iudicii prajudicium est, si quis ita deliquerit ut a communicatione orationis & conventus & omnis sancti commercii relegendus.

Tertul. Apol. c. 39.

Atque hoc idem innuitur per summam Apostoli censuram in reos maximi criminis: sit *et c.* id est, excommunicatus majori Excommunicatione; Dominus veniet, scilicet ad iudicandum eum: ad quod iudicium hac censura Ecclesie est relativa & in ordine. Tum demum poenas dabit: ad quas, nisi respiciat hic consignatur.

*shall be bound there*, that is, the sentence of God at the day of Judgment shall sentence the same men whom the Church does rightly sentence here. It is spoken in the future [*it shall be bound in heaven,*] not but that the sinner is first bound there, or first absolved there; but because all *binding and loosing* in the interval is imperfect and relative to the day of Judgment, the day of the great Sentence, therefore it is set down in the time to come, and saies this only, The Clergy are tied by the Word and

laws of God to condemn such sins and sinners; and that you may not think it ineffective, because after such sentence the man lives, and grows rich, or remains in health and power, therefore be sure it shall be verified in the day of Judgment. This is hugely agreeable with the words of our Lord, and certain in reason: for  
that



that the Minister does nothing to the final alteration of the state of the man's Soul by way of sentence is demonstratively certain, because he cannot binde a man, but such as hath bound himself, and who is bound in Heaven by his sin before his sentence in the Church: as also because the binding of the Church is merely accidental, and upon publication onely; and when the man repents, he is absolved before God, before the sentence of the Church, upon his contrition and dereliction onely; and if he were not, the Church could not absolve him. The consequent of which evident truth is this, That whatsoever impositions the Church-officers impose upon the criminal, they are to avoid scandal, to testifie Repentance, and to exercise it, to instruct the people, to make them fear, to represent the act of God, and the secret and the true state of the sinner: and although they are not essentially necessary to our pardon, yet they are become necessary when the Church hath seized upon the sinner by public notice of the crime; necessary (I say) for the removing the scandal, and giving testimony of our contrition, and for the receiving all that comfort which he needs, and can derive from the promises of pardon, as they are published by him that is commanded to preach them to all them that repent. And therefore although it cannot be necessary as to the obtaining pardon; that the Priest should in private absolve a sick man from his private sins, and there is no losing where there was no precedent binding, and he that was onely bound before God, can before him onely be loosed: yet as to confess sins to any Christian in private may have many good ends, and to confess them to a Clergy-man may have many more; so to hear God's sentence at the mouth of the Minister, pardon pronounced by God's Ambassadour, is of huge comfort to them that cannot otherwise be comforted, and whose infirmity needs it; and therefore it were very fit it were not neglected in the daies of our fear and danger, of our infirmities and sorrow.

5. The execution of this ministry being an act of prudence and charity, and therefore relative to chang-

P ing

ing circumstances, it hath been, and in many cases may, and in some *must* be rescinded and altered. The time of separation may be lengthened and shortened, the condition made lighter or heavier, and for the same offence the Clergy-man is deposed, but yet admitted to the Communion, for which one of the people who hath no office to lose is denied the benefit of communicating; and this sometimes when he might lawfully receive it: and a private man is *separate*, when a multitude or a Prince is not, cannot, ought not: and at last, when the case of sickness and danger of death did occur, they admitted all men that desired it; sometimes without scruple or difficulty, sometimes with some little restraint in great or insolent cases (as in the case of Apostasie, in which the Council of *Arles* denied Absolution, unless they received and gave public satisfaction by acts of Repentance; and some other Councils denied at any time to do it to such persons) according as seemed fitting to the present necessities of the Church. All which particulars declare it to be no part of a Divine commandment, that any man should be denied to receive the Communion if he desires it, and if he be in any probable capacity of receiving it.

Arelat. c. 3.

Vide 2 Cor.  
2. 10. &  
S. Cyprian.  
ep. 73.

6. Since the separation was an act of liberty and a direct negative, it follows that the restitution was a mere doing that which they refused formerly, and to give the holy Communion was the formality of Absolution, and all the instrument and the whole matter of reconcilement; *the taking off the punishment is the pardoning of the sin*: for this without the other is but a word; and if this be done, I care not whether any thing be said or no. *Vinum Dominicum ministratori gratia est*, is also true in this sense; to give the Chalice and Cup is the grace and indulgence of the Minister: and when that is done, the man hath obtained the peace of the Church; and to do that is all the Absolution the Church can give. And they were vain disputes which were commenced some few Ages since concerning the forms of Absolution, whether they were *indicative* or *optative*, by way of declaration or by way of

of sentence: for at first they had no forms at all, but they said a Praier, and after the manner of the *Jews* laid hands upon the Penitent, when they praied over him, and so admitted him to the holy Communion: For since the Church had no power over her children, but of excommunicating and denying them to attend upon *holy offices* and *ministries* respectively, neither could they have any Absolution, but to admit them thither from whence formerly they were forbidden: whatsoever ceremony or forms did signifie, this was superinduced and arbitrary, alterable and accidental; it had variety, but no necessity.

7. The practice consequent to this is, that if the Penitent be bound by the positive censures of the Church, he is to be reconciled upon those conditions which the laws of the Church tie him to, in case he can perform them: if he cannot, he can no longer be prejudiced by the censure of the Church, which had no relation but to the people, with whom the dying man is no longer to converse: for whatsoever relates to God, is to be transacted in spiritual waies, by contrition, and internal graces; and the mercy of the Church is such, as to give him her peace and her blessing upon his undertaking to obey her injunctions, if he shall be able: which injunctions if they be declared by public sentence, the Minister hath nothing to do in the affairs, but to reminde him of his obligation, and reconcile him, that is, give him the Holy Sacrament.

8. If the Penitent be not bound by public sentence, the Minister is to make his Repentance as great and his heart as contrite as he can, to dispose him by the repetition of acts of grace in the way of Praier, and in real and exterior instances where he can; and then to give him the holy Communion in all the same cases in which he ought not to have denied it to him in his health, that is, even in the beginnings of such a Repentance, which by humane signs he believes to be real and holy; and after this, the event must be left to God. The reason of the Rule depends upon this; Because there is no Divine commandment directly forbidding

Caus. 26. Q. 6. & q. 7.

the Rulers of the Church to give the Communion to any Christian that desires it, and professes Repentance of his sins. And all Church-discipline in every instance; and to every single person, was imposed upon him by men, who did it according to the necessities of this state and constitution of our affairs below: but we, who are but Ministers and delegates of pardon and condemnation, must resign and give up our judgement when the man is no more to be judged by the sentences of man, and by the proportions of this world, but of the other: to which if our reconciliation does advantage, we ought in charity to send him forth with all the advantages he can receive; for he will need them all. And therefore the *Nicene Council* commands, that no man be deprived of this *necessary passport* in the article of his death, and calls this *the ancient and canonical law of the Church*; and to minister it, onely supposes the man in the communion of the Church, not alwaies in the state, but ever in the possibilities of sanctification. They who in the article and danger of death were admitted to the Communion, and tied to Penance if they recovered, (which was ever the custom of the ancient Church, unless in very few cases) were but in the threshold of Repentance, in the commencement and first introductions to a devout life: and

Can. 13.  
Vide etiam  
Con. Ancyran.  
c. 6. Aurel. 2.  
c. 12.

O sacrum convivium in quo Christus sumitur, recolitur memoria Passionis ejus, mens impletur gratia, & futuræ gloriæ nobis pignus datur!

indeed then it is a fit ministry, that it be given in all the periods of time in which the pardon of sins is working, since it is the Sacrament of that great mystery, and the exhibition of

that blood which is shed for the remission of sins.

9. The Minister of Religion ought not to give the Communion to a sick person, if he retains the affection to any sin, and refuses to disavow it, or professes Repentance of all sins whatsoever, if he be required to

\* Ita vide ut proferat illis ignosci quos ad poenam ipse Deus deduxit: quod ad me attinet, non sum crudelis, sed vereor ne quod remiseram patiar.

Tryphena dixit apud Petronium.

do it. The reason is, because it is a certain \* death to him, and an increase of his misery, if he shall so prophane the body and blood of Christ, as to take it into

so

so unholy a breast, where Satan reigns, and Sin is principal, and the Spirit is extinguished, and Christ loves not to enter, because he is not suffered to inhabit. But when he professes Repentance, and does such acts of it as his present condition permits, he is to be presumed to intend heartily what he professes solemnly; and the Minister is onely the Judge of outward act, and by that onely he is to take information concerning the inward. But whether he be so or no, or if he be, whether that be timely, and effectual and sufficient toward the pardon of sins before God, is another consideration, of which we may conjecture here, but we shall know it at dooms-day. The Spiritual man is to doe his ministry by the Rules of Christ, and as the customes of the Church appoint him, and after the manner of men: the event is in the hands of God, and is to be expected, not directly and wholly according to his ministry, but to the former life, or the timely

*Sævi quoque  
& implacabiles Domini  
crudelitatem suam  
impediunt,  
si quando  
pœnitentia  
fugitivos re-  
duxit, dede-  
ritiis hosti-  
bus parci-  
mus.*

\* *internal repentance* & amendment, of which I have already given accounts. These ministries are acts of order and great assistances, but the summe of affairs does not relie upon them. And if any man puts his whole

\* *Quæcunque ergo de pœnitentia jubendo dicta sunt, non ad exteriorem, sed ad interiorem referenda sunt, sine qua nullus unquam Deo reconciliari poterit.*

*Gratian. de pœnit. d. 1. Quis aliquando.*

Repentance upon this time, or all his hopes upon these ministries, he will find them and himself to fail.

10. It is the Minister's office to invite sick and dying persons to the holy Sacrament; such whose lives were fair and laudable, and yet their sickness sad and violent, making them listless and of slow desires, and slower apprehensions: that such persons who are in the state of grace may lose no accidental advantages of spiritual improvement, but may receive into their dying bodies the symbols & great consignations of the Resurrection, and into their souls the pledges of Immortality; and may appear before God their Father in the union and with the impresses and likeness of their elder Brother. But if the persons be of ill report, and have lived wickedly, they are not to be invited, because their case is hugely suspicious, though they then repent and call for

1 Cor. 2.3.

mercy: but if they demand it, they are not to be denied: onely let the Minister in general represent the evil consequents of an unworthy participation; and if the Penitent will judge himself unworthy, let him stand candidate for pardon at the hands of God, and stand or fall by that unerring and mercifull sentence; to which his severity of condemning himself before men will make the easier and more hopefull address. And the strictest among the Christians, who denied to reconcile lapsed persons after Baptism, yet acknowledged that there were hopes reserved in the court of Heaven for them, though not here: since we, who are easily deceived by the pretences of a real return, are tied to dispense God's graces as he hath given us commission, *with fear and trembling*, and without too forward confidences; and God hath mercies which we know not of; and therefore because we know them not, such persons were referred to God's Tribunal, where he would find them, if they were to be had at all.

11. When the holy Sacrament is to be administred, let the exhortation be made proper to the mystery, but fitted to the man; that is, that it be used for the advantages of Faith, or Love, or Contrition: let all the circumstances and parts of the Divine Love be represented, all the mysterious advantages of the blessed Sacrament be declared; \* That it is the bread which came from Heaven; \* That it is the representation of Christ's death to all the purposes and capacities of Faith, \* and the real exhibition of Christ's body and blood to all the purposes of the Spirit; \* That it is the earnest of the Resurrection, \* and the seed of a glorious Immortality; \* That as by our cognation to the body of the *first Adam* we took in death, so by our union with the body of the *second Adam* we shall have the inheritance of life; (for *as by Adam came death, so by Christ cometh the resurrection of the dead*) \* That if we being worthy Communicants of these sacred pledges be presented to God with Christ within us, our being accepted of God is certain even for the sake of his well-beloved that dwells within us; \* That this is the Sacrament

ment of that Body which was broken for our sins, of that Bloud which purifies our Souls, by which we are presented to God pure and holy in the beloved; \* That now we may ascertain our hopes, and make our faith confident; for he that hath given us his Son, how should not he with him give us all things else? Upon these or the like considerations the sick man may be assisted in his address, and his Faith strengthened, and his Hope confirmed, and his Charity be enlarged. Rom. 8. 32.

12. The manner of the sick man's reception of the holy Sacrament hath in it nothing differing from the ordinary Solemnities of the Sacrament, save only that abatement is to be made of such accidental circumstances as by the laws and customs of the Church healthfull persons are obliged to; such as Fasting, Kneeling, &c. Though I remember that it was noted for great devotion in the Legate that died at *Trent*, that he caused himself to be sustained upon his knees, when he received the *viaticum* or the holy Sacrament before his death; and it was greater in *Hunialdes*, that he caused himself to be carried to the Church, that there he might receive his Lord, in his Lord's house; and it was recorded for honour, that *William* the pious Archbishop of *Bourges*, a small time before his last agony, sprang out of his bed at the presence of the holy Sacrament, and upon his knees and his face recommended his Soul to his Saviour. But in these things no man is to be prejudiced or censured. Vide Rule of holy living, Cha. 4. sect. 10. &c. Hist. of the Life of Jesus, Part 3. Disc. 18.

13. Let not the holy Sacrament be administered to dying persons, when they have no use of Reason to make that duty acceptable, and the mysteries effective to the purposes of the Soul. For the Sacraments and ceremonies of the Gospel operate not without the concurrent actions and moral influences of the suscipient. To infuse the Chalice into the cold lips of the Clinic may disturb his agony; but cannot relieve the Soul, which onely receives improvement by acts of grace and choice, to which the external rites are apt and appointed to minister in a capable person. All other persons, as fools, children, distracted persons, lethargical, apo-

plectical, or any waies senseless and incapable of humane and reasonable acts, are to be assisted onely by Prayers: for *they* may prevail even for the absent, and for enemies, and for all those who joyn not in the office.

## S E C T. V.

*Of ministring to the sick person by the Spiritual man, as he is the Physician of Souls.*

1. **I**N all cases of receiving Confessions of sick men, and the assisting to the advancement of Repentance, the Minister is to apportion to every kind of sin such spiritual remedies which are apt to mortifie and cure the sin; such as abstinence from their occasions and opportunities, to avoid temptations, to resist their beginnings, to punish the crime by acts of indignation against the person, fastings and praier, alms and all the instances of charity, asking forgiveness, restitution of wrongs, satisfaction of injuries, acts of vertue contrary to the crimes. And although in great and dangerous sicknesses they are not directly to be imposed, unless they are direct matters of duty; yet where they are medicinal they are to be insinuated, and in general signification remarked to him, and undertaken accordingly: concerning which when he returns to health he is to receive particular advices. And this advice was inserted into the Penitential of *England* in the time of *Theodore* Archbishop of *Canterbury*, and afterwards adopted into the Canon of all the Western Churches.

Caus 26.q.7  
ab infirmis.

2. The proper temptations of sick men for which a remedy is not yet provided are *unreasonable Fears*, and *unreasonable Confidences*, which the Minister is to cure by the following considerations,

*Considerations*



*Considerations against unreasonable Fears of not having  
our sins pardoned.*

Many good men; especially such who have tender Consciences, impatient of the least sin, to which they are arrived by a long grace, and a continual observation of their actions, and the parts of a lasting Repentance, many times over-act their tenderness, and turn their caution into scruple, and care of their duty into inquiries after the event, and askings after the counsels of God, and the sentences of Dooms-day.

He that asks of the standers by, or of the Minister, whether they think he shall be saved or damned, is to be answered with the words of pity and reproof. Seek not after *new light* for the searching into the privatest records of God: look as much as you list into the pages of Revelation, for they concern your duty: but the event is registred in Heaven, and we can expect no other certain notices of it, but that it shall be given to them for whom it is prepared by the Father of mercies. We have light enough to tell our duty; and *if we do that*, we need not fear what the issue will be; and *if we do not*, let us never look for more light, or inquire after God's pleasure concerning our Souls, since we so little serve his ends in those things where he hath given us light. But yet this I adde, That as pardon of sins in the Old Testament was nothing but removing the punishment, which then was temporal, and therefore many times they could tell if their sins were pardoned; and concerning pardon of sins they then had no fears of Conscience, but while the punishment was on them, for so long indeed it was unpardoned, and how long it would so remain it was matter of fear, and of present sorrow: besides this, in the Gospel pardon of sins is another thing; Pardon of sins is *sanctification*; *Christ came to take away our sins by turning every one of us from our iniquities*; and there is not in the nature of the thing any expectation of pardon, or sign or signification of it, but so far as the thing

Matt. 9. 6.

Acts 3. 26.

thing it self discovers it self. As we hate sin, and grow in grace, and arrive at the state of holiness, which is also a state of Repentance and imperfection, but yet of sincerity of heart and diligent endeavour; in the same degree we are to judge concerning the forgiveness of sins: for indeed that is the *Evangelical forgiveness*, and it signifies our pardon, because it effects it, or rather it is in the nature of the thing; so that we are to enquire into no hidden records: Forgiveness of sins is not a secret sentence, a word or a record; but it is a state of change, and effected upon us; and upon ourselves we are to look for it, to read it, and understand it. We are onely to be curious of our duty, and

Est modus gloriandi in conscientia, ut noveris fidem tuam esse sinceram, spem tuam esse certam.  
August. Psal. 149.

confident of the Article of Remission of sins; and the conclusion of these premisses will be, that we shall be full of hopes of a prosperous Resurrection;

and our Fear and trembling are no instances of our calamity, but parts of duty; we shall sure enough be wasted to the shore, although we be tossed with the winds of our Sighs, and the unevenness of our Fears, and the ebbings and flowings of our Passions, if we sail in a right chanel, and steer by a perfect compass, and look up to God, and call for his help, and do our own endeavour. There are very many reasons why men ought not to despair; and there are not very many men that ever go beyond a Hope, till they pass into possession. If our Fears have any mixture of Hope, that is enough to enable and to excite our duty; and if we have a strong Hope, when we cast about, we shall find reason enough to have many Fears. *Let not this*

\* Una est nobilitas, argumentumque coloris  
Ingenui, timidus non habuisse manus.

*fear* \* *weaken our bands;*  
and if it allay our gayeties

and our confidences, it is no harm. In this uncertainty we must abide, if we have committed sins after Baptism: and those confidences which some men glory in are not real supports or good foundations. The fearing man is the safest, and if he fears on his death-bed, it is but what happens to most considering men, and what was to be looked for all his life-time: he talked

talked of the terrours of death, and death is the *King of terrours*; and therefore it is no strange thing if then he be hugely afraid: if he be not, it is either a great felicity, or a great presumption. But if he wants some degree of Comfort, or a greater degree of Hope, let him be refreshed by considering,

1. That *Christ came into the world to save sinners.* 1 Tim. 1. 15.
2. That *God delights not in the confusion and death of sinners.* Ezek. 33. 11. Luke 15. 7.
3. That *in heaven there is great joy at the conversion of a sinner.* 1 Joh. 2. 1.
4. That *Christ is a perpetual Advocate* daily interceding with his Father for our pardon.
5. That *God uses infinite arts, instruments and devices to reconcile us to himself.*
6. That *he praises us to be in charity with him,* and to be forgiven. 2 Cor. 5. 20
7. That he sends *Angels to keep us from violence and evil company,* from temptations and surprises, and his holy Spirit to guide us in holy waies, and his servants to warn us and re-mind us perpetually: and therefore since certainly he is so desirous to save us, as appears by his word, by his oaths, by his very nature, and his daily artifices of mercy; it is not likely that he will condemn us without great provocations of his Majesty, and perseverance in them.
8. That the *Covenant of the Gospel is a Covenant of Grace and of Repentance* and being established with so many great solemnities and miracles from Heaven, must signifie a huge favour and a mighty change of things; and therefore that Repentance which is the great condition of it is a grace that does not expire in little accents and minutes; but hath a great latitude of signification and large extension of parts, under the protection of *all which persons are safe,* even when they fear exceedingly.
9. That there are great degrees and differences of glory in Heaven; and therefore if we estimate our piety by proportions to the more eminent persons and devouter people, we are not to conclude we shall not enter into the *same state of glory*, but that we shall not go into the *same degrees.*
9. That although forgiveness of sins is consigned to us in Baptism, and that this Baptism is but once, and cannot be repeated; yet forgiveness of  
sins

fin is the grace of the Gospel, which is perpetually remanent upon us, and secured unto us so long as we have not renounced our Baptism: For then we enter into the condition of Repentance; and *Repentance* is not an indivisible grace, or a thing performed at once, but it is working all our lives; and therefore so is our Pardon, which ebbs and flows according as we discompose or renew the decency of our Baptismal promises: and therefore it ought to be certain, that no man despair of pardon but he that hath voluntarily renounced his Baptism, or willingly estranged himself from that Covenant. He that sticks to it, and still professes the Religion, and approves the Faith, and endeavours to obey and to do his duty, this man hath all the veracity of God to assure him and give him confidence that he is not in an impossible state of Salvation, unless God cuts him off before he can work, or that he begins to work when he can no longer chuse.

10. And then let him consider, the more he fears, the more he hates his sin that is the cause of it, and the less he can be tempted to it, and the more desirous he is of Heaven; and therefore such fears are good instruments of Grace, and good signs of a future Pardon.

11. That God in the old Law, although he made a Covenant of perfect Obedience, and did not promise pardon at all after great sins, yet he did give pardon, and declared it so to them for their own and for our sakes too. So he did to *David*, to *Manasses*, to the whole Nation of the *Israelites* ten times in the wilderness, even after their Apostasies and Idolatries. And

Ezek. 18.  
Joel 2.

in the Prophets, the mercies of God and his remissions of sins were largely preached, though in the Law God put on the robes of an angry Judge, and a severe Lord. But therefore in the Gospel, where he hath established the whole summe of affairs upon *Faith and Repentance*, if God should not pardon great sinners that repent after Baptism with a free dispensation, the Gospel were far harder then the intolerable Covenant of the Law,

12. That if a Profelyte went into the Jewish communion, and were circumcised and baptized, he entred into

into all the hopes of good things which God had promised or would give to his people; and yet that was but the *Covenant of works*. If then the Gentile Profelytes by their Circumcision and Legal Baptism were admitted to a state of pardon, so last so long as they were in the Covenant, even after their admission, for sins committed against *Moses's Law*, which they then undertook to observe exactly; in the Gospel, which is the *Covenant of Faith*, it must needs be certain that there is a greater grace given, and an easier condition entred into, then was that of the Jewish Law: and that is nothing else, but that abatement is made for our infirmities, and our single evils, and our timely-repent-ed and forsaken habits of sin, and our violent passions, when they are contested withall, and fought with, and under discipline, and in the beginnings and progresses of mortification. 13. That God hath erected in his Church a whole order of men, the main part and dignity of whose work it is to *remit and retain sins* by a perpetual and daily ministry: and this they doe, not onely in Baptism, but in all their offices to be administered afterwards; in the holy Sacrament of the Eucharist, which exhibits the Symbols of that Blood *which was shed for pardon of our sins*, and therefore by its continued ministry and repetition declares that *all that while we are within the ordinary powers and usual dispensations of pardon, even so long as we are in any probable dispositions to receive that holy Sacrament.* And the same effect is also signified and exhibited in the whole power of the Keys, which if it extends to private sins, sins done in secret, it is certain it does also to public. But this is a greater testimony of the certainty of the remissibility of our greatest sins: for public sins as they alwaies have a sting and a super-added formality of scandal and ill example, so they are most commonly the greatest: such as Murther, Sacrilege, and others of unconcealed nature, and unprivate action: And if God for these worst of evils hath appointed an office of ease and pardon, which is and may daily be administered, that will be an uneasy pusillanimity

mity and fond suspicion of God's goodness, to fear that our Repentance shall be rejected, even although we have committed the greatest or the most of evils, 14. And it was concerning baptized Christians that Saint John said, *If any man sin, we have an Advocate with the Father, and he is the propitiation for our sins;* and concerning lapsed Christians S. Paul gave instruction, that, *If any man be overtaken in a fault, ye which are spiritual restore such a man in the spirit of meekness, considering lest ye also be tempted.* The Corinthian Christian committed incest, and was pardoned: and Simon Magus after he was baptized offered to commit his own sin of Simony, and yet S. Peter bid him pray for pardon: and S. James tells, that *if the sick man sends for the Elders of the Church, and they pray over him, and he confess his sins, they shall be forgiven him.* 15. That onely one sin is declared to be irremissible, *the sin against the Holy Ghost, the sin unto death*, as S. John calls it, for which we are not bound to pray, for all others we are: and certain it is, no man commits a sin against the Holy Ghost, if he be afraid he hath, and desires that he had not; for such penitential passions are against the definition of that sin. 16. That all the Sermons in the Scripture written to Christians and Disciples of Jesus, exhorting men to repentance, to be afflicted, to mourn and to weep, to Confession of sins, are sure testimonies of God's purpose and desire to forgive us, even when we fall after Baptism: and if our fall after Baptism were irrecoverable, then *all preaching were in vain*, and *our faith were also vain*, and we could not with comfort rehearse the Creed, in which, as soon as ever we profess Jesus to have died for our sins, we also are condemned by our own Conscience of a sin that shall not be forgiven; and then all exhortations, and comforts, and fasts, and disciplines were useless and too late, if they were not given us before we can understand them; for most commonly as soon as we can we enter into the regions of sin; for we commit evil actions before we understand, and together with our understanding

standing they begin to be imputed. 17. That if it could be otherwise, Infants were very ill provided for in the Church who were baptized when they have no stain upon their brows, but the misery they contracted from Adam: and they are left to be Angels forever after, and live innocently in the midst of their ignorances, and weaknesses, and temptations, and the heat and follies of youth; or else to perish in an eternal ruine. We cannot think or speak good things of God if we entertain such evil suspicions of the mercies of the Father of our Lord Jesus. 18. That *the long-sufferance and patience of God* is indeed wonderfull: but therefore it leaves us in certainties of pardon, so long as there is possibility to return, if we reduce the power to act. 19. That God calls upon us to forgive our brother *seventy times seven times*; and yet all that is but like the forgiving a hundred pence for his sake who forgives us ten thousand talents: for so the Lord professed that he had done to him that was his servant and his domestic. 20. That if we can forgive a hundred thousand times, it is certain God will do so to us: our Blessed Lord having commanded us to pray for pardon as we pardon our offending and penitent brother. 21. That even in the case of very great sins, and great judgements inflicted upon the sinners, wise and good men and Presidents of Religion have declared their sense to be, that God spent all his anger, and made it expire in that temporal misery; and so it was supposed to have been done in the case of *Ananias*: but that the hopes of any penitent man may not rely upon any uncertainty, we find in holy Scripture, that those Christians who had for their scandalous crimes deserved to be given over to Satan to be buffeted, yet had hopes to be saved in the day of the Lord. 22. That God glories in the titles of mercy and forgiveness, and will not have his appellatives so finite and limited as to expire in one act, or in a seldome pardon. 23. That man's condition were desperate, and like that of the fallen Angels, equally desperate, but unequally oppressed, considering our infinite weaknesses and ignorances,

James 3. 2.  
1 Joh. 1. 8.

Rom. 5. 8.  
Rom. 11. 32.

rances, (in respect of their excellent understanding and perfect choice) if he could be admitted to no Repentance after his infant-Baptism: and if he may be admitted to one, there is nothing in the Covenant of the Gospel but he may also to a second, and so for ever as long as he can repent, and return and live to God in a timely Religion. 24. That every man is a sinner: *In many things we offend all; and, If we say we have no sin, we deceive our selves: and therefore either all must perish, or else there is mercy for all; and so there is, upon this very stock, because Christ died for sinners, and God hath comprehended all under sin, that he might have mercy upon all.* 25. That if ever God sends temporal punishments into the world with purposes of amendment, and if they be not all of them certain consignations to hell, and unless every man that breaks his leg, or in punishment loses a child or wife, be certainly damned, it is certain that God in these cases is angry and loving, chastises the sin to amend the person, and smites that he may cure, and judges that he may absolve. 26. That he that *will not quench the smoking flax, nor break the bruised reed*, will not tie us to perfection, and the laws and measures of heaven upon earth: and if in every period of our Repentance he is pleased with our duty, and the *voice of our heart*, and the *band of our desires*, he hath told us plainly that he will not onely pardon all the sins of the daies of our folly, but the returns and surprises of sins in the daies of Repentance, if we give no way, and allow no affection, and give no place to any thing that is God's enemy; *all the past sins*, and *all the seldome-returning and ever-repented evils* being put upon the accounts of the Crofs.

*An Exercise against Despair in the day of our Death.*

TO which may be added this short Exercise, to be used for the curing the temptation to direct Despair, in case that the Hope and Faith of good men be assaulted in the day of their calamity.

I con-



I consider that the ground of my trouble is my Sin; and if it were not for that, I should not need to be troubled: but the help that all the world looks for is such as supposes a man to be a sinner. \* Indeed if from my self I were to derive my title to Heaven, then my sins were a just argument of Despair: but now that they bring me to Christ, that they drive me to an appeal to God's mercies, and to take sanctuary in the Cross, they ought not, they cannot infer a just cause of Despair. \* I am sure it is a stranger thing that God should take upon him hands and feet, and those hands and feet should be nailed upon a cross, then that a man should be partaker of the felicities of pardon and life eternal: and it were stranger yet, that God should do so much for Man, and that a man that desires it, that labours for it, that is in life and possibilities of working his Salvation, should inevitably miss that end for which that God suffered so much. For what is the meaning, and what is the extent, and what are the significations of the Divine mercy in pardoning sinners? If it be thought a great matter that I am charged with Original sin; I confess I feel the weight of it in loads of temporal infelicities, and proclivities to sin: But I fear not the guilt of it, since I am baptised; and it cannot do honour to the reputation of God's mercy, that it should be all spent in remissions of what I never chose, never acted, never knew of, could not help, concerning which I received no commandment, no prohibition. But (blessed be God) it is ordered in just measures, that that original evil which I contracted *without my will* should be taken away *without my knowledge*; and what I suffered before I had a being, was cleansed before I had an useful understanding. But I am taught to believe God's mercies to be *infinite*, not only *in himself*, but *to us*: for mercy is a *relative term*, and we are its *correspondent*; of all the creatures which God made, we only in a proper sense are the subjects of mercy and remission: Angels have more of *God's bounty* than we have, but not so much of *his mercy*: and Beasts have little rays of his kindness, and

effects of his wisdom and graciousness in petty donatives; but nothing of *mercy*; for they have no laws, and therefore no sins, and need no mercy, nor are capable of any. Since therefore Man alone is the correlative or proper object and vessel of reception of an infinite mercy, and that mercy is in *giving* and *forgiving*, I have reason to hope that he will so forgive me, that my sins shall not hinder me of Heaven: or because it is a gift, I may also upon the stock of the same infinite mercy hope he will give Heaven to me: and if I have it either upon the title of *giving* or *forgiving*, it is alike to me, and will alike magnifie the glories of the Divine mercy. \* And because *eternal life is the gift of God*, I have less reason to despair: for if my sins were fewer, and my disproportions towards such a glory were less, and my evenness more; yet it is still a gift, and I could not receive it but as a free and a gracious donative; and so I may still, God can still give it me: and it is not an impossible expectation to wait and look for such a gift at the hands of *the God of mercy*; the best men deserve it not, and I who am the worst may have it given me. \* And I consider that God hath set no measures of his mercy, but that we be within the Covenant, that is, repenting persons, endeavouring to serve him with an honest single heart; and that within this Covenant there is a very great latitude, and variety of persons, and degrees, and capacities: and therefore that it cannot stand with the proportions of so infinite a mercy that obedience be exacted to such a point which he never expressed, unless it should be the least, and that to which all capacities, though otherwise unequal, are fitted and sufficiently enabled. \* But however, I find that the Spirit of God taught the Writers of the New Testament to apply to us all in general, and to every single person in particular, some gracious words which God in the Old Testament spake to one man upon a special occasion in a single and temporal instance. Such are the words which God spake to *Joshua*, *I will never fail thee nor forsake thee*: and upon the stock of that promise S. Paul forbids

Cove-

Rom. 6. 23.

Heb. 13. 5.

Covetousness, and persuades Contentedness, because those words were spoken by God to *Joshua* in another case. If the gracious words of God have so great extension of parts, and intention of kind purposes, then how many comforts have we upon the stock of all the excellent words which are spoken in the Prophets and in the Psalms? and I will never more question whether they be spoken concerning me, having such an authentic precedent so to expound the excellent words of God: all the treasures of God which are in the Psalms are my own riches, and the wealth of my hope; there will I look, and whatsoever I can need, that I will depend upon. For certainly, if we could understand it, that which is infinite (as God is) must needs be some such kind of thing: it must go whether it was never sent, and signify what was not first intended, and it must warm with its light, and shine with its heat, and refresh when it strikes, and heal when it wounds, and ascertain where it makes afraid, and intend all when it warns one, and mean a great deal in a small word. And as the Sun passing to its Southern Tropic looks with an open eye upon his Sun-burnt *Aethiopians*, but at the same time sends light from its posterns, and collateral influences from the back-side of his beams, and sees the corners of the East when his face tends towards the West, because he is a round body of fire, and hath some little Images and resemblances of the infinite: so is God's mercy; when it looked upon *Moses*, it relieved *S. Paul*, and it pardoned *David*, and gave hope to *Manasses*, and might have restored *Judas*, if he would have had hope, and used himself accordingly. \* But as to my own case, I have sinned grievously and frequently: But I have repented it, but I have begged pardon, I have confessed it and so-faken it. I cannot undoe what was done, and I perish if God hath appointed no remedy, if there be no remission: but then my Religion falls together with my hope, and God's word fails as well as I. But I believe the article of *Forgiveness of sins*; and if there be any such thing, I may do well, for I have, and do, and will

vixi, peccavi,  
penitui,  
natura cessi.

do that which all good men call Repentance, that is, I will be humbled before God, and mourn for my sin, and forever ask forgiveness, and judge my self, and leave it with haste, and mortifie it with diligence, and watch against it carefully. And this I can do but in the manner of a man, I can but mourn for my sins, as I apprehend grief in other instances: but I will rather chuse to suffer all evils then to do one deliberate act of sin. I know my sins are greater then my sorrow, and too many for my memory, and too insinuating to be prevented by all my care: But I know also that God knows and pities my infirmities; and how far that will extend I know not, but that it will reach so far as to satisfie my needs, is the matter of my hope. \* But this I am sure of, that I have in my great necessity, praised humbly and with great desire, and sometimes I have been heard in kind, and sometimes have had a bigger mercy in stead of it; and I have *the hope of Prayers*, and *the hope of my Confession*, and *the hope of my Endeavour*, and *the hope of many Promises*, and of *God's essential goodness*; and I am sure that God hath heard my prayers, and verified his promises in temporal instances, for he ever gave me sufficient for my life; and although he promised such supplies, and grounded the confidences of them upon our *first seeking the kingdom of heaven and its righteousness*, yet he hath verified it to me, who have not sought it as I ought: but therefore I hope he accepted my endeavour, or will give his great gifts and our great expectation even to the weakest endeavour, to the least, so it be a hearty, piety. \* And sometimes I have had some chearful visitations of God's Spirit, and my cup hath been crowned with comfort, and the wine that made my heart glad danced in the chalice, and I was glad that God would have me so; and therefore I hope this cloud may pass: for that which was then a real cause of comfort, is so still, if I could discern it; and I shall discern it when the veil is taken from mine eyes. \* And (blessed be God) I can still remember that there are *temptations to Despair*; and they could not be temptations if they were

were not apt to persuade, and had seeming probability on their side; and they that despair think they do it with greatest reason; for if they were not confident of the reason, but that it were such an argument as might be opposed or suspected, then they could not despair. *Despair assents as firmly and strongly as Faith it self:* but because it is a temptation, and Despair is a horrid sin, therefore it is certain those persons are unreasonably abused, and they have no reason to despair, for all their confidence: and therefore although I have strong reasons to condemn my self, yet I have more reason to condemn my Despair, which therefore is unreasonable because it is a sin, and a dishonour to God, and a ruin to my condition, and verifies it self, if I do not look to it. For as the Hypochondriac person that thought himself dead, made his dream true when he starved himself, because dead people eat not: so do despairing sinners lose God's mercies by refusing to use and to believe them. \* And I hope it is a disease of judgment, not an intolerable condition that I am falling into, because I have been told so concerning others, who therefore have been afflicted, because they see not their pardon sealed after the manner of this world, and the affairs of the Spirit are transacted by immaterial notices, by propositions and spiritual discourses, by promises which are to be verified hereafter; and here we must live in a cloud, in darkness under a veil, in fear and uncertainties, and our very living by Faith and Hope is a life of mystery and secrecy, the only part of the manner of that life in which we shall live in the state of separation. And when a distemper of body or an infirmity of mind happens in the instances of such secret and reserved affairs, we may easily mistake the manner of our notices for the uncertainty of the thing: and therefore it is but reason I should stay till the state and manner of my abode be changed, before I despair: there it can be no sin, nor error, here it may be both; and if it be *that*, it is also *this*; and then a man may perish for being miserable, and be undone for being a fool. In conclusion,

my hope is in God, and I will trust him with the event, which I am sure will be *just*, and I hope *full of mercy*. \* However, now I will use all the spiritual arts of Reason and Religion to make me more and more to love God, that if I miscarry, *Charity also shall fail*, and something that loves God shall perish and be damned; which if it be impossible, then I may do well.

These Considerations may be useful to men of *little hearts*, and of *great piety*: or if they be persons who have lived without infamy, or begun their Repentance so late that it is very imperfect, and yet so early that it was before the arrest of Death. But if the man be a vicious person, and hath persevered in a vicious life till his death-bed, these considerations are not proper. Let him inquire in the words of the first Disciples after Pentecost, *Men and brethren, what shall we do to be saved?* and if they can but entertain so much hope as to enable them to do so much of their duty as they can for the present, it is all that can be provided for them: an inquiry in their case can have no other purposes of Religion or prudence. And the Minister must be infinitely careful that he do not go about to comfort vicious persons with the comforts belonging to Gods elect, lest he prostitute holy things, and make them common, and his sermons deceitful, and vices be encouraged in others, and the man himself find that he was deceived, when he descends into his house of sorrow.

But because *very few* men are tempted with too great fears of failing, but *very many* are tempted by Confidence and Presumption; the Ministers of Religion had need be instructed with spiritual armour to resist this fiery dart of the Devil, when it operates to evil purposes,

SECT,

## S E C T. VI.

## Considerations against Presumption.

I Have already enumerated many particulars to provoke a drowsy Conscience to a scrutiny and to a suspicion of himself, that by seeing cause to suspect his condition, he might more freely accuse himself, and attend to the necessities and duties of Repentance: but if either before or in his Repentance he grow too big in his spirit, so as either he does some little violences to the modesties of Humility, or abate his care and zeal of his Repentance, *the Spiritual man* must allay his forwardness by representing to him, 1. That the growths in grace are long, difficult, uncertain, hindred, of many parts and great variety. 2. That an infant grace is soon dash'd and discountenanced, often running into an inconvenience and the evils of an imprudent conduct, being zealous, and forward, and therefore confident, but alwaies with the least reason, and the greatest danger: like children and young fellows, whose confidence hath no other reason but that they understand not their danger and their follies. 3. That *he that puts on his armour ought not to boast, as he that puts it off*; and the Apostle chides the *Galatians* for *ending in the flesh after they had begun in the spirit*. 4. That a man cannot think too meanly of himself, but very easily he may think too high. 5. That a wise man will alwaies in a matter of great concernment think the worst, and a good man will condemn himself with hearty sentence. 6. That Humility and modesty of judgment and of hope are very good instruments to procure a mercy and a fair reception at the day of our death: but Presumption or bold opinions serve no end of God or man, and is alwaies imprudent, ever fatal, and of all things in the world is its own greatest enemy; for the more any man presumes, the greater reason he hath to fear. 7. That a man's heart is infinitely deceitful, unknown to it self, not

certain in his own acts, praying one way, and desiring another, wandering and imperfect, loose and various, worshipping God, and entertaining sin, following what it hates, and running from what it flatters, loving to be tempted and betrayed; petulant like a wanton girl running from, that it might invite the fondness and enrage the appetite of the foolish young man, or the evil temptation that follows it; cold and indifferent one while, and presently zealous and passionate, furious and indiscreet; not understood of it self or any one else, and deceitful beyond all the arts and numbers of observation. 8. That it is certain we have highly sinned against God, but we are not so certain that our Repentance is real and effective, integral and sufficient. 9. That it is not revealed to us whether or no the time of our Repentance be not past; or, if it be not, yet how far God will give us pardon, and upon what condition, or after what sufferings or duties, is still under a cloud. 10. That vertue and Vice are oftentimes so near neighbours, that we pass into each others borders without observation, and think we do Justice when we are Cruel, or call our selves Liberal when we are Loose and foolish in expences, and are Amorous when we commend our own Civilities and good nature. 11. That we allow to our selves so many little irregularities, that insensibly they swell to so great a heap, that from thence we have reason to fear an evil: for an army of Frogs and Flies may destroy all the hopes of our harvest. 12. That when we do that which is lawful, and do all that we can in those bounds, we commonly and easily run out of our proportions. 13. That it is not easie to distinguish the vertues of our nature from the vertues of our choice: and we may expect the reward of *Temperance*, when it is against our nature to be drunk; or we hope to have the coronet of *Virgins* for our morose disposition, or our abstinence from Marriage upon secular ends. 14. That it may be we call every little sigh or the keeping a fish-day the duty of Repentance, or have entertained false principles in the estimate and measures of vertues; and, contrary



to the Steward in that Gospel, we write down four-score when we should set down but fifty. 15. That it is better to trust the goodness and justice of God with our accounts, then to offer him large bills. 16. That we are commanded by Christ to *sit down in the lowest place*, till the master of the house bids us sit up higher. 17. That *when we have done all that we can, we are unprofitable servants*: and yet no man does all that he can do; and therefore is more to be despised and undervalued. 18. That the self-accusing Publican was justified rather than the thanksgiving and confident Pharisee. 19. That if *Adam* in Paradise, and *David* in his house, and *Solomon* in the Temple, and *Peter* in Christ's family, and *Judas* in the Colledge of Apostles, and *Nicolas* among the Deacons, and the Angels in Heaven it self did fall so foully and dishonestly; then it is prudent advice that *we be not high-minded, but fear*, and when we stand most confidently *take heed lest we fall*: and yet there is nothing so likely to make us fall as Pride and great opinions, which ruined the Angels, which God resists, which all men despise, and which betrayes us into carelessness, and a wretchedness, undiscerning, and an unwary spirit.

4. Now the main parts of the Ecclesiastical ministry are done; and that which remains is, that the Minister *pray over him*, and re-mind him to do good actions as he is capable; \* to call upon God for pardon, \* to put his whole trust in him, \* to resign himself to God's disposing, \* to be patient and even, \* to renounce every ill word, or thought, or undecent action, which the violence of his sickness may cause in him, \* to beg of God to give him his holy Spirit to guide him in his agony, and \* his holy Angels to guard him in his passage.

5. Whatsoever is besides this concerns the standers by: \* that they do all their ministeries diligently and temperately; \* that they joyn with much charity and devotion in the praier of the Minister; \* that they make no outcries or exclamations in the departure of the Soul; \* and that they make no judgment concern-  
ing

ing the dying person, by his dying quietly or violently, with comfort or without, with great fears or a cheerful confidence, with sense or without, like a lamb or like a lion, with convulsions or semblances of great pain, or like an expiring and a spent candle: for these happen to all men, without rule, without any known reason, but according as God pleases to dispense the grace or the punishment, for reasons only known to himself. Let us lay our hands upon our mouth, and adore the mysteries of the Divine wisdom and providence, and pray to God to give the dying man rest and pardon, and to our selves grace to live well, and the blessing of a holy and a happy death.

## S E C T. VII.

*Offices to be said by the Minister in his Visitation of the sick.*

**I**N the Name of the Father, of the Son, and of the Holy Ghost.

Our Father which art in Heaven, &c.

*Let the Priest say this Prayer secretly.*

**O** Eternal Jesus, thou great lover of Souls, who hast constituted a Ministry in the Church to glorify thy Name, and to serve in the assistance of those that come to thee, professing thy Discipline and service, give grace to me the unworthiest of thy servants, that I in this my ministry may purely and zealously intend thy glory, and effectually may minister comfort and advantages to this sick person, (whom God assails from all his offences:) and grant that nothing of thy grace may perish to him by the unworthiness of the Minister; but let thy Spirit speak by me, and give me prudence and charity, wisdom and diligence, good observation and apt discourses, a certain judgment and merciful dispensation, that the Soul of thy servant may pass from this state of imperfection to the perfections of the state of glory, through thy mercies, O Eternal Jesus. Amen.

*The*

The Psalm.

**O**UT of the depths have I cried unto thee, O Lord. Psal. 130.  
Lord, bear my voice : let thine ears be attentive to  
the voice of my supplications.

If thou, Lord, shouldst mark iniquities, O Lord, who  
should stand ?

But there is forgiveness with thee, that thou mayest be  
feared.

I wait for the Lord, my soul doth wait ; and in his word  
do I hope.

My soul waiteth for the Lord, more then they that watch  
for the morning.

Let Israel hope in the Lord ; for with the Lord there is  
mercy, and with him is plentiful Redemption.

And he shall redeem his servants from all their ini-  
quities.

Wherefore should I fear in the daies of evil, when the  
wickedness of my beels shall compass me about ?

\* No man can by any means redeem his brother, nor give 7,  
to God a ransom for him ;

( For the Redemption of their Soul is precious and it ceas- 8,  
eth for ever.)

That he should still live for ever, and not see corrupti- 9,  
on.

But wise men die, likewise the fool and the brutish per- 10,  
son perish, and leave their wealth to others.

But God will redeem my Soul from the power of the 15.  
grave : for he shall receive me.

As for me, I will behold thy face in righteousness : I Pf. 17. 15.  
shall be satisfied when I awake in thy likeness.

Thou shalt shew me the path of life : in thy presence is Pf. 16. 11,  
the fulness of joy, at thy right hand there are pleasures for  
evermore.

Glory be to the Father, &c. As it was  
in the beginning, &c.

Let

*Let us Pray.*

**A**Lmighty God, Father of mercies, the God of Peace and Comfort, of Rest and Pardon, we thy servants, though unworthy to pray to thee, yet, in duty to thee and charity to our Brother, humbly beg mercy of thee for him to descend upon his Body and his Soul; one sinner, O Lord, for another, the miserable for the afflicted, the poor for him that is in need: but thou givest thy graces and thy favours by the measures of thy own mercies, and in proportion to our necessities. We humbly come to thee in the name of *Jesus*, for the merit of our Saviour, and the mercies of our God, praying thee to pardon the sins of this thy Servant, and to put them all upon the accounts of the Cross, and to bury them in the grave of *Jesus*; that they may never rise up in judgment against thy Servant, nor bring him to shame and confusion of face in the day of final inquiry and sentence. Amen.

II.

**G**Ive thy servant Patience in his sorrows, Comfort in this his sickness, and restore him to health, if it seem good to thee, in order to thy great ends, and his greatest interest. And however thou shalt determine concerning him in this affair, yet make his Repentance perfect, and his passage safe, and his Faith strong, and his Hope modest and confident; that when thou shalt call his Soul from the prison of the Body, it may enter into the securities and rest of the sons of God, in the bosom of blessedness, and the custodies of *Jesus*. Amen.

III.

**T**Hou, O Lord, knowest all the necessities and all the infirmities of thy Servant: fortifie his spirit with spiritual joyes and perfect resignation, and take from him all degrees of inordinate or insecure affections to this world, and enlarge his heart with desires of being with thee, and of freedom from sins, and fruition of God,

IV.

IV.

**L**Ord, let not any pain or passion discompose the order and decency of his thoughts and duty; and lay no more upon thy Servant then thou wilt make him able to bear, and together with the temptation do thou provide a way to escape; even by the mercies of a longer and a more holy life, or by the mercies of a blessed death: even as it pleaseth thee, O Lord, so let it be.

V.

**L**ET the tenderness of his Conscience and the Spirit of God call to mind his sins, that they may be confessed and repented of: because thou hast promised that if we confess our sins, we shall have mercy. Let thy mighty grace draw out from his Soul every root of bitterness, lest the remains of the Old man be accursed with the reserves of thy wrath: but in the union of the Holy *Jesus*, and in the charities of God and of the world, and the communion of all the Saints, let this Soul be presented to thee blameless, and intirely pardoned, and throughly washed, through *Jesus Christ* our Lord.

*Here also may be inserted the Praiers set down after the holy Communion is administered.*

The Praier of *S. Eustratius* the Martyr, to be used by the sick or dying man, or by the Priests or assistants in his behalf, which he said when he was going to Martyrdome.

**I** Will praise thee, O Lord, that thou hast considered my low estate, and hast not shut me up in the hands of mine enemies, nor made my foes to rejoyce over me: And now let thy right hand protect me, and let thy mercy come upon me; for my Soul is in trouble and anguish because of its departure from the Body. O let not the assemblies of its wicked and cruel enemies meet it in the passing forth, nor hinder me by reason of the sins of my passed life. O Lord, be favourable

favourable unto me, that my Soul may not behold the hellish countenance of the spirits of darkness; but let thy bright and joyful Angels entertain it. Give glory to thy holy Name and to thy Majesty; place me by thy merciful arm before thy seat of Judgment, and let not the hand of the Prince of this world snatch me from thy presence, or bear me into hell. Mercy, sweet *Jesu*. Amen.

A Prayer taken out of the *Euchologion* of the Greek Church, to be said by or in behalf of people in their danger, or near their Death.

*Βεβοηθησώ με τὰς ἀμαρτίας, &c.*

**B**emired with sins and naked of good deeds, I that am the meat of worms cry vehemently in spirit; Cast not me wretch away from thy face; place me not on the left hand who with thy hands didst fashion me; but give rest unto my Soul, for thy great mercy's sake, O Lord.

## II.

**S**upplicate with tears unto Christ, who is to judge my poor Soul, that he will deliver me from the fire that is unquenchable. I pray you all, my friends and acquaintance, make mention of me in your prayers, that in the day of Judgment I may find mercy at that dreadful Tribunal.

## III.

*Then may the standers-by pray.*

**W**hen in unspeakable glory thou dost come dreadfully to judge the whole world, vouchsafe, O gracious Redeemer, that this thy faithful Servant may in the clouds meet thee cheerfully. They who have been dead from the beginning, with terrible and fearful trembling stand at thy Tribunal, waiting thy just sentence. O blessed Saviour *Jesu*. None shall there avoid thy formidable and most righteous judgment. All Kings and Princes with servants stand together, and hear the dreadful voice of the Judge condemning the

the people which have sinned into Hell: from which sad sentence, O Christ, deliver thy Servant. Amen.

*Then let the sick man be called upon to rehearse the Articles of his Faith; or, if he be so weak he cannot, let him (if he have not before done it) be called to say Amen, when they are recited, or to give some testimony of his Faith and confident assent to them.*

*After which it is proper (if the person be in capacity) that the Minister examine him, and invite him to Confession, and all the parts of Repentance, according to the foregoing Rules: after which, he may pray this Prayer of Absolution.*

**O**UR Lord Jesus Christ who hath given Commission to his Church, in his Name to pronounce Pardon to all that are truly penitent, he of his mercy pardon and forgive thee all thy sins, deliver thee from all evils past, present, and future, preserve thee in the faith and fear of his holy Name to thy lives end, and bring thee to his everlasting Kingdom, to live with him for ever and ever. Amen.

*Then let the sick man renounce all Heresies, and whatsoever is against the Truth of God or the Peace of the Church, and pray for pardon for all his ignorances and errors, known and unknown.*

*After which let him (if all other circumstances be fitted) be disposed to receive the Blessed Sacrament, in which the Curate is to minister according to the form prescribed by the Church.*

*When the rites are finished, let the sick man in the daies of his sickness be imployed with the former offices and exercises before described: and when the time draws near of his dissolution, the Minister may assist by the following order of recommendation of the Soul.*

**O** Holy and most gracious Saviour *Jesus*, we humbly recommend the Soul of thy Servant into thy hands, thy most merciful hands; let thy blessed Angels stand in ministry about thy Servant, and defend him from the violence and malice of all his ghastly enemies, and drive far from hence all the spirits of darkness. Amen.

## I I.

**L**ord, receive the Soul of this thy Servant: Enter not into judgment with thy Servant: Spare him whom thou hast redeemed with thy most precious blood: deliver him from all evil for whose sake thou didst suffer all evil and mischief; from the crafts and assaults of the Devil, from the fear of Death, and from everlasting Death, good Lord, deliver him. Amen.

## I I I.

**I**mpute not unto him the follies of his youth, nor any of the errors and miscarriages of his life; but strengthen him in his agony, let not his Faith waver, nor his Hope fail, nor his Charity be disordered: Let none of his enemies imprint upon him any afflictive or evil phantasm; let him die in peace, and rest in hope, and rise in glory, Amen.

## I V.

**L**ord, we know & believe assuredly that whatsoever is under thy custody cannot be taken out of thy hands, nor by all the violences of Hell robbed of thy protection: preserve the work of thy hands, rescue him from all evil; take into the participation of thy glories him to whom thou hast given the seal of Adoption, the earnest of the inheritance of the Saints. Amen.

## V.

**L**et his portion be with *Abraham*, *Isaac* and *Jacob*, with *Job* and *David*, with the Prophets and Apostles, with Martyrs and all thy holy Saints, in the arms of Christ, in the bosom of felicity, in the Kingdom of God to eternal ages. Amen.



*These following Prayers are fit also to be added to the foregoing offices, in case there be no Communion or intercourse, but Prayer.*

*Let us pray.*

**O** Almighty and eternal God, there is no number of thy daies or of thy mercies: thou hast sent us into this world to serve thee, and to live according to thy laws; but we by our sins have provoked thee to wrath, and we have planted thorns and sorrows round about our dwellings: and our life is but a span long, and yet very tedious, because of the calamities that inclose us in on every side; the daies of our pilgrimage are few and evil; we have frail and sickly bodies, violent and distempered passions, long designs and but a short stay, weak understandings and strong enemies, abused fancies, perverse wills. O dear God, look upon us in mercy and pity: let not our weaknesses make us to sin against thee, nor our fear cause us to betray our duty, nor our former follies provoke thy eternal anger, nor the calamities of this world vex us into tediousness of spirit and impatience: but let thy holy Spirit lead us through this vally of misery with safety and peace, with Holiness and Religion, with spiritual comforts and joy in the Holy Ghost; that when we have served thee in our generations, we may be gathered unto our Fathers, having the testimony of a holy Conscience, in the communion of the Catholic Church, in the confidence of a certain Faith, and the comforts of a reasonable, religious and holy Hope, and perfect Charity with thee our God and all the world; that neither death, nor life, nor Angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature may be able to separate us from the love of God which is in Christ *Jesus* our Lord. Amen.

R

O Holy

## II.

**O** Holy and most gracious Saviour *Jesus*, in whose hands the Souls of all faithfull people are laid up till the day of Recompence, have mercy upon the Body and Soul of this thy Servant, and upon all thy elect people who love the Lord *Jesus*, and long for his coming, Lord, refresh the imperfection of their condition with the aids of the Spirit of grace and comfort, and with the Visitation and guard of Angels, and supply to them all their necessities known onely unto thee; let them dwell in peace, and feel thy mercies pitying their infirmities, and the follies of their flesh, and speedily satisfying the desires of their spirits: and when thou shalt bring us all forth in the day of Judgment, O then shew thy self to be our Saviour *Jesus*, our Advocate, and our Judge. Lord, then remember that thou hast for so many ages praied for the pardon of those sins which thou art then to sentence. Let not the accusations of our Consciences, nor the calumnies and aggravation of Devils, nor the effects of thy wrath press those Souls which thou lovest, which thou didst redeem, which thou dost pray for; but enable us all by the supporting hand of thy mercy to stand upright in judgment. O Lord, have mercy upon us, have mercy upon us: O Lord, let thy mercy lighten upon us, as our trust is in thee. O Lord, in thee have we trusted, let us never be confounded. Let us meet with joy, and for ever dwell with thee, feeling thy pardon, supported with thy graciousness, absolved by thy sentence, saved by thy mercy, that we may sing to the glory of thy Name eternal Allelujahs. Amen. Amen. Amen.

*Then may be added in the behalf of all that are present these Ejaculations.*

O spare us a little, that we may recover our strength, before we go hence and be no more seen. Amen.

Cast us not away in the time of age; O forsake us not when strength faileth. Amen.

Grant that we may never sleep in sin or death eternal,  
but

but that we may have our part of the first Resurrection, and that the second death may not prevail over us. Amen.

Grant that our Souls may be bound up in the bundle of life; and in the day when thou bindest up thy Jewels, remember thy servants for good, and not for evil, that our Souls may be numbred amongst the righteous. Amen.

Grant unto all sick and dying Christians mercy and aids from Heaven; and receive the Souls returning unto thee, whom thou hast redeemed with thy most precious blood. Amen.

Grant unto thy servants to have Faith in the Lord Jesus, a daily Meditation of death, a Contempt of the world, a longing Desire after Heaven, Patience in our sorrows, Comfort in our sicknesses, Joy in God, a holy Life and a blessed Death; that our Souls may rest in hope, and my Body may rise in glory, and both may be beatified in the communion of Saints, in the kingdom of God, and the glories of the Lord Jesus. Amen.

*The Blessing.*

Now the God of peace that brought again from the dead our Lord Jesus, that great Shepherd of the sheep, Heb. 13.  
through the blood of the everlasting Covenant, Make 20, 21.  
you perfect in every good work, to do his will, working in you that which is pleasing in his sight; to whom be glory for ever and ever. Amen.

*The Doxology.*

To the blessed and only Potentate, the King of Kings, 1 Tim. 6.  
and the Lord of Lords, who onely hath immortality, 15, 16.  
dwelling in the light which no man can approach unto, whom no man hath seen nor can see, be honour and power everlasting. Amen.

*After the sick man is departed, the Minister, if he be present, or the Major-domo, or any other fit person, may use the following Prayers in behalf of themselves,*

R 2

Almighty

## I.

**A**lmighty God, with whom do live the spirits of them that depart hence in the Lord, we adore thy Majesty, and submit to thy Providence, and revere thy Justice, and magnifie thy Mercies, thy infinite mercies, that it hath pleased thee to deliver this our Brother out of the miseries of this sinfull world. Thy counsels are secret, and thy wisdom is infinite: with the same hand thou hast crowned him, and smitten us; thou hast taken him into regions of Felicity, and placed him among Saints and Angels, and left us to mourn for our sins, and thy displeasure, which thou hast signified to us by removing him from us to a better, a far better place. Lord, turn thy anger into mercy, thy chastisements into vertues, thy rod into comforts, and do thou give to all his nearest relatives comforts from heaven, and a restitution of blessings equal to those which thou hast taken from them. And we humbly beseech thee of thy gracious goodness shortly to satisfie the longing desires of those holy Souls who pray, and wait, and long for thy second Coming. Accomplish thou the number of thine elect, and fill up the Mansions in heaven which are prepared for all them that love the coming of the Lord *Jesus*, that we, with this our Brother, and all others departed this life in the obedience and faith of the Lord *Jesus*, may have our perfect consummation and blis in thy eternal glory, which never shalt have ending. Grant this for *Jesus* Christ his sake our Lord and onely Saviour. Amen.

## II.

**O** Mercifull God, Father of our Lord *Jesus*, who is the first-fruits of the Resurrection, and by entering into Glory hath opened the Kingdom of Heaven to all believers, we humbly beseech thee to raise us up from the death of sin to the life of righteousness, that being partakers of the death of Christ, and followers of his holy life, we may be partakers of his Spirit and of his promises; that when we shall depart this life, we may rest in his arms, and lie in his bosome, as our hope is this our Brother doth. O suffer us not for any

any temptation of the world, or any snares of the Devil, or any pains of death, to fall from thee. Lord, let thy holy Spirit enable us with his grace to fight a good fight with perseverance, to finish our course with holiness, and to keep the faith with constancy unto the end, that at the day of Judgment we may stand at the right hand of the throne of God, and hear the blessed sentence of [*Come ye blessed Children of my Father, receive the Kingdom prepared for you from the beginning of the world.*] O blessed Jesus, thou art our Judge and thou art our Advocate; even because thou art good and gracious, never suffer us to fall into the intolerable pains of hell, never to lie down in sin, and never to have our portion in the everlasting burning. Mercy, sweet Jesus, Mercy. Amen.

*A Prayer to be said in the case of a sudden surprise by Death, as by a mortal wound, or evil accidents in Child-birth, when the forms and solemnities of preparation cannot be used.*

**O** Most gracious Father, Lord of Heaven and earth, Judge of the living and the dead, behold thy servants running to thee for pity and mercy in behalf of our selves and this thy Servant whom thou hast smitten with thy hasty rod, and a swift Angel; if it be thy will, preserve his life, that there may be place for his repentance and restitution: O spare him a little, that he may recover his strength before he go hence and be no more seen. But if thou hast otherwise decreed, let the miracles of thy compassion and thy wonderfull mercy supply to him the want of the usual measures of time, and the periods of repentance, and the trimming of his lamp: and let the greatness of the calamity be accepted by thee as an instrument to procure pardon for those defects and degrees of unreadiness which may have caused this accident upon thy Servant. Lord, stir up in him a great and effectual contrition; that the greatness of the sorrow, and hatred against sin, and the zeal of his love to thee, may in a short time do the



then there is joy to him, and it is an ill expression of our affection and our charity to weep uncomfortably at a change that hath carried my friend to the state of a huge felicity. But if the man did perish in his folly and his sins, there is indeed cause to mourn, but no hopes of being comforted; for he shall never return to light, or to hopes of restitution: there-

fore beware lest thou also come into the same place of torment; and let thy grief sit down and rest upon thy own turf, and weep till a shower springs from thy eyes to heal the wounds of thy spirit; turn thy sorrow into caution, thy grief for him that is dead, to thy care for thy self who art alive, lest thou die and fall like one of the fools, whose life is worse than death, and their death is the consummation of all felicities. \* The

Church in her funerals of the dead used to sing Psalms, and to give thanks for the redemption and delivery of the Soul from the evils and dangers of Mortality. And therefore we have no reason to be angry when God hears our prayers, who call upon him to hasten his coming, and to fill up his numbers, and to do that which we pretend to give him thanks for. And S. Chrysostome asks, To what purpose is it that thou singest, *Return unto thy rest, O my Soul, &c.* if thou dost not believe thy friend to be in rest? and if thou dost, why dost thou weep impertinently and unreasonably? Nothing but our own loss can justly be deplored: and him that is passionate for the loss of his money or his advantages, we esteem foolish and imperfect; and therefore have no reason to love the immoderate sorrows of those who too earnestly mourn for their dead, when, in the last resolution of the inquiry, it is their own evil and present or feared inconveniences they deplore: the best that can be said of such a Grief is, that those mourners love themselves too well. Something is to be given to custom, something to fame, to nature, and to civilities, and to the honour of the deceased

Nemo me lacrymis decoret, nec  
funera fletu  
Faxit: cur? voluto vivu' per  
ora virum.

Ennius.

Πίστος μάλιστα πάντας ὅτι τὸ πνεῦμα  
τίμιον παρακαλεῖται συνδουλεύει  
νῆς ἡμῶν, ὅτι ἐν τῷ ἀφ' ὧν αὐτοῦ  
ἐστὶν, ὡς μὴ δὲ ἐν τῷ ἐκείνῳ  
θεῶν, μετὰ τὴν μετὰ τὴν θείαν ἐκπαίδευσιν  
μετὰ τὴν ἀνδρῶν ἐν τῷ.

Cyrus apud Xenoph.

\* S. Chrysost.  
hom. 4. Heb.

Πατρὸς ὁμοῦ  
καὶ ἡμῶν, ὅτι  
τὸ γένος ὅτι  
ἐστὶν τῶν.  
II. 4.

friends; for that man is esteemed to die miserable, for whom no friend or relative sheds a tear, or pays a solemn sigh. I desire to die a dry death, but am not very desirous to have a dry

Mors optima est, perire dum lacrymant sui.  
Sen. Hippol.

Μὴ Νύκτι ἀλάουσι θανάτῳ μὴ δὲ, ἀλλὰ θάψουσιν  
κατασπυρίμ θανάτῳ ἀλγος οὐ συνήδες.

funeral: some flowers sprinkled upon my grave would do well and comely; and a soft shower to turn those flowers into a springing memory or a fair rehearsal, that I may not go forth of my doors as my servants carry the entrails of beasts.

But that which is to be faulted in this particular is, when the Grief is immoderate and unreasonable: and *Paula Romana* deserved to have felt the weight of Saint *Hierom's* severe reproof, when at the death of every of her children she almost wept her self into her grave. But it is worse yet, when people by an ambitious and a

(a) Expectavimus lacrymas ad ostentationem doloris paratas: ut ergo ambitiosius detonuit, texit superbum pallio caput, & manibus inter se usque ad articulorum strepitum contritis, &c.

Petron.

(h) Ὡς ὁ πατήρ ὁ παῖδός ἐδύρεται ὅστις καὶ οὐ  
Νομφίς, ὅς τι θανάτῳ θανάτῳ ἀεὶ ἔρχεται τὰς τῆς  
Ὡς. Ἀλλὰ οὐδὲ ἐπὶ τοῦτο ὅτι οὐδὲ καὶ οὐ,  
Ἐπὶ τῷ πατρὶ περὶ τοῦτο, ἀδύνατον εἶναι.

Non Siculae dapes dulcem elaborabunt saporem, non avium ci-tharaeque cantus somnum reducent.

company. It is certainly a sad thing in nature to see a friend trembling with a Palsie, or scorched with Fevers, or dried up like a pot/heard with immoderate heats, and rowling upon his uneasie bed without sleep, which cannot be invited with music, or pleasant murmures, or a decent stilness; nothing but the servants of cold death, *Poppy* and *weariness*, can tempt the eyes to let their curtains down; and then they sleep only to taste of death, and make an essay of the shades below: and yet we weep not here: the period and opportunity for tears we chuse when our friend is fallen asleep, when he hath laid his neck upon the lap of his Mother;

(a) — Tremulumque caput descendere iussit  
In coelum, & longam manantia labra salivam

and let his (c) head down, to be raised up to Heaven, This Grief is ill placed and



and undecent. But many times it is worse: and it hath been observed that those greater and stormy passions do so spend the whole stock of Grief, that they presently admit a comfort and contrary affection, while a sorrow that is even and temperate goes on to its period with expectation and the distances of a just time. The *Ephe-  
sian Woman* that the Souldier told of in *Petronius* was the talk of all the town, and the rarest example of a dear affection to her husband; she descended with the corps into the vault, and there being attended with her maiden resolved to weep to death, or die with famine or a distempered sorrow: from which resolution nor his nor her friends, nor the reverence of the principal Citizens, who used the intreaties of their charity and their power, could perswade her. But a Souldier, that watched seven dead bodies hanging upon trees just over against this monument, crept in, and a while stared upon the silent and comely disorders of the sorrow: and having let the wonder awhile breath out at each others eyes, at last he fetched his supper and a bottle of wine, with purpose to eat and drink, and still to feed himself with that sad prettiness. His pity and first draught of wine made him bold and curious to try if the maid would drink; who, having many hours since felt her resolution faint as her wearied body, took his kindness, and the light returned into her eyes, and danced like boies in a festival: and fearing lest the pertinaciousness of her Mistress sorrows should cause her evil to revert, or her shame to approach, assayed whether she would endure to hear an argument to persuade her to drink and live. The violent passion had laid all her spirits in wildness and dissolution, and the maid found them willing to be gathered into order at the arrest of any new object, being weary of the first, of which like leeches they had sucked their fill till they fell down and burst. The weeping woman took her cordial, and was not angry with her maid, and heard the Souldier talk; and he was so pleased with the change, that he who first lov'd the silence of the sorrow was more in love with the music of her returning voice, especially  
which

which himself had strung and put in tune: and the man began to talk amorously, and the woman's weak head and heart was soon possessed with a little wine, and grew gay, and talked, and fell in love; and that very night, in the morning of her passion, in the grave of her husband, in the poms of mourning, and in her funeral garments, married her new and stranger Guest. For so the wild forragers of *Libya* being spent with heat, and dissolved by the too fond kisses of the Sun, do melt with their common fires, and die with faintness, and descend with motions slow and unable to the little brooks that descend from heaven in the wilderness; and when they drink they return into the vigor of a new life, and contract strange marriages; and the *Lioness* is courted by a Panther, and she listens to his love, and conceives a monster that all men call unnatural, and the daughter of an equivocal passion and of a sudden refreshment. And so also was it in the Cave at *Ephesus*: for by this time the Souldier began to think it was fit he should return to his watch, and observe the dead bodies he had in charge: but when he ascended from his mourning bridal-chamber, he found that one of the bodies was stoln by the friends of the dead, and that he was fallen into an evil condition, because by the laws of *Ephesus* his body was to be fixed in the place of it. The poor man returns to his woman, cries out bitterly, and in her presence resolves to die to prevent his death, and *in secret to prevent his shame*: but now the woman's love was raging like her former sadness, and grew witty, and she comforted her Souldier, and perswaded him to live, lest by losing him who had brought her from death and a more grievous sorrow, she should return to her old solemnities of dying, and lose her honour for a dream, or the reputation of her constancy without the change and satisfaction of an enjoyed love. The man would fain have lived, if it had been possible, and she found out this way for him; That he should take the body of her first husband, whose funeral she had so strangely mourned, and put it upon the gallows in the place of the stoln

bold thief: he did so, and escaped the present danger, to possess a love which might change as violently as her grief had done. But so have I seen a croud of disordered people rush violently and in heaps till their utmost border was restrained by a wall, or had spent the fury of the first fluctuation and watry progress, and by and by it returned to the contrary with the same earnestness, onely because it was violent and ungoverned. A raging Passion is this croud, which when it is not under discipline and the conduct of Reason, and the proportions of temperate humanity, runs passionately the way it happens, and by and by as greedily to another side, being swayed by its own weight, and driven any whither by chance, in all its pursuits having no rule, but to do all it can, and spend it self in haste, and expire with some shame and much undecency.

When thou hast wept a while, compose the body to Burial: which that it be done gravely, decently and charitably, we have the example of all nations to engage us, and of all ages of the world to warrant: so that it is against *common honesty, and publick fame and reputation*, not to do this office.

It is good that the body be kept veiled and secret, and not exposed to curious eyes, or the dishonours wrought by the changes of death discerned and stared upon by impertinent persons. When *Cyrus* was dying, he called his sons and friends to take their leave, to touch his hand, to see him the last time, and gave in charge, that when he had put his veil over his face no man should uncover it; and *Epiphanus* his body was rescued from inquisitive eyes by a miracle. Let it be interred after the (\*) manner of the country and the laws of the place, and the dignity of the person. For so *Jacob* was buried with great solemnity, and *Joseph's* bones were carried into *Canaan* after they had been embalmed

(\*) Νέμειν ἐπιτάφει τοῦτον ἰσχυρῶς κελεύει  
Τὸ μῦθος δὲ ὁ μέγας παῖς ἐν τῷ ποταμῷ ἀνέστη,  
'Αὐτὸς ἐπιτάφει τὸν, —————

and kept four hundred years; and *devout men* carried *S. Stephen* to his burial, making great lamentation over him. And *Aelian* tells that those who were the most

Lib. 6. Var. Histor. cap. 6. T. 1.  
 Valer. de 151. Jovius de 151. 151.  
 quip. 151.

most excellent persons were buried in Purple; and men of an ordinary courage and fortune had their graves

onely trimmed with branches of Olive, and mourning flowers. But when *Marc Anthony* gave the body of *Brutus* to his freed-man to be buried honestly, he gave also his own Mantle to be thrown into his funeral pile: and the magnificence of the old Funeral we may see largely described by *Virgil* in the obsequies of *Misenas*, and by *Homer* in the funeral of *Patroclus*. It was noted for piety in the men of *Jabesh-Gilead*, that they shewed kindness to their *Lord Saul* and buried him; and they did it honourably. And our blessed Saviour, who was temperate in his expence, and grave in all the parts of his life and death, as age and sobriety it self, yet was pleased to admit the cost of *Mary's* ointment upon his head and feet, because she did it against his Burial: and though she little thought it had been so nigh, yet because he accepted it for that end, he knew he had made her apology sufficient: by which he remarked it to be a great act of piety, and honourable, to

Nam quid tibi saxa cavata,  
 Quid pulchra volunt monu-  
 menta,  
 Nisi quod res creditur illis  
 Non mortua, sed data formo?  
 Prud. hymn. in Exeq. defunct.

interre our friends and relatives according to the proportions of their condition, and so to give a testimony of our hope of their Resurrection. So far is piety; beyond it may be the ostentation and bragging of a grief,

or a design to serve worse ends. Such was that of *Herod*, when he made too studied and elaborate a funeral for *Aristobulus* whom he had murdered; and of *Regulus* for his boy, at whose pile he killed dogs, nightingals, parrots, and little horses: and such also was

—— Cupit omnia ferre  
 Prodigus, & totos Melior succendere census,  
 Desertas exosus opes

Statius lib. 2. Sylvar.

the expence of some of the *Romans*, who hating their lest wealth, gave order by their Testament to have

huge portions of it thrown into their fires, bathing their locks, which were presently to pass through the fire, with *Arabian* and *Egyptian* liquors, and balsam of *Judaea*. In this, as in every thing else, as our

Piety

Piety must not pass into Superstition or vain expence, so neither must the excess be turned into parsimony, and chastised by negligence and impiety to the memory of their dead.

But nothing of this concerns the dead in real and effective purposes; nor is it with care to be provided for by themselves: But it is the duty of the living. For to them it is all one whether they be carried forth upon a chariot or a wooden bier, whether they rot in the air or in the earth, whether they be devoured by fishes or by worms, by birds or by sepulchral dogs, by water or by fire, or by delay. When *Crison* ask'd *Socrates* how he would be buried, he told him, I think I shall escape from you, and that you cannot catch me: but so much of me as you can apprehend, use it as you see cause for, and burie it; but however do it according to the laws. There is nothing in this but opinion and the decency of fame to be served. When it is esteemed an honour and the manner of blessed people to descend into the graves of their Fathers, there also it is reckoned as a curse to be buried in a strange land, or that the birds of the air devour them. Some Nations used to eat the bodies of their friends, and esteemed that the most honoured Sepulture; but they were barbarous. The *Magi* never buried any but such as were torn of beasts. The *Persians* besmeared their dead with wax, and the *Egyptians* with gums, and with great art did condite the bodies, and laid them in charnel-houses. But *Cyrus* the elder would none of all this, but gave command that his body should be interred, not laid in a coffin of gold or silver, but just into the earth, from whence all living creatures receive birth and nourishment, and whither they must return. Among Christians the honor which is valued in the

Totus hic locus commendatus est in nobis, non negligendus in nostris.

Cicero. Id cinerem aut manes credis curare sepultos?

Ὅπως ἂν σὺ γέλοις ἦ, καὶ μέλει μοι ἦν ἡ νόμιμος εἴη.

Fugientibus Trojanis minatus est Hector,

Αὐτῷ οἱ δούλοισι μαρτυροῦμαι, καὶ τοῖς θεοῖς  
Γινώσκεις ὅτι γὰρ καὶ τὸ πνεῦμα λαλεῖ καὶ θάνατον  
'Αλλὰ καὶ οὐκ ἐπὶ τῇ σφύρῃ ἀντιέστη.

Iliad. 6.

Τὴ γὰρ τὴν μαρτυροῦμαι, καὶ γὰρ  
μυθῶμαι, ἢ πᾶσι μὲν τὰ καλά  
πᾶσι τ' ἀγαθὰ εἶναι τὴν ἡγεσίαν;  
Xenoph. περὶ παιδ.  
Sit tibi terra levis, mollique te-  
garis arenā,  
Ute tua non possint eruere ossa  
canes. Mart.

behalf

\* Nam quod requiescere corpus  
Vacuum sine mente videmus,  
Spatium breve restat, ut alti  
Repetat collegia sensus.  
Hinc maxima cura sepulchris  
Impenditur

Prud. hym. in Exeq. defunct.

behalf of the dead is, that they be buried in holy ground, that is, in appointed cœmeteries, in places of Religion, there where the field of God is sown with the seeds of the Resurrection, \* that their bodies also may be among the Christians, with whom

their hope and their portion is, and shall be for ever.

*Quicquid feceris, omnia hac eodem ventura sunt.*

That we are sure of; our bodies shall all be restored to our Souls hereafter, and in the intervall they shall all be turned into dust, by what way soever you or your chance

Marmoreo Licinus tumulo jacer, at Cato parvo,  
Pompeius nullo: credimus esse Deos?

Varro Atacinus.

shall dress them. *Licinus* the freed-man slept in a Marble Tomb; but *Cato*

in a little one, *Pompey* in none; and yet they had the best fate among the *Romans*, and a memory of the biggest honour. And it may happen that to want a Monument may best preserve their memories, while the succeeding ages shall by their instances remember the changes of the world, and the dishonours of death,

\* Fama orbem replet, mortem sors occulit, at  
Define scrutari quod tegit ossa solum. (tu  
Simili dent animo non impar fata sepulcrum,  
Angusta est tumulo terra Britannia meo.

and the equality of the dead: and \* *James* the Fourth, King of the *Scots*, obtained an Epitaph for

wanting of a Tomb; and King *Stephen* is remembered with a sad story, because four hundred years after his death his bones were thrown into a river, that evil men might sell the leaden coffin. It is all one in the final event of things. *Ninus* the *Assyrian* had a Monument erected whose height was nine furlongs, and the breadth ten, (saith *Diodorus*;) but *John the Baptist* had more honour when he was humbly laid in the earth between the bodies of *Abdias* and *Elizur*. And *S. Ignatius*, who was buried in the bodies of Lions, and *S. Polycarp*, who was burned to ashes, shall have their bones and their flesh again, with greater comfort than

Cernit ibi moestos & mortis honore carentes  
Leucaspium, & Lycæ ductorem classis Oron-  
tem.

Æneid. 6.

those violent persons who slept among Kings, having usurped their thrones when they

they were alive, & their sepulchres when they were dead.

Concerning doing honour to the dead, the consideration is not long. Anciently the friends of the dead used to make their funeral Oration, *Lustravitque viros, dixitque novissima verba.* *Æneid.*

Spake of greater commendation was pardoned upon the accounts of friendship: But when Christianity seized upon the possession of the world, this charge was devolved upon Priests and Bishops, and they first kept the custome of the world, and adorned it with the piety of truth and of Religion: but they also so ordered it that it should not be cheap; for they made funeral Sermons onely at the death of Princes, or of such holy persons *who shall judge the Angels.* The custom descended, and in the chanel mingled with the veins of earth through which it passed; and now-a-daies men that die are commended at a price, and the measure of their Legacy is the degree of their vertue. But *these things ought not so to be:* the reward of the greatest vertue ought not to be prostitute to the doles of common persons, but preserved like Laurel and Coronets, to remark and encourage the noblest things. Persons of an ordinary life should neither be praised publicly nor reproched in private: for it is an office and charge of humanity to speak no evil of the dead, (which I suppose is meant concerning things not public and evident;) but then neither should our charity to them teach us to tell a lie, or to make a great flame from a heap of rushes and mushrooms, and make Orations crammed with the narrative of little observances, and acts of civil, and necessary, and eternal Religion.

But that which is most considerable is, that we should doe something for the dead, something that is real and of proper advantage. That we perform their Will, the laws oblige us, and will see to it; but that we do all those parts of personal duty which our dead left unperformed, and to which the laws do not oblige us, is an act of great charity and perfect kindness: and it may redound

Χαῖρι μοι, ὦ Πάτερ, καὶ ἐν τῇ αἰδῶσι δέουσι,  
Πάντα γὰρ ἔδωκεν τοῖς τέκνοις καὶ πατέρεσσιν ἐκείνοισιν.

*Iliaid. 1.*

redound to the advantage of our friends also; that their debts be paid even beyond the Inventory of their movables.

Besides this, let us right their causes, and assert their honour. When *Marcus Regulus* had injured the memory of *Herennius Senecio*, *Metius Carus* asked him, *What he had to do with his dead*; and became his advocate after death, of whose cause he was Patron when he was alive. And *David* added this also, that he did kindness to *Mephibosheth* for *Jonathan's* sake: and *Solomon* pleaded his Father's cause by the sword against *Joab* and *Shimei*. And certainly it is the noblest thing in the world to do an act

Ἡ δὲ τῶν νεκρῶν τιμὴν δοῦναι τι-  
μὴν ἀποφύγειν, καὶ μὴ παρεμυλῆσαι,  
μὴ δὲ τῶν ἀπὸ κοινοῦ ἐν σκελετοῖς.

Isoc. Platonic.

— Misenum in littore Teucri  
Flebant, & cineri ingrato supre-  
ma ferebant

*Aeneid*. 6.

of kindness to him whom we shall never see, but yet hath deserved it of us, and to whom we would do it if he were present; and unless we do so, our charity is mercenary, and our friendships are direct merchandize, and our gifts are brokage: but

what we do to the dead, or to the living for their sakes, is *gratitude*, and *virtue for virtues sake*, and the noblest portion of humanity.

And yet I remember that the most excellent Prince *Cyrus*, in his last exhortation to his sons upon his death-bed charms them into peace and union of hearts and designs, by telling them that his Soul would be still alive, and therefore fit to be revered and accounted as awful and venerable as when he was alive: and what we do to our dead friends is not done to persons undiscerning as a fallen tree, but to such who better attend to their relatives, and to greater purposes, though in other manner then they did here below. And therefore those wise persons who in their funeral orations made their doubt, with an [ *εἰ τις αἰσθάνη τῶν τελευτηούντων καὶ τῶν αἰσθάνει γυναικῶν*. If the dead have any perception of what is done below ] which are the words of *Isocrates*, in the funeral encomium of *Evagoras*, did it upon the uncertain opinion of the Soul's immortality; but made no question, if they were living, they did also understand



understand what could concern them. The same words *Nazianzen* uses at the exequies of his sister *Gorgonia*, and in the former invective against *Julian*: but this was upon another reason; even because it was uncertain what the state of separation was, and whether our dead perceive any thing of us till we shall meet in the day of Judgement. If it was uncertain then, it is certain, since that time we have had no new revelation concerning it; but it is ten to one but when we die we shall find the state of affairs wholly differing from all our opinions here, and that no man or sect hath guessed any thing at all of it as it is. Here I intend not to dispute, but to persuade: and therefore *in the general*, if it be probable that they know or feel the benefits done to them, though but by a reflex revelation from God, or some under-communication from an Angel, or the flock of acquired notices here below, it may the rather endear us to our charities or duties to them respectively; since our virtues use not to live upon abstractions, and Metaphysical perfections, or inducements, but *then* thrive

when they have material arguments, such which are not too far from sense.

Ἡ δὲ ψὺς ἐν ψυχῇ παρὰ τὸν θάνατον  
καὶ μὴ ἀπὸ τοῦ σώματος ἵκνται.  
Εὐδαιμονία αὐτῶν ἀπὸ τοῦ σώματος ἵκνται, ὡς ἂν  
ὅτι μὴ μὴ ζῶντος αἰσθάνεσθαι, ἀλλὰ θάνατον.  
Iliad 4.

However it be, it is certain

they are not dead; and though we no more see the Souls of our dead friends then we did when they were alive, yet we have reason to believe them to know more things and better: And if our sleep be an image of death, we may also observe concerning it, that it is a state of life so separate from communications with the body, that it is one of the waies of Oracle and Prophecy by which the Soul best

declares her immortality, and the nobleness of her actions, and powers, if she could get free from the body,

Ἡ δὲ ψὺς ἀνδράσι ψυχῇ τὸν δῖον  
διδόσκει κατὰ αἰνέσιν, ὡς τὸν π  
ἐν μεταστάσει φρονέει, τὸν γὰρ αἰ  
τοῦτο μέλειται ἐνδραστήριον  
Cyrus apud Xenoph lib. 8. instir.

(as in the state of separation) or a clear dominion over it, (as in the resurrection.) To which also this consideration may be added, that men a long time live the life of sense, before they use their

S

reason;

—Τῆς αὐτῆς  
 τῆς αὐτῆς  
 διανοίας  
 τῆς αὐτῆς  
 διανοίας, αὐτῆς  
 οὐκ ἔστιν  
 αὐτῆς.

Hiad. 4.

reason; and till they have furnished their head with experiments and notices of many things, they cannot at all discourse of any thing: but when they come to use their reason, all their knowledge is nothing but remembrance; and we know by proportions, by similitudes and dissimilitudes, by relations and oppositions, by causes and effects, by comparing things with things; all which are nothing but operations of understanding upon the stock of former notices, of something we knew before, *nothing but remembrance*: all the heads of Topics which are the stock of all arguments and sciences in the world are a certain demonstration of this; and he is the wisest man that remembers most, and joyns those remembrances together to the best purposes of discourse. From whence it may not be improbably gathered, that in the state of separation, if there be any act of understanding, that is, if the understanding be alive, it must be relative to the notices it had in this world, and therefore the acts of it must be discourses upon all the parts and persons of their conversation and relation, excepting onely such new revelations which may be communicated to it; concerning which we know nothing. But if by seeing *Socrates* I think upon *Plato*, and by seeing a picture I remember a Man, and by beholding two friends I remember my own and my friends need, (and he is wisest that draws most lines from the same Centre, and most discourses from the same Notices;) it cannot but be very probable to believe, since the separate Souls understand better, if they understand at all, that from the notices they carried from hence, and what they find there equal or unequal to those notices, they can better discover the things of their friends than we can here by our conjectures and craftiest imaginations: and yet many men here can guess shrewdly at the thoughts and designs of such men with whom they discourse, or of whom they have heard, or whose characters they prudently have perceived. I have no other end in this discourse, but that we may be engaged to do our duty to our Dead; lest peradventure they should perceive

our

our neglect, and be witnesses of our transient affections and forgetfulness. \* Dead persons have Religion passed upon them, and a solemn reverence : and if we think a Ghost beholds us, it may be we may have upon us the impressions likely to be made by *love*, and *fear*, and *religion*. However we are sure that God sees us, and the world sees us : and if it be matter of duty towards our Dead, *God will exact it* ; if it be matter of kindness, *the world will* : and as *Religion* is the band of that, so *same* and *reputation* is the indearment of this.

It remains, that we who are alive should so live, and by the actions of Religion attend the coming of the day of the Lord, that we neither be surprized, nor leave our duties imperfect, nor our sins uncanceled, nor our persons unreconciled, nor God unappeased : but that when we descend to our graves we may rest in the bosom of the Lord, till the mansions be prepared where we shall sing and feast eternally. Amen.

*Te Deum laudamus.*

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THE END.

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the world, and the history of the world, is a subject of great importance, and one which has attracted the attention of many of the most distinguished writers of the age. The history of the world is a subject which has been treated in many different ways, and the results of these different treatments have been very different. Some writers have treated the history of the world as a series of events, and have tried to explain these events by the action of natural causes. Others have treated the history of the world as a series of events, and have tried to explain these events by the action of supernatural causes. The history of the world is a subject which has been treated in many different ways, and the results of these different treatments have been very different.

THE HISTORY OF THE WORLD

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